

Poetry Series

TSOHGEHT SHEEHY
- poems -

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TSOHGEHT SHEEHY(1972)

Working on a fictional book about Native American Alliance set in 1492.

A Fresh Perspective

That intimate love
The one! ,
Between a man and woman
True!
It's an experience I've yet
to go through
But there's reason's
It was something
I didn't rush into

I see how friends
bounce around
from one relationship
to the next
I want my first love
To be the one that lasts

No women in my past
A conscious decision
based on the perception
of watching my parents love grow
even thru trials and tribulations
this made a ever lasting impression

So I'm not thinking love
is this perfect thing
(How naive)
But for me
I want my first love
To be the women of my dreams

The one who side by side
we stand together
No matter what life brings

I will treat her as my queen
and defend her honor like a king

So yes It's true

being in love
is something I've yet to do
But as you can see
I have a good idea
of what it takes
for love to be
more than just three words
That other people use so freely

TSOHGEHT SHEEHY

A Little Help Here

These days are long
like I'm locked away
So hard to bear
When I can't see your face
Damn I just want to fall asleep
holding you! ! !

This could be isolation?
I wouldn't know the difference
Seperation anxiety! ! !
Am I paying penance?
I'm not even Catholic! ! !

Had to go through this once
Twelve long months
to do it again, seems nothing less
than reprimand
This Army life is not my style sometimes! ! !

Our love has endured
More than it's fair share
Shit we grew to love eachother
Without even really being there
Who else can say that? ? ? ! ! !

I've put my heart out there
More than occasionally
So I ask this! !
with all the love in my heart
Why do things get this way
If you love me? ? ? ! ! !

TSOHGEHT SHEEHY

Altered By Man

Does extinction seem an impossible event?
Or perhaps inevitable at this extent.
Betrayed by the desire to evolutionize.
We've hurried along God's plan,
and jeopardized.
The natural fate! !
A course set in place.
Light years ago.
Has now been altered
by the human race.

TSOHGEHT SHEEHY

As Is

Love is not my friend.
I have broken hearts to lend.
Time and time again.
Love has proven to be
the one thing I can't trust in.

Not ashamed to say
it's brought tears to my eyes.
So those I miss you's
and I love you's.
Now just seem like lies.

I'm not sour on this the love game.
Just know to win my heart.....
You gotta get past a lot of pain.

TSOHGEHT SHEEHY

Betty

The stars and the sky
must subsequently become more beautiful
when you step out in the moonlight

What makes your beauty stand out?
Well where do I begin?

Obviously your true beauty
lies beneath the skin
Where the aunt, daughter, friend,
nurse and sister dwell with-in.

You have entrancing eyes
and a smile that could altar time
I imagine being close to you
would only be a life with a lot more smiles

Your real beauty however
is the warmth and affection
you share with others
that's so divine

So far I've only known you from afar
but what better way to recognize
the inner beauty that you are.

TSOHGEHT SHEEHY

Breathe

Take the time to breathe.
Life's journey can't always be,
everything we planned to receive.
Not all at once anyway.

With every bump along the way,
our spirit strengthens oh so subtly.
The changes won't be felt and they aren't seen.
Not until that next bump pops up,
and rears it's ugly head at our feet.
That's when we'll realize.
What once brought tears to our eyes?
No longer makes us cry.
It's now taken all in stride.

What's amazing! Those bump's,
we perceive as setbacks or untimely happenings.
Were actually life detours,
on a road to unexpected things.
Like the way GOD lead you right to me.

With every bump I've endured along the way.
My faith that GOD was leading me
to better days has never swayed.
And over the past few years,
step by step with prayer and faith
things are back in place.
Now GOD has you in my life
and it's all through his amazing grace.

At one point falling in love again
never crossed my mind.
Now I just want you to know.
that no matter where you are
I'm always by your side.

TSOHGEHT SHEEHY

Eat Crow

I'm not gonna tell you;
...I told you so.....
....I told you so...
.....I told you so.
.....lol.....
Guess I did;
Oop's didn't mean to rub it in.

TSOHGEHT SHEEHY

Either Way

She is love,
and I am he
metaphorically indulge me.

If he is love,
because you are she
I would take it satirically.

TSOHGEHT SHEEHY

Ethnic Sigh

I never liked the phrase,
' Like Day and Night'
Because generally it's referencing,
light in some angelic way,
and night as if it's some corrupt plight.

Why is night portrayed as evil?
Because it's another method
of instilling racism.
On every spectrum of the wheel.
Understand!
With every comparison we make.
Our minds only continue
to find excuses for holding on to the hate.
We're all guilty!
There is no excuse for our
stereotypical behaviors.

Please understand! !
Our racism stems from hatred bestowed upon me
(an ethnic minority.)
Without provocation or
wrong doing;
(but mostly upon my ancestor.)
So it's our responsibility
to carry on that history; their legacy's.
Pardon me if instinctively
I choose not to sit back complacently.
Like they hoped I'd be,
and settle for this hypocrisy.
The all out effort
to keep ethnic people
In a state of illiteracy and poverty.

Not to be confused!
With liquor stores on every corner
and drugs dumped into our communities.
This debauchery! !
Can no longer be used to excuse!

The tolerating
of ran down neighborhoods
and bad schools.
(A consolidated list I jest!)

It seems like even those
that overcome the struggle.
Turn a blind eye, once their
on the other side.

Their onslaught will remain never ending.
The struggle will always be ours.
So more of us need to bare
this responsibility.
We've always had warriors
on the front lines.
It's time for the followers and supporters
to step into the light.
These words are enough
to show and expose.
That despite their efforts.
There are brilliant minds
in our ghettos.

TSOHGEHT SHEEHY

Is It Over

We're both repeating, ' I have never felt this way before.'
But in the back of our minds saying, ' the day will come when they won't want
me anymore.'
How many more times do we say, ' you know how feel.'
Before the procrastinating stops and this love gets real.?
All the I love you's in the world mean nothing.
If the repetition has made it like a game.
Let's put the insecurities to rest.
Continuing a relationship full of doubt really makes no sense.
The right things keep being mentioned out loud.
But the actions are a spiral staircase leading exactly where we are now.
And who would of ever thought?
It would be the man saying
' either shit or get off the pot.'

TSOHGEHT SHEEHY

It's Love

Your heart is yours
My heart is mine
Falling in love
is not a sacrifice
It's two hearts willingly
becoming intertwined.
It's two lives becoming one
at any price.
It's your needs over mine.
It's I may feel I'm right
but holding you close
before we go to sleep
is more important every night.
It's that I wake up
and no matter where you are
you're by my side.
It's that one and only feeling of pride
that loving you gives me all the time.

TSOHGEHT SHEEHY

Letter To My Future Wife

LETTER TO MY FUTURE WIFE

Our friendship is give not take.
We ask the questions that will expose the reason we seem not quite ourselves at the moment.
Then we sit back and really listen, only offering advise if it's asked for.
We wear our hearts on our sleeves, but masking our issues outwardly to others comes easy.
There is no disguise we can put on to hide from each other though.
It only takes one look or a few words and the other one knows something is wrong.
You told me one time 'your smiling but your eyes aren't'.
I'm sure that was the moment I started falling in love with you.
Your tone of voice is your give away, especially your laugh.
Your laugh is infectious and has brought tears to my eyes so many times.
It's like having my own personal comedian.
We obviously can't always fix each others problems or take away the pain.
It's knowing that you care enough to say ' tell me what's wrong'
when I would rather just keep it bottled up that is just amazing in my eyes.
I will always strive to be the friend for you that you are for me.
I have repeatedly said that marriage again is out of the question, but I would love to spend the rest of my life with you.
I love you.

TSOHGEHT SHEEHY

Lingering Effects

To old for the BS! !
Together,
ruined a great start.

Anticipation of what happen in the past..
Gave it no real chance.
The misplaced trust,
left a taste of disgust.
That still lingers in our mouth's.

The epitome of love's dichotomy.
Two people stuck
on what love did to them previously.

Just missed out
on a love that was meant to be..
It's the nature of the beast.
To bad it got in our way
and reared its ugly head at our feet..

We move on expecting perfection.
Knowing that's an impossible feat.
I only hope not to hold every love,
to such high esteem..

TSOHGEHT SHEEHY

Love

She comes along into open arms,
but turns shit upside down.
She tweaks your cheeks into a smile,
but your left with just a frown.

She's perceived to have perserverance;
disguising her real intentions.
She'll convince you this time it's the one;
leaving friend's to make interventions.

She lures you into opening up,
and now your incomplete.
She discovers the way's to earn your trust
those way's were just deceit.

She'll come along in life sometimes even more than once,
and though your scared you try.
She's what we all have always wanted;
even though SHE leaves you feeling empty inside.

TSOHGEHT SHEEHY

Love Risk

Scary but fun!
Don't believe in cliché's.
Open your heart.
Risk feeling dumb.

Risk it a million times,
to find that one.

Be ruptured! !
With unbearable pain.
Risk that over and over,
but never love in vain.

Sleepless night's,
endless day's,
risk insomnia
bordering insane.
Whatever the case,
don't love plain.

Heart break! !
A risk we take.
Just part of the life game.
Risk love's pains.
We do actually
have a soulmate?

TSOHGEHT SHEEHY

Lust Is Not Love

Reflecting on a strong emotion
that in the moment
made love seem as something more
than just a notion.
An attraction ignited
in the blink of an eye.
That desire to erupt into a fire
was something we had to try.
Placing your heart in your hand
when lust is overwhelming your brain
Yeah! ! !
Probably not the smartest thing
Passion and timing?
Might appear to take place
on this harmonious stage.
When in all actuality
two people are generally
on a completely different page.

TSOHGEHT SHEEHY

My Promise

Sure as the flowers
and rain come in spring.
How we know
the sun shines longer
in summer's breeze.
Like the promise
that every fall leaves will change,
and winter's chill will have us praying
for warmer days.
Trust that what we have
will forever find a way.

TSOHGEHT SHEEHY

No More Returns

They say life,
it's what you make.
Some say, it's all about fate.
I just know it's short,
no more time to waste.
So why I'm doin mine,
hold your tongue.
Save that drama for your next one.
You closed this door,
but I'm the bad guy
cause it won't open anymore.
You went to that well
one to many times.
Now all my I Love You's
have run dry.
Yes! I hurt you.
I also held out my hand,
and wiped the tears from your eyes.
You made a grown man cry,
and walked away with a smile.
That epiphany you had,
that i'm still wanting you.
Yeah only fairy tales begin
with once upon a time.
And then get a happy end.
I will still shake your hand.
All that stupid shit.
Made me a stronger man.

TSOHGEHT SHEEHY

Ocean Of Life

Looking into the dark blue water
I can not help but to compare it to life
Like life!
If I don't take the chance and jump in
I could never know what my eyes will behold.
I feel a tingle of excitement, I think! ?
What shall I encounter?
Will it be danger or harmony?
It could be beyond my wildest dreams,
or possibly my greatest fears.
As with everyday life.
There will be no answers given.
Only by plunging in can questions be resolved.
Now I contemplate,
Is the thrill worth the possibility of death?
Or will my fear of death take away any possibilities?
In my shoes what does a brave soul do?
I shall procrastinate no further.
For the answers I seek
are beneath the surface.
SPLASH! ! ! !

TSOHGEHT SHEEHY

Real Pain

The relinquishing of thoughts that cloud a mind
Definitely harder than holding on to a smile
Baring the scars of life
Influence every decision made
When we hold on to the pain.
Letting go is more than a struggle
Scars left open
Allow pain to be our only emotion.

TSOHGEHT SHEEHY

Revelation

I was the type of person
Who held on to things too tight
Unable to release my grip
Even when it no longer felt right

Obviously the happiness had faded
And clinging on only made my heart ache
I always thought that holding on
Was worth the pain it takes

I used to think when I lose something
I'd lose a part of me too
That slowly I'd become someone
That my heart no longer knew

Then one day something happened
I dropped what I had once held dear
But my soul became much lighter
Instead of filled with fear

And it taught my heart that some things
aren't meant to last for long
They arrive to teach you lessons
And then continue on

I don't have to cling to people
Who no longer make me smile
Or do things I've come to hate
If it isn't worth my while

That sometimes the things you're fighting for
Are no longer worth the cost
And not everything we ever lose
Should be taken as a loss.

TSOHGEHT SHEEHY

Ron To Doris

When the branches were bare
and the air began to chill.
I held you in my arms to keep you warm,
but it soothed my soul to have you near.

As snow flakes fell and frost started to set in.
I held you even tighter and whispered I Love You in your ear.

The ice melted away,
branches no longer bare and flowers were all a bloom.
I took your hand in mine
and we strolled under the moon.

The summer now upon us,
the heat at times more than we could bear.
I rubbed ice cubes on your forehead
and ran my fingers through your hair.
With every seasons change
our friendship only grew.
With each passing day.
The bond we built between us,
nothing could undo.
To my best friend and wife Doris;
The greatest thing I have done in life,
Is spend it with YOU! ! !

TSOHGEHT SHEEHY

She Was The One

I cuddle that pillow
you left behind.
It's not as soft,
but the scent of your hair
I still can find.

Of course it's not the same
like all the things
I hold to
only because
they remind me of you.

The joy they once gave
has gone away
but the love we had
still lingers in every
picture frame.

The tears I once cried
have been set aside
but moving on,
just can't be done
when the love you lost
no doubt was the one.

TSOHGEHT SHEEHY

Take It To The Lord

What a friend we have in Jesus.
All our sins and grief to bare!
What a priviledge to carry,
everything to God in prayer.

Oh, what peace we often forfeit.
Oh, what needless pain we bare.
All becauase we do not carry,
everything to God in prayer.

Have we trials and temptations?
Is there trouble anywhere?
We should never be discouraged.
Take it to the Lord in prayer!

Can we find a friend so faithful?
Who will all our sorrows share?
Jesus knows our every weakness.
Take it to the Lord in prayer!

Are we weak and heavy laden,
cumbered with a load of care?
Precious Savior, still our refuge
Take it to the Lord in prayer!

Do our friends despise and forsake thee?
Take it to the ALord in prayer!
In his arms he will take and shield thee,
we will find solace there.

Blessed Savior, thou hast promised.
Thou will all our burdens bare.
May we ever Lord, be bringing
all to thee in earnest prayer.

Soon in glory bright and unclouded.
There will be no need for prayer.
Rapture, praise, and endless worship
will be our sweet portion there.

TSOHGEHT SHEEHY

The Writing's On The Wall

Baby life evolves
it takes on many changes.
Proud you took that leap,
and stepped out of smaller cages.

Nothing could ever change
what you mean to my heart.
Of course I don't want to lose you,
but evolution has pulled us apart.

TSOHGEHT SHEEHY

This Can'T Be Just Titles

'Soulmates never die'
 'Broken inside'
'Come back to me'
 'Say goodbye'
'Say nothing at all'
'Where will you go'
 'Here without you'
'You could be happy'
 'One more day'
 'I'm with you'
'A little more of you'
'Come back to me'
 'I'd come for you! '

TSOHGEHT SHEEHY

This Lady

One of a kind
THIS LADY OF MINE!
seem's to interrupt
what's on my mind

She wanted to leave
I wasn't at ease
impossible to swallow
THIS LADY'S MY EVERYTHING!

It wasn't really clear
I hurt her she hurt me
I was the fool
THIS LADY; MY QUEEN!

For if we stayed together
no doubt in my mind
I would have changed anything
for THIS LADY OF MINE!

TSOHGEHT SHEEHY

Those Eyes

Don't know why?
Just not a boob kinda guy.
Always been a pretty smile
and nice thighs type.
At first sight!
But OH, THOSE EYES!
Are what I get lost in every time.
I don't mean to have this blank stare.
There were some words I had in mind.
but THOSE EYES stole my heart
and erased my thoughts.
Took one look in THOSE EYES,
and saw life in a different light.
An epiphany so surreal,
it healed a ruptured heart.
THOSE EYES!
Are what's making me want to try
and seduce you tonight.
When in reality
THOSE EYES!
Will just keep wandering
through my mind.
That contemplating effect!
Of what it would be like
waking up next to THOSE EYES!
For the rest of my life.

TSOHGEHT SHEEHY

Those Three Words

It's hard for me to use those three words,
Afraid you'll take them lightly.
So I show them in the things I do.
The simple ways that I move around you so slightly.

It's easy to tell you have a heart full of love.
Just seems you have been through so much.
Not sure you're ready to hear,
those three words and all they bare.
Those three words spoken!
Can cause a tidal wave of emotion,
and you could become all closed

So those three words are in the air.
From my heart unto your ear.
Unspoken in the simple terms, but they're there.
Just those words right now,
seem more than I should share.
Hopefully if we take this slow.
One day a place in your heart I too will hold.

TSOHGEHT SHEEHY

Time To Move On

All this premiscuin!
is on suspension.
From another's perception,
it's not self degradation.
Just got me
restless and stressin.
The world and me,
we came to an understandin.
Don't let life's
visual messages.
Hold back love's
resurrections.

I'm a one women man!
But the broken heart thing?
Has me on my knee's repentin..
Prayin For forgiveness.
Saying please Lord,
bless me! !
I need a lady
with iconic presence.
Soft to the touch,
but strong and independent..
The epitome of a princess..
Her essence..
Eclectic! !
Yeah!
She'll do life
to her own vibe.
Want to start
our own tribe.
Her and typical,
don't belong on the same line.
Just maybe I'll find her in this lifetime..

TSOHGEHT SHEEHY

Tongue In Cheek

Sat back and imagined a world without me,
and realized what a shitty thing that would be.
Now before you keep reading,
understand that this is all tongue in cheek.

A world without me?
Would be very less amusing.
Although a world without me;
would have a lot more beer to drink.
If that's a good thing! !
But a world without me;
just doesn't seem fitting.
Not at all right!
I'm the calm in the storm,
your peace of mind in the night.
My laugh is infectious,
and my charm ostentatious.
I'm a pretentious flatter.
A long winded chatterer.
I think very highly of myself,
but not a bragger.
My shower singing is amazing,
I'm just lucky the neighbors
aren't complaining.
I'm a good dancer.
A fleet footed prancer. Yikes! !
Fair warning has been issued.
I'm fun! I'm lazy! Hardworking,
and definitely crazy.
I'm loyal! I'm friendly!
Over flirtatious; I hear I can be.
Never the life of the party,
but when it gets wild
you can bet I'm the agitator.
So life without me!
Come on how dull would that be?
Who would lead the Chiefs
and Royals to victory if not me.
How would this town

keep the racial harmony in stride
if I wasn't here parlaying with both sides.
I'm that little angel on your shoulder
whispering in your ear.
It's not my fault you didn't listen
but it's only a bump in the road.
I still got your back!
Get up off your rear!
So let it be declared!
That life without me;
WOULD DEFINITELY
BE LESS INTERESTING! !

TSOHGEHT SHEEHY

Untypically Typical

This lady has a quality like no other.
She's more genuine than an original.
This lady is REAL!
quick to put you in your place.
She'll let you in,
but tuck your chin if you mess up.
This lady, MY BABY! ! the LORD has blessed me.
She's still like any other women though
In that she's FRUSTRATING! ! ..

TSOHGEHT SHEEHY

Watch Your Tongue

Reciprocating is an evil deed
if it really doesn't mean a thing.
Those I miss you's and I love you's that you say
just because it was put out there in the first place.
Feelings are not an obligation
They are emotions
intended to be used for personal revelation.
So when you say them
just to replace the silence in the room.
That was really just the selfishness in you.
Those words you use in vain
Will come back to bite you in the ass someday.

TSOHGEHT SHEEHY

Worth The Wait

For so long I've been waitin
My soul is over flowin
With anxieties and expectations
Is it just an epiphany or a true revelation
So full of desires
that internal fire
These dreams and visions
Are so vivid
Like my mind has my heart
on an expedition
It's realized that true love
is somethin my life's always been missin
Seems that ship was always sailin
Just as I realized it had been waitin
Perhaps that was instinctively chosen
My heart somehow knew
that God had not yet spoken
And revealed the love
who I would be eternally devoted
Instead he whispered hold on
Trust that the love I want for you
will surely come.
You don't have to search far and wide
just be the man I created
and allow me to guide
Those were the words I felt he spoke to me.
So even though I see
true love as this amazing odyssey.
I now understand true love must come naturally.
I have faith
that it's in God's plan for me.
The kind of love
that's beyond any dream
I've perceived.
The best friend cliché
ends up being a real thing.
Her beauty in all honesty is secondary
to a personality that amazes me.
She never speaks without

at least a hint of passion.
Her voice is soft n subtle
and can definitely be a distraction.
I try every time
to stay in tune with her vibe,
but she always gets me
with those mesmerizing eyes.
I'll get lost in a trance
and she'll say
'did you hear what I said'
and I always say '
'I got lost in your eyes' and she will say
'boy go on with your lies.'
And it will be that way
even after 70 years of our lives.
Now that's the love of a lifetime.

TSOHGEHT SHEEHY