

Poetry Series

Regina Dynes
- poems -

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Regina Dynes(june 15th 1994)

Assistance

No where to turn

No where to hide

No where to run

Needing someone to listen

Not one to judge

Need a friend

Not a user

Need a place to hide

So i can feel safe

Need love

Not hurt

Need that true one

Not just another

Need hope...

Not disappointment

Regina Dynes

Day By Day

The sun will set

The sun will rise

Even when you beg it not to

The world doesn't revolve around others

Nor does it revolve around you

But revolves around life

But the one thing that does happen is,

The sun sets for you

Because sometimes that's just what a person needs

Especially in the harsh terms of everyday life

Depressing as it is

We surely know

Without it we wouldn't be something

We wouldn't be anything

But we would be nothing

So what we can't help but tell ourselves

Is to embrace, love, and cherish everyday life

Before it passes you by

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Existence

Trying to scream

But no noise is heard

Weeping with sorrow

But no tears are seen

Just wanting to be heard

But no one is listening

Searching for friendship with desperation

What she looks for is never found

Just wishing someone would care

About this lonely invisible girl

But how would someone care about

The one that's not heard

The one that's not seen

Will anyone ever care,

About this lonely invisible girl

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Not Me, Not You, But Us

I need you

I just can't live without you

Your always around, here with me

Without you I'd be asking myself how i could've ever let you go

Regretting it every day and every night,

that i wouldn't get to spend with you

Wondering what i should've done...

What i should've changed...

But luckily i shall not worry

Because i know you'll always be there for me

And I'll always be there for you

I meant it when i said I'll always love you

And that will never change

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Not Truth, But Trust

Scared to get to close
Been down this road many times
Let myself love someone
My heart was snapped in two
I really love you
But im scared
For if i get to close my heart will shatter again
Even though your different, I cant forget the past
Thats why i need you here for me
To be patient with me
The reason im scared to show how much i love you
Is im scared you don't feel the same
Worried I'll be let down
But i know if you love me too
You'll support me with everything i do
Help me get better, Help me change
So i dont have to worry...
At least not with you
I trust you, But the past still haunts me with fright
Not because of you,
But of what i might do to mess it up, Everything

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Our Story

When our eyes meet, Can't help but look away
When i see you smile, I do the same
Whenever you talk, Can't help but get butterflies
When you laugh, I do the same
When its time for us to say goodbye,
Can't help but be disappointed
Even though it hurts, When you say bye, I do the same
When you say I Love You, Can't help but smile
And say it back because it's true... I really do love you
And when we meet again it starts all over.
But the thought of seeing you again...
Can't help but smile

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Reality?

I thought i had lost you
Many times before
I was luckily mistaking
Loss for adoration
I still love you
And as i can see, you still love me
You and I will last forever
Or as long as it takes to make others understand
I will never give up on you
And would hope you won't give up on me
But if eventually
That is what you choose
I can't stop you
I would try, i may not succeed
But if you're happy
Then maybe it was for the best
I would never forget,
The spot in my heart that belonged to you
Hoping you would change your mind
And come back to me
You would be welcomed with an open heart
Open to your love once again
But just because you and me are us again
Doesn't mean im not still weak from losing you
In pain knowing you could leave me again
Aching from my wounds that are yet to heal
And truly filled with disbeleif when i was thinking how you said
You never stopped loving me could be a dream
As tears start shedding down my face, to find that i was right
I was waking from the joyus DREAM
When you started loving me again
To find that just like me,
You never stopped

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