

Poetry Series

Toni Frye
- poems -

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Toni Frye(April 28th 1980)

Alone

ALONE IN THE DARKNESS WITH NO WAY OUT.I LOOK FOR THE LIGHT ALL PAIN IS REAL, NUMBNESS I FEEL, LET ME OUT, LET ME GO MAKE MY LIFE WHOLE.I CAN'T SEE OR HEAR ANYTHI PIECES OF MY LIFE BEFORE I THE DARKNESS FADE AND THE LIGHT ME GO BACK WHERE IT IS LIFE IS HERE BEFORE YOUR EYES, CAN YOU TURN BACK TIME BEFORE MY DEMIING AWAY I START TO CRY REMEMBERING MY LIFE BEFORE I HAD DIINKING OF THE LOVE WE ONCE SHARED, I CAN'T GO BACK, I DON'T EVEN ME OUT CAN'T YOU SEE, MY SINS WASHED AWAY WITH ONE SINGLE HAS HAPPENED TO MY LIFE.DID IT WELT AWAY LIKE FLOWERS IN THE RAI IS IT THERE FOR ME TO SEE, TO START ALL OVER AND BECOME FREE...THE DARKNESS FADES AND THE LIGHT IT WAS JUST A DREAM TO SHOW ME MY FEARS.

TONI FRYE

Toni Frye

Battle

Get ready for the battle your about to fight.
To bring your army at dawns early light.
This battle is mine, and mine alone.
To parch upon a stepping stone.
My sickness is mine fight.
To step back in time skip the flight.
I'm ready to take a stand.
To put all the worries in my hand.
Ready to fight, yes i am.
Get ready for the battle your about to fight.
And slip out of the darkness and into the light.

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Dying

Feels like i'm on the outside looking in, trying to find who i am within.
Take a gun and shoot me dead, kill the girl who hangs on to threads.
Darkness is all i see, no light in sight from miles around, dig a whole and put me
in the ground.
Don't forget to lay a rose upon my casket, and put all my dreams in a heart
shaped basket.
Put my name on that granite stone, and say goodbye for i am not alone.
For there is no more shame, my death is only mine to blame.

Toni Frye

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Fight

Roses are yellow.

violets are blue.

If i didn't have you i wouldn't know what to do, My love you shouldn't refuse.

The sky is grey.

The grass is green.

And we are some where in between.

The night is dark.

The day is light.

The life we live shouldn't be a fight.

The ocean is blue.

The grass is green.

We don't have to be so dam mean.

The storm is wicked.

The sky is black.

Can't you take three steps back.

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Forgiveness

Forgiveness is hard to do.
Forgiveness is hard even for you.
Forgiveness i need.
Forgiveness you can't conceive.
Forgiveness you cant do.
Forgiveness i need to get through.
Forgiveness we need to go on.
Forgiveness we need to pray upon.

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Free

Free is what i long to be.
Free from this burden deep in my soul.
The one i can't control.
Free from these chains that keep me bound.
Free from this hell all around.
Free from these clouds that block my view.
Free from this world and free from you.
Free from this lock that keep a hold.
Free from the dark and never folds.
Free from this sin that lives inside.
Free from this world under no descise.
Free from the tree i sat atop.
Free from this madness that never stops.
Free, free is what i long to be.

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Mental Haze

As you gaze in my eyes, i wonder if you know what lies darkness behind my eyes, i no longer can descise.

I look in the mirror and only see green eyes staring back at me.

The confusion is real, numbness i feel.

Crazy is the word i like to use, it won't leave me alone it wants to abuse.

Death surrounds me everyday.A feeling i can't shake or runaway.

If i could be right for just one day, i would thank god and begin to pray.

The depts of my thoughts are too much to bear, in life i don't even care.

All i want is happiness, to become free of all this loneliness.

Where do i go to become free, free of this burden that lives inside me.

Mental haze go away, leave me alone, give me a bright sunny day.

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Pain

Pain, pain go away....
Don't come back another day;
Help me, help me can't anyone see.
This pain is what makes me bleed.
Throbbing day and night.
With no end in sight.
Pain, pain go away....
Don't come back another day;
Sharp like a knife going down my spine.
In my world the sun does not shine.
Tremendous hurt all around.
Sometimes i stand and fall to the ground.
Pain, pain go away....
Don't come back another day;
Does anyone know what it is like.
To feel the pain and all the shame.
I try so hard not to complain.
And ask god why my lifes so lame.
Pain, pain go away....
Don't come back another day;

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Sadness

Sadness, sadness all around.
Sadness i wear a frown.
Sadness, sadness here to stay.
Sadness want to come play.
Sadness, sadness choking me.
Sadness does not flee.
Sadness, sadness all around.
Sadness drops to the ground.
Sadness, sadness does not agree.
Sadness is not free.
Sadness, sadness all around.

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Sorry

Sorry to you for what i've done.
Sorry that you came undone.
I search the globe near and far.
To find the girl that did this harm.
Hunt her down and kill you dead.
But the girl you seek is me instead.
Sorry, sorry for what i've done.
Sorry you came undone.
Pay the price i must do.
To make up for the lies i infused.
I will be here waiting for you.
To undo the damage i threw upon you.
Sorry, sorry for what i've done.
Sorry that you came undone.

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Storm

The storm is coming.
The rage of thunder.
The animals start to get under.
The wind is blowing.
The rain is roaring.
The hard drops just a flowing.
The flood will soon be here.
No sight of land near.
The gushing water.
The steady streams.
It takes me back to a april dream.
The falling trees lay spread across.
For us to move and walk beyond.
The storm is here.
The lightning is feared.
When ever will the sun appear.

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The Lost Girl

THE THINGS IN MY HEAD, THE THINGS THAT WONT BE BATTLE I FIGHT ALL ALONE, ALL THE WHILE MY MEMORIES GOD HELP ME SORT THROUGH THE MENTAL HAZE, TO BECOME FREE FROM THIS DAZE.WILL I EVER BE THE SAME, WILL I EVER BE THE GIRL THAT'S NOT SO ME OUT I WANT TO SEE, BECOME THE GIRL WHO WAS SO OM IS A WORD THAT MANY SAY, BUT TO ME IT IS A WORD I CAN'T RAGE WITHIN IS SO REAL, THE RAGE INSIDE THAT WON'T LET ME I BECOME THE GIRL I ONCE WAS, THE ONE WHO KNEW WHAT LOVE REALLY HELP ME, HELP ME FIND THE GIRL THAT WALKED THE LI DID SHE GO, IS SHE ALI EVER MADE HER LIE.WILL HE EVER FOGIVE, WILL HE SEE, THAT GIRL WAS NOT A DEMON THAT TOOK CONTROL.WILL THE DEMON LEAVE AND THE GIRL GIRL WHO KNEW LOVE WAS'NT TO BE ME GET BACK TO WHO I WAS, I CAN'T LIVE LIKE THIS, IT'S TIME TO PULL THE PLUG.

TONI FRYE

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What's Wrong With Me? ? ?

I can't hold on to me.
Wonder what is wrong with me?
Why can't i be free.
Wonder what is wrong with me?
Why can't i even see.
Wonder what is wrong with me?
Why dosen't God here my pleas.

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