# **Poetry Series**

# Paul Gerard Reed - poems -

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# Paul Gerard Reed()

All my poems since 2010 are on .

I wrote 365 poems between October 2010 and 2011.

I would like to write over 1,000 poems but as I have found numerical challenges usually reduce the quality (if there was any to begin with).

Inspirations - all poets with a feeling for nature and 'insignificant' things that are actually significant.

Motivations - to express emotions, make people laugh or otherwise connect with the writing emotionally.

## A Bubble About To Pop

Are we just ants in the pavement cracks? And the sky is just the sole of someone's boot The moon a pearl on our army's silvery backs Drawing us on to the earth's tap root

Are we just tiny specks of dust? Moved around by a godly hand Amongst the dirt and dried-up rust Of a heaped-up shale tip land

Do matchsticks make our forests and trees? Is the ocean a solitary drop Are we crawling on our hands and knees In a bubble about to pop

#### A Child's Voice

We adults trudge through our care-worn days Lives lived in a frenzied and anxious haze But in a moment, in life we again rejoice All we need is to hear a child's voice

Innocence and joy mingled in a high-pitched note The enemies of tiredness and sorrow are smote May we forever continue to be beguiled By the angelic voice of a child

#### A Day At Blyth

The crowds gathered on Blyth's beach
To see how far into the past they could reach
And under their slightly cloudy skies blue
Re-enact the battles of World War Two

He had targeted this afternoon for a while

To be snapped holding a Russian hand pistol was just his style

But even as he swung that weapon on his hips

His mind turned to some of Blyth's tasty fish and chips

He dashed away from the beach, absent-mindedly clutching the gun A strong image in his mind of cod and chips had begun But as his appetite became ever more strong He noticed the queue at the fish shop was some thirty yards long

Now even if in his frustration he had unloaded some lead The bullet wouldn't even have reached the man at the queue's head For although this tale seems a mite strange The gun he grasped had barely a thirty yard range

Despairingly he turned back the way he had come With empty stomach and feeling rather glum But just to add to his day, seemingly running out of luck Amongst the guns and smoke a black dog had run amok

Far from thoughts of the D-Day landings or Dunkirk
The crowd were being entertained by a dog gone berserk
And as the organisers ruefully looked on
The show was stolen by a black alsatian called Ron

#### A Day At The Races

All were gathered at Gosforth Park
With a good days racing in view
Hearty banter was being exchanged
In the dining room as the clamour grew

Amongst the hordes, our central character Restlessly waiting to be fed When, stomach rumbling, he could wait no more And tore the cellophane off the bread

A minor scuffle ensued with the catering staff
As bread supplies were apparently low
"Too late! " cried he in gleeful triumph
And sank his teeth into the dough

'You could have waited! ' cried the waitress 'You impatient and greedy oaf! Now we're fresh out of French sticks And I'll have to pop out for a loaf! '

Fortunately at that moment the starters arrived And the man, not one you can dupe Got his eye on a steaming hot bowl Of a particularly delicious Thai soup

Worse followed however when the salad was served And whilst, as usual, alert He mis-pronged his cherry tomato Which smashed into a fellow guest's shirt

The guest, indignant, rose immediately
And, while stifling a curse
Made frantic attempts to sponge off the stain
Only to succeed in making it worse

'You rotter! ' he bellowed at our chap And seizing a chunk of pork pie Abandoned all semblance of dignity And threw it at our hero's left eye As a man of quick reactions, he ducked And the pie flew past his left ear Only to land with a gigantic splash In an architect from Whickham's cold beer

The architect's revenge was sure and swift
And scooping up the last of his rice pud
Catapulted it skilfully with his spoon
To land foursquare on the guest's nose with a thud

He in turn tipped over the architect's table
And upset the cutlery, plates and the teas
And then glowering down at the architect
Yelled 'That's the last time I pay your bloody fees! '

I don't need to tell you what happened next And to cut a long story short All hell broke loose akin to World War Three And our hero had to abort

He left behind him an undignified brawl With professionals losing their cool Throwing plates of sherry trifle at each other Just like you used to at school

So the lesson to heed from this day is clear Whether you're tackling your ham or your pork Give due respect to the cherry tomato And be careful where you dig in your fork!

## A Former Life

A former life Lying in the bottom of a drawer Photographs of times long past Now no more, Pictures of good things A few that were bad Happy, smiling faces A few that were sad, People still here Some just clinging on Some who have changed Some who have gone, Forgotten sunny days Or laughing in the rain Moments of joy If we could live them again, If time could only re-wind If the song be re-sung If we could have another chance If we were young.

## A Gathering For Wogan

'How shall I praise him? Let me count the ways. I think he was the tops, the cat's miaow; For pity's sake, who else would you allow To mutter in your ear each dawn of days Just rambling on, with nothing on his mind?

That voice - (an aural newly-ripened peach
That never spoke to all, but spoke to each,
Each one he never met, but made his friend)
Now sounds forevermore, world without end.' - Joanna Lumley from 'For The
Former Greatest Lving Irishman'

Ah, Wogan, I see you've had your day
Where all gathered to sing you away
And although I was moved to hear the tributes tossed
I was sad that in the melee mine was lost;

My sincere words will never be read But in my heart they still are said For I am no star, a no-one am I But I held you higher than the sky

## A March Morning

Everything is ready As I take the morning air Everything is in front of me As Spring begins it's repair Every shimmy in the hedgerow Denotes an impatient life Knowing so much is to happen soon Hearts brimming and hopes rife; A cocktail of high and scattered songs Gifted from this little commune The wren's flurry of happy notes The blackbird's rich and merry tune; Were our breasts as bursting as theirs Of such energy and joy Were our steps as sure as theirs Along their hidden branches coy; Grant that their bold newness of life Makes our lives more whole And that their morning melody Be planted in our souls

#### A Peculiar War

It is a peculiar war to wage One related in some ways to age But against a foe without a form Nothing to measure against the norm One that undermines your being Invisible and unseeing It gnaws away at your self belief Leaving you wrapped up in grief All normaltity becomes suspended And ordinary life is upended All you want is to be you again To calmly walk in the sun and rain To get back to what you were before But your fears increase even more It needs incredible strength of mind The shackes to unravel and unbind It doesnt happen in a day Or take a month to go away Because within you is planted a seed Of self doubt that won't recede But win the war you absolutely must Before your being is turned to dust

#### A Place

O, to have a place Where I could visit you and think, To just stand in the breeze To consider life's brink;

O, for some moments
Spent in pure reflection,
To listen to the silence
Pervade earthly dejection;

If you just had a place In this world you have flown, With the seasons abrading And the grass overgrown;

O, for a special place On some windy hilltop, Where the skies rush over But let the world stop.

#### A Rose About To Bloom

Is there anything more beautiful Than a rose about to bloom, You can hear loved ones voices Before they enter the room;

Tomorrow is but a breath away But held in outstretched hands, Events that have not happened Sweeter than today's demands;

The moment of anticipation
Is oft greater than it's arrival,
The thought of making it
Greater than it's survival;

Give me the rosebud with it's potential Let me stand halfway up the slope, Give me the future in all it's glory For things not yet achieved, give me hope.

#### A Safe Place

That which you have given me Has enriched me And seeped deep into my bones, Hidden away from day to day cares But still there; Ready for me to call upon when needed An inner strength, A central core, A spirit and a belief That life is good And worth fighting for; A place to come to In troubled times When storms rage And seas are high; A safe place where values are kept, Where right and wrong are known Where love is treasured And my conscience preserved; The very centre of me Around which all other things Are mere satellites; You placed it there without knowing That the tree would ever bear fruit But you believed it to be so, And that was enough.

# A Seagull's Cry

You awoke me from slumber At four o'clock this morning With your wild call of freedom Which sliced the air And reached my soul; Just one cry, no more, All the greater for it's lonely piercing Of the gathered gloom; And it told me a truth That we are on this earth together, You and I, No different. And you brought me reassurance And calmed me From all of my invented cares. Yes, lonely seagull, We share the world.

#### A Summer Rose

I walked past a rose On impulse, stopped Then turned back; How could I discard Your folded glory Which nothing lacks; The shrivelled hand of Winter Tried to take you prey But failed; The frosted blast of early Spring With it's icy binds And grimy winds that railed; All now past memories Under your soft pillow Of yellow bloom; All now swept away In the Summer tide That is your perfume

## A Tale Of Sunday

Our fingers were stained with strawberries That we had picked from great long rows Some were really funny shapes " I've never seen one of those! "

We then sat outside a café
But that's when the drizzle started
I spent twelve quid on coffee and scones
A fool and his money soon parted;

Sunday afternoon drifted slowly away
As we strolled into the empty church
Where my grandson gave an impromptu sermon
Sat at the organists perch;

We bought s huge French meringue That we looked to feast upon But it had rather a strange taste, Was it cinnamon?

Still, the strawberries were great
With raspberries and gooseberries mixed
And next week we'll have a roast chicken dinner
When we get the oven fixed

#### A View Of Home

There it is!
Home, near our outstretched arms
But, from this unnatural viewpoint, still so far away
An unlikely stranger knocking at our door
Separated by the waters that pour and fill between,
That led us here to stray;

How sweet our dreams, but so unattainable, How wide our gaze when filled with light, How long stretches the time That we are away from you, Made more bitter by the sight;

On this dismal afternoon we stand apart
And, now that you are in our eyes,
Feel more acutely the dull pain of separation
With the vision of home, comfort and solace
Across the intervening tearful skies.

#### A View Of The World

My eyes absorb their view of the world, The lazy stream, going on it's way, Dribbling it's tranquil message To eternity; The blue sky, with no reproachment, Holding the sun in it's lap Cradling it's soothing ray and burning lance, Which etch on our minds The patterns of summer; The mountain bold, standing imperious, Aloof and majestic, Proud and unchallenged, By those who climb or crawl; The lake as deep as our thoughts, Sending a million stars To their beds in heaven; The meadow, cool lushness and peace, Home to daisy and the patient worm; The breeze, the freeness of the air, Moving across our face, Tingling senses, And nestling in the silence Between the rushing of the tides; The days move with a grace Sweeping the earth And settling gently to sleep.

#### A World Away From The Storm

To be in this favourite place again Where the light floods my eyes and mind So that barren thoughts, no longer grey Are whipped up with the cares of the world Lifted high by the wind And swirled up into the clouds and away; Where the low sun picks up each blade of grass And carves each one as a separate statue Each ennobled and empowered; The dancing crests on the waves Sparkle and entice our hopes And laugh at those that cowered; Where we can run uninhibited, free To bless the day this land was forged, The day God's hand drew this sketch Of a place away from woes, Away from the world's blind corners Which no price in gold could fetch; And to think that this place is ours Ours to hold in our tiny hands To cradle us both safe and warm; Our place, our freedom The shelter from our troubles A world away from the storm

## **Above The Clouds**

Hidden above the clouds
There is a sunny day,
Beyond our mortal vision
But coming to light our way;

In every time of despair
There is joy to change our fate,
We cannot hurry it up
All we can do is wait.

# **Adversity**

It is in adversity

You find the strength of the soul

Not at University

With the future your goal

Not at school or childhood

Will you find it there

But when life, once good,

Leaves the cupboard bare.

#### Aira Force

Aira Force beckoned us to go and see It's source amongst the Lakeland hills It's tranquil setting of historic note Where Wordsworth spied his daffodils

His eyes would have seen the same as mine As he stood there on that morn Where warm lush meadows and pink foxgloves The path edges and steps adorn

That water which under bridge spills

And whose riverside beauties evince

Would have gladdened his view in just the same way

As mine despite the centuries since

# All Of Life

All of life is ahead of you today
As, unknowing, you immerse yourself in play
Pure in spirit, unblemished and clean
Love stored in your heart and loyalty keen;

May this youthful day linger alongside
As you develop your experience and pride
Never forget this innocent day
And let warmth and kindness pave your way.

## All Of These Things

All of the things that would be forgotten As the days and years pass As Autumn turns to Winter As the weeds invade the grass All of the things that would be forgotten But for the picking up of the pen The things lost to future generations When the now becomes the then Just the tiny little things Like the smiling and saying hello The holding of tender hands That warm and loving glow The knowing we belong together The hopes we all hold inside The happiness and the sorrow The pools of tears cried So, strangers from tomorrow Just let your thoughts stray To things that would be forgotten But for strangers from yesterday

## **All Right Now**

Sensing my doubt, you weighed in Through the airwaves with music akin To the most exciting sound ever heard To label it just 'pop' would be absurd

That magic combination of rock and blues Created a momentum none could refuse The gravelly Rogers and solid Fraser Kossoff's notes slicing the air like a razor

Not to forget Simon Kirke Who thrashed the drums till he went beserk So please gentlemen, take a bow For it truly still is 'All Right Now'

## All The People

Between sleep and consciousness In dull tones of regret, I remembered the names Of everyone I had ever met;

Each one's face passing me by Now by passage of time cloven, Between each silent page Of the memories interwoven;

Upon the receptacle of my past Each one so carefully embossed, Sent to me with the purpose That our paths should have crossed;

Now we all make our separate ways On routes disparate and diverging, But just for these few hours tonight Sent back through my mind surging;

Farewell, once again, old friends We must re-enact our goodbye, To tread our different roads in life As time slips slowly by.

#### **Alnwick Castle**

O, Alnwick Castle on August noon
Standing firm against the Summer's swoon
Stronghold for seven hundred years
To the Percys and their sons and heirs

We stand high upon ramparts proud Above the clinging and jostling crowd Overlooking the Aln free-flowing Your flag ruffling amidst breeze blowing

Grassy meadows fragrantly creep Voles through verdant clover stems peep Cowering under the turbulent skies Rounded hilltops on which horizon lies

And over the river edge branches stoop Within your baileys swallows swoop Making light of life's dreary pose Racing past prickly thorn on rose

Guinea fowl bicker and announce their quarrel
On lawns fringed with box and laurel
The honeybees a contented song drone
Until a sharp storm turns wet the stone

The grass thus freshened and renewed
The gravel paths with showery rain imbued
The proud walls cleansed and soaked
History once again evoked

So reluctantly we leave you now And let the evening take it's bow But be assured we will return again To Alnwick Castle in sun and rain

#### **Ammonite**

Mounted in a plastic case Absorbing dull modern light Lay a tiny ribbed coil of stone The ancient ammonite;

How you held fast to your shape Imprinted as ancient rocks piled Through the dinosaur and ice ages Under glaciers and seas that were wild;

Unmoved by evolution's urge By roar of fire and gulf of flood By cavemen and stone circles By battle and spill of blood;

As coal and oily layers formed As woods grew spelks and thorny burrs You stayed exactly the same For a hundred million years

Now, my friend, your resting place Is in your little plastic case Where your form still proudly coils Despite time's haggard face

## **Amongst The Woods**

I like to be amongst the woods In shaded places With a suggestion of sunshine Where the birds sing high in the treetops And hopes soar alongside; I like to be in quiet places Where footsteps are dampened And strident voices not heard Where the kingdom belongs to someone else And not us; Where breezes carelessly play through the leaves Where thick boughs hang imperious In their maturity; Where the test of time has been stood And peace still exists; I like to be amongst the woods Where the oak rings lie hidden In gnarly trunks And the squirrel dashes with the hare Where there are soothing things everywhere; I like to be amongst the woods

#### **Andrew Marvell**

A slim booklet Of collected verse By Andrew Marvell Did brilliance disperse

Only two poems
Or maybe three
But a bit of a bargain
At only 50p

## **Animal Ways**

Does a crocodile know it's a Monday morning? When the giraffe lopes lazily around Does that sinking feeling abound The one we have when Monday's dawning?

Do llamas have money troubles?
Can there be tigers overdrawn,
Or hard-up deer and fawn
Placing desperate each-way doubles?

Do hippos go for woodland walks? And what do lions do for leisure, Eat low-fat or just for pleasure Attend seminars and talks?

Do zebras have political debate
Watch their own version of 'Question Time'
To discuss stripy issues and crime
Or is it on too late?

Is it just us humans who have fashion whims? Do camels wear low-slung trousers Dangly jewellery and flowery blouses Wear designer trunks when going for swims?

As David Attenborough once famously opined Animals wouldn't be bereft If all the humans got up and left They'd get on without us just fine.

## **Another Day**

I think of all the holidays not taken When funds were not enough All the sunny smiles forsaken As our drives landed in the rough;

All the times we stood out of the way And had to eat each crumb We said 'wait for another day' For it will surely come;

I think of mountains and blue skies
The rippling surface of a lake
The mornings with the sun on the rise
The things for which I ache;

Those days we could have had But had to take another track Opportunities missed are sad For you can never get them back.

# **Another Day Done**

Another day done More work begun But not yet ended

Another sun set Evening time met Stars have ascended

Time sweeps clock face Darkness creeps apace Day's finish in sight

Another day older Suns warmth grows colder Wait for morning light

#### **Armistice**

'What was to come next? They did not know - and hardly cared. Their minds were numbed by the shock of peace. The past consumed their whole consciousness. The present did not exist-and the future was inconceivable.'

What awaits us now?
The night's silence holds us in it's grip
The stars hold steady in the sky
Watching over this terrifying life
As fear trembles the ground.
And, on the day we have waited for,
Our senses desert us
Where is home?
Now emptiness is all around,
And the days on which our cradles were rocked
Are lost in a dream.

# As The Morning Breaks

As the morning breaks
We go our separate ways
But always think of each other;
We do our own things
We get through our day
Never forgetting one another;
We both look ahead
To when the evening comes
And we can renew invisible tether;
For the journey home
Is our reward at last
Once again we are together

#### At Last

The omniscient sky gulped And emitted a long, low breath, Bedraggled spectators on the touchline Wanting to be there at 'the death';

Tight clusters of new green shoots Pushing their way through the dirt, The winter defeated once again In their joyous uprushing spurt

#### At Your Own Risk

At your peril, leave me out
When following your devilish ways, devout
At your own risk, plainly ignore me
Who you treat so miserably;

Beware too, the steadfast mind
That concentrates on being kind
And which, on a course of happiness set,
Shows defeat may be defeated yet;

Know you now that all is well
Despite the clanging doom-laden bell
That rings out, as if all is lost
Forget me at your cost;

Caution the pessimistic future-seer Who believes in all-pervading fear Who is puzzled by my contrary touch That clings to hope so much;

Strike out the dead, clad in night
The timid soul that trembles with fright
Count me in, to this life so brisk
And forget me, at your own risk.

#### **Auction**

Round and round they walk, Unmolested as yet by life, Not knowing where they are Or where they are to go to;

Associations made, soon to be broken In favour of brand new ones Unsolicited, Who may be as tender Or who may be harsh;

Around the ring the bidders shuttle Then stand stock still, Endlessly consulting catalogues, Now and then, one waves To change a life;

The auctioneer gestures
In his practised dance
With arms waving and pointing,
Eliciting and persuading,
And with gavel drop
Ends the misery of each uncertainty;

Another door opens
And in steps another
Who, wild in nervousness
And unfulfilled potential,
Lunges and wheels
Not wanting to be looked at,
Not wanting to be sold;

And, amongst all the calculations
Of future worth and glory,
Another one is bought
But this time for love.

#### **Autumn Is Born**

The chill wind reminds us all
That Summer is all but over
England is now in leaf fall
From Berwick on Tweed to Dover

The crimson sunsets flee
The strident times have gone
We reach the end of the spree
We so depended upon

The rose petals scattered and down Our coats are buttoned or zipped The thistle has donned his crown Our hopes lie torn and ripped

The air rushes at the gate
It's gusts rattles and swirls
Summer's treasures too late
To save us from it's hurls

The sun-laden blossom and scent Like stragglers leaving a dance Their magic broken and spent Their charms no longer entrance

Summers pages a dusty tome
Its bindings tired and care-worn
We reluctantly turn for home
For now the Autumn is born

#### Ayr Bay

At first light we would stand and stare And drink deeply of the breeze, Watched the incoming foam ensnare Between seaweed and stones squeeze;

At midnight we would gather again Under the blackness of hung skies, Let your lapping water entertain Our ears and searching eyes;

The lights of Ayr would dance and twirl Like some ghostly filigree, A string of shining pearls Stretched out across the sea;

Bring me back again someday
To this moon-dappled pebbly shore,
Wrap me around in your beguiling way
Tell me your secrets once more.

#### **Back Then**

The time back then cannot be found, Did I ever really live in those days? The images in my mind are bound By a somnolent, ghostly haze;

The connections seem broken
Although joined by calendar dates,
Were the kind words ever spoken?
Or whispered and drifted away to their fates;

Everyone is gone, gone far away Swept up, cast out and destroyed And I, I am left here to stray Of all my past loves devoid.

### **Back To The Hissing Lawns**

It has taken me Thirty five years to be free To listen again to the melacholy droll Slurping from life's porridge bowl All that has happened in between Including Queen; Things I would rather not have happened But have: Now I listen to Joni and am not drawn in By 'Don't interrupt the sorrow' And the fear for tomorrow Has passed; Nostalgia did return like a wave up the shingle But with different overtones now And I am not going back To the hissing of a summer lawn Whence my misery was borne With solitude and duty No longer appalled by the beauty Or in the trance Of the 'Boho Dance' My calendar no longer circled with compromise I found a kingpin as did Edith Reality, not a myth My summer lawn at Ravensbourne Became that at Hawthorne And life moved on

#### **Baton**

Clammy slates lying lifeless Under the dread-black skies, Shielding the night from the fire Of all those youthful eyes;

A wall, a gate, a bastion set against, A ring-fence to keep out the cold, As if any such timid defences Could stop us growing old;

A kind of marking-place, a signal, a point, The end of the race reached at last, Knowing as you look on under heavy lids That the baton has been passed;

For all of the things that are in you And have seen the winter erode and chill, Have been launched anew into spring With all the years to follow still.

#### **Beach**

The low light of the closing day
Spreads across the drifts and speckles
It's slanting beams laugh and play
On the beach's face and freckles;

Restless grains of South Shields sand Like the surface of the moon, Shifting fragments of our beloved land Brown sugar in a spoon;

Evening comes, the setting sun Slides under the blackened deep One day lost, another to be won As the beach follows us to sleep.

# **Bedposts**

I descended from the night
Wrapped in wings of self-concern
That fluttered in rhythm
With my aching head;
As if slowly slipping out of a dream
Which had shaped my future
On the bedposts of a kinder world

### Before I Grew Up

There was bread baking on the hearth Acker played 'Stranger On The Shore' There were all manner of wondrous things All of them now no more;

I played football in the street
And read books in bed with a torch
Drank fizzy orange from the 'pop man'
Left muddy wellies in the porch;

Ate my favourite mince and dumplings Hated cheese and fish Stuck together bits of model planes In efforts distinctly amateurish;

Refused to wear glasses Even though extremely long-sighted Ran home from school with my report My progress and shortcomings highlighted;

None of these things I do any more I have left those lovely times behind But how I wish I could go back For one hour to let the past unwind;

Savour once again those boyish moments Spent with dear Mam and Dad I could tell them again that I loved them From the heart of their little lad

# **Before Spring**

Before Spring we stumble in our step Without that freshness on the breeze That through the Winter slept That through all promises sees;

Before Spring we lie asleep And wake to icy chills, Through half-closed lids we peep At harshened fields and hills;

Before Spring our senses dull Become exhausted and moribund In the charmless lull That only April can refund.

### **Bempton Cliffs**

The moor was quiet as the evening dropped A barn owl sat serene on a post,
But at the cliff edge the silence stopped
To give way to the songs of the coast;

On slender shelves the sea birds crowded To huddle amongst their own kith and kin, Bempton's cliffs overlain and enshrouded Wrapped In your lonely din;

Not forever will I forget the sound Or my feelings that welled up inside, For stillness and peace lay all around In the cries and the crashing tide.

#### **Better Than This**

Is there something better than this?

Something out there, unknown Akin to heavenly bliss

Something unseen like this seaward breeze

Rustling dry grasses as stalky soldiers Standing forever at ease

Is there something out there with a sound

Like this water crashing on rock As endless waves are homeward bound...

Is there freedom like this to be found?

### **Bide Your Time**

Bide your time, suffer the blows Everything that is meant to, will come to be The bud will open and become the rose The river will flow patiently to the sea;

Although dark night creeps in with stealth And the morning seems a lifetime away The rising sun will bring it's wealth And you will see the day.

### **Billion Souls**

I am but one of a billion souls
In the sea of life,
Restless and troubled,
Sloping, slanting, cresting the wave's rolls,
That through our existence
Have surged and bubbled;

I am just another, lost in the crowd A face amongst faces, In an eternal queue, No-one hears though I shout loud, My voice drowned out, As if you never knew;

Rescue me, just me alone From the others, Set me apart, But I am not known, I have never been here, Never got to the start.

# **Blackbird Song**

How calming, the sweet song of the blackbird The most melodic tune ever heard, From some unseen point amongst the trees, The cheery notes drift away on the breeze;

Like the best things in life are meant to be All this entertainment is for free And one cannot be sad for long Once you hear the blackbird's song.

#### **Blue Tit**

Your joyous flight, undulating Impatient for Spring, not for waiting, Darting between the branches bare, All at once, everywhere;

In Winter's dark caverns you light a spark, The ending of her gloomy days you mark, Now with you, we see the Spring, In all around us, everything;

The Blue Tit has brought us back From the desolate times, so black, The sun is rising, the night has gone, For you and me, for everyone.

#### **Bluebells**

Time has grown over these plots
Of broken down plinths
And ragged headstones
With their faded engraving
Surnames, still proud in capitals
And dates from long ago;

The world has moved on
And left them sleeping underground
Here they lie, neglected, forgotten
Lonely in their spring-shaded place
The dappled sunlight caresses each marker
And the bluebells grow everywhere

We stand in respect for a moment
And hear the stillness of the breeze
That blows through our minds
We are captive on this earth
A dying breed forever
A victim of our own times

### **Bonfire Night**

Not for me the sparks and flames
Mattresses piled high and old bedframes
Not for me the acrid smoke
That gets in clothes and starts to choke
Not for me old planks and floorboards
Ripped from the derelict housing hoards
Not for me the hot potato jacket
Or sizzling rocket and mortar bomb racket
No, I'll be sitting by another fire
That burns more evenly, less haywire
The one that warms the living room grate
Without soot or wretch to ameliorate
With feet firmly planted on carpeted floors
My bonfire night will be spent indoors

#### **Borrowdale**

This winding road Long-lost in my dreams, Going around bends Running beside streams;

O, that I could spend my life With not a care, Travelling along you In the fresh, rainy air;

Not going to cities Not stoppng at lights, No built-up zones No man-made heights;

Framed only by trees, Mountains and hills, Gorged in the sunshine Swathed in the chills;

Yours is a pure route Even if ending nowhere, O, that I could join you To please take me there.

#### **Bounce Back**

Despair is the enemy
It lies in wait to capture me
It ingrains my mind and bones
With it's sullen leaden tones;

But I glean that it is only a test
To see if I can beat the rest
For what is not challenged can never be
The fiery spirit of liberty;

So, think of it as a compliment
One which is truly heaven-sent
You are important enough to try and beat
To see if you can stay on your feet;

To bounce back is a quality rare

One that can restore when nothing seems there

Fight back, over and over again

Until the sun dispels the rain.

# **Bring On**

Bring on the hail Bring on the snow Bring on the winds That blow and blow;

Bring on the dark nights
Bring on the gloom
Bring on the chill
That invades every room;

Bring on numbing fingers Bring on frozen toes Bring on Winter's misery And all of it's woes;

Bring on the frost
Bring on the ice
But bring on the Spring
When everything's nice!

### Bring The Autumn On

Sultry days of Summer, washed-up and worn out, Crawling heat invading the shady hideout, Bring the Autumn on;

No longer appealing the drone and the sprawl, The bleached-out beach, the marching band's call Bring the Autumn on;

Humid and languid we lie prone in pools, Slurping cold drinks as the ice cream drools, Bring the Autumn on;

Brittle the leaf, once greened and flush, Strident voices reduced to a hush, Bring the Autumn on;

Sweated, we turn under sheets cloying, Exhausted the hedgerows once overjoying, Bring the Autumn on;

Bring fresh breezes and berries bright red, Bring purple thistles with crowns on their head, Bring the Autumn on!

# **Buttercups**

Tiny suns shining upwards
Carefully plucked and placed under chins
Then put in pockets to keep forever
Alongside pine cones, daisies and catkins

# By The River

An afternoon,
An autumn, a stage in our lives,
Calm for the moment
Like the peaceful river;

A path, a way forward, A route, a direction for our lives Far-seeing the future Winding to the sea;

We talked of kingfishers, Molehills and crab apples, Sculptures and willow trees, As dusk slowly gathered;

And we were glad to be together, Living this life, On a tranquil afternoon By the river.

### Call To Arms

I am called to arms A thousand times a day To wage this war; And each time I must emerge Victorious and able to say That I can take some more; For in this war There can be no defeat And no sabre rattle; Only success countenanced Defeat is unacceptable Victory speech just prattle; Triumph is silent And not trumpeted No medals to pin or braid; Winning just means living And facing another day Pretending to be unafraid

#### Camel's Island

We found a place away from the others Rambling their way across fields For a while to stumble upon freedom As the black-backed gulls wheeled;

The chiselled dusty pathway
Wound down between reposing banks
Below the sweeping open spaces
Atop the rock's massed ranks;

And beckoned us down to the sea Amidst the piled ruins of stones Prised away from the cliffs In a million sandy grey tones;

The froth of the incoming tide Played between arched rocks and caves Probing deep into cracks and chasms With it's endlessly searching waves;

Water seeped across the shallow divide And kept us and Camel's Island apart But it's childhood joys and adventures Were still inscribed upon your heart;

Our reverie was suddenly broken
For a moment the restless waves stilled
And the steep path called out to us
As the afternoon air chilled

To close our eyes from the past
Dry the tears that had fallen in streams
To leave behind our secret bay
And this land of hopeless dreams

#### Cast It Out

" I was angry with my friend: I told my wrath, my wrath did end. I was angry with my foe: I told it not, my wrath did grow.

And I watered it in fears,
Night and morning with my tears;
And I sunned it with smiles,
And with soft deceitful wiles.

And it grew both day and night,
Till it bore an apple bright.
And my foe beheld it shine.
And he knew that it was mine"

From 'A Poison Tree' by William Blake

The sun once burned bright
In the outside sky
That wrapped my head around,
But the glow of the light
Entered my eye
And now does me confound;

For the light has turned to fire That scorches the soul That does but trip and hinders, My serenity lost to ire My future to spent coal All hope turned to cinders;

So now I must cast it out
This self-imposed ill
This devil of my own creation
Put an end to the rout
Empty resentment's fill
Bring back life's celebration.

#### Cavalcade

Time is drifting away on the breeze Day, after day, after day, Like a dripping tap Our lifeblood slipping away;

The shallowness of skin stretched taut over bone Wisening, wrinkling, parched, And the sword of the future Over everything overarched;

What reassurance can tomorrow bring? As memories chill and fade What comfort can time bring? In it's steady cavalcade.

### **Cherry Blossom**

Cherry blossoms fell like gentle rain
Their cling on the branch so fleeting,
Soundlessly descending, touching our faces
Then earth delicately meeting;

Like our dreams they fluttered down Evading outstretched, playful hands, Heavenly petals falling in the breeze Clustering in carpeted bands;

One by one, they fell
On the lilt of the cool air passing,
Then lying on their grassy graves
In their unflustered pink amassing

#### Chill

The trees were bare but beautiful
The waves rose over the mast,
The sun was brave and dutiful
In it's fight against the arctic blast;

And although the wind was cold and biting I thought of it another way For it wrapped around my mind, inviting All my troubles to just blow away.

# Chin Up

Chin up, young fella,
Climb to the summit and see
Life laid out below you
And what you could turn out to be.

# Chrysanthemum

Storer of sunshine Keeping the autumn at bay, Joy and hope align In your glorious display;

Nestled closely together Your exuberant, bursting buds, A beacon in gloomy weather Subduer of anxious floods;

O, bright Chrysanthemum! Bringer of fragrance sweet, Fall's gold set to maximum Cannot with you compete.

#### Clay

Would that we were made of clay
So that nothing might hurt us on our way
Would that we were hewn from rock
Our innocent notions never shocked

How would it be if we were made from glass No- too fragile and too easy to smash Better that we were carved from wood But no! tomorrow's ashes if we should

Best if we were forged from steel
So that pain and sorrow we would not feel
Much the best if we were made of grass
And be grazed away as cow's feet pass

## Cleadon Hills

I stood on the top of the world
And saw hills from Cheviot to Cleveland
A North Eastern dreamland
of sorts;
And remembered many carefree days
With the summer forming a haze
over the grass;
A place where rabbit and yellowhammer abound
Where foxes hide
And the owl abides
And when the only sound
Was the movement of the air
As it swept the hill

#### Clouds

Clouds

The rolling clouds gather overhead Masking the sun from view What strength those clouds must have What integrity so true; To change aspects from bright to bleak To change the blue to grey To swirl their cloak around the earth And stand in daylight's way What impenetrable cloth could man invent To carry out such similar feat? What sturdy but floating veil Could rain and hail excrete? Yet let the hopeful sun rays poke Through such weighty and serious flesh To banish the rule of darkness To start the morn afresh; What turbulent and glowering mass Could be set around the world to roam? To hold the sun's spears in it's hands To thunder provide a home Yet drift aimlessly over mountain top Lie morose on invisible bed Clasp damply indented coastlines Betroth that rivers and streams are fed So, gather clouds! and block the sun Set free your wispy trails Stand sullen and immovable Or chase along the gales; Be there to balance our hopes To take with cheer the rain For we know that soon you will relent And wave through the sun again

#### Cold Start

One of the worst tasks by far
Is having to defrost your car
When the windscreen is all full of ice
You'd agree it's not particularly nice

The wipers seem welded with superglue
To the glass and your hands are turning blue
As you scrape and rub and scratch away
Just like you had to yesterday

Then another problem you've been posed
The doors are apparently welded closed
You try and thaw out the lock with your lighter
But the frozen morning gets no brighter

Because when you finally wrench open the door You fall backwards and fall on the floor You dust yourself off and stagger back to your feet To see frost scrapings all over the seat

Still, just wait till the engine is on!
You can get warmed up and sing a brave song
But, hang on a moment, you start to feel sick
When the ignition just gives an unhelpful dull 'click'

The battery's flat and even more apposite You're rapidly losing the heart for the fight You angrily kick out at the nearest wheel But hurt your big toe, even though you cant feel

Anything in the rest of your toes or fingers
That numbingly cold sensation still lingers
Rub your hands together but still you miserably fail
To renew the circulation, its all to no avail

By now a full half hour has passed
Car still on the drive, patience running out fast
Best to give up now, set yourself free
And go back indoors for a nice cup of tea

## Companions In Life

I KNOW not of what we pondr'd Or made pretty pretence to talk As, her hand within mine, we wander'd Tow'rd the pool by the limetree walk, While the dew fell in showers from the passion flowers And the blush-rose bent on her stalk. [From 'Companions' by Charles S. Calverley] To be there, even when you're not there To be alongside Even when the street is empty, To stand firm depsite the tide, To do or die without blinking, We are companions in life; To be easy in each other's company No strain or stress or impressing, No need to prove ourselves or be better

Or waste time re-assessing,

To do all this without thinking,

That makes us companions in life;

To have the knowledge, the safety

Of something eternal, not throw-away

Something resolute and determined

Something that will be there every day

Until the sun in it's final sinking

We are companions in life.

## Coniston

Between the trees, at the edge of the road There lies a secret cove Where rosebay willow herb entangle their feet Enticing us to rove;

There is a tree with a low bough Overhanging the waters to rake It's leaves through the endless lapping Waving to wooded slopes over the lake;

Where warm sun-drenched pebbles lie drunken, Begging kisses from the foamy crests; Where serenity gradually convinces us That today has passed all it's tests;

That all we wished for has been found here And those hopes that we dreamed to recruit Are just lying in wait for us tomorrow And that the future will follow suit.

# Conquering Hero (George Frederick - Derby Winner 1874)

" See, the conqu'ring hero comes!
Sound the trumpets! Beat the drums!
Sports prepare! The laurel bring!
Songs of triumph to him sing!
See, the conqu'ring hero comes!
Sound the trumpets! Beat the drums! "
Georg Friedrich Handel

Wroughton village bedecked in red and black Excitement in the air, in everything, See, the conquering hero is back!
There, the horse named after a King;

The crowds cheered and drank and sang
The happy throng formed a procession,
The band played and the church bells rang
To celebrate their hero's accession;

The golden chestnut, dappled in the sun Come home to his oats and pail, Pricking his ears at what he had done And those that grabbed at his tail;

But now, his stable is no longer a home Demolished, and housing estates built, On the serene downs an aerodrome Once empty spaces filled to the hilt;

Long drifted away the cheery singing
The march of progress taken it's place,
No more are the church bells ringing
For George Frederick and his famous race.

## **Cornthwaite Park**

An English Sunday morning
With cricket pitch prepared,
Lemonade and frothy coffees
The hint of roast beef hangs in the air;

Over Sunday newspapers
An unhurried contemplation,
In the distance, faintly
Church organ and congregation;

Sun-dappled wooded hideaways Quiet winding lanes, Dog walkers and joyful dogs Swings and climbing frames;

First hopeful rose buds swelling Ladybirds engaged in tasks menial, Cabbage Whites flutter past in pairs Their flimsy beauty ethereal

A late spring Sunday morning From pressures we disembark To spend a precious hour As we walk in Cornthwaite Park

## Costa Rica

Would you just take a peek-a At those footballers from Costa Rica They made the experts sob and cry When they beat Uruguay

It all just goes to show
That the form book can take a blow
So all those experts, take a bow
'Cos you don't look so clever now

Perhaps when England are the opponents
They might have more considered moments
And predict an English defence that will be leakin'
From holes drilled through by Costa Ricans

## **Crocus**

The Spring is creeping out of his front door
Barred for so long, but not any more
No longer the crocus cowers and kneels
As the freshened wind makes loops and cartwheels

The treetops brush shoulders, then sway apart As blustery rains play the wind's counterpart Better days beckon to the weary drover And the long road through the Winter is over

# **Croy Shore**

Croy,

Down a road we were afraid to go Around a corner we were afraid to turn But we did And we found you.

Croy,
One day in a life
And I will never return
One hour in a day
To spend with you

Croy,
You heard our voices
And felt our feet running
You didn't know us
But you know us now.

Croy,
We had never met
And will never meet again
But you are in my mind now
Forever

## Crumbs

With these crumbs that are left to us
We will feed gloriously
And, as if the hanging boughs never shimmered,
We will ignore the rights and wrongs
The fortitude and cowardice
The bold and the meek
The kind things
And the hurt;
And we will carry on.

## Custard

What is it with top chefs?
They seem obsessed with presentation
A' squiggle' and a 'dot' here and there
Using double cream like embrocation

They put a small dollop of sauce on the plate And gaze down as if they just drew it Then they get a gnarly big spoon And smear the thing right through it

The end result is horrendous
Enough to turn one to sobriety
Like something someone has stepped in
Of the dog and pavement variety

Custard is their worst malfunction
They smear a tiny bit on the plate
What I want is a steaming great bowlful
Or a separate jug- full would be just great

Custard was born to immerse things in It's merits I genuinely expound Give me a minimum three inch depth of the stuff Chefs- don't tiptoe around!

Forget drawing fancy pictures with your dish Give custard-lovers what they crave Slosh on a gallon of runny custard Go on, chefs - be brave!

## **Cutting The Hedge**

After the blackbirds and robins fledge
Its time for me to cut the hedge
An enormous beast, it has grown
Twelve foot high as time has flown

Extending ladders propped against the side
Up I get with no place to hide
Gloves on and hedge trimmer whirring away
The work takes up most of the day

To trim it back to reasonable proportions And after taking all safety precautions So, yes I think you're quite right to ask It is indeed a gigantic task

One I used to carry out three times a year When my hands used to move in a sort of a blur Now, as age has extorted its price I only manage to cut it twice

But when I'm finished I feel pretty good Until I realise that feeling's a dud For another task now awaits my attention Sweeping up the cuttings not to mention

Bagging the lot and taking to tip
I feel like lying down and having a kip
To regain my strength and rest my patella
Next year I think I'll employ a tree feller

## **Daffodils**

Cowering with shy stems and gentle buds Not yet opened with flames of yellow To match the sun and defy the floods To swagger as Spring's bedfellow

The whitewashed wall at your back Your only defence against chilly spears In the vanguard of Winter's attack On the cracked mortar and crumbling piers

Calmer days await your disbelieving stare
And straighten your timid droop
Fresh breezes will embolden and banish care
Proud stance replace wind-blasted stoop

#### Dance In A Bandstand

The sun is dipping ever lower
As age makes it's clarion call
To go just that little bit slower
The leaves are beginning to fall;

But you are at the sunrise
The very threshold of the day
Not yet the need to be wise
As we carefully prepare your way;

In the bandstand your dances Revel in this extended moment Celebrate the treasures of life's chances Which we so carefully foment;

We wish for your dreams to be collected In your hearts where no troubles can mar Our love within you forever protected When a memory is all that we are.

## **Dandelion**

Gathered up by eager hands
From your place on rolling green lands
Youthful eyes see not a poor relation
But a prize as part of God's creation
A yellow herald of a new morn
Not an encroacher of the lawn;

So be proud, dandelion, feel no shame
Amongst the touted blossoms of higher fame
The love of those most important is guaranteed
For childish hearts do not see a weed
On open slopes or in lee of walls
But a pinpoint sun which precious hope installs.

## **Darkness Descends**

The darkness descends but we burn our lights
To stave off the sorrowful swallowing night
Our lights only penetrate a miniscule of gloom
A fraction of the blackness that has the earth entombed

We know that if we hold hands and pray That we will be granted another day When night's enshrouding work is done Dispersed by the coming up of the sun

## **Darlan**

The clouds seemed frozen in the sky
The sliver of moon hung its head
The world stopped turning for a moment
For the great Darlan was dead

As you raced over the town moor Betwixt The Ruby and The Flame You had no sense of what was to come As you played your waiting game

McCoy so careful to shield you From the head wind you ran protected But tragedy stood foursquare ahead The suddenness of the end undetected

Only the last hurdle to jump
The next step the hurdling crown
But that next step was to be your last
And to the ground you fell down

The excited shouts died in hoarse throats Now only sadness to dwell upon Racegoers trudged home in despair For the great Darlan was gone

## Daybreak In Newcastle

Feet fall flat, echoes unheard
Shops 'To Let',
And woodpigeons in pairs
The silent central motorway I crossed
On a steel bridge and ramps
To a curling flight of stairs

I walked through Newcastle at daybreak Advertising hoarding squeaking And groaning as the wind blows Samsung Galaxy, only seen by me Young man lying in a doorway Dead or alive, who knows?

Do I own this empty city?
As the sun glanced at dusty facades
And litter tumbled in gutters
Has the world died overnight?
And left only me
To stare at these locked-down shutters

I am all alone in my reverie
Amidst guanoed parapets and ledges
My mind drifting along on the breeze
In this world of rooks and starlings
Stalled cars and abandoned tin cans
City gates without their keys

#### Daze

See your words
In glassed frames
On high walls
Above serene floors
And upheld in awe;

So carefully drafted
Such tensile meaning
The innards of minds
Above consciousness,
Behind the closed door;

You have laid a marker Drawn a line Lofted the flag To a servile flagpole In a clouded sky;

The breeze stills
Settling dust on a shelf
Imprinted with fear
Shrouded figures in buttoned coats
Walk on by;

Others marvel
At such sealed thoughts
On these blank walls
As they tiptoe
And whisper their praise,

I join the queue Pretend to be clever Drift slowly past Without reading anything In a poetic daze.

#### Decade

Space whirls, passing the earth by Night follows day follows night Heavens shift, stars stud the sky Time flows past in a shimmering light;

Unseen eyes watch our rules and bylaws written
Our game all ready to play
By ourselves we are truly smitten
To throw ten years away;

Here, with our feet leadened With no time to make our mark Our sounds in the forests deadened By the ancient and gnarly bark;

Man is not all he seems
Saying he will protect his brothers
But really achieve his selfish dreams
At the expense of all the others;

See the next decade unfold With threats and promises and pride Watch as they grow old And the opposition deride;

Higher minds will pontificate
Wise words uttered softly or wailed,
We will ourselves congratulate
When all that we have done is failed;

For that which is lost cannot be regained This time wasted in unpicking fruit Man's mistakes are unrestrained With endlessly more to follow suit.

#### **Delicate Threads**

With delicate threads we are all bound between Unseen ties ravelled around each thought and movement And fear is held in check by such flimsy wrapping Normality, bobbing like a lobster pot in choppy waters Floundering but then recovering and righting itself Again and again; We pretend and dream to keep ourselves afloat But we are not good swimmers; And our lives sway and totter with each wave Our skins, impermeable at first With the authority of youth Age and gradually let in the water Which threatens to dissolve the precious gossamer binds And submerge our sanity We hang on and keep bailing out the blues And with soundless fright Reach for daylight from the night

# Denwick (The End Of Summer)

The August sun lay palely on your stone walls Telegraph wires hung limp from post to post The clouds like ragged tablecloths Laid on the serene blue table of their host

Your hedgerows now gangly adolescents
Outgrown of their Summer flush
Self-conscious guardians of their neighbouring ditches
Providors of safe haven to chaffinch and thrush

The growing sense of it all being over That this core of the year has to die To be left with only a sad farewell Haymaking's solemn kiss goodbye

## **Departing Day**

The cool fresh air of the night was there to greet me The stillness captured in the skies that had rained, The unbridled shouts and screams and cries Within the optimism of the departing day ingrained;

The empty silence wrapped its arms around me And took me back to the busy day And I relived all the joyous games and laughter Under the dank clouds sombre grey;

Homework done, races run, marbles rolled, blue and gold, Christmas tree both bought and built, Little figures round a table in the dark Drinks poured, slurped and spilt;

And now the nothingness of the evening With not a whisper left to betray The unbridled shouts and screams and cries That filled the departing day

#### Derwentwater

With nervous steps I approached Along a path I knew Familiar aspects once broached Before the swift time flew;

The slated steps and gravel
Tiered layers, faces, everyone,
A pause for thoughts to unravel,
The old tea rooms sadly gone;

Then, glimpsed between the trees, Beneath the grey clouds looming, Your surface, rippling at it's ease Sunk between the mountains brooding;

The pebbles and the shingles Reaching down to your edge, The shivers and the tingles Up from my feelings dredged;

Your waters gently cradling
The glorious days that passed,
The memories sweetly ladling
From your depths so vast;

The boats that I rowed
The aching arms and legs,
The debts that I owed
To your backwashes and dregs;

My grandsons took in the scene That I once took for granted, From the many years between Replenished and decanted;

And those days, scattered in the rain Unknowing, as the seasons fled, We must walk away from again With my boots of lead.

# **Destiny**

Optimism is created By positive thought From the forge of despair The future is wrought;

And in the slenderest chance We see our goal In that finest of margins Lies the destiny of the soul.

#### Din

This place is settled despite the din For a welcome awaits within, No offence to the sensitive ear Are the cries of joy we hear;

What chance has peace against the tide Of voluminous shouts of pride What chance has serene tranquillity To vanquish euphoric mobility?

To sit and await the world's turning Hangs pale next to childish yearning And reflection would seem a puny prize Compared to the happiness in your eyes

## **Doc Martin**

He's a very convincing doctor He doesn't like to mess about Whether you've got hepatitis Or even a spot of gout

If only more doctors
Were just a bit like him
None of this soft soap treatment
Better for life and limb

You get no conversation or flannel Just your ailments diagnosed No false platitudes or small talk Or sympathy for being indisposed

No chit chat or blether
No paying service to lip
Just a blunt summary of whats wrong
Delivered straight from the hip

This type of approach from doctors, Whilst we may be shooting for the moon Would greatly shorten appointment times And save the NHS a fortune

## Dogs

You walk everywhere with dogs, Tempting you from the shade To stray to open places Under the sun at it's height; Along coastlines, in parks, on paths Through sun-scattered woods Through long grasses Up and down hills; Under moonlit black skies in the dead of night When the day has whispered it's goodbye; You share his world In the sharpness of sight, In the scent on the breeze, In the faintest sound; They drag you from your bed To put on muddy shoes And walk through rutted ground and puddles Go to places you wouldn't go Without a dog; They take you to the edge of freedom Ignoring our boundaries; Their energy knows no limit They drag your tired legs Beyond the distance you mean to go; They relish the day And jump up to you in sheer joy; And to you They impart a share of that joy.

# Don't Grow Up

Don't grow up
Although I know you have to
In life's ancient decree;
For if you grow up
Then I will be old
And I don't want to be

Stay a while as a little one Take in your learning Of numbers and alphabet; But don't grow up For I will become old Don't grow up - just yet

## **Downton Abbey**

Supposedly set in Yorkshire
But really nowhere near
Street scenes shot in Oxfordshire
And the family 'pile' in Highclere

The quaint world of Downton Abbey
The Crawleys with influence and power
The conversations never mono-syllaby
How quickly passes the hour!

The ladies dressed in fabulous gowns
With wrists all a bit limpy
Last night our joy knew no bounds
With the reappearance of " Shrimpie"

The Earl of Grantham is a particular treat Some might think him a fool For this haughty man with country seat Is locked in a time capsule

Maggie Smith as Dowager Violet
Her eloquent lines are of great variety
Her quips have offended more than a few, I bet
But, alas, she is beyond impropriety

So settle down next Sunday night For another dose of the English upper class It serves up entertainment all right No other series can surpass

#### **Downtown**

In distant memories I am swathed Serenaded and softly bathed In a musical dream that soothed my fears And entranced my innocent eyes and ears

The pink Pye label spun it's hypnotic trance And as Petula sang I wanted to dance A warm smile slowly replaced my frown And I was spirited away 'Downtown'

It's hard to believe fifty years have passed Through adulthood all my cares amassed Half a century is gone and over Since we danced the gentle bossa nova

#### **Dreams**

Grandsons, you lay young on soft pillow Your contract with the future to make, The inrushing of new thoughts has tired you And running caused your legs to ache, But with your years ahead of you You will spring afresh at daybreak;

For me, the invention of my youth Came with the antidote in age,
The dawning of the new day
Replaced with futile rage,
The freedom to run and skip
Caught in an invisible cage;

That first early glint of life
That hope and aspiration feeds,
With the rushing by of the days
Time and the future bleeds,
And all the experiences gained
Slowly the memory exceeds;

Immeasurable time has become
A mere moment from an aeon,
Now in the register of beloved names
On whom the sun once shone,
I am stood here all alone
For one by one they have gone;

But like mine, their spirit
Lays alongside you in your bed,
And is restoring and enriching
The dreams that fill your head,
And our youth, though now departed
In you will never be dead.

#### **Dried Grass**

Dried grass in heaped stripes
Pulling at our feet as we walked,
Joyous dog chasing sticks
Under overhead branches forked;

A calm place, a safe place Sheltering it's histories and lives, Away from the harsh light above ground And the pain that life contrives;

People who had been born
And grew solemnly from the cot,
People who other people had loved
And others that had loved them not;

Would they mind our morning walk Between and around their places? Would they mind that we read their names But had never seen their faces?

And just as the dried grass lies
In abandoned mounds and rows,
So they lie, cut down
Adrift from their earthly pose;

We left them there to carry on Close neighbours but with no feud, Their mildewed stone crumbling away Under the hand of solitude.

#### **Driftwood**

Tangled driftwood Lies exhausted on the shore, Like strands of forgotten thoughts From minds that have gone before;

Picked-over ruins Heaped and spent, Used and discarded Jagged and bent;

Orphans of the river Beached, vulnerable and prone Like orphans of life Left to start alone.

# **Dunstanburgh Castle**

I stood within your ruined walls today

Within roofless towers

Under floorless floors

And let the wind's harsh gash play on my face

Braved the chill

Through the slitted windows trace;

Defied the North Sea's blast

As if the waves had never rushed,

Decried the miserable past

As if time had stood still;

Stood where ancient feet had stood

And felt what had swayed the minds

Of those that stood on the same rubbed stone beneath

And struggled against the same binds;

Stood transfixed and rooted

Though your velvet sheep-dottled grass invited me to run

And hide within the scarred collapses

As searchlights played;

Stood and faced John of Gaunt

As if his gatehouse was mine,

As if I ruled that castle as surely as the swallows

Blazing past so near to the tumbled decline;

And then wanted to run away to the shore

And gather up sea shells

To hold tight within my hands

To remind me of my childish times

And this day spent in fallen lands

# **Dusty Track**

We wander down a dusty track
Care-worn, rutted with life's despair
Ahead a horizon we can never attain
Each side a ditch to catch the unaware

This track draws our feet onward Instinctively on a forward move Unable to turn back, we trundle Forever in a worm-like groove

Perhaps the path is in a circle Without side-road, fork or bend A jetty hunched over an eternal lake A voyage without an end

#### **Earth**

COME, thrust your hands in the warm earth And feel her strength through all your veins; Breathe her full odors, taste her mouth, Which laughs away imagined pains; Touch her life's womb, yet know This substance makes your grave also.

Extract from 'Goodbye! By Richard Aldington

The earth is slumbering still
In it's winter clothes
It lies haphazardly at our feet;
Yet within are the origins of hope
The thrust for new life,
The stirrings of a new age;
Our trampling feet it does not feel,
Our rasping breath it does not hear
For it has it's own plans
On which our futures bear.

#### **Enthral**

O, how I love the childish things, The things of no consequence, That cause my mind to stall, The burning topics of that day The red-hot news, That isn't really news at all;

How I love to hear excited chatter,
Delivered earnestly,
Intended to enthral,
Telling me absolutely nothing
Of any real importance
Except the most important thing of all

### **Escape With Me**

It's not enough to know the world is sour Now we have to endure another hour On a Sunday at the end of the week To prove to us the world is bleak

Now we all have to be chilled to the marrow Terror shot to our hearts like an arrow What happened to being comforted a while By that escapist Sunday style?

Now no longer are we allowed We just have to join the crowd We must join hands with the thronging neurotics Cynicals, moan-a-lots and gritty robotics

Our Sunday evenings no longer paved With the escapism we openly craved No casebook for Doctor Finlay to carry No Arden House with Janet in which to tarry

No longer that brimming feel-good feeling to explain Now that there's no Lovejoy and Lady Jane No more nestling in the Yorkshire Dales With James Herriot when all else failed

No Howard's Way or Onedin Line
To occupy our Sunday evening time
No, now we have Quirke and psychological drama
To spoil the Sundays that were so much calmer

Now we all have to stand in line
And be fed close-up horror and crime
Truthful reality takes up the Sunday slot
But entertaining it certainly is not

# **Evening**

I wait patiently for the evening And to be with you We speak only now and then, not constantly As others do;

But it is sufficient
Just to be with you
In the peaceful evening
When the day is through.

# **Evening Breeze**

When the evening breeze Ruffled the leaves in the half-light I felt the greatness in the air, Just standing there; The quietness absorbed all thoughts And carried me away to another place A place where everything was all right With no need for night; And in that moment I knew That everything that had happened, Or was going to be, Was down to me, just me; The breeze carried the sorrow away Into the clouds that slid over the trees, Unexpectedly; And left me alone

# **Evening Serenade**

The morning wrapped me with it's calm
When the blackbird arrived with insistent alarm
And shook the boughs of a leafless tree
What had broken his mellow reverie?

I was grateful to know it wasn't me
Who had caused his flight to that leafless tree
For the blackbird knew me as a friend
With respect for nature that will never end

I put out the grain and nuts and seeds
That empty bellies of hungry blue tits feeds
I cherish the thronging springtime hedge
Cradling the nest with those to fledge

So, blackbird ring out your warning call
I trust not directed at me at all
But to some other enemy that God has made
I will wait for your evening serenade

# **Every Day It's Getting Better**

Short now the long-waited time When bounteous Spring will return, With every day it gets nearer The season for which I yearn;

The darkness is slowly abating
With it's comradely twilight and dusk,
Withdrawing behind the spreading light
Their demeanour ever more brusque;

The air has a freshened feel
Gently touching eyes and cheeks,
The clouds have softened edges
Through which the intermittent sun peeks;

With every hour it approaches Unshackling from bind and fetter, A new world is on it's way Every day it's getting better.

# **Every Moment**

The first fingertips of the sun
Gently knead our temples
And find their way between blades of grass,
Hide in the hedgerow
And dazzle the morning;

Our re-awakening,
Our rebirth from the dead,
When, with sightless eyes
We lay in submission
In the tomb of night;

But we have been given another chance To hear the birds, To taste the air, To feel the vibrancy, To dance and sing At the top of our voices;

Let every second count
Every moment be relished
Joy and happiness have their way
Under blue skies
Before nightfall comes again.

# **Every Step Of The Way**

Through fringed grasses, frothing cow parsley Narrowing like an arrow head The long, straight path runs it's course;

Pointing to the water tower Serene in the Sunday sky With aprons of buttercups and gorse;

And reaching with heavenly arms Under a veil of stubborn cloud Stand the innocent trees,

From within, a peaceful warbling The notes like cherry blossom Falling away on the breeze;

And my feet follow yours Every step of the way On, to sacred tomorrows,

Until the sun shall cease to shine The winds all blown away And this life drawn to a close.

#### **Everything**

I leave to you everything.... The sunny days When joy runs through your veins; The view from the mountain top With the breeze on your face; I leave you the feeling of being loved And the comfort of family all around; I leave you sacred places Where we played, Where dreams were made; I leave you Sunday mornings When the world stops for a moment And the coastline shimmers in a haze; The tingling feeling of anticipation Of another day of freedom; I leave you happiness The fragrance of the rose And the gentle growing of plants; I leave you dogs and horses and rabbits And all creatures who let you win their trust The energy to run and jump And to dance when you are full of hope; I leave you great moments When all of these things reach a peak And when history is made; I leave you love And luck to find a partner To share all of these things; I leave you everything.

# **Everything Is Going To Be Alright**

You look at me with cares in your eyes Reflecting the fear in mine Your look is oh, so wise And tells of our trials that entwine;

Ever sterner the challenges we face
The history of good times fading
But we know this moment is the only place
Here and now with the past invading;

Hold my hand and be brave today And keep tomorrow firmly in sight From our life's plan we will not stray Everything is going to be alright.

# **Everything Is In Front Of Us**

Not one ounce has been weighed
On nature's scale of spring
The trees stand stark and bare
The lark is yet to sing
And though it seems winter's grip
Has been designed without an end
Everything is in front of us
Just around the bend;

Not one day in March
Off the calendar has been crossed
The borders lie colourless
The grass entombed in frost,
But though we read this winter tale
With the last chapter not in view
Everything is in front of us
Every day, every sky so blue;

Not one hopeful dance
Has been danced with steps in thrill
Whose bound was warmed with sunshine
Brightened by the yellow daffodil,
Not one sunny afternoon has lazed
Whilst watching sparkling brooks at play
Everything is in front of us
Every joy, every happy day

#### **Evey Year That Passes**

In every year that passes You add one to your age, But Spring brings a fresh renewal And the Winter's scars assuage; It lightens up the sombre skies Puts energy into the bud, Warms the chilly meadow And cakes the squelching mud; Makes the promising woodland path Befriends the lonely hills, Brightens the roadside verge With thronging daffodils; Scorns older steps that shorten Brings the leaping new-born lamb, Freshly cascades the rushing rivers That strain against the dam; Conducts the cheery birdsong And bids them make their nests With twigs that have been prised away At the gnarly boughs bequest; Chases away the driving rains That fragile panes bespattered, Gently rocks the daisies heads Settles the blown leaves scattered; Spring puts hope into sobbing hearts Displaces the frost with dew, Spring defies the aging process By bringing us life anew.

# **Faded Photographs**

I placed the photograph of my father and me
In front where I could see
And the sun came out and shone
Across the powdered edges
And re-lit the scene;
Forty years ago
That place will still exist
But I will never go back
I am there now in spirit and memory

Then I looked this morning
At the picture of mother and me
On a grey pier
With hope in my eyes
But a resigned look in yours;

With chilling heart I realise
I hold you in separate places
When you were always together;
I hope you are together now;
For the faded and creased photographs
Have to the suns aging bowed;
And I know that they will not last forever
As with you that have both gone;
But I know that deep in my soul
My love for you forever lives on

#### Faded Rose

You sighed, your splendour going When inner light from bloom riven, The moment passed without me knowing That your best had been given;

The sunshine days all flew
Softening the edges of the light
Gone – the day I gazed at you
The pleasure you gave at Summer's height;

Now, with raindrops softly clinging Petals wafered and slowly flaking, There is still a beauty you are bringing The sadness of the Autumn's making;

Lest you think that I do not care That all I craved is now diminished Scent exhaled and tossed by the air Your exquisiteness all finished;

I know that you will return
From below the clammy earth's umbers
To rise with a passion re-born
To wake from Winter's slumbers.

# **Family Tree**

Through the misty shrouds of time My lineage composed their rhyme Unbeknown to me of course As they straddled life's wild horse

My research led me to greet
Poverty and not enough to eat
As eleven cowered by Sunderland docks
Crammed into a little shoe box

The notion caused emotions to stir If that situation were to re-occur Could I survive and live a life? Or be swept away by such strife

For the latter I reluctantly opt
For if my standards were so dropped
I couldnt keep my head aloft
On a backbone that was far too soft

But strength I will gather from my forebears Amongst the luxuries of my current years And realise as I from past histories flee They made it possible for me to be me

### Far-Off Days

It seemed as if there were no cares
In those far-off days,
No sense of passing years,
Everyone had always been there
And was going to live forever;

What was life anyway?
Who needed a beginning and an end?
This was just the middle
That stretched to infinity
And had no boundaries
Of age or time;

Adolescence a mere irritation
A mere joining of the other older boys
As men,
But still boys inside
With secrets and comics and toys
Safe homes away from the world;

Then innocence ended with death Unannounced and unexpected Sharp, abrupt, shocking Despairing, Hope became hopelessness And the struggle began;

Ever since to recreate

To relive those joyous days

To find our own separate loves

Although nothing would ever be the same

Never as a boy again

In those far-off days.

#### **Fate**

We do not know our fate
Or when the unexpected looms,
We continue from date-to-date
As the roof falls in on quiet rooms;

We know so much but so little
In our self-congratulatory race,
When events beyond our control skittle
The pins from carefully assembled place;

Our plans are lost as the years pass Derailed and scattered away, Like the sorry, down-trampled grass Once of thrusting, neat-bladed array;

Let the grains of sand gather in the desert Let the winds blow every way they choose, Sit back whilst overpowering forces assert Watch as fate lights it's dampened fuse.

#### **Father**

The pictures of you are few now Scattered here and there Fading, black to grey

Fragments of your old papers Kept in boxes Will be lost along the way;

But you are not a distant memory Although gone for so long You are still alive and real in me

Guiding me gently Reviving past glories Reminding me how it used to be;

And when I am in trouble You come to my side Father helping son

And the answer becomes clear As it always does 'What would you have done?'

#### **Fearless**

At the top of the evening's viewing is billed Something to leave you psychologically chilled Gore and depression for our ascertainment But what happened to entertainment?

Blurred images, rapidly-changing camera angle Bloodshot eyes, unhappiness to disentangle Eerie distorted noises forming the soundtrack Intending to send shivers down your back

The short and swift camera shots
Change to unduly long views of blood clots
Bludgeoned heads, innocence destroyed
Humanity of any warmth void

And cynical people, no-one with any love Unnerving scenes shot from above Then switching without reason to under your feet Just to make your disorientation complete

Who decided we all needed unhinging Leaving us in tatters and cringing What purpose is being served By making people distressed and unnerved?

I think the writers get off on being bleak And bringing the same to us every week Our happy life is fair game to condemn And make sure we are as miserable as them.

### Feel The Rain

Feel the rain, upturn your face Forming rivulets down walls To land in its pre-destined place Straight from heaven it falls

Filling rivers, watering the earth
Replenishing waterfall and cascade
Making oasis where there was dearth
Giving birth to rainbows where colours fade

#### **Fellow Traveller**

My fellow traveller in life
That comes with an open heart
Comparing not to others
Who play a minor part;

My best and selfless friend Who always puts herself last Putting loved ones first Who cling on to her mast;

My worthy and hardworking ally With no pretence or frills, But who walks alongside me Up life's steepest hills;

And, at the end of each day, Sits not in judgment or pose And is never bitter About ill-deserved woes;

My greatest ever achievement Of others that are few Is that I found courage to speak On the day that I found you.

### Filey Brigg

The first fresh light of morning Rekindled friendship with the dew Lit the great shadows in the angry cliffs Stood firm against the North Sea's spew;

Arched out into the vast depths
Filey Brigg pointed a crooked finger
It's knuckle turned towards my face
And beckoned me in to linger

Atop this layered cake of time Where brambles grew on stony cills The sheer and savage, plunging edge Interspersed with bobbing daffodils;

The speck of a skylark hung overhead Throbbed down to me his boundless tune That split the air and split my heart Chased away it's decaying croon;

From within a tangled mass of thorns A single blackcap perched resolute Weighed me up without shame or fear And threw to me his joyous flute;

And on the gentle fragrant breeze
The curlew flung his lonely note
That shivered in the new-swept morning air
With delicate, mournful dote

All of these treasures found me alone
The only one who thought to rise
To tramp and breathe the ragged coast
And steal the morning's prize

# Finchale Abbey

From fond far-off days
The carrying of the river gently to the sea
Insistent as time
Brings this day to us at last
After a generation has passed;

The grass and the stones
Still rest heavy on the slopes
Nothing has changed
The breezes still blow
Though we were here so long ago;

Can a day from the past
Ever exist again
Or does it just drift away
Never again to be found
Did our feet ever touch this ground?

No history book can tell
But we hold dear in our minds
Those glorious days now gone
Yes, on some long-lost yesterday
Along this path we made our way.

# Firefly Hedge

Come and join me outside in the dark
When all that is left of the sun is a spark
And moonbeams from the night sky have fledged
And bright lights dance amongst the hedge

Come and join me in Tuscan twilight
Before we curl up in bed for the night
Come and look through my excited eyes
At the fireflies under Italian skies

Feel with me the coolness of the evening That has left the sun's heat a-grieving Come outside and let my wonder explain Hold my hand and be young again

#### **First Visitors**

Like a precious curl of hair in a locket You placed a daisy in your pocket, As I welcomed the first visitors again The gorse, the dandelion, buds fresh from the rain;

The world seems freed from whence it was locked away The skies are brightened, sun no longer blocked of ray, After being patient and having to wait for so long All around us a crescendo of sweet birdsong;

Honoured to be pricked and poked by the woody thorns Carried over the fields by the bullock's horns To be swept up and thrown away on the breeze To languish forever in this season of ease;

Blessed that this day to us should be lent To imbibe the fresh dew-laden grasses' scent, Under the sunny light of heaven to be dowsed To feel spirit and soul once more aroused.

# Foghorn Requiem

The breeze rose and fell, wafting stalky grasses Quietly but pointedly reminding the masses That this event was weather-dependent With wind and rain the superintendent

The grey skies cried briefly, but abating their sorrow Held back their heaviest tears for the morrow And deciding that the air should be no chiller Relented and spared the exposed flotilla

Seats were unfolded and small tents erected Dogs barked at the excitement detected A fox, already frightened, scurried quickly away Unsettled but unnoticed by the crowd of the day

Good friends met and cheerily greeted Facebook messages were sent and tweets were tweeted Then from the cliff edge the faint thrum arose Of an assembled brass band blowing its nose

The hubbub of spectators was soon quelled As the band struck up and trumpet blare swelled Their proud notes drifitng eerily through the air Lending sombre atmosphere to the whole affair

Then the first uncertain baritone note Carried lonely from unspecified boat Back to Souter lighthouse that historic morn At last! the foghorn requiem is born!

On the grassy slopes we sat enthralled As the horns blew and the seagulls called Until with a heave, seemingly drawn from the past The foghorn emitted a mighty final blast

Which reverberated across the land and sea For what truly seemed an eternity Then, like a dying man giving his last gasp Let life gracefully slip from it's grasp

# For All The Days

For all the days you spoilt for me For all the days you marred You owe me good days in return For making life so hard

For all the times that should have been joyous
The times you turned to sorrow
For all the days I spent in dread
Looking towards tomorrow

For all the evenings that should have been normal But when you brought fear in the night When I recoiled and had to retreat You squealed with cruel delight

But despite everything you plotted Despite your puerile grin I still have my sense of humour So you lose - I win

# For What Should Tomorrow Bring

For what should tomorrow bring More awful than yesterday? Sad thoughts ground away By time and tide Cannot exist forever,

For what do we seek or hope for
If not fear to confound
If not our feet on the ground
And no more, please
Just the ordinary day to live through.

#### **Forever**

You have little legs But they will grow They will walk Where I didn't go;

As the clouds Absorbed by the sky The passage of time Will drift on by

And the daisies that grow Under my feet Will fade and die Become complete

But you will thrive Life defeat you never You will stay alive Exist forever.

#### **Forward Collision**

I don't have to use my eyes anymore
I don't have to make a decision
I've got a warning alarm in the car
That says there'll be a "forward collision";

I don't have to use my mind anymore
To work out my orientation
I've got a SatNav in the car
Guiding me to my destination;

I don't have to use my positional skills anymore To manoeuvre or judge or feel I've got automatic parking in my car That turns the steering wheel;

I don't have to press pedals or change gear anymore
I can just stare blankly at the console
My car moves at exactly sixty miles an hour
Using it's cruise control;

Maybe I can avoid travelling altogether To go to places I would dread I'll press my remote keyless ignition And just send the car instead.

### Four O'clock

The four o'clock flower waits
A sleepy tuber underground
Unhearing of the winter's sound
Dormant, hidden away from icy spates
But having an inner heart with a beat
Ready to explode into the summer heat;

And I have looked after you,
Four o'clock flower
Who once knew Peruvian hour
Spent with tropical skies blue
But who now cowers in my hand
Waiting for summer across the land;

This game of survival and preservation
That we play, waiting
Spring's wonders accelerating
Our awe and fascination
As we watch nature unfurl
Your pink trumpet and leafy curl;

And when those times come
We must celebrate with all our might
Into the cooling twilight
Where the bees buzz and hum
Amongst the twining stems
Your display of summer gems.

# **Fragments**

Dreams are fragments Glimpsed upwards As we lay;

Of winding staircases
Leading to skies that don't exist
And their clouds
Of stray, forgotten thoughts
With wispy threads that fray
Belonging to yesterday.

### Free Of The Past

The sun shone through slitted windows
A snail settled on a speck of dust
Everything ordinary returned from nowhere
A sense of ease rested over us

Sheep grazed somewhere on a hillside The roads were filled with silent cars The town hall bells pealed one o'clock There was a broken tulip in a vase

The smile that says I am free of the past Ironed clothes in a neat stack
The realisation slowly dawns
That the good times are back

### From Acorns

The messages are handed down constantly
But through a fog I couldn't see
You see, there are too many distractions
The world is full of excitement for me;

But now I have reached a time Rays of light through the fog have slanted For your love of nature and animals In me has been transplanted;

It might seem to outward eyes
That no change can be detected
But all those teachings and things that you said
Have not been misconnected;

All those walks in forests and parks
We played on the swings and the slide
All the things you said I ignored
But were absorbed very deep down inside

Now a place in my heart has been reserved And though I will still act the clown For a lifetime I will keep up the fight To stop the trees from being cut down.

## From Doctor Finlay To Doctor Foster

Back in the sixties, the telephone bell would clang
In Tannoch Brae and Janet would run alang
To answer sweetly that Doctor Finlay would attempt prognosis
On another case of whooping cough or tuberculosis

The whole drama was mild and sweetly scented
Designed for a Sunday evening that had been invented
To gently close out your weekend leisure
To end the week in comfort, entertainment and pleasure

Now we have another Doctor F
One who would be shown the red card by a ref
This foul-mouthed specimen, surname of Foster
Belongs to the terrible actors roster

The drama features horrible people
Who should be stuck at the top of a steeple
Or somewhere else far away from the human race
With their immoral ways, a waste of space

It set me thinking of how little we have achieved In fifty years and it leaves me aggrieved From being entertained and having a 'feelgood' glow Now we are soulless wretches with nowhere to go.

### Frozen Fields

Train whooshing along snow-laden track No stopping now, no turning back Hurtling as if the destination could never be reached Through the Winter's defences that cannot be breached A calm buzzing and sizzling overhead The lines guiding us as sundry platforms fled Through fields of green although grass never touched Frozen stalks past whom the Spring has rushed Boughs and branches dreaming serene Of their precious clinging cloak of green Of sun-filled skies and perfumed breeze When unburdened of this desperate freeze When the joy and hope the seasons bring Will welcome unconfined the coming Spring When the fiery arm of the golden sun wields It's triumphant beam over frozen fields

### Frozen Willow

Twisted bark of frozen willow The Robin's only pillow Worms no longer edible Ground impenetrable

Defiant call of thrush and blue tits Singing together as winter misfits Bird bath frozen to the brink No water to drink

Gulls and cormorants swoop low Over the North Sea icy flow Then huddle together in a flock On Marsden Rock

### **Fullness Of Time**

" Tall oaks from little acorns grow; And though now I am small and young, Of judgment weak and feeble tongue, Yet all great, learned men, like me Once learned to read their ABC. "

From 'Lines Written For A School Declamation' by David Everett, written for Ephraim H. Farrar, aged 7

Your adult thinking has been debased, hollowed-out By days of drudgery By defeats By worry that gnaws away And leaves wisdom a husk;

My mind is pure but quiet
Like a stream set in grassy banks
Wending its way devotedly, slowly,
Not deflected from it's task,
Not worrying about it's destination,
But knowing it is set for a greater world
In the fullness of time.

### **Future**

The path ahead unmeasured
Like a grey mare's tail in the breeze,
The haze of the future unburdens gradually
Taking us unaware at our ease;

Tomorrow's vast uncertainties Form shadows across our minds And, too afraid to hear the truth, We blink and pull down the blinds;

A sorrowful tear on departing
We can only regret the past
But boundless potential awaits us
Filling the sails on the mast

Propelling our souls forward
Interminably moving us on,
Not hesitating, not faltering in stride
To think about what has gone.

### Geranium

I rest here on the kitchen window sill
Safe from harm and winter chill
I have been delivered here by loving hand
A soldier from the human band;

He saw me flourish in warmer times My steady growth, my stem that climbs Saw me blossom, as is my duty Now repays me for my beauty;

He took note of my pink array
That brightened up the autumn day
My cheery show was his spur
And he saved me for another year;

Now I rest amongst pots and pans Home-baked bread, cakes and flans I will wait here patiently for the summer rain So that I may pay him back again

## **Glimpses**

Day dawns, day ends
We can only glimpse happiness
A fraction at a time,
Our feet pass over life's ground so quickly
No time to rest;

Not a luxuriant bathing of the spirit
In sunshine days,
We run from danger
Run faster and faster
Until we get old
And can run no more,
Content ourselves with walking
But no running,
Not any more;

Run in your mind
To places past
Once famous buildings demolished
Where once hope was housed
Where, glimpse through the fence
We saw happiness inside
Party songs and cheer
And lively talk of tomorrow;

But now all we have is yesterday Yesterday, with it's drunken slur And faded pictures People who have slipped out of sight And dreams lost.

## Glory

Now that the glory has subsided And all our efforts seem in vain The chill winds blow through our dreams And the stubborn doubts remain;

Now that the storm has settled The crescendo and the flurry Only fear reigns instead of peace And serves to magnify the worry;

The plateau of life has tilted To a sloping, slippery dread All the evenness of yesterday Lies careworn, dusty and dead;

But we must keep on trying
To embrace and manage the pain
To make our tomorrow worth living
We must reach for that glory again

## Go To B & Q

Why not go to B & Q

If the things you want to view

Include compost bags and hanging baskets

Rubber seals and neoprene gaskets

Low energy bulbs and garden sheds Toilet seats and shower heads Six inch nails and cross head screws Mastics, adhesives, seals and glues

Paints, brushes and ceramic tiles Hammeers, chisels, sanders and files Grouts, mortars and quick-dry cements Tins of creosote for your fence

So when next Sunday You're at a loose end Go to B & Q For a ninety degree bend

## Goat In A Hay Field

The wind ruffled stubbled hay
The morning passed its cheery way
When, through the hedge, a sound occurred
The bleat of a goat without it's herd;

As I tried to gain a closer view
The bleating got more insistent, the noise level grew
And through a tiny gap, just as I feared
I spied the fringes of a goaty beard;

Now the untrained ear may have struggled To decipher the message through the hedge thus smuggled But it seemed quite clear to me what he was relaying 'Help! ' he seemed to be repeatedly saying;

I tried to ease his sense of fear
I cried 'Don't worry, I am here'
But his sense of human language was not as strong
As my reading of his and what was wrong;

He looked at me as if I was daft
And if goats could do so, he would have laughed
To see such an earnest and concerned human face
Trying to communicate with the goaty race;

I knew that his place was not amongst the cut hay That adorned the golden field that day But in the luscious green pasture that stood next door And over the fence he must have jumped before;

So I found the keeper of the animal paddocks I don't know his surname, let's call him Maddox And told him about the errant goat Who was bleating such an urgent note;

'Not that little blighter again,
He should learn to stay in his pen! '
And off he marched, in somewhat truculent mode
To retrieve our 'Billy' from his mistaken abode;

Now I never saw him restored to field correct Because I was only there for a short while, you may detect To sample the breezy Yorkshire dales And perhaps a glass or two of it's hearty ales;

So i waved farewell to my goat with the bleat Who had laid his problem at my feet And, satisfied, knowing I had helped the little 'blighter' To a future perhaps just a tiny shade brighter.

## Going Backwards On A Train

Going backwards on a train
Is sure to confuse the brain
Whose forward outlook is a feature
Of the homo sapien creature.

Despite this, I remain keen
To continually be seeing where I've been
But it's hardly an occasion to rejoice
For I have very little other choice.

The problem the carriage designer had to unravel
Was where to place the seats relative to the direction of travel
But he must have had a bad day, that day
He decided to turn them the other way.

As a consequence, I'm going backwards on a train Sun poking through the clouds, but no sign of rain When I come home tonight, I'll write some more words And I hope by then to be going forwards.

### **Golden Coronets**

The skies with golden coronets are surmounted Which have sent fleeting summer on it's way, Instead secret paths through woods to be counted Soft needles masking the mud and clay;

The transient days of heat now used goods Swirling leaves form shifting welter, Cloudbursts and umbrellas and hoods Running under the trees to find shelter;

The lingerers on the beach are grievers
Their memories can no longer be bought,
Gone, the heat hazes and dry fevers
An irresistible freshness holds court;

Summer has held it's sale
Of bewitching times the vendor,
The hanging flags turn bloody and pale
This is autumn in all it's spendour

#### Golden Horn

Already the Derby and Eclipse winner His reputation firmly in the forge But sadly, because it rained at Ascot, Withdrawn from the 'King George'

On to York and the Juddmonte
His chance thought to be long odds-on
The sweeping Knavesmire thought to be perfect
For him to gallop upon

However the going became a worry Discussed and analysed oft Following the weekend deluge It was finally declared 'good to soft'

A pacemaker was especially entered To ensure an end to end stretch To rule out any false sprint finishes His name on the trophy help to etch

But little did they all reckon
The chances ignored and unseen
Of a sweet little bay filly
By the name of 'Arabian Queen'

Par for the course after expensive defeats
Reasons and excuses abound
From being 'far too keen and fresh'
To 'couldn't act on the rain-softened ground'

Perhaps there was an even better reason To explain this intriguing result He was simply beaten by a better horse The challenge too difficult

So, good luck Golden Horn When next on a racecourse seen You'd better keep a wary eye open Watch out! Here comes Arabian Queen!

### **Golden Years**

You dont know it now But these are your golden years When your children are young And enquiring When thoughts of Summer days Dont occupy your Spring And Autumn is known But not envisaged; But the peace of mind you have Goes unnoticed And serenity is only a concept And memories not yet distant enough To take on a glow As they do when they were long ago; There is no answer to this The answer only becomes clear When the question no longer applies

### **Good Times**

'I know times are getting hard
But I know they're going to get better
I can feel there's something in the air,
Good times gonna come soon
I just know they're there'

From 'Hold On', Kossoff, Kirke, Tetsu and Rabbit, 1971.

Why we suffer,
Why smiles remain bright,
Because we need to pass on hope,
To see interest
Where others would see none;
To develop an intensity for living
That resists the rain,
That masks the cold
And sees tomorrow as an opportunity.
To keep believing
That good times are ahead.

And this is why
We do what we do,
To defy the harshness
To light up the greyness
To live life to the full
In spite of the emptiness.

## Goodbye My Friend

Thanks my friend
For staying to the end
For sharing those days,
For transporting me
Setting me free
From my stubborn ways;

We weren't meant to be You and me Your clock said many miles, From the to and fro From the long ago And the worn-out smiles;

But your twilight song
To me belonged
We formed a team,
An unlikely pair
Forged alliance rare
On time's endless stream;

The run to work and back
Turned tight to slack
Seals turned to shred,
But you carried on
With great aplomb
No bitter words were ever said;

Now you are old
The trail is cold
It's straights and bends,
No more entice
Your sacrifice
Here the journey ends;

Goodbye my friend This is the end Our paths must stray, But I won't forget My solemn debt For your yesterday.

# Goodbye Sweet Day

The grim, grey light of the smothered moon Rests in the crevices of the midnight garden, Usurping the daylight dreams and cares Watching the sly frost harden;

Night is here- goodbye sweet day
That throbbed the blood through the veins,
But now dispersed with it's guilty flow
Over fields and down country lanes;

Gone is the world's emboldened stance Made upright by the lancing sun, Now cowered with fear in the shadowy nooks Forgotten as night's tale is spun

### Grantchester

Watch out, criminals, because you had better fear Robson Green (or 'Geordie' as he's known here) With his long raincoat, a bit like Columbo's, His cigarettes smoke twirling past his rather long nose;

Keating's his surname, bear it in mind with Rebus and Morse He forms an unlikely duo (with Vicar Chambers, of course) And his detective methods, being rather surly and gruff Are complemented by the Vicar's more compassionate stuff;

Romantic interest is provided on the side

And Geordie begins a marital slide

By inserting himself between the sheets

With Margaret, his secretary, who increases his heartbeats;

Meanwhile the Vicar is also browsing the female pages As he's been attracted to Amanda for ages But now suspects her hubby to be back on the scene Leaving him distraught and his hair oil bereft of sheen;

To these crime-fighting heroes this advice I would lob Forget the women and concentrate on your job Then, when they arrest the next murdering bloke They could go to the Red Lion for a pint and a smoke.

#### **Grass**

Lonely blade of grass
Amongst millions
With the sun streaming down your face
You are lost in all the others;

Lovely lush, soft grass
Stretching out over the leas
In autumn splendour
With your thistles and clover
You rest in the afternoon;

Lazy tide
Not going out
Or coming in
Bringing, then taking away
As the sun slips slower
And the foam scrapes the pebbles;

Sitting on a bench
Looking out over the sea
Drifting the afternoon away,
Lonely amongst millions
Clover at our feet;

Day disappeared, Empty bay Nothing but night and silence, Our footsteps imprinted On the soft, lush grass.

## **Green Light**

Why do people take so long
To move away from a green light?
Are they watching a re-make of King Kong
Or last weekend's 'Big Fight'?

Is there something distracting
On their dashboard or console?
Is some task so exacting
That they forget their immediate goal

Which is to move forward quickly
To help the traffic flow
To get those wheels turning slickly
To help them get where they want to go;

The consequence of their inaction
Is that they hold up the whole queue
If they moved faster by just a fraction
If they only had a clue

Of the disruption they are causing
To others more awake and respondent
By their semi-conscious pausing
You make the alert despondent;

So, please, slow movers-away This is what my moan is about More reactivity please display And get your finger out!

### **Gullane Bents**

Over the ridge
Plunging down into the sands
Legs stretched in joyous bound,
Racing under a blue canvas
That seems to stretch forever
To the rushing waves sound;

Over the ridge
Through a secret gap
Where the sea buckthorn stops,
Into a paradise of crashing sea
Shells, sticks and pebbles
From grassy fields and treetops;

Over the ridge
Feet sinking, sand scattering
Through the piled dunes defence,
To our world of freedom
To our hidden share of joy
To the Gullane Bents

## Hairy Bikers Cook Off

Dave Myers and Si King have just taken stock
Of their programme of cooking against the clock
For their 'Cook Off' series has just ended
With many pans fried and mixtures blended

The studio audience gave it a blast
They howled with derision if contestants weren't fast
And shouted a little too loud perhaps
When the time limits were about to elapse

With celebrity chefs the fun levels rose Cooking favourite dishes they had a few goes But it was the families who strained and competed Who added the edge as their fates teetered

On the brink of elimination, or worse
As their pans boiled over and they started to curse
As they realised they were going to be late
'We can only judge what you put on the plate!'

They were challenged to make a quick festive feast They battled the clock but that was the least Of their worries, as their faces turned glum The '7 minute supper' was still a challenge to come

We saw undercooked rice and meat almost raw Such was the pressure of time that knocked at their door And Health & Safety wrote a letter not so tender 'Someone might lose their arm in a blender! '

But all emerged unscathed at the end of the day
The pots are washed and the pans put away
With not one accident over which to linger
Everyone still has all their fingers

So the next time you're in the kitchen remember Forget the Bikers rush in December Forget the clock and be ever so Safe as you take your time and cook really slow

# **Happiness Is Just Around The Corner**

Happiness is just around the corner Where sun-dappled streams tinkle like bells And the morning breeze caresses the fells Happiness is just around the corner

Peace of mind is just a thought away Where the hovering lark talks to the sky And the gentle rain lets its teardrops cry Peace of mind is just a thought away

## Happy Childhood

Funfairs, ferryboats, steam train rides, To stand and admire the incessant tides, Picnics, birthday cakes, midnight feasts, To treasure that regarded the least;

Holidays, open fields, joyous spree, Playing, hiding, climbing the tree Each different season, each morning light To feel warm and safe at night;

To be free, without fear or foe
To be strong, to develop, to grow,
Celebrate victory, endure defeat
To recognise that both make you complete;

To see the magic, compassion acquire, To encourage, to nurture, to inspire, Feel the rush of the truly great To unshackle, to unbond, to liberate;

To learn to love, to live, to know And the greatest thing I could bestow Not wealth or power or purple blood Just the gift of a happy childhood

### Harsh Winds

The harsh winds pierce
And show winter's fangs fierce
Across the cold grey mottled sea,
Spume's blown sharp sword
Thrown in icy discord
Shaking the leafless tree;

Slashing tide crashes
And harbour wall lashes
The startled gulls disband,
The frozen landscape yields
It's sweeping defeated fields
To the winter's icy hand

### Hartside

We stood atop the peak
And gazed out upon God's patchwork
Bounded by dry stone walls of unerring line
Stretching away beyond the horizon
And thought of all this as a green cape
Thrown down by nature to welcome us
And reassure us that greatness still exists
In field and vale

### **Hawthorn Dene**

The April afternoon

Dared us to enter this secret place

Closing the lids of sad eyes

To capture memories in our floodlit minds;

Where a quiet symphony praising spring Whispered soft caresses as it took us in it's arms,

Where the wild garlic,
Arranged like a green-woven tapestry
Of perfect rows from nature's loom
Clothed the slopes from naked display;

This world of brooks and streams
That held the sunlight's sparkle
Gurgling and dancing down steep ravines,
Where cares ceased to be.

#### He Had It All

My boyhood days Stood on crumbling concrete tiers Amongst the gathered mufflers and caps The brave hope against the inevitable; Intoxicating aromas of pipe smoke Bovril and it's wisping steam Carried away into the winter sky; The bright piercing of the floodlights Holding the night at bay And shining on the pitch green, so green; But most of all, the roar When Wearside joined together and pooled emotions And fused the sound that rose from the belly, through the heart And out through throats to shake the very air With a mighty reverberance that trembled the cowering And stirred the blood, A noise like no other; This land where a hero is forever And a legend a little longer, This land that you walked away from To what you thought were greener pastures In more important places; You could have been a hero You could have been a legend And now you are nothing.

### Health

The body is full of things that can go wrong Like heart and lungs and pulses not strong Like parts that ache and shake and quiver Like the fever you get and then the shiver

There are many components, all linked together Doctors and surgeons don't really know whether To disconnect them and try to insert new Or leave well alone and see how we do

We're bombarded with advice and statistics From the NHS and even from mystics About Body Mass Index and things not to eat Then three years later say we're not complete

Unless we fill ourselves with the very same stuff That just previously they'd advised us as 'duff' To jog very slowly when before it was 'run!' To never eat more than five sticky buns

In a period of five consecutive days
Unless you also eat them with cranberries and Crème Anglais
In equal proportions but beware, even then
To lie down after you've eaten them and count slowly to ten

The consequence of all this, is that we've become nervous About our health and the National Health Service Should we all call the doctor, or just consult the web? When we wake up and find ourselves at a low ebb

Should we go running through the casualty ward door When our worries reach a peak and we just cant take any more Or should we just lie down and put the blankets over our head Then wait 'till the morning to see if we're dead

#### Here

Here, where the sun shines strong Into creases on people's faces And the light is so pure With it's Arctic traces;

here, where eyes are bright with cold And with the hope that primes The gazing to the future And to better times;

here, where the air swoops clean And beckons the mind to clear The rawness that fills ears and mouth Making sorrow disappear;

Here, where shadows cast long And the dark shapes' edges mingle And the lark song swells the sky Over rocky sands and shingle;

here, where the seas have lain alongside For a hundred thousand years The rolling, scrubby grasslands With their rugged yellow furze;

Here, in the brave summer Where clouds of goldcrest throng Here, on the precious leas Here, where I belong

## Hit The Heights

The sun hung high
In bold blue sky
As we danced under the dazzling light,
We had found a way
To gain the best from the day
As once more we hit the heights;

The morning rose apparelled
As the skylarks carolled
Over the wheeling gulls white,
Their soprano shrill
Surmounting earthly thrill
As once more we hit the heights;

All the jigsaw pieces
From history's creases
Fell together to our gladdened sight,
Each moment distilled
And eternity filled
As once more we hit the heights;

Each recollection cherished
Was re-embellished
And polished 'til clear and bright,
The bonds between us renewed
And with new hope imbued
As once more we hit the heights;

Treasures rediscovered
Buried memories uncovered
As the dust scattered in flight,
Granted another time
To set seal on our rhyme
As once more we hit the heights;

An old book re-opened And from yellowed pages moribund Old lessons re-learned that we might Be fulfilled with their power Through this sacred hour As once more we hit the heights

# **Holey Rock**

Glum under your sand-ridden mud Your remnants stand jealous Your face once jutted out like a prow, All those feet that once here stood You bore their weight before us But your ledge is only wind-swept now;

They ran amongst your toes
They found your secret caves
They hid in the ventricles of your heart,
But the blast that came to end your woes
Swept your boulders into sea-tossed graves
Tore your mazy innards apart;

Now the widened beach lies strewn
Empty with only pebbles to carry
A piece of the past has flown,
Your towering guardian rudely hewn
No longer a place on the tops to tarry
This rock that we once called our own.

#### Home

With brave faces set against the blast We tread the rain-spattered coast, With tightened grip we hold on fast And cling to this fierce host;

On this harsh and unforgiving ground Ruffled feathers of seagull flocks, There is no bleached idyll to be found In these storm-scraped rocks;

But the crashing sea clears the head The chilling air sweeps and restores, The stark moon climbs the stars to it's bed Over these silvery shores;

Where the seas crash and winds blow strong The whipped-up sands amassing, This is what we have, where we belong Home-bound footprints mark our passing,

#### **Home Sweet Home**

Your bricks and mortar
Stand ragged but proud
As you wait for me to come home,
Not knowing where I am
But loyally you wait
Wherever I might roam;

Your front door
Greets me with open arms
Welcomes me joyfully back,
Then closes behind me
The end of the line for the world
On it's outside track;

Your roof defies the rain
With aging tiles
Shielding each one of us below,
Keeping our laughter safe
Held in beneath
Absorbing the moon-glow;

And the garden
My magic place
My haven of peace and hope,
At one with nature
Restoring our minds
So that we may cope.

# **Home Tonight**

THE MOON is a wavering rim where one fish slips, The water makes a quietness of sound; Night is an anchoring of many ships Home-bound.

From 'Home Bound' by Joseph Auslander

I set my compass towards home And each step is a joy, A magnet for my soul; The doorstep beckons And the threshold invites Tonight.

What greater achievement
Than to build a happy home?
For to live without it
Is to be cast adrift,
Anchorless,
To be at the whim
Of the mighty waves;

Go home tonight
And look forward to it,
Enjoy it;
Relish the surroundings
No matter if they lavish
Or humble be;
I will go home tonight
And be me.

### Homework

We listen and learn
Through our minds things churn,
We read and we write
Sense and knowledge unite;

We add numbers together
Make letters evenly spaced,
Frown as we get tired
Slowly innocence is replaced;

So while the clock is still ticking Before the fall of sun's ray, We will put those pens down Let's go out and play!

### Hope

'WHEN by my solitary hearth I sit,
And hateful thoughts enwrap my soul in gloom;
When no fair dreams before my 'mind's eye' flit,
And the bare heath of life presents no bloom;
Sweet Hope, ethereal balm upon me shed,
And wave thy silver pinions o'er my head.'

From 'To Hope' by John Keats

A tuneless whistle, a nameless flute, A listless breeze blowing nowhere, A breathless sigh made tamely mute Absorbed in the morning air, Lost spirits drifting slowly away Holding cruel despair at bay;

What use is today without tomorrow? Which promise scarce thrilled a heart? What use is joy without it's sorrow? Each on their own still forms a part, So as I slowly descend the slope Gently lift me back up with hope.

### Hopscotch

The eager hand released it's grasp Abandoned the smooth grey stone Leaving it to fate unspoken; It seemed to hang in the air Undecided, unsure It's link with safety broken; The pebble landed on its edge Cartwheeled for a second Scarcely glancing at the numbers beneath; We held our breath and waited Watching the stone find its way And the destination it would bequeath; Suddenly a pirouette, a sharp turning An unexpected veer A kind of drunken walk; The stone settled on the path In unchartered no-mans land Beyond the scribbled chalk; The same we find with life's game We have to let go and risk Brave the forthcoming unknown; Then watch helpless as the fates decree Hoping that they will be kind As childish things outgrown.

#### **Hordes Of Faces**

A rain-spattered Saturday
Light slowly fading
Shop lights beginning to burn,
Empire Theatre copper dome
Standing green in the gloom
'The Lion King' about to adjourn;

Hordes of faces
Passing me by on either side
Their pallor as of a ghost,
All on their way to somewhere
Somewhere they might get to
If not all the way, almost;

People talking, joking and walking
Defying the feelings inside
Grandly touring the street,
But inside disappointment churning
Another long, despairing day
Another bitter defeat;

I stand and watch next to a gravestone
All broken down and forgotten
But in faded letters, a seed,
For I can make out chiselled yesterdays
Long-lost yesterdays
And the magical name of 'Reed'

Am I a descendant?
Am I a loved one?
Standing under this grey sky,
None of the people can see me
They just keep on walking
As their ghostly faces pass by

## Horse In A Field

I stand in a field Unnoticed by everyone, except you I munch the grass alone Taste the morning dew;

I lift my head as you pass
On your silent course
Our eyes meet, I recognise in you
Someone who loves the horse.

#### Horses

Breath, blown hot into the chill air From a heaving ribcage under straining girth Steam rising in curtains over sweat-stained backs The heat of the skin despite cold earth;

The heightened rush, tautened sinews,
The headlong dash, the shouts and the din
'Come on, today is the day'
The surging, the wanting to win;

The ruined dreams, the missed chances
The abrupt crash and the fall
The getting up and starting again
The impossible glory of it all;

Towering above all these peaks
Running through the veins on it's course
The nearness to the blood and the tears
The chance to stand next to a horse.

#### **How Fast The Time Goes**

The aisles are full of fluffy snowmen Village scenes under glass
That snow when you shake them
Until the storms pass,

Electric candles with conspicuous wires That only give them away, Or glow-in the-dark signs 'Hooray - It's Christmas Day';

Trees with unlikely branches Set at regimented angles Not natural-looking at all Just for baubles and dangles;

Boxes of powdery snow
For throwing at spruce and fir
Selection boxes with chocolates
They couldn't sell the rest of the year;

Bare-branched modernistic contraptions
With decoration cut to the bone
Toy trains that race around and around in circles
To destinations unknown;

Reindeers that burst into song When you push a certain button Cotton wool to wrap around things Lambs from last year's mutton;

All these things raise the spirits
And bring back those Yuletide glows
Is it really a year since the last one?
It's here again, how fast the time goes.

## How Good It Is To Be Alive

Nature is here this morning Wrapped in the air all around, Through the tree canopy awning Songs of birds abound; And whither my feet go Whatever view I take, I bask in the afterglow Only inner joy can make; A setting made for happiness In which peace and hope can thrive, Where carefree minds assess How good it is to be alive. Paul Gerard Reed

# How Long Is A January?

How long is January, you ask Because it seems an endless wait till Spring And the days when every little thing Seems so much better; How long can a month run on tired legs? Some say thirty one days, no more Eleven days and a score Expressed another way; Too long to the next pay day When Christams has extracted its ravages And like savages We roamed around the shops Blindly spending money we hadn't got; But what the hell Although our finances are on the skids Christmas is all about the kids And their turn will come When they have to pay For their kids and then find Themsleves singing this song January is much too long

# How Lucky We Are

This busy life, lived so closely
This earth we have been put upon,
Bound together as if one,
From breaking light until the fade
The blackbird's evening serenade,
How lucky we are;

With open minds and open hearts Rushing rivers to the sea, We were all meant to be, In this tempestuous phase Hurtling through the days, How lucky we are;

So time has it we must grow old, Together we accept our fate, With no loneliness to contemplate Or regrets to mull, Only fond memories full, How lucky we are.

# **How Many Highs**

How many highs have you taken me to? Cares unfolded that had been compressed, The battle against sadness So exquisitely expressed;

It was good to know
That it was something I could share,
The realisation of what it was
Made it easier to bear;

And even now, with the battle won, With love and happiness found, I have come through it all But remain haunted by the sound;

We are not allowed to have heroes With finger pressed on fret, But the magical notes created Still reverberate yet

# How Much?

How much do you love your life? How much each day to start anew? Tomorrow could be good or bad In the end, it's down to you.

# **Humdrum Days**

Give me some humdrum days
Where I can watch the time while away
Watch the river flow
It knows where to go
To the sea
Feel the breeze in my hair
And the day grow tired gradually
Without regret
The birdsong fill the morning
And the tide rise up the beach
Just out of reach
Let the days pace slacken
And the flood ease to a trickle
And sentiment so fickle
Get washed away

# I Am A Boat

I am a boat, drifting through life Looking for a safe port, I am the rocks upon which I founder Forgetting all I was taught,

What is it we seek, is there a prize Is there something to rely upon? Is there one vast meeting place Where life and love can go on

### I Am In The World

I am in the world
I was born today
Along with my brothers and sisters
Some black, some white, some grey

Into a world of water
I was crudely thrust
And instinctively swam to the surface
Where I spotted dust

That might just be food
Caught in the tank light's glow
But I was too vulnerable
To the older fish below

So I stayed hungry and swam lower And hid in the greenery And patiently bided my time Whilst admiring the scenery

I grew afraid when after a while A big blue scoop appeared And swept me up and out Into a safe net to be reared

Along with my thirty-odd siblings And now we dart and glide In a fascinating pattern As we slowly find our stride

In this world of filtered water And gradually gather our strength Until we are of sufficient size Sufficient breadth and length

To survive back in the big tank
Back amongst the bigger fish hurled
But for now it's enough to know
That I am in the world

## I Found You

By some miraculous chance Tightening the guy ropes of fate that had slackened One Friday night in November '76 As the South Shields skies blackened

Our eyes first met and locked gaze How little then did we know That our lives were to be entwined Nearly forty years ago;

Did an invisible hand Straighten our paths so askew Was it always destined to be That I was meant to find you

### I Look For You

I look for you
Even though I know it is hopeless
I close my eyes
And i still look for you;

Where have you gone? Is it forever we are apart Why can I no longer see The one that made me.

This is the ground
That you walked on
This is the town
You saw and loved

I look for you Especially when the twilight comes For that is the ending of the day When I search;

Will I ever find you?
Can we talk once more
Is there something still to happen
Or has it all gone before.

## I Won'T Stop

I ride two-wheeled around the place With my hi-viz vest and helmet atop I swerve the torrid rush hour race For I'm not one who has to stop

I won't halt at traffic light request And all engines with my pedals outscore For they are merely second best The queues I just ignore

The red lights glow for others
But not for the chosen biking few
They cars stop, they are not my brothers
I just freewheel straight on through

The rules of the road weren't made for me They're not relevant, they don't apply I am a quite separate breed, you see And I just go sailing on by

I apply the same rules when on foot I won't wait in a straggly line Not for me the tedious rut The blistered feet or creaky spine

So make way, you drivers and waiters Your courteous progress I disavow We are the unruly 'wait in line' haters To the impatient cyclist, take a bow

### In The Room

The withering wind blows clean from the Pole But unable the sunlight to trounce, The Spring, once again will make us whole As shivering crocuses announce;

And, although we wrap warm and huddle in groups We feel the change in the air Although we drink hot coffee and soups We can feel that it is there;

A lifting of mood, a sensing of hope A feeling that good days are near A reassurance that we can finally cope And banish the Winter's fear;

And all that is left of times that have gone Is a darkened memory of gloom For even with his hat and coat on Spring has joined us in the room.

### **Influence**

A gift is the chance
The lives of others to enhance
To tell a tale and sing a song
To remember what made the evenings long
To see eyes open wide, excited
As far-off lands are sighted
Tales not from a computer screen
But born from the thread between
To tell all that you have learned
When you got your fingers burned
But how you have since grown strong
Singing your wondrous song
So take the time and spread the glory
Of your unique and splendid story

## Inside The Factory With Gregg Wallace

Fresh from his efforts on 'Masterchef'
Where his 'shouty' voice would leave you deaf
Gregg Wallace is now touring factories
His television viewers to inform and please;

One interesting place he found to linger
Was the home of the humble Bird's Eye fish finger
And through the factory on his plod
Gregg spied frozen blocks of compressed cod;

Every week through the door came over a hundred tonne Which left our intrepid reporter visibly stunned " Wow! " exclaimed Gregg, clearly astonished, " That's a serious amount of frozen fish! "

Then, through processes many and scattered
Cut into fingers, floured and battered
Finally bread crumbed and put into packets
Launched at the supermarkets' 'saver' price bracket;

Not content with that, Gregg trooped off to Gloucester Where he joined the Ribena roster

To be submerged in tonnes of ripe, black fruit

Which left purple stains on his boiler suit;

His round glasses and hairnet seen by the nation He gathered himself for his next exclamation He yelled, looking rather like the factory cleaner " That's a serious amount of Ribena! "

Then in poured a billion pellets of plastic
Which might seem to you and me a bit drastic
But they go to make recycled bottles by the boatload
To forklift onto trucks to go on the road;

To get to their destinations in a manner hasty
With their payload of blackcurrant juice so tasty
Gregg confirmed, shouting loud enough to make you blink,
"That sure is a serious amount of drink"!

### It Is I

It is I who travel in the winds,
It is I who whisper in the breeze,
I shake the trees,
I shake the earth,
I trouble the waters on every land.

'Dream Song (Ojibwa) ' - Native American Anon.

Do not fear
For it is I
I, who you know
Lives in the sky
I, who look after you
Hidden deep
In the sky of blue
Fear not
For it is I
Who lives above
In the bright blue sky.

#### It Once Was Mine

So it has come to this, You are being led away, away around the corner Where I cannot see you Where the light doesn't return your gleam Where you will never be seen; A parting of the ways A sorry goodbye with heavy heart Yes, it has come to this We are now apart; You once bore the weight of my writing My collected thoughts safely stored, My records that no-one will pore over That no-one but me will miss; But now where you stood an empty space A nothingness of void, no trace And though I call out to you You are no longer here Just a gap in the stratosphere, Be gone, be gone now and quick! For my eyes do not want to see Where you used to be And where you are going, For the pain I feel, I wish we had never met My dear departed filing cabinet.

### It's Ok

We talk in hyperbabble Out of our human face We can land a space probe On a comet out in space; We are in an information revolution But we constantly wear a frown Because the internet is frozen And the emails keep going down; When it rains for half an hour The roads all flood and swell It takes three hours to travel ten miles Through traffic jams as well; We cant handle viruses Our nerves stress and fray The economy is smashed to pieces Apart from that it's OK

### Jamaica Inn

We settled down in anticipation
Of a period drama that might grip the nation
We simply couldn't wait for it to begin
Yes - Daphne Du Maurier's 'Jamaica Inn'

But the introduction seemed unacceptably slow And someone had turned the lights way down low Worse still, the dialogue was hard to make out With everyone mumbling and shuffling about

What rubbish it was, this appalling broadcast
As our Sunday evening worsened so fast
Surely Cornwall had so much more than clouds that scud
Windswept hilltops and a load of mud

And no passing traveller could ever have craved
To stay at a place that looked like a cave
Dark and damp and no comforts to boast
With an aggressive hard-boiled smuggler as 'mine host'

Devoid of interest and story, this so-called 'drama'
Made it more thrilling to watch 'Panorama'
Sorry, Ms Du Maurier, I have to give you a rap
Your book might have been good, but the film version was crap

# James' Sixth Birthday

This little gathered crowd
Sitting earnestly
With excitement barley held,
On a Sunday morning
Bleak and grey
Here, just here, our pride dwelled;

For amongst those faces
Smiling nervously
Was our own true loyal blood,
With innocence intact
All together
Here, just here, where my feet stood;

In that moment
Dust swirled and circled
And settled on each seat,
But we had beaten time
Made history
Here, just here, our life complete.

# **Jigsaw**

I can't see the end from here Or the beginning I am standing in the middle, Nothing in the past is clear More losing than winning The future just a riddle;

What was once, is no longer
A different place
For our nephews and nieces,
The world weaker not stronger
But moving at quicker pace
A jigsaw with no pieces.

# Just For A Day

What would it be like To be the breeze, With nowhere to go to, Just for a day;

To peep out from under
The dark calendar
Of dates and deadlines,
Relieve the groaning strain
Of the ropes of life;

What would it be like
To not grow old,
To be swept along
By good will and kindness,
To be released
Just for a day.

## Just Me And You

You reminded me
About how things should be
When I had started to run out of hope;
Why should my hopes expire
When yours never tire
And life is on that upward slope;

Lets start afresh
Let our twin spirits mesh
Lets take life on anew;
Come hold my hand
Across the breadth of this land
Lets win again - just me and you

# **Just Passing Through**

Like the breezes that swirl through the trees, Like gliidng clouds in skies of blue, Like the mornings that turn into evenings We are just passing through;

Time eases sleepily through our fingers, Evades each desperate grasp anew, We pause for a while but he moves on Keeping us passing through;

Our children find gradually what we know Our grandchildren yet to construe, That together we form a coupled train All of us passing through;

Like boy, like man, like wizened oak As the years and the ages accrue, We are travelling on our speedy journey We are just passing through

## Just The Way It Goes

The past is the dust
Settled in the grooves of records
Undisturbed, unplayed,
Stored safely away
As youth began to fade;

How I listened
In melancholic adolescence
As the black vinyl spun
Scratching and crackling
At a story just begun;

The needle of time unlocks
A faint, wistful voice
Soulful and reflected
On a nostalgic, lonely shore
Washed up and dejected;

Every note forlorn
An echo of glorious years
Sung in yesterday's limelight
To those who might listen
On some future night;

The 'White Lady'
She heard Beck's call
Of silvery, slick notes, crowded
Arcing between the streetlights
On a foggy night enshrouded;

'Everybody-Nobody'
That appealed to my sadness
And, in hollow love,
Flew to my teenage heart
Like a terrified dove;

And, at last we came
To the final solemn track
Which summed up all my woes

The needle gently lifted But that's 'Just The Way It Goes'.

### Killiecrankie

'An' ye had been where I hae been Ye wadna been sae cantie-o An' ye had seen what I hae seen On the braes o' Killiecrankie-o'

From 'the Braes o'Killiecrankie' by Robert Burns

In the dim corners of my mind
I recall the day I went to Killiecrankie-o
That day the rain drew down it's blind
And the weather blew it's nose on a hanky-o

But burnished in my thoughts, in Nature's forge, The red leaves gathered down the banky-o On it's steep and lonely wooded gorge That runs through Killiecrankie-o

And, if the days I could count
Since that day at Killiecrankie-o
They would come to a large amount
For which the Lord I truly thanky-o

But my eyes are ageless when they envisage again That view at Killiecrankie-o And that grey sky with all it's rain That dripped from the leaves on the banky-o

And one day I will return
In the rain the river dranky-o
Not for long I hope to adjourn
My going back to Killiecrankie-o
My going back to Killiecrankie-o.

## Kind

Stone may erode with the crashing waves The road ahead, never straight, will wind, Crooked the path it often paves But I know you will always be kind;

A flame that can never be extinguished Forever a safe place you will find, From others with hard heart distinguished I know you will always be kind.

## Lament For A Gerbil

Eyes shut; No more to open Whiskers still; No more to twitch

Just a little life
No more to caper
Beneath the earth
Wrapped in kitchen paper

Day over; No sun to shine Cage still; No wheel to turn

Just a little life No more tomorrow Beneath the earth Wrapped in sorrow

#### Lanercost

At an end, our ragged journey through The hustling, excited crowd But fate had it we would come to you And with your serenity be endowed;

Where hands of masons, chilled by moorland air, Now long dead, but having left their mark Through their empty windows of sightless stare And ghostly shadows in the dark;

Seven hundred years later
Our longing eyes drift over the fields
The beauty of the views cater
To the love that our heart yields;

These worn stones wear the ages' grime But fashioned by trusting skills Still thread through the tunnel of time To cure our modern ills;

And the sheep graze on, unknowing Of the dramas and sorrows past The winds over the moor still blowing Their sonorous and mournful blast.

### Lard

You never see adverts for lard on TV I asked myself how could this be? Lard, I know, is not a substance sublime But still proved vital during the wartime

Now it seems lard is out of fashion
Since the scrapping of the ration
And now we are obsessed with all things 'low fat'
That seems to be the end of that

How about sponsoring a lard revival
After all it helped survival
During the dark days of World War Two
Without it there might have been no 'you'

So abandon silly phrases and no longer utter That you still cant believe it's not butter Instead lets play our high-fat trump card 'One of your five a day - a pound of lard!'

### Late Rose

You hold your head high in defiance With beauty to match the ragged thorn Though rocked by harsh blasts and gusts My humble border you still adorn

Your pure and delicate fragrance My veiled and wearied thoughts accost A sweet and sensuous nosegay As if to revive the summer long-lost

I know that all this is temporary
But, like the slanting autumnal sun's rays
Your moment is to be cherished and treasured
To carry me through the darker days

# Laughter

Laughter is the best medicine they say Worth more than any wealth Laughter is a wonderful tonic Not available on the National Health

Laughter keeps us from growing old And from senility premature Laughter is a gift from our youth When life was sweet and pure

Keep laughing as much as you can To keep on an even keel Dont take life so seriously And see how much better you feel

## Leave Sorrow Behind

We wait until all things are still
And a glorious and guidng hand settles gently
We stand becalmed in the glow of the moment
That we have waited for so fervently

We know again that we are in the midst of creation And that a greater force is still kind And when that moment has silently drifted away We can leave our sorrows behind

### Leaves In The Wind

I read that Jimi was your hero You searched in vain to emulate All the time supremely unaware It was you that was really great

Ever searching for a 'sound' like his When there was no need at all Instead, unknowing, your fingers touched My soul with vibrato squall

'Trouble on Double Time' and 'Woman',
'Mr Big' and 'Mouthful of Grass'
That big hole in the ground that you wanted to dig
Grew deeper as I watched the time pass

I still listen with adolescent shiver
To the piercing cry of sunburst Les Paul
I still walk in your shadow
From the garbage cans of the back street crawl

The unreachable high that you craved for Carried with it too high a price
The heroin stream in your veins
Always the last throw of the dice

Much too soon you took that final flight With wings that could no longer fly With 'Tons of Sobs' you left me No forgiving or word of goodbye

The last verse never to be played A curtain that can never descend Fretboard growing dusty and shabby Wishes I can no longer extend

Perhaps you can still hear me play you
Through strings that know more than just sound
Heavy heart muffled but still beating
As that last flight touched the ground

# Let Us Laugh

Let us laugh For laughters sake Let us laugh Till our bellies ache; Let the tears Roll down our cheeks Let us laugh For weeks and weeks; Let us laugh Till we can laugh no more Let us laugh Till our bellies are sore; Let us laugh With lack of inhibition With happiness unconfined With a joyous disposition; Let us laugh All night and all day Let our laughter Wash our sorrows away

# Let Us Not Be Dismayed

Let us not be dismayed
By the wintery things displayed
Whilst rigours and hardships abound
Beauty can still astound
Us with it's ravishing cloak of gifts
That optimism and spirits lifts
As we cast a mean eye aglare
Across the frozen meadows stare
The cold dew that has hardened to frost
Melts as if the Summer did accost
And leaven the burden of bare twig and branch
Of whitened fence and railings blanched
To restore in our private minds review
Glorious flower and skylark anew

## Library

Here they stand, in long lines Shoulder pressed to shoulder, Unmoving, patient, steady Waiting for the fire of human knowledge To leave them in ashes; I stand amongst the collected rows The rank and file of thoughts All standing still and dead to the world Gathering dust and broken spines, Yellowing and damp spotting, And, at some unforeseen moment in the future, Useless to anyone; Dead weights, closed faces, inward looking, Read and forgotten, Memorised but drifted away The sweat that produced them Evaporated and gone; Imprint them on your mind Take solace from the lifelessness Daring only to whisper In the silence.

# Life Happened

From the days of youth and then contentment With excitement easing down a notch or two Maybe a bit slower into the bends of life But still not in shades of blue

But nothing lasts forever so they say Things change out of all recognition Gone are the days of forward planning Up the steep hill of ambition

What happened to change all of this? What made it all go to pot? Then the answer was whispered to me 'Life happened, that's what'

### Lilac Tree

Come and join us under the lilac tree Share in our games and fun Where blue skies rest on our shoulders Where our day has just begun;

Come and join us under the lilac tree Where all our races are run In this heavenly garden Under the setting sun;

Come and join us under the lilac tree Where our freedom is born At the very start of our lives Where cares have not yet worn;

Come and join us under the lilac tree Where the scented breeze plays in our hair Where we hold hands and dance around Come and join us if you dare!

### Little Dreams

What has the soul to thrive upon?
When days become mere intervals
Between gathering nights
When dreams are just the closing of eyes
Until the gloomy morning;

What feeds the beating heart to flutter?
And nurture it's naive promptings
To be up and running
With sheer joy just to be alive
Until exhaustion beckons our rest;

I will suffer patiently
And I will dream my little dreams
With bedtime books,
Hearty meals and warm clothes,
Comforting thoughts and wishes
Unitl spring bids me to start again.

# Little Figures On The Tow Path

The Wear washed it's way through Durham as ducks with their ducklings
Were swept over the mini ledges that form crescents in mid flow;
Above the dense, swaying green of the trees the Cathedral peered down on us
Little figures on the tow path, as with figures from long ago;
Getting feet wet in puddles, measuring the gaps between the boardwalk slats,
Feeling the rise of the embankments, testing tired legs;
Spanning bridges, taking a breath, starting again,
Squeezing some peace out of worried days' dregs;
Remembering the last time we were here, circuiting the cloisters,
Taking coffee and biscuits, sitting outside under a tree;
"If your enemy is thirsty give him drink" we heard
And the river ran on to the sea

### Little Places

Serene is the world in little places Between the books on dusty shelves, In quiet nooks where no pulse races That no-one knows but ourselves;

Sacred is the corner of the garden
Where even the breezes find respite,
Where lungs can be filled, resolve hardened
And all our troubles seem suddenly slight;

Wondrous is the window the rain spatters While we sit on the cosy inside, Listening to the thundery skies clatter As safely with our souls we confide;

Dear to the heart the glowing fireplace That bitter winds cannot tunnel and groove, Esteemed the security of the hidden space That the crowd pass by unmoved;

But of all such precious venues Retreats when life throws it's cruel dart, Is the hideaway just for me and you Where we hold each other in our hearts.

# Little Things

In what unsmiling contempt we hold The beautiful little things, We lock them outside in the cold Prevent them spreading their wings;

Our true feelings are kept on shelves We forage forever elsewhere, We look at our vain-ridden selves But in our hearts we do not dare;

The magnitude of the smaller When under the microscope viewed Suddenly become much taller As our normal vision is skewed;

We favour the bigger and bolder As we look to immodestly gain, But as we grow steadily older The little things entice us again.

### Littlehaven

Littlehaven lies in the wintery harbour Waiting for shrieks and screams and laughter Waiting to reflect the heat off walls Into the blissful evenings after;

But now the sand whips up
In silent whispers of biting edges
Scraping the craters and ripples
Blasting the outcrops, grazing the ledges;

Amongst the searing silence
Under a sky that brightens and dulls
The sun gradually slipping away
Pitting deep shadows on rocks like skulls;

Bleary footprints leading nowhere Going around in rings Sifting away beneath the restless winds Under the sand that sings.

## **Lizard Point**

Threads of grey
Etched over the horizon line
A wispy loom
Set behind the dappled dark deep
And under the great billows
That fathered the rain

Behind and beyond
Is the great burning ball
Unseen but waiting for its moment
Watching over the earth
And holding it
In slender fingers of fire

### London

It's got Tower Bridge
And it's got Big Ben
It's got underground trains
That run now and then

It's got river cruises
It's got Trafalgar Square
It's got Madame Tussauds
And red buses to spare

It's got Cockneys
And Germans and Japanese
And trained announcers
That say 'Mind the gap, please'

It's got Nelson's Column And it's got Hyde Park Full of grey squirrels Who eat nuts in the dark

It's got the 'OXO' building It's got museums galore Like the Victoria and Albert And the Imperial War

But my advice if you're going to London And all the sights to see Is take a good pair of shoes And an umbrella or three!

### Look At Yourself

Look at yourself The one who tries to put a label on me And direct me in their direction I tread not in your garden And shape not your future I take no control over your affairs And am respectful of your ways; I dont worry about you Or fret over you But am mindful of your freedom As long as it encroaches not upon mine; I tread carefully my own path Which transgresses not yours My trees and branches grow carefiully Inside my own boundaries And do not block your light My noise is quiet And within my own walls My voice is steady and belieinvg But does not shout at you to follow; I join in when asked But dont ask you to join me I share with my loved ones And they share back because they love me If there are any scraps left at my table I share them with you But do not ask you to share yours with me I do not come to your door for help Rather walking until I drop We are all made differently And I respect your differences Look at yourself Before you look at me

# Looking On

You are looking over my shoulder At everything I see For, even as I get older, I'm not as wise as I should be;

Your hand is on my shoulder Pointing the way ahead, Urging me to be bolder Or to tread safely instead;

My blood once ran through your veins When you were put to the test, Now, even as the light wanes, You still want me to be best;

So together we will travel Until all the days are gone, Tomorrow and the future unravel With you still looking on.

## Love Goes Beyond Reason

Love goes beyond reason Enters no rational argument, Love transcends the seasons Does not know abandonment;

Love crosses all borders
It knows no edge or side,
Love does not obey orders
Is not carried by the tide;

Love is inextinguishable
It heals the angry sore,
With love all is accomplishable
Supersedes all that went before;

Love is not afraid to speak
Or hear it's message spoken,
Love makes strong the weak
Mends the heart that has been broken;

With love all is achievable Nothing that cannot be attained, Nothing given away irretrievable Nothing lost that cannot be regained;

Without love, life cannot be tasted No light can shine the way ahead Without love we are wasted Without love we are dead.

### **Love Letters**

She types away in soulless repose With nerve-endings diluted by microchips Not on fragrant paper that hearts overthrows Or promises the kiss of lips; Her characters neat, but no longer outpour With excitement from fingers to pen, The time taken, the effort made, no more Remoteness taken over by then; Her hands can no longer feel or grip But just jab, poke, prod and paw, A forgotten feeling that time has let slip The soothing of ink can no longer explore; She will not write when she can swiftly delete Her innermost feelings cross out Why intone with blushing shyness complete When robots can kindness flout; Bring her the feather, the inkpot, the quill Bring her the scrawling, blotching and scratching Let her love on the paper overspill Wrap her soul in endless dispatching; Why write a love letter, leave the heart racing Send to giddy heights hidden emotions, Why write with life's pulsing throb a-pacing With all of it's mistakes and it's commotions; Leave her to space and backspace Leave her to bury her secret fears, Throw the sacred pen in the fireplace And let it leak away in tears.

# Love Will Always Outlast Hate

The calendar hangs limp on the wall Dust gathers on every date Time has no effect Love will always outlast hate.

The clouds move across the sky Rain falls only to evaporate The day will follow the night Love will always outlast hate.

Anger is a timid flame to quench The appetite for conflict sate The earth keeps turning round Love will always outlast hate.

## Lovejoy

That Lovejoy
Now he was the boy
Please grace Sunday nights again
With mullet and white T shirt
He was a racing 'dead cert'
To get off with fair Lady Jane

This 'feelgood' escapism
Never brought criticism
Indeed the opposite was true
Now replacing neuralgia
I find deep nostalgia
Bring back Lovejoy and crew!

Eric dreamed of owning a Harley But that Gimbert (aka Charlie) Soon put a stop to that dream Things got even darker When the number one barker Upped and left the dream team

But they chased after 'Tink'
And before he could think
They nabbed him and brought him back home
And with beret on head
Expressed regret to have fled
And cursed his wandering syndrome

Take me back to Norfolk
One again my antique luck
To try, and see if I succeed
And Lovejoy, with dark glasses
Will find some horse brasses
And sell at a price pre-agreed

### Low Fat

Low fat diets Now we are told Are no good for you And we have been sold A misinterpretation And a huge one at that About how we should diet And swerve the intake of fat This is just another example On an almost daily basis Of misinformation we are fed By so-called medical 'aces' Who tell you one thing one day And another thing the next But still enjoy bumper rewards For their misleading pretext Now sugar is the new enemy Not to mention carbohydrates But don't blame me if you avoid them And your health disintegrates My advice would be Enjoy a bit of what you fancy But exercise moderation To keep your inner vibrancy

### Lull

Here they are,
In little groups of two or three
In this strange boulder-strewn landscape
Mainly of the future,
But also of me;

Look under the lids of their blue-sky eyes
And see the sun's reflections run free
Bathed in goodness and quiet times,
Living in this great land
Next to the sea;

The essence is in the beginning In the dawning of the day, Gone all too quickly Because we are much too keen To enter the fray;

So they tarry here for a while Take the morning at it's full, For the peace that comes Is not in the rapids, But only to be found in the lull.

## Many Clouds (A Tribute)

Our pleasant, harmless Saturday Filled with normal things, benign, Entertained by our chosen passion play, On the adrenalin we dine;

As we stood a safe distance back Sheltered in our existence, dull, You displayed courage that did not lack For our spirits wrapped in cotton wool;

On such a day, who could sacrifice all? Who would give their life away? Who would rise and then sadly fall With the ultimate price to pay;

You were to test endurance until it snapped Jump as high as we commanded, Reach the limit, with all energy sapped, Just because we so demanded;

Then with your job done, the challenge met The glory still too distant to be spied, With no hero's welcome or reception yet, You laid down on the turf and died;

For we can ignore the beckoning ridge, The mountain top is not for us to reach, A divide that we can choose not to bridge, Or our darkening souls to bleach;

So when tomorrow comes, wrapped in fear's shrouds And chances passing us by, Look up and see the name 'Many Clouds' Emblazoned on the sky.

#### Marks Out Of Ten

Why is it we mark ourselves out of ten
We should give ourselves a bit of slack now and then
We rate schools and hospitals and old peoples homes
Holidays and airlines and even best seller tomes

Utilities also come in for a fair bit of flak
Water, gas and electricity all under attack
Then on the 'X Factor' we try to rate the singers
We even historically rank the Wild West gunslingers

Maybe the whole human race should stand in a good light And someone come and arrange us in order of height If they actually did it, and I don't know when I should be OK as I'm five foot ten

## **Married Life**

We rise in the morning
To see the first light of day
We kiss goodbye
And go our own way;

But in the evening
Again we are blessed
With each other's company
As we take our rest.

# Marsden Bay

The ancient rocks looked down at us Their feet wrapped in seaweed slime; Does it mean anything that we stood By these contorted masses of lime? What is one evening In the vast expanse of time?

Who will remember this moment
As our feet imprinted the sand?
Who will know we watched the tides rush
Over pebble, crag and strand?
Does it matter that we glimpsed
Eternity's outstretched hand?

### Marsden Inn

As the top of the hill is breasted I see
Icing sugar crests set on the surface of the swell
The Marsden Inn standing proudly in the gales
Sundays clothes drying for a spell
Until the next crazed wind-blown shower.

Descending the slope and I meet the Leas With larks defying the stormy skies Hovering over the rich green sward And fleeing from my searching eyes Shrilling the promise of the coming Spring.

### Maze

What is this maze we walk in With no way out Other than death?

What is this language we talk in With no truth spoken Only waste of breath?

#### **Memories**

Now that the dreary mornings are here And we struggle the net to escape Our naivety and blunders Through the pages of history gape

The breezes swirl the litter
Of our memories round and round
They rise briefly but then fall
And come to rest without a sound

My heart is heavy this morning With the emptiness of what is gone The days that cannot be recaptured The fullness that is left as none

We are left here, you and I
To pick up the pieces of the past
To face the dreary mornings
And find our peace at last

#### **Memories And Mazes**

Ah, the memories call me today,
Those of the wild and comfortable,
The dreary and the vivid
But none stronger
Then those of happiness and tears
Garish colours and livid;

A reflective pool
Holds undercurrents of the past
Invading my thoughts
With their ghost-like cramp and room,
Descending the stairs
Or rising to the stars,
Held in bright sun or a morbid gloom;

Graveyards and beaches, Clifftops and screes, Pealing bells and silence, Fresh country breeze, The softest of rainfall And rare mountain air, All have made me stop All have made me stare;

But the morning has evaporated
Into slumbery afternoon,
The echoes of the great halls
Drowned in nostalgic perfume
Fraying the edges of the mind
Ceaseless, the stop-start of the clock
Winding down forever
in it's eternal frock;

Slow bend the rushes,
Fast rushes the tides,
Low the river runs,
High the hawk glides;
The maze and the path
Both have separate ends

In a devilled sanctuary
That only remembrance sends.

## Midnight Email

Who is this man
Who sends the midnight email?
What mind throbs with work
With the sky grown pale?

What energy drives
This outlook shorn of home?
Scorns the safer paths
Down which he could roam

What misguides this man
To think that midnight effort
Will not be drizzled away
And leave the morn unhurt?

Discard peace and restful things For chance to dream spurn; Let the morning be enough For his struggles to return.

### **Miraculous Atom**

A little known fact No matter if your brain you racked You could never have recalled (Although you're probably not appalled) You didn't have a chance to know That oh so long ago 'Miraculous Atom' was a horse Who appeared on a 1947 racecourse And, far from being slow Had quite a bit of 'get up and go' His reputation was quite celebrated To the effect he was nominated As a horse potentially great And one to follow in 1948 I read about him last night Just before I put out the light And I bet I'm the only one on earth Who lingered over that horse's worth So that's why I have written this to tell So now you know him as well

# Model Village

This little world is happy
And there are no wars
Everything is restful and contented,
No protests, no uprisings
No tears, no fighting
No malicious plans invented;

This village is Utopia
With all that is good
A place of serenity and peace,
Why cant it be reproduced?
Why cant it be real?
Why can't the world's troubles cease?

#### Modern Tv Drama

When watching new drama on TV I have a useful notion Switch off the set immediately If the first scenes are in slow motion This will save you a lengthy spell of gloom And generally miserable viewing Far better to switch the kettle on And get that cuppa brewing Another hint to stop viewing Is when the colours are deliberately faded To try and create an eerie feeling But this just leaves you feeling jaded At the lack of plot intensity Which these techniques seek to camouflage The dialogue usually 'mysterious' at best And often mere persiflage; For dramas afflicted in such a way Under the label of 'atmospheric' Usually don't have a good story to tell And a grip that is less than mesmeric They depend too much on the Producer's 'effects' In order your interest to stimulate And all your keen anticipation Will rapidly coagulate Into a mush of tiredness and despair As you wish for the good old days When dramas just let themselves speak And Producers had simpler ways

## **Moment Of Freedom**

When is the day
When I will be set free?
When will I hear the voice
Calling out to me?

For now chained and bound My day like eternal night, But my hopes, low and grounded One day will take flight.

# **Morning Dew**

The sky is set high above you And the daisies stud the heath In traces of morning dew The earth sits solid beneath;

Life only an endless quest For the beginning of a new day Each hour that passes the best As you go on your way

### **Mountain Stream**

Arrows of sunlight splitting the blinds
Fading photographs and chastening minds
Lighting the corners of a forgotten dream
Thoughts tumbling down a mountain stream

Sunday slides away gently, unobserved Leaving a dusk with purple edges curved Clinging to the horizon with gluey grasp Setting night's padlock on the day's hasp.

## **Mowbray Park**

The Sunday afternoon was drifting by As we trod paths past arbors and nooks And found shade under trees Stood by lake and rippling stream An ice cream van with no ice cream Wondered about visitors from the past In old creased black and white images And how they spent their Sunday long ago When the empty air would have reverberated With their words and laughter And their stroll back home after Could they see us now retracing their steps? The dainty feet of happy grandsons Unfettered by such thoughts Climbing wooden ladders and sliding slides On dizzy roundabouts and park rides With pigeons busily fretting around Mallards dipping beaks but making no sound And over us hung the Sunderland sky With all those memories of years gone by

### Mrs Gerbil

So strong were you in your disguise In that little world behind your bars But you spoke to me without words Because I took the time to listen

You waited for me and eagerly met; Your escape from prison for fleeting seconds You tasted freedom and safety and love all at once Daring to explore but wanting to be cradled

Trust gained is never lost;
You trusted me eternally thereafter
Believing the bounds were the worlds edges
And not of my making

So passed the days until you grew old And no longer wanting to be free You slipped into your own nether world But still a part of me

#### Munchen In The Rain

So, you have not listened! You have ignored our plea The pitch is now glistened Under Mancunian rain-spree;

We told you to kick off at 6
To get the match over quick
Now we are in a right old fix
Munchen-Gladback are feeling sick;

Now from Germany we are separated In Manchester, of all places We are far from being elated Undoing our soggy bootlaces;

We don't know what might have occurred
The game might have turned out to be scrappy
But you didn't listen, you never heard
We are far from being happy;

But when we play the return fixture
On our beloved pitch at Munich
You will find an overpowering mixture
To put hairs up your English tunic;

For if we have rain forecast for that night We will ignore all the hurly-burly We will drag you in at six o'clock prompt And kick off 90 minutes early.

## My Feet Are In Winter

My feet are in winter
But my mind is beside a gushing stream
That plays amongst the pebbles and tree roots,
Hides under the mossy banks
And reappears, tinkling with joy
As it goes on it's way.

A canopy of translucent leaves
Form a collage above me
Velveting the sunshine
Through a green filter.
And there are sultry sounds
Of breezes through grasses,
Alongside the stream's gentle whispers
A blackbird sings happy notes
Of contentment and peace;
The sky is high with light
And the earth is sleepy
Under the afternoon glow;
Time is standing still.

The distant hills beckon the walker To feel the freedom Of heaven's spaces above the tops;

But my feet are in winter And outside my window Snow is falling.

## My Old Guitar

It has been with me for over forty years

Most of that, admittedly in a garage

And I never could play it

My guitar-playing talent you could rightly disparage;

It only has three strings left of the original six And is badly in need of a tune 'WISHBONE ASH' engraved on it with biro I used to strum it and croon

Way back in the seventies
When Wishbone Ash were king
But I must remind you that
I could never play the damn thing;

In a concerted attempt to clear out the place And several journeys to the skip I ventured again into the garage To load the car for another trip

There it was, hiding away at the back In the most inaccessible place Behind tables and packages and bookcases Resting it's dusty face

Meaning forever to keep it
I took it and hung it on a nail
But within 30 seconds
I emitted out a huge wail

For the guitar had slipped its moorings It's hanging place it had fled It plummeted vertically downwards And hit me on the head

Now that guitar held a lot of sweet memories Although I couldn't play a note It was a part of my growing up But I cast a deciding vote Enough was enough!
And though in my throat was a lump
I shoved it in the back of the car
And took it to the dump

## My Tribute To Wogan

The radio would crackle with his banter
When the skies were cold and black
He got me to work on a Monday
When my thoughts were for turning back

He kept me smiling with that Irish brogue And his tales of Janet and John When I felt like coming to a halt He kept me moving on

The letters from his 'other listener'
And various other comments absurd
Music that he knew I'd enjoy
And some that I'd never heard

He steered me into a happy zone And into waters calmer With his funny tales about the 'DG' And Walthamstow Swimmerama

So farewell and bon voyage to Sir Terry My Monday mornings will never be Quite the same again without you I only have podcasts on my MP3

To remind me of the great broadcasts
That you made in the nineties and noughties
That steered me into my fifties
From my thirties and my forties

### **Nest Builders**

I took the old nests away
When the days were cold and dark,
But you came back another day
For the lighting of new sparks;

Then high swooned the sun Over your tidy home, Hard the work done In that leafy dome;

Instinctively, without thought Without fear of tomorrow, Nothing stolen, nothing bought No great pools of sorrow;

A receptacle, a loving well To bring on life anew For a feathered breast to swell And sing a new song to you.

### Never Hold The Phone Like That

Never hold the phone between shoulder and neck You'll do it for ten years and then say 'O Heck! ' Your neck will go into spasm and you'll be in pain And you'll swear you'll never do it again

The problem then is that the hurt wont go away
And you book in for physio the very next day
He asks 'How long have you been holding the phone like that? '
You say 'a few months' and he soon smells a rat

'I bet its more like ten years you've been using your shoulder To support the phone and as you get older The neck vertebrae get tightened and it's a cinch That the nearest nerve ending will feel the pinch'

The discomfort goes on and on and you can go For six months, even with regular physio In total agony, and of yourself you demand 'Why the hell didnt I hold the phone in my hand?'

### **New Bridge**

How many times have I crossed Your sturdy beams and steady road For all the years that we have lost You carried your heavy load;

The rusting bolts, the mottled green Standing stock still as the river winds Forged from steel, forever seen, Imprinted in our minds;

You were there before we came Awaiting our late arrival, Things had always been the same But now you have a rival;

For upriver new foundations rest and jut Interrupting the clear water, Placed, determined to stay put Sunderland has a new daughter;

Your centre section lies in wait Pre-fabricated and fashioned Strong and tensed to brave the spate With skilful hands impassioned;

The efforts from mind to paper to now For scraping of hands and blood that was spilt, The thinking of who, where, when and how We are the generation that saw you built;

The future eyes will take in your arc Whose minds will be inspired?
Who will light you in the dark
When days grow old and tired;

I hope you withstand the storms and squalls Overcome the tidal swell, Stand firm in the rise and falls New bridge, I wish you well.

#### **New Ground**

To plant the seed of hope in you That is my lofty aim To walk new ground and take all in And let you play life's game; To feel that surge of joy rise within you To let the eye see the earth unbounded To know that we are not forever trapped Or our feet eternally grounded; The whisper of the morning breeze Drowning in the silence The magical qualities of lake and peak Defying the mortal science; The gathered shoulders of ancient rock That under the skyline throng Giving birth to memories That will last a whole life long

#### **Newcastle Central Station**

The morning has arrived to settle it's scores Down-and-outs sit lotus in shopfront doors Raindrops gather in gutters with others Then are rushed along by their brothers

Night has gone with it's LEDs and whores Released from darkness the sky downpours The heavy clouds blind the weak daylight The city still with a sense of stagefright

A lonely placard announcing 'Real Estate' Flaps on a building not knowing it's fate Dark-circled imbibers of rough caffeine Murkily appear on the scene

Collars turned up with shoulders hunched Pavements splashed under foot and gravel crunched Black and multi-coloured umbrellas in equal number Heads under dry but still half in slumber

Within the cold husk of the Central Station
The dry concrete receives approbation
From feet wetted by rain and puddle
As departure boards settle the muddle

Of travellers in groups with nervous laughter Thronging under cast iron rafter Or standing alone trying to look relaxed And not betray worried minds overtaxed

The weary prospect faced of steel on steel
As miles ground out under the wheel
Until at last their destinations reached
And the gloomy morning has been breached

#### **Newcastle For Sale**

So 'Big Mike' has put the club up for sale
Its goodbye from him to Geordies and Brown Ale
And they reckon he only wants 400 million
Not much when you've already got several billion;

But the hidden aspect that Ashley wants to ensconce Is that he doesn't want paying for it all at once No, if you fancy buying a chunk of Newcastle Mike could save you an awful lot of hassle;

Because you needn't pay for it all 'up front' You just need a deposit to stay in the hunt Then just pay Mike a bit at a time Over the next 36 months would be just fine;

A bit like when you buy a second hand car Perhaps you could trade-in Wolves or QPR Then drive off the forecourt with a sleek new model Buying Newcastle would just be a doddle;

However Mike does have other terms to make things cherry-ripe You can't change the shorts or the colour of the stripes But he'd be especially pleased, you might detect If the new owner were to name them 'Sports Direct';

So I'm off to the bank to ask for a loan
And I hope Mike Ashley won't start to moan
When I hand him a few quid, it'll just be a breeze
With the balance to follow over several centuries.

#### Next Week...

Why does the BBC ruin the end Of a TV drama that our minds did bend For when the show ends with a poignant thought Over which our minds might have fought And the complementary music starts to drift in They go and put it in the bin Instead of leaving you to ponder and wonder In with details of next week's' prog' they blunder Drowning out the sad and wistful theme Turning it all into a bit of a bad dream So, BBC, listen here and please be told We don't need details of next week's episode Stuck over the end like a sticking plaster Trampling on our thoughts, a big disaster When what we want is to digest and reflect And next week's plotline only serves to deflect.

#### Nicolaus Silver

Nicolaus Silver...

You lie safely in your grave

Unknowing of the fire you lit in my heart

All the years since spent thumbing pages

Hopes raised and dashed

Pulses quickening

That fire still rages;

Yes, you started it all

A race that can never finish

Not erode with time

Or the years diminish;

For my love was pure then

Borne of childish eyes that believed

Without impediment or fear

Or the bitterness of experiences;

Those since that have stood

At the threshold of my high altar

Brigadier Gerard, Mill House

Rock of Gibraltar;

All loved

But you were the first

The one that started the hunger

That created the thirst;

And for all of the hooves that have hit the turf since

Yours made the deepest impression.

# Night Fog

The gears grind and fall into place
The faces in the human race
Faces no-one can recognise
Cant read the message in your eyes

Morse code tapping out an SOS But most people couldn't care less Night fog like molasses Sun's surface burning gases

Card sharp, twister, grifter, con Nothing left to rely upon Shiny metal turned to rust Not one soul that you could trust

## Night Sky

In her swirling cloak of stars
The night hides her secrets
And absorbs my wonder as I gaze;

For as longingly as I look Into the black distance Her eternal focus never strays;

She holds this little earth In solemn safety And balances the chances

Of my heartaches, joys and cares My luck and tragedy, My fears and romances;

I, helpless in ignorance Stand enraptured by her dance Her steadfast nightly pose

And look for meanings and signs For guidance and direction But can only see her twinkling toes

## No Jacket Required

Too hot today
Too hot for a jacket
Put one on at your own risk
You mightn't be able to hack it

When your armpits start leaking And you have to mop your brow Don't say I didn't tell you That the humidity won't allow

You to wear such a cumbersome thing Which is best for a chilly day No good for such clammy ambience Best to throw it away

Or maybe chop off the sleeves And make an impromptu 'gilet' Take off the lapels as well You'll still look OK

In your hastily-contrived sleeveless waistcoat With the stitching hanging out But people have holes in their jeans So what's all the fuss about?

### Northumberland Plate

Now an era has been closed Lost forever, wiped out and gone The grand, green turf ripped up and disposed Just fragile memories to lean upon;

A course, a way to the finish
A true test of man and beast,
Left to the modern world to diminish
Where history counts for the least;

Grey God, Tug Of War, Attivo, Irish lake Glimpsed faintly through time's mists, New Brig, Border Minstrel, Even Say, Outbreak The brave are now only lists;

Spare a moment for these heroes equine Plant celebratory kiss and give joyous hug, Think of their courage at the finishing line And what was lost when the turf was dug.

# **Not A Trace**

We wage war
With only a wisp of smoke
Shout and scream
A reaction to provoke;

We are unseen, a nothingness
A phantom vacuum race,
And when we are gone it will be forever
Behind us leave not a trace.

# **Nothing**

Take down the temples
The palaces no longer enthral,
Unhinge the Royal gate
For man, he knows nothing at all;

The mausoleums, turn to rubble
The pyramids gather dust on a shelf,
Not built to make better the world
No, man built them all for himself;

We shout and scream amongst ourselves We wage war with only a wisp of smoke, Not to achieve lasting peace for the world But for a reaction amongst himself to provoke;

Dress in finery, look in the mirror To preen and feign we are good, Leave the important things to others For man, he never would.

### Now

What better thing could life bring
Than the carefree days of youth,
No-one, not even a King
Could have more power than our truth;

What could future days contain
What adult knowledge or know-how
What could ever be as good again
As what we have right now;

What grown-up pleasure could comfort As much as this childish cloth we weave, What far-off promise would not distort Nor lasting joy achieve;

Leave us alone in our unclouded sky Let our bonds be strong and not sever, Don't ask us to stop or wonder why Let this happiness last forever.

# Now Spring Is Here

Now I find amongst the season's sample Daisies, prone at my feet Waiting to be trampled Keeping their heads above the sleet In this so-called spring;

And the ancient soil we flail
In a deck-chair of sun
Then submerged in ice-cold hail
Does it know spring has begun?
In these changing climes;

The cutting winds make the daffodils
Hang their heads in shame
Their bloomed hearts blown from the hills
With April to blame
In this English tropic;

Such is spring, the winter's daughter
The unaware and innocent
Made for the slaughter
With happiness so transient
And who believed better times to lie ahead;

So withered our narrow hopes
Who paid dearly the extracted cost
Of the winter on the slopes
And the cruel ground frosts
Now spring is here.

## Now That You Have Left Us

Now that you have left us In the autumn of our lives With youth all around As our old age arrives;

Now there is no-one left
That was there at the beginning
How strange it all feels
To be losing a race we were winning;

Can we ever meet again
Or does eternity our lives sever?
How strange it all feels
To be cast adrift forever

### Oak Trees

I know little Compared to the aged mountains And the trees that blow in the wind For whence their wisdom came From the years that passed And their stature built gradually With a sureness that time imparted, My thoughts have been forged In the fiery kiln of a short lifespan With no time for reflection Or chance to re-enact; My steps have been uncertain And stumblingly taken In the knowledge That they cannot be retraced With the short future to be faced Where seasons pass so swift And the oak trees grow.

### Ocean

Rain-spattered salty air Harshly flecks face and eyes Churning, grey vast solitaire Boiling cauldron on the rise

Squall and spume disputing
Ancient rocks uprooting
Tears and teardrops distending
Tides and time never ending

Created in his glory
Land and sea side by side
Eternally receding
Then returning
Crashing the incoming tide

### Offence

Not for me, to take offence
The lips curled at some pretence,
My path forward is straight and true
No time to analyse you;

How rigid that mind is set
To sample others with regret,
Time wasted that could be spent
To more positive thoughts be lent;

What exquisite finery, so deftly woven Cannot be unravelled and disproven, And far from wrapping, fully-clothed Left naked, and to the truth betrothed.

#### Old

The scales have tipped
My decreasing steps
Bound now by my age;
My temper softened with wisdom
Dulled with knowledge,
Calmed from once insistent rage;

Now everything has a purpose When once there was none Gone, the aimless drifter; The haphazard route through life Straightened by evening And days that seem so swifter;

No longer the fancies of idle past, The wondering, the dreaming, Truth is set in it's mould; So fast time slipped the reins Bolting to tomorrow Now that I am old.

## **Old Clock**

Old clock, you tick steady on the mantle Taking footsteps, first left then right One following endlessly the other Counting away the seconds through the night;

Old clock, you do not wander Though the days may be stormy or fine You march on slowly but remorselessly Following the same straight line;

Old clock, your mission is never ending Though skies grow black or snows glisten Your clockwork heart will still be beating When I am no longer there to listen

# Older

You know that you must be getting older And things seem to be getting sinister When winters seem that little bit colder And you're wiser than the Prime Minister

# Olympic Limerick

Now I dont know if you are like me But I don't like women's hockey But the one consolation In my televisual frustration Was to watch the closing ceremony

# On A Bright Day

There is a morning when I wake And all is coolness around me, There are empty streets And there is no hurry;

Everything is settled and in it's place Cares and fears are put to one side Even wars; just for the day To sample the moment;

There is a hush and a quietness
There is no excitement
And wanting has abated
There is just contentment;

There is no hunger and no tears No pain and injustice Only soft whispers of hope An even warmth on the land;

Floods dry and winds still
The world is perched in space
Having nowhere to go
But only to rest.

## On The Breeze

That first froth of excitement settled Holiday trips outward now returned Paths through woods bedraggled and nettled Year-start to year-end upturned;

Thorny branches have heads bowed Green leaves hide a golden tone Petals scattered, once so proud The carpet of daisies lies mown;

Nightfalls closing in all the way Vanished, the days spent at ease Clouds over the watery sun hold sway Summer has come and gone on the breeze

### On The Pier

We were the only ones there
To taste the salt-laden air
To test our spirits brittle
And in that vastness, oh so little;

To stand 'midst the sea as it heaved and tossed Swirling around the mounds of souls it had lost It's shifting faces spewed and churning As if for some future calmness yearning;

It's molten anger turned toward us Pier-bound, helpless, anonymous And drew a leaden, heaving sigh As it's torrents passed us by;

For wrapped around us with invisible grace A steadying hand held us in place And as the winds went on their way We survived for another day.

### Once

'Old age remembers every misty distance
The brook the boy once loved; it's scent of flowers
Comes wafted from it yet with sweet persistence
And builds again for him those vanished hours'

Extract from 'Places' by Thomas Gold Appleton.

I was a boy, once Long, long ago, The cares of the world I did not know;

I remember those times
With sweet affection,
I go back there often
Again make the connection;

There is a place in my mind Devoted to those childish rhymes, That still sings my boyish songs Still lives those precious times;

And I am going there again You cannot stop my travel Your adult binds I will loosen and unravel;

To my open heart and innocence I return as aged and wise, With my burdens of life That I so despise;

Leave me to my pretending Leave me to my play Leave me to my return journey Back to yesterday.

# One Last Swig

The sun slanted through bare trees Forming zebra-stripes on the grass Empty branches shifted in the breeze Over ground glued in sodden mass;

Poking hardy froth of plants still seen Through debris of leaves and twigs, Drinking of Summer's juices green One last despairing swig;

The path ahead ridged and displaced By tree roots' underground lance, Their search for water traced Like footsteps in a hidden dance;

And, drifting from over the hill, On the wings of the sooty crow Playground laughter and trill That uplifts the spirits so.

# One More Day

Let me have one more day of this glorious life When so many others have faded away May I continue this existence you have gien me Maintain my place in the fray

Let the wind blow free through the trees Let the mountains stand proud and tall I will never close my eyes to them Until you say I should fall.

# One More Try

O, were it just like the good old days With the steep summits to be climbed When the sun left a golden haze When all of the melodies chimed

But now the peaks seem unattainable
The backdraft of the passing years sweeps by
The things strived for are unavailable
Is it worth just one more try?

For my mind abhors despair
My tongue still speaks words of hope
My lungs take in great gasps of air
And with my spirit elope

To tomorrows of unbounded joy And the meaning of being me To arrive at the safe and sacred place Where all things are meant to be

## One Year Old

From shaky beginnings
And with furiously-beating heart
I opened my life's innings
I stood at the very start;

Fate has guided my path
To end in these tender hands,
I lie gently in the aftermath
Looking out over grassy lands;

For now I know who to rely upon From being lost and cast away, The clouds of yesterday have gone Tomorrow is a brand new day.

# **Options**

Who decided we all need options
In that vast chasm called the brain
Options are for people who can't decide
And change their mind again

## Our Own Little Worlds

We are all sitting tonight
In our own little homes
All across the world
In every city and town and village
All wanting the same thing
All wanting safety and love
Whether we know it or not
Whether our minds deceive ourselves or not
We are all together, yet all apart
Because we make it so;
We are all sitting tonight
In our own little worlds

## Outsider

The mists have drifted away from the old street lamps
The echoes of our shouts have died in the wind,
The grass has grown again where once trampled
As if our glorious past to rescind;

Standing here in this sacred place With it's hidden alleys and narrow streets, Looking back through the lens of time Shop windows full of childhood treats;

The ground I once thought was mine
As I fearlessly sought out youthful danger,
Now trodden with nervous gait
A face not known, a stranger;

A growing-up that no-one knows
The making of the man, the rover,
The excitement, the hope, the mud-caked knees
The football kicked over and over;

The park still there, but not a magic den Where once the years rolled over to please, The running through now leads to nowhere Only emptiness glimpsed through the trees;

Quickly take me home, to my new home Where my loved ones gather round me and play, Where I belong, not the bleak outsider The forgotten man of yesterday.

# **Overlapped**

Where no home belongs
But cold, bare walls
That let the wind whistle through,
So the year for this time longs
When all the leaves
Have dropped and blew;

In dark valleys and shelters
Where night pierces and invades
The smallest gaps
So our souls are wracked and smote
Where pain and fear
Have overlapped.

### **Paths**

Weary feet tread the same path
That marks the way of life
Generation after generation
Down the same road
History repeating itself
The same fears, the same hopes;

Our feet scorch the earth
Wear down the ground
Leave a trail
For those that follow
And those that choose not to follow;

But amidst all of this wayfinding No-one learns from past mistakes Or if they do, they make a mistake In another direction And have to bear the pain again;

Does our path go round in circles And is destined never to get anywhere?

## Peace Of Mind

I see a faint light at the end of the gloom An opening door show the way out of this room The smoke is still dense, but clearing The future still far away, but nearing;

Happiness is all that I crave
To fear, not be a devoted slave
Contentment is my only goal
To come and soothe my mortal soul;

I do not ask for riches or power
In this, my most challenging hour
Just for the world to be more kind
And give me back my peace of mind.

# People In Coffee Shops

People in coffees shops
Often stare into space
As the rest of the world goes by
Setting the pace;

People in coffee shops
Order drinks that they don't really like
But they sound impressive
To the man on his bike;

People in coffee shops
Sip at a cup that's too large
They talk about philosophical things
Including Nigel Farrage;

People in coffee shops
Opt out even if just for a while
They cross their legs and turn around
Practice their false smiles;

People in coffee shops
Don't mourn their money lost
Paying far more than for coffee at home
Which is a fraction of the cost

People in coffee shops
Think themselves a little Parisienne
The women tell silly jokes
Think they are comediennes;

People in coffee shops
Eat far too much cake
And wash it down with more coffee
In a cup that could hold a small lake;

Eventually people in coffee shops
Reluctantly get to their feet
Sigh a little wistfully
Leave and walk back down the street.

# **Play Ground**

The high-pitched shrieks and noisy shouts
With giggles and laughter all about
Rough barks and frenzied screams
Fair maidens held in dreams
Super heroes with villains to rout;

Sounds drifted to me through the belt of trees Like joyful strains upon the breeze Run, chase, catch some more Magic sword-swipe and dinosaur roar Bringing evil foes to their knees;

And all about me in the park
Tendered to me age-defying spark
That over my eyes cast a glaze
A wondrous vision of my childhood days
When I was there and played 'til it was dark;

And I thought how lucky they were
To be thrust along with life the spur
With all to play for and all to keep
Joys to feel and dreams to reap
If only our youth could reoccur;

And though I walked further and further away
Their excited games seemed to still hold sway
And followed me until at last I reached the end
The noise died away and silence did mend
Leaving me suddenly old again that day.

# Portillo On The Rails

Michael Portillo's his name, he's a nice chap Always has Bradshaw's guide on his lap As he travels up and down the track Asking questions, getting answers back

When he gets off, he tightens his laces Then stays in some really strange places His quest - to see Britain by train Then probably go back home again

### **Preston Park**

The removal of the current gloomy shroud,
A momentary glimpse of the joyous past allowed,
To run over soft grass, fed by the sun,
Knowing that our day's work was done;

An unexpected slippage of the seismic plates,
A brief respite from the cruel fates,
Light shone through a pin-prick, a tiny perforation,
Scorching a hole in duty and subjugation;

A day spent together as the minutes unwound, Carefree we ran, towards the evening bound, A dewdrop of happiness in a cold, grey sea, A memorable day that was meant to be;

To rest against a tree trunk that had survived the wrath Of winters and wars and the aftermath,
A solid foundation on which to build upon,
For it will still be there when we are gone;

And the gentle slopes caressed our feet, So used to harsh and unforgiving concrete, The glass house with walls collecting the light, But soon to cool 'neath the drape of the night;

The eager boaters, launched unafraid
To sample the waters that eddied and swayed,
The picnic cloths cheerfully spread askance,
For the family feasts prepared in advance;

Such innocent pursuits under peaceful skies, A goblet of hope slurped in surprise, Before we return to the disordered affray And left behind this untroubled day.

# Pride Of England

No well-won trophy to display No raucous celebration, Emptiness has won the day A hollow feeling in the nation;

For what would these men do and die for When all riches already belong What sort of defeat would these men cry for With their worldly comforts strong?

There is nothing to lose but pride Which is as free as the breeze on a hill For this, far better men have cried And swallowed the bitter pill;

What further reward could be sought What new dragons could be slain With pockets already bought And sheltered from the rain;

For these young men are stars With nothing left to be proved, Cushioned from life's scars With all the pride removed.

# **Purple Thistle**

We walk under Summer's last fiery blaze Trail defeated legs through the shabby days, But between ears of corn and sheafy frond Your purple crown has been proudly donned;

Underpinned and guarded by spine and prickle
To ward off careless suitors fickle,
A shimmering globe, a violet star
To tempt the thrumming bee from afar;

What further witness need we bear To display the honour of the narrowing year? A final fling, a majestic cap Forged from the fruits of your milky sap;

Not deserving of shallow praise, or hearts to bleed Dismissed by many as mere weed, Whilst my glad gaze stops and rests in awe At the beauteous sight that is before,

Other jaundiced eye could never scan the field And see the treasures that each may yield, Blowing time on the season's sad whistle The glorious, unheralded purple thistle.

# **Quiet Places**

In my garden
There are quiet places
That no-one else looks at
But I do.

No-one can enter the little places
But worms and bees and butterflies
They don't notice me
As I look.

I stand and soak up the peace
The nothingness in human terms
This space that exists nowhere else in the world
But here.

There are leaves
That shiver gently in the breeze
And which will be gone
In the autumn.

There are thorns
Guarding the rose
Sharp and menacing
But not to me.

I caress the unopened buds The holders of the future Tomorrow's hopes All tightly held.

I can go to these places At any time of night or day Absorb the serenity And free my mind.

# Quirke

Another psychological and chilling drama Full of men's worst work Yes, wave goodbye to 'feel good' Sunday evening And watch the new series called 'Quirke'

## Rainfall

Slithering between the green soldiers With fastidious precision The rain inveigles the tiny spaces Like fastening minute bootlaces Between each blade of grass And enters the soil; With further toil The dampness penetrates lower And refreshes deep roots Who, with dry boots Had been parched until now Set free, they drink thirstily Stiffening the bough And quenching the leaf As minerals are captured And the earth, enraptured Is restored once more

#### Ravensbourne

Closely gathered doors off the hallway Is how I remember home A kitchen for baking With bread dough rising by the fire And a bedroom of books and toys And football strips and posters A mass of bricks and tiles that was a castle And a haven to hide in With the view down the Avenue Paul's Scarlet Climber nestling safe in the front garden The back garden fleetingly Wembley, then Wimbledon Then anything at all That a young mind could fill with his imagination A rotting greenhouse but still stood proud With aromas of tomato plants A vegetable plot with frost-bitten sprouts Gathered on a Sunday morning for lunch From the rich and fertile soil Who could have wished for a better place?

### Rear Window (Starring James Stewart)

Rear Window

It was directed by Hitchcock And he hardly ever blew it So I looked forward with relish To this film starring Jimmy Stewart

Perhaps not his most famous role When you look at his acting past Sat the entire length of the film With his leg in a plaster cast

Starring opposite him in a classy frock
Was the stunning and delectable Grace Kelly
Yes, the one from High Society
Another great film off the telly

But this one, set in a New York courtyard Apartments overlooking all angles And Stewart found himself fascinated By people from their windows dangled

Incapacitated and with nothing to do Stewart looked out through his 'binnocs' At the strange antics of his neighbours In the opposing apartment blocks

But the thing that really struck home to me Was how readily Stewart dismissed Kelly's sustained romantic approaches Remaining impervious to being kissed

Surely he could have grabbed his chance To stop being an overt 'peeping tom' Abandoned his restrictive plaster cast And got it on with that blonde sex bomb

Then Stewart could have cut another notch On the post of his old bedframe And conveniently forget for a few minutes The injury which had made him lame

The other point I wish to make
Is why did all those '50s New Yorkers
Never bother to draw their blinds
And flounce around starkers like porkers?

Did no-one have even the slightest sense
Of maintaining a little privacy?
Were there no discreet people in New York
Who drew their curtains before having their tea?

Hitchcock must have been eternally grateful For such laxness in staying low profile For without it his film would have been sunk And Stewart, even if more agile

Would have had nothing intriguing to spy on As he reclined in his high-rise lair And Grace Kelly might have had more of a chance Of getting laid when she climbed up his stair

#### **Red Leaves**

The leaves have turned to flame red Wishes have become defeats Over now, withered and aged, Bright eyes peer dulled Through a pall of smoke Where once the fire raged;

We run on the spot
No longer bound forward
With stride as light as air;
What we once took for granted
Didn't even look for,
Is no longer there;

The sunny curving pathways
Between the trees
Lie littered with broken dreams;
Now a straight descent
At unrelenting pace
Tumbling down the mountain streams

## Regrets Of A Man

So you thought I was a god And now you know I am just a man From the boy, from the pram, But you made me a god in your minds You made me what I am;

You stare now and mock from safe quarters
But you too could have been a god
If only you were not just men,
If only what I know now
I had known then;

You put me in a bubble
And expected me not to float
Of course I flew away,
Now I have landed with a bump
And yesterday became today;

I have made my mistakes
And I will be punished
You will treat me differently now,
If only I had known then
What I know now.

## Rejoin

Now that the storm seems to be over The dust has settled and the air is quiet Now that the drums have stopped beating In the vacuum after the riot;

Now that the anguished times have slipped by The blackbird ceased his alarm call Now that we have come out the other side Could this be the end of the struggle and fall?

Has life now taught us a big enough lesson?
Will a smile be allowed back on our face?
Can the rigid shackles be unbound and loosened?
Can we rejoin the human race?

### Remember

Enjoy the remembering of days
When kinder thoughts our minds accost
The little corners to which the memory strays
Of times abandoned and lost;

Think back and hold the thread Feel warm in yesterday's glow What happened then can never be dead Although it was long ago;

For our very soul and being
Is made of the past, it's joys and sorrows
Looking back is also seeing
The truth of our tomorrows.

### Retire

O, how I wish I could retire And throw this desk in a field! How I wish my work would expire But my future seems tightly sealed

In a trap with no escape
With only drudgery in store,
How I wish I could leave them all agape
And walk right out that door

### **Return Journey**

With no knowledge we set off, naïve Our future forever and a day, In every little thing we believe The ending seems so far away;

Who cares about tomorrow?
When today offers all the gifts,
A hideaway from all the sorrow
That heart and hope uplifts;

We bask in the currency of days
Our life force set at fever pitch,
Swamped in our endless youthful ways
In the future we are rich;

Then, abruptly, we are brought to a halt We tread water, catch our breath, Our feelings go into a somersault We are brought to acknowledge death;

Our excited gallop up the hill stops Nonplussed, we turn around, A chill breeze sweeps the tops And we descend without a sound;

Now we see things in a different light The faded roses with petals torn, Now mellow colours invade our sight Steadfastly ignored from being born;

The outward thrill is past and spent And life's lesson been made to learn, Our invitations are stamped and sent For the ancient journey of return.

### River

I am not there,
But the river runs it's course, still
With no heed of me So unimportant to the world,
While it delivers it's ceaseless cargo to the sea;

O, to have such a task
And to carry it out to the full
With simplicity and purpose,
Single-minded in it's resolve
Undeterred and unflinching,
Plotting a true course;

Never turning back, Moving forwards Forever.

#### River Swale

The steps down carved in dried mud
With edgings of timber
Tree roots laid bare
Ready to ensnare unsuspecting ankle;
Under dappled shade we threw stones
Aimlessly
And collected others
The two brothers alive with excitement;
The river had seen it all before
And knew more than them;
We bade farewell to a branch
Dislodged from the riverbank
And now with no time to thank us
On course for a new life
Who knows where?

We knew we too might never be here again
And breathed in the sweet air of the moment
Listened to the tranquil rush
Of the waters
And unconsciously marked this day
In our memories

### **River Tyne**

Drizzle spattered the dark Tyne Running its evening course between waterside lights Jetties and ferry landings The last place of safety before the vast North Sea No more a powerhouse of shipyard invention, Riveters and platers; Colliers long since rotted Coals turned to ashes The red glow extinguished by cold modern times; Apartments now stand rigid by your banks With slivers of light through blinds And muffled TV sounds; Fishermen still stand on wooden decking Leaning on rails and talking Straining their eyes against the twilight Water lapping beneath their feet; Tug boats still ply now and then And cargoes meander without urgency Life still goes on; But the Tyne remembers more exciting days And yearns for their return

## **Robin Hoods Bay**

The dreary sky belied your charms
As we cautiously stepped that day
Into the warm embrace of your open arms
Down the path and along the bay;

At last we found you there Waiting, sleeping, hidden for so long A forgotten Friday, hung in the air Over the secret place where you belong;

Where waves have crashed and gently foamed Against your slopes and cliffs severe With hopes held tight we fondly roamed We finally found ourselves here.

#### **Roker Park**

We wandered by the boating lake On a Sunday afternoon With crocuses fringing pathways For the daffodils just too soon And felt a calm tranquillity As the sun slipped ever lower The ducks looking for bread and scraps The grass yet to see a mower The happy yells of children In sand, on slide and swing Holding hands and daring To feel the coming Spring We were happy for that half hour Spent in the deepening dark To let the afternoon slide idly by As we walked around Roker Park

#### **Roker Pier**

You lay there, waiting for us In the tranquil sun-sparkled water Sleepy and embedded In your stoney hauteur Sunday morning spilling over you In all of it's glory Ice creams and coffee And a chat and a story or two: Worn stones and pebbles To be collected and prized Remnants and debris Which time has devised Should lay on the beach; A chocolate labrador With close spaniel friend Rusted balustrading Reaching all the way to the end Of the pier; Steps chained off Fishermen by their rods On their folding canvas seats Waiting patiently for a codling Or two: With bait tins and radios Swopping earnest tales Of harsher spumy days And blistering gales; A gentle lapping at your sides Green seaweed bobbing in the foam The harbour a temporary haven An uneasy home; Guardian of the 'cat and dog' steps Memories draped along the coastline Like Grandad Reed sat on the beach On a long lost day, equally fine In a black and white photograph All of those Sundays ago Before I was born

Before time washed slow And smoothed the pebbles

### Rooftops

The cold air swept along the streets It's desolate call, a numbing sound Our time was set for two o'clock When we would gather all around

The Vicar had been worried
About how many would be going
But in the end the Church
Was filled to overflowing

My view was limited
At the side in temporary seating
I couldn't see very well
But my heart was still fast-beating

For my imagination replaced lost vision And made the occasion somehow greater A memory I could always return to A treasure to be kept for later

For three quarters of an hour we heard The voices of children everywhere I let them all wash slowly over me Felt the magic in the air

The world and all it's troubles Suspended for a short while The frowns and worried looks Replaced with sunny smiles

Outside once again we braved
The harsh wind that never stops
And which had carried the pure voices away
Over the South Shields rooftops

## Safe And Sound

Whatever the day has brought, Whichever songs you have sung, Tonight, just remind yourself, Your children are happy and young;

Whatever your fears, However deep is your plight, Tonight, just remind yourself, Your children are all right;

Look inward, look outward, And then look all around, Tonight, just remind yourself, Your children are all safe and sound.

## Safe And Sound Tonight

We are all here tonight
Together
Safe and sound
Reading bedtime stories
The world is locked outside
And can't get in.

The rain beats upon the window
The wind howls in the eaves
But we are all here tonight
Together
Safe and sound.

Whatever happened today
Or might happen tomorrow
We are all here tonight
Together
Safe and sound.

## Satnav For Beginners

'In 300 yards turn left' she said
I wasn't used to being led
But I wanted to keep on the right track
I trusted SatNav to get me there and back

All went very well at first
Followed her instructions, developed a thirst
So stopped off at a cafe for a drink
And gave myself a little time to think

Did this woman never get tired
Was my own brain no longer required?
Should I drive unquestioningly across the borders
Like a foot soldier following orders

I must have relaxed and complacent I got And before you could say 'SatNav' I'd overshot The correct turn-off, now several miles past I drove on quite alarmed and somewhat aghast

'Take the next exit on the right' she screamed
I thought it should be a left but maybe something I dreamed
The pitch of her voice seemed to be creeping higher
As I rapidly found myself in the mire

Then, in something resembling the RAC rally I ended up in some god-forsaken back alley The woman's voice started to break up and churn As I executed a rather impressive handbrake turn

I headed out of the city and away from the streets And sped towards the countryside's treats But the SatNav's fate was finally sealed As my car ploughed into a farmer's field

It's back to the old-fashioned way to keep sane
Forget the SatNav and use my instinct again
Rely on my own built-in compass, like a lamb to the slaughter
And dump the SatNav in a bucket of water

## Saturday Night Storm

Echoey black darkness with winds rushing through Litter picked up and dropped, then picked up anew Whooshing gales kiss then press hard against the glass As rattling gates and creaking stiles let the air pass

Rolling cans and tinkling bottles lend their sound
To the symphony of bin lids slapping and flapping around
Roof masts bend and doorknockers knock
Invisible hands stretching out the wind sock

Behind our defences we huddle together and pray
That the storm will surrender and soon melt away
Leaving us safe with not a vestige or trace
Of the wind-blown ghosts that swept the earth's face

## Save A Moment

In the helter skelter of life
As things move so fast along
Remember to save a moment
Stop and listen to the blackbirds song

## Scarborough Fair

" Are you going to Scarborough Fair Parsley, sage, rosemary and thyme Remember me to one who lives there She once was a true love of mine"

Simon & Garfunkel

Somewhere within the dark confines,

Behind the flapping doors,

Set wriggling on it's tramway lines

The Ghost Train goes it's way once more;

The carousel whirls round and round

With painted ponies bucking and careering,

Set to the shrieks and screaming sounds

The grind of Victorian engineering;

In the corner the old penny arcade

Spring loaded buttons send ball bearings flying,

Timber cases proud though they fade

Memories of days never dying;

How precious the time, how fleeting spent

That Sunday with it's pleasures rare

How wonderful to be at that event

That afternoon at Scarborough Fair.

### **School Line**

Another bright morning fair Broken free from the grasping sea, Carrying drifts of glacial air Beckoning to me;

We watch the lines waiting in the yard With their back-packs and low shoulders, We know that life will be hard Full of angry rocks and boulders;

But they know nought yet
And in there lies the clue,
Our challenge to them is set
Knowing they will get through;

And, as the bell clangs and seagulls cry Tingling our remembering skin, The lines disappear inside Carrying our hopes within

### School's Out

Ten minutes to go before school is out Twenty five past three, my life in mayhem, And they are in their classroom Not knowing that I am thinking of them;

At eleven years old
Their primary schooling almost complete
The best days of their lives
They have the world at their feet;

At sixty years old

My working life should be complete

Bar another seven years or ten

My misery replete;

Two minutes now, the bell to clang
Another afternoon spent,
Me, dredging efforts from an empty barrel
Theirs, cascading in wild abandonment;

The door opens, parents and grandparents gather
To safely collect, encircle with care
Me, only another two hours to go
Then home to see them there.

### Scotland: My Love Renewed

I feel the joy and tears Swell up within my breast The scent of fresh morning And the years peel away; The mountain burns sprinkling The cool munch of grass, Dusty path and stone wall The thrill of it all; The battles and the glory Or the sadness of defeat Sheltered in glens Or icy winds on peaks; It all comes back to me Imploring my spirit, if it could To refresh it's tired eyes And surge time back in a flood

I stand as the evening gathers On hills over which the light spills A rainbow arcs in the distance And caresses the Pentland Hills

Heaven's showers have fallen on grass Which now lies bejewelled at my feet And the sunlit hills set before me Have made the day complete

No finer place can be imagined As around me the sheep gently graze The sun sinks slowly in the west Gone, another of Pentland's days

Beloved Scotland

Where the mountain rivers gush and thrum with life And the air is as clean as a knife Where space is to be found away from the human race Where life is lived at an easier pace

Beloved Scotland

Where I took my children to see the light And although disinterested then Have since proved me right My love for Scotland showed them how And they take their own little ones now

This is a kind of heaven
With cowslips in meadows lush
Where the willows gracefully hang
Over the swift rivers that gush;
Teeming with sweet energy
Where trout and salmon thrive
I didnt know this was in store for me
I am so happy to be alive!

#### Sea Glass

The faint, grey air bowled along the street
The people trundled to and fro,
The shop doorways and promised treats
As on Sundays long ago;

And now we walk the same route The same breezes return to blow, The water still rushes, mute To the ears of the depths below;

On Blast Beach we find a brick With it's 'Londonderry' marking, A dog walker throws a stick An interlude to the barking;

An ice cream is bought to freeze the teeth A coffee to sooth the nerves, Beside 'Tommy', a red-rose wreath Set against the metal curves;

'Sea glass' and it's dull light Fills the careful eye With their green or milky white, Dry and wet, then dry;

And the collieries, once so proud, Deadened by the same hand That once fed the hungry crowd That dug below the land;

But who will say, forthright
That Seaham will not rise again?
That day will not emerge from night
And take away it's pain.

#### Seasons

Our lives are strung together
By seasons three months long
All stretched out in a long, long row
With binds between so strong;

Memories interwoven and treasured In the caverns of our minds Waiting patiently there for us to revisit And feel again those binds;

We cannot re-live the past But the feelings will always stay And people and places we loved From our hearts will never stray

#### Second Time Around

You, of course, knew all along
That my timid sayings were just a blind,
My protestations an empty song
Hiding the strength of my mind;

Renewed life bloods intertwining What had been lost made rife, A sort of hidden silver lining Stitched in the frock coat of life;

But this time around worn with experience Bound with a ravelled thread, Learned from the hard school of expedience Like Lazarus risen from the dead;

My humble duty, myself to oust Where the plough had solemnly grooved, To fight back again, to rally, to roust To restore what had been removed;

This filling of the vacuum
This silence turned to sound,
This rushing of the log flume
The second time around.

#### Secret Stream

The sun baked hard the grassy slopes, Placed burning light on shoulders, Ripening red the strawberry rows Under their green verandas As they slept on beds of straw; Gooseberry thorns hardened their stare Took revenge on prying fingers Probing for bitter fruit; All the while, Hidden behind the edges of the fields, A secret stream ran in shaded caresses Through leaf-laden passages Listless under the hanging branches And frittered the time away; No-one knew of it's tranquil journey It's continual slumbering between stalky banks That waved careless farewells To it's watery course; And as the sun grew in it's height The shade deepened in response And defied the glare Until the evening and the sun slunk away.

# See The Light

I can see myself now
From the outside looking in
What a fool I've been;
Congratulating myself
Seeing my good points
Through a filtered screen;
Bad points eradicated
Glossed-over
Out of sight;
Time to give back
Not to give up
Time to see the light

#### Seekers

The sun has risen and gone down again Lifting our joy to new heights The heat haze trembling our excitement Our share in the world's delights;

We are just a day older than yesterday Revelling in our youth Seekers of contentment and love As much as we seek the truth;

Tomorrow will not daunt us
Our hope will stand the rain,
Our happiness kept safe in our hearts
Until the sun comes out again

## **Setting Off**

Hands were waved and kisses blown As the bus slowly pulled away Chattering and excited, the happy throng At the start of a brand new day

As their innocence drifts to adulthood They might recall this youthful heaven They might remember the golden days When they were only six or seven

#### **Shadows**

We plant our feet and leave only shadows
Our passage through life a mirage
Our feelings hidden safely away
Our expressions a camouflage;
Those that follow see no trace
Of us hopelessly lost in our maze
Did it ever really happen
That we met on those sunny days?
The bricks and buildings still stand there
As testament to our being
But the names and faces have all changed
To our deeds they are unseeing

#### Shell

You prised me from my retreating shell Into the sunlight, glorious and pure You clanged the morning bell To start life afresh, provide the cure;

My sunken eyes were opened anew To gaze with innocence and wonder My feet sprang and bounded through The places I used to blunder;

How more precious as we grow old To rekindle youth's lacklustre grip But now to cherish it in a fierce hold Never again to let it slip.

### **Shorter Days**

Days are growing shorter now The hay fields lie depleted, Berries hang richly on the bough Heady Summer has retreated;

Now waters have a crisp edge Where lazily flowed the burn, Silent now the chirruping hedge Sour the milk in the churn;

Supple bones betray their aches Under warm blankets thrown, The low sun bores and rakes Across grass no longer mown;

Twilight creeps and wraps around Surly tides crash and swoon, The brief light to black is bound Clouds glide across the moon;

Essence of Winter has it's birth Restless leaves blow on the gusts Into the night-gown around the earth Through which the starlight thrusts.

The long grasses shiver and scrawl Morning stifles a tired yawn, Gone the blackbird's clarion call Through Autumn's filter drawn;

The fencelines once upright, now slant Against their creaking posts to brace, Shifting their feet to find implant As winds though their boardings race;

So, shorter days, find your close Let the night-stars wink goodbye, As I dream through moonbeam glows Of the Springtime drawing nigh.

## **Shortest Day**

Warming sun, now a furtive stranger Too shy to reveal your face, Who takes sly peaks above the horizon And is slowly fallen from grace;

Sidling between inky rooftops
Carrying watery light across hills,
Casting chiselled shadows down walls
But no soothing warmth instills;

How far from the summer days
Our weary bodies lie, wracked and finished
Our eyes bathed in gloomy darkness
Our threadbare hopes diminished;

But soon we will sing a different tune And our weakness become the stronger, For we know the shorter days are over And tomorrow will be longer.

### Shy Eyes

This morning something has dawned in my mind A patch of blue sky lifts shy eyes, fleetingly Defying the poking sun, Defeating the gathered gloom Dissolving past regrets and plans, Even piercing this room; This room, of doubts and fears Of weariness and tears, Of yesterdays, unfulfilled Of times wasted and empty thoughts Of things I could have had But never bought; But now, I am glad to have nothing For those shy eyes are looking at me again This time, a longer glance, Long enough for the meaning to be conveyed Long enough to fill me up And my heart entrance.

# Silk Is Finished

'Silk' is finished Absorbing drama! Better by half Than Panorama

#### **Sirens**

The silence clings to the walls
Broken only by the trumpet of an exhaust
From the car park below;
Windows still ajar
The quest still far
From its conclusion;

A siren comes now, in the dim distance
Unable to carry it's urgency
Through the miles between
There and this complacent scene;
Dissolving in an eerie whistle
Rather like calling a dog home
And nobody hears

Then more sirens in a tinny symphony They call persistently But still no-one hears.

## Sitting In The Park

The sun shone on our Saturday lunchtime On vinyl through the scratches and clicks 'Sitting in the park, waiting for you' The radio's faint echoes from '66

And we landed in a different world
A sad 'goodbye' became a cheery 'hello'
Where suddenly everything was alright again
Everything was mellow

The words drifted through our sunny band 'Wondering if you're even gonna show'
To ears that had never heard before
The reflective words from so long ago

We all drifted into a better time 'With my back against the fence' We relaxed and things slowed down And felt a little less tense

And the unanswered question
'Waiting for you my dear'
We'll never know if she turned up
So wistful and sincere

A little moment that would be forgotten Forever lost in life's brisk game Now it's written down we will recall That sunny Saturday with Georgie Fame

## Sitting On A Wall

Sitting on a wall
This minute will pass
Beneath the leaves that fall
Slowly grows the grass;

This hour, this time
Will surely melt away
The stars will climb
And we will lose today;

But for a while we are here
Just sitting on a wall
The way ahead is clear
Our hopes stand proud and tall;

And this moment, this space Belongs to you and me, Tomorrow not even a trace On the wild wind blowing free.

#### Six Blue Tits

n the fullness of the morning,
In the glorious morning,
In a quiet nook
In a quiet corner of the garden
Six blue tits came calling
Came fluttering and dancing,
Came hopping and prancing,
Came twirling and tightrope-walking,
Came stepping and twig-stalking,
Came whistling and singing
Came fluting and shrilling
Came fluting and thrilling;

In the blueness of the sky In the glorious blue sky Six blue tits came calling

### Sky

The air fell softly along rock edges
In a whispering autumnal refrain
We lay back and looked at the great grey sky
A sky that would never be the same again;

Sculptured fringes among nothingness Subdued by the movement of air Hidden lights behind wispy veils A deep and downward smothered stare;

No artist even with delicate brush Could capture the invisibility of heaven's cloak Sketch a better place lying in wait for us Beyond this earthly smoke

## Sleep

With glorious lack of inhibition
We give in to sleep
The pillow draining the mind of worry
Away from life's hassle and flurry
For a while;
The rest a sublime release
The night passes in a warm swirl of peace
Enveloping body and soul
And we awake renewed
With calmness and hope imbued
And ready for the new day

## Sleep Yourself Awake

They say sleep less, live less
So sleep more to get out of the mess
The mess that is modern life
Full of anxiety and strife;

Yes, the cure is clear
Go to bed when the sunset is near
Don't wait up till god knows when
Or to be worried by 'News At Ten';

Switch off tablet, mobile and app And all that other load of crap Take control of your own mind And pull down the blind;

Rest your head on a pillow soft Dreaming of hopes held high aloft Into the land of slumber take a peep Close your eyes and go to sleep.

#### **Smile**

A smile is an instant affirmation That life won't be allowed to beat you, An expression of inner happiness The perfect way to greet you;

A smile warms the cockles of the heart Releases pent-up tension and care, Smiling eyes swim in blueness And friendliness declare;

A smile is an antidote to sadness A free remedy for all ill, Try one now for yourself Just to see if it will.

#### **Smiles**

Four children sitting on a bench Cares between them so few Life's glory yet to clench Tears and joys still to accrue;

Which one to be the gracious host?
Which one to be a priest?
Which one to have the most?
Which one to have the least?

And now, what of now?
This cherished moment of youth
To learn to keep the vow
To learn to prize the truth;

To be loyal, to be giving
To keep going, mile after mile
To win this battle of living
But most of all, to smile.

#### Sneeze

Some have a long build-up to it With others it arrives unannounced; Some try to mask things with their hands Others don't mind it being pronounced;

Some emit it like a gunshot Like a crack of a high-powered rifle; Others squeeze the end of their nose In order the noise to stifle;

With some it is a distinct two-stager With the 'Aah' split from the 'Tishoo'; Others do it without a pause In one note like a cow's 'moo';

Some desperately search for a Kleenex Or a hanky to cover the roar; Then take them home to have them washed And replace them with new out the drawer

I wonder if your way of sneezing (Whichever you think most merited) Has been developed as you grew up Or was your style inherited?;

Whichever way you sneeze Whether you're a 'stifler' or a 'blaster' Just remember to aim away from me And prevent a sneezing disaster

## So Sad The Softening Light

So sad the softening light Marking the end of the day, The chill in the evening air That takes your breath away;

So swift the passage of time
That draws the day to a close,
The haunting of glowering shadows
Embracing our cares and woes;

So sorrowful the oncoming winter
That grips with it's frosty hand
The dark evenings with gloomy faces
Looking down over the land.

## So The Day Goes On

And so the day goes on...
Hearts, unbound and beating separately
Taking love at face value and literally
The night will come and set them free
Something to rest their memories on;

For a while we walked together
Hurriedly flew the clouds of grey
Not one worry did we have that day
All our cares joined and slipped away
As if bound by invisible tether;

No longer grows the husk-ripened corn In breezing fields where we once ran Before the woes and tears began The sun-charmed boy grew into a man Even on the day he was born.

#### Someone

Sunday finds us together
On an unaccustomed occasion
Where the dwindling of spirits suddenly surges
And dances through the air
Where life is on the pavements and everywhere
Just speaking tells us of love
And the wanting to be there;

Are we joined in mortal heights
Beyond mountain tops
Which others have never seen?
For each day is better than the last
Although there are no rewards,
Not for this joy,
That takes on a smile broader than the landscape
As the sun fills the sky with blue light
And morning will never come;

What of it if we are chosen
The lucky ones who found the way
To disentangle all the griefs
Thieve the essence of life
From it's gloomy forebodings
And fling it in the face of sadness
What of it if it is us?
It had to be someone.

### **Souter Bay**

Shimmering sunlight
Bejewelled the crystal water
Which peacefully raked the rounded pebbles
Washed inwards and then outwards with the tide

We sat on a rocky ledge
And dangled legs
And thought about the future
Behind us a gouged-out cavern
It's layers of time exposed
By the waves of yesteryear

And all was calm and serene
No troubles entered that space
We knew we could only inhabit
For a few moments
Until returning to the world
And all of it's cares

#### **Space**

'And I shall have some peace there, for peace comes dropping slow, Dropping from the veils of the morning to where the cricket sings; There midnight 's all a-glimmer, and noon a purple glow, And evening full of the linnet's wings.' From 'The Lake Isle Of Innisfree' by William Butler Yeats

I laid down my things
And stood empty-handed in front of the world
Heart afraid to beat,
Rendered my soul to the orbits and skies and comets
So that my feet made no impression on the earth
And I drifted away into space.

# Sparkler

Our bonfire night
Was a single sparkler
Timidly showering sorrowful sparks
Each with miniscule light;

But one sparkler, or a million Held courageously Can defy the dank cold Can pierce the darkest night

# **Sparrow Song**

Not possessing the range of the blackbird,
Nor the tumbling cascade of the wren
Or the skylark symphony set on high;
But your voice told me
That you greeted the morning with joy
With incessant devotion
Two notes that said I love the world

## Sparrowhawk

Some placid scene below you spied Through steely eye that never cried And all at once the peace that lay Shattered by swooping affray;

A blackbird, innocent for so long Naught in his mind but optimistic song In a safe garden that afternoon Not knowing the end was to be so soon;

Now the mornings will no longer ring With the hopeful notes you used to sing Now gathered up, in death-vice gripped To be crushed and torn and spat and ripped;

Now, on a peak somewhere unseen Sits love and survival, and all that's between The breeze dares to ruffle a timid grass stalk Beside the lonely sparrowhawk.

## **Spectacle Wipes**

Spectacle wipes clear the fog Allowing you to look through the smog They're useful bits of moistened tissue With them you couldn't have an issue;

For if, like me, your sight is mediocre
Despite being a careful and cautious non-smoker
Binoculars might seem to be the only cure
For clouded vision that is so poor;

But when you're next peering through smears All may not be as grim as it first appears And your bleary problem I can fix With a little sachet (sold in boxes of 26):

So do not despair, the answer is here
To make things once again seem crystal clear
Yes, restore your vision to cherry ripe
With a quick rub from a spectacle wipe.

### **Sports Day**

Sports Day
And not a race run
Rain falling
No 'currant bun';

Sports Day Quagmires and puddles What a wash out No hugs and cuddles;

Sports Day
No sign of the sun
Rain falling
Not a race begun;

Sports Day
It's been a miss
Nothing to remember
No winner's kiss;

Sports Day
But we've had no fun
Rain falling
No starter's gun;

Sports Day
But we are indoors
Wet socks and feet
For some wet paws;

Sports Day
But nothing done
Rain falling
No sign of the sun;

Sports Day Gloomy and wet No medals or trophies No wiining bet; Sports Day
No races won
Rain falling
Blotting out the sun;

Sports Day
Brought cold and cough
Rain keeps falling
Let's call it off.

# Squandered

Like birds, like flowers, oh! let us live To-day, And leave To-morrow to the Fates' old fingers, And waste no weeping over Yesterday! Lo! round about the golden lustre lingers,

From 'May-Day' by Sir Edmund William Gosse

We didn't live for today

Over tomorrow's worries our minds wandered

We wept for years over yesterday

So all Gosse's advice was squandered

## St Mary's Island

Plimsolled feet stand on creviced stone Encrusted with clinging shells and kelp and bone, But never relaxed can their steps abide With one eye on the incoming tide;

For this land belongs to the sea
Each day overwashed, submerged then set free,
Where grey seals rest, then entwine to play
On the slippery fringes of the rocky bay;

Oystercatchers stab and pick and probe Prancing inside the sea's foamy robe, Overhead circle the restless, crying gulls Silhouetted as the setting sun dulls;

The lighthouse stands serene, white and old It's worn-down steps tell of tales untold, Once again the causeway ceases to be As it's craggy top slips under the sea.

#### **Staircase**

This staircase in front of me
Has felt the thud of leaden feet
Trudging slowly upwards
When the feeling was not so sweet;

Through the sleepy half-haze of wakefulness How many mornings has it borne The stepping laboriously to a new day The stifling of the tired yawn;

Upwards, ever upwards they rose Clambering, climbing on their merry way, Only to fall, tumble, descend As their life's plans went astray.

#### Stan

There you stand in ragged attire A symbol to our silent mirth Resolutely defying time's fire In this place of your lowly birth;

For what little do fame and fortune cater? Offering nothing but sordid gain When today, all those years later We stand and stare at you in the rain;

Stan, our sweet smile of childhood Taking us far beyond mortal sorrow Laughter, our bounteous force for good And you, still there tomorrow.

#### **Statins**

Let's all start taking some statins
They say they're good for Asians or Latins
Their benefit is clearly not a hoax
They do prevent you having strokes

Statins also have the knack
Of preventing the dreaded heart attack
At fifty, sixty or older still
They're an incredibly useful pill

Imagine a rotten football side
With their goals tally on the slide
If you slipped a statin in their half time tea
They'd be sure to go on a goal-scoring spree

Why not try them on the animal race
They live life at too fast a pace
Their problems we can easily stem
Nine out of ten cats said they liked them

Why not bung them to your aged parrot
Or your pet rabbit with his carrot
Or stick them in the goldfish bowl
And feed daily to your mare in foal

Statins might also be of use To rhinoceros and hairy moose And the lion we should not deprive Statins could keep him alive

Don't stop there, remember the dog Ferrets, field mice and the shy hedgehog They all need a daily statin dose To put an end to their cares and woes

So hats off to this new wonder pill
Take them till you get your fill
A cure whether you're poor or wealthy
Feeling great or so unhealthy

Wash them down with a glass of water Give them to your son and daughter Hand them round to colleague and friend And watch as their lives extend

They'll survive for a few more decades With their dentures and their deaf-aids They'll sing as they let their ancient cat in 'He owes it all to the humble statin'

## Stay Forever Young

Stay forever young Not a decrepit trooper Or steadfast party pooper Like me; Stay innocent and unbowed Undiminished and proud, That's the way that you should be; Stay with wide eyes, Laughter and cries, But never filled with pain; With a sense of wonder Not a temper like thunder Where bleary skies chase the rain; Stay spring-heeled and dancing Skipping and joyously prancing Where no shadows ever roosted; Your sun never to set Or memory to forget, By youth forever boosted; Transfix time on the dial Turn to inches the mile, Your song always to be sung; An oak that will never splinter Spring never turn to Winter Stay forever young

# Stay In The Game

I don't want anything much from life Just to stay in the game Along with my beloved wife That's my primary aim;

I don't want riches or money
I don't want power or fame
I don't want to live in a land of milk and honey
I just want to stay in the game.

# Stay Together

" Now you will feel no rain,
For each of you will be shelter to the other.
Now you will feel no cold,
For each of you will be warmth to the other.
Now there is no more loneliness,
For each of you will be companion to the other.
Now you are two bodies,
But there is only one life before you.
Go now to your dwelling place
To enter into the days of your togetherness
And may your days be good and long upon the earth."

'Wedding Prayer (Apache) ' Anon.

Stay together
Through the thick and the thin
Who knows when it will end
Or when your life might begin?

Pool your resources
Double your charms
Who knows how long you will be
In each other's arms?

Remain locked together
Two are stronger than one
Who knows what you might achieve
Or see glory for how long.

### Still

LOVE, meet me in the green glen,
Beside the tall elm-tree,
Where the sweetbriar smells so sweet agen;
There come with me.
Meet me in the green glen. - John Clare

On Valentine's Day we renew Our love, forged by the things we've been through, Still intact, still growing, A candle flame fanned but still glowing, Still a bond, still a common spirit To take on life and all that's in it; Unmarked, though time has flown, By all that the world has thrown, With hope maintained, ever on the rise, A solid union that defies; Undiverted, still on it's track, Reaching for tomorrow, not turning back, Relentlessly sailing through battering seas Ever caring, wanting to please, And now, on Valentine's Day, still in place, Still beautiful and full of grace.

# Still Waiting For The Call

The air raid sirens wailed And the bombs began to drop, Destroyers and battleships sailed While life ground to a stop;

But for us, not the smoke
The shattered glass and dreams,
We are not wrapped in fear's cloak
The crying and the screams;

Where courage rose in veins When the bugle call was sounded, The thin air carried it's strains Across the dead bodies mounded;

But we say hello every day
For love we do not lack,
Not for us to enter the fray
Or loved ones that didn't come back;

Our mettle is untested No despair in which to fall, Our spirits asleep and rested Still waiting for the call.

## **Stop**

Draw breath and fill the lungs
Stop the ceaseless wind and tide,
Let go the hands from the ladder's rungs
Lay the hour glass on it's side;

Receive the light into the eyes Slow the race the heart is beating, Let wisdom grow into the wise Stand still, for time be fleeting.

# Straight Ahead

The day grinds into gear
As we rise from our slumber
And take on our duties
And all that they encumber

We march on, as soldiers Looking to neither right nor left Submerging our feelings Of all emotions bereft

Straight ahead, straight ahead Relentlessly on a forward move New obstacles to overcome New truths to prove

Please give us strength on our journey Let us give of our best And let us lie together safely When we need to take our rest

# Stripes Of Light

I am sitting here at my desk And the sun has decided to shine Slanting through the blinds Stripes of light that are mine;

I see my shadow moving Outlined as black and flat My head dark against the brightness Set amongst light-wanded slat;

The sun has chosen to warm the earth It's brilliance gloriously decanted It might disappear in a moment I will never take it for granted

## **Stripy Socks**

Presents have been exchanged And now the New Year calls Tree taken down, room re-arranged Cards unstuck from walls;

The sentiments and wishes within Now no longer in view
Some of them in the bin
Apart from a chosen few;

Lights unplugged and coiled Tablecloth stored away Lest it should be spoiled Kept for another day;

How should this Christmas be judged? Amongst all the others gone by Is the end of the year begrudged? As time once again starts to fly;

I think I will spend the year in a box With the Christmas lights and tree And wear those stripy socks That someone bought for me

### Summer Has Gone

We trod with muddy shoes
Amongst autumn's new-won hues
As the slate grey sea boiled and churned
Clover and thistle at our feet
Had replaced buttercup sweet
'Alas! the frail Summer has turned'

What hopes we had for tomorrow Now washed through with sorrow Swept away by the frothing waves When did the cup leave the lip The pink rose turn to hip And leave us as fortune's slaves?

In the middle of the day
The pebbly cove our hideaway
As in crashed the impatient tide
But when did the road bend
The Summers day come to an end
The golden rays diminish and slide?

What bespeckled and gnarly hand
Redrew soft meadow land
Instead had the stubbly hay-field hewn?
Which devious and conniving mind
Drew down the autumn's blind
And left our dreams scattered and strewn?

We dragged feet as we trooped
Our thoughts burdened, shoulders stooped
No longer the hedgerows thrummed
The twigs bare and stark
No more the sky cradled the lark
The pastures left silent and numbed

Huddled together in our cove
Our thoughts started to rove
To the time when birdsong will ring
When the chill has lifted and flown

Gentle breezes chase wind's moan And the dewy grass heralds the Spring

#### Sun

The sun rises on another day Knowing it will soon set Disappear again, Promising us riches yet;

Every day is so fleeting
A brief chance, a time to change
To still be alive, to learn,
To develop, to rearrange;

To heal, to mend, to love, Under the sun's display To use the sun's energy To make the most of that day;

But fear sometimes stops us The fear of something new, The challenge inside all of us The challenge for me and you;

The sun need not come back It's fiery ball to burn, And, as the sun grows old One day it will not return.

# Sun And Rain

How I love the sun to shine And cast it's warmth over all But when I am dry and parched How I love the rain to fall

## Sunday

On a dreamy Sunday
The lazy grass refuses to grow,
The river barely supports the hull
The boaters are too tired to row;

Stones in walls face the sun Hiding their shadowy side, Coffee cups picked up from saucers Are drained, put down and set aside;

Meandering inane chatter fills halls 'Neath Cathedral bells peal and clang, Floating serenely down on the breeze From the tower whence they rang;

Pushchairs clatter over cobblestones Sandaled feet traipse and become burned, Plans for tomorrow are shelved awhile Pages in books thumbed and turned;

Peaceful thoughts fill heads Wars bow down to the pacifist And for one beguiling moment Monday doesn't exist.

# **Sunday Sunday**

The old track is still there
And will be when we have gone
The birds are still singing
Their optimistic song
The dew is off the slate
Catch the breeze, too late;

The sunlight finds its way
And settles on our head
A cheery 'good morning'
To each 'good morning' said
And all about is calm
Nothing can come to harm;

This is Sunday, best of days Long forgotten the week, Gone the clamour and hurry A little peace to seek Let contentment fill the mind And leave last week behind.

### Sunderland Illuminations

Roker seafront, October Sea set in a frown, Sun long set and over Full moon looking down;

People shuffling in the park
Stand-stillers and through-crowd surgers,
Big wheel, white in the dark
Hot drinks, sausages and burgers;

And standing in the midst of the night The lake, free of it's scullers, A receptacle of myriad light Reflecting all the colours;

Then a lightshow of sparkling winter Of bold white and faint starry traces, Playing games on the gnarly sinter Of the old grotto's rock faces;

All the people milling around Young and old amongst the wheels and the cogs, Talking and shouting, jumping up and down As long queues formed for the bogs;

Finally the slow drift for home
To places of warmth and shelter,
Toward the final exit they roam
Past the glorious helter skelter;

We will remember the lit-up stones
This rocky old park, the cairns,
And though the cold may have chilled our bones
We know we did it for the bairns.

# Sunset At Whitburn Lodge

The evening sun flashed fire across the sky
Tongues of flame interlaced the clouds
Dappled grey pools of mournful light
Hid sullen rays amongst the crowds

That last orange embrace of the noon
Turned ripe as pod spilt seed
Hung ponderously over the darkening grass
Lit with white-trumpeted bindweed

Vapours trailed all forlorn and lost Within the magenta and slate bedazzled The sun's heat all cooled and dispersed The earth's crust no longer frazzled

Suddenly the dark swallowed us up
The canvas all frays and tears
Soundless feet tiptoed through shadows
Dewy creatures emerged from lairs

No more the strolling easy vista To dwell and gaze wondrously upon Time to retreat behind firm doors Night is here; the evening gone

### Sunshine

I ambled back next to green leaves Which the breeze could barely reach Calmness flooded through my mind I had spent a day on the beach

I had stood at the waters edge Blue horizon stretched out in front The steep cliffs for once at rest With no tidal edge to blunt

Toddlers standing ankle-deep Fathers with trousers rolled to the knee Three girls tumbling and crashing about Splashing the benign face of the sea

Joyous shouts and shrieks
Sand castles built and washed away
Lazy waves had reached the shore
The gift of this sunny day

For all of the winter's ravages
That had bared tree and left souls dark
We now had nature's sweet recompense
Happy children's cries and dog bark

For this was a celebratory day
To sweep away the short days with nights black
We have the beginning of summer
We have the sunshine back

### **Swaying**

The kind air of September encircled us Wafting tree tops and lifting crinkled leaves Which, released from their summery holds,

Performed silent ballet steps
To the rhythm of their rustling partners
To the feelings that Autumn unfolds;

Gently alighting on the soft grass Bringing a sudden peace, The flaccid nothingness we crave,

When the world becomes too busy And we absorb too many cares And our smooth skins they engrave;

And so we ran from exuberance Unbound and springing Our joys together upheld;

Dancing golden parabolas
Through swaying long grasses
That the calm breezes swelled.

# Take Off Your Vest

How good it is to take your vest off When the Summer does begin It makes you a lot cooler And its one thing less to tuck in

# **Tangled Strings**

I practiced non-flying things, And tangled my strings, Took the wind and turned it upside down;

I broke all my struts, Ran along frozen ruts Flatly refused to leave the ground;

My plastic sheets flapped, To their crooked frame strapped, Billowed briefly the string held taut;

But then held sullenly to the hill Let sweep over the gale's chill And defied the air's onslaught;

The magnetic allure,
With gravity the cure,
Over-ruling any pathetic uplift

Of the windy day,
Trying to take me away
My leaden and clinging feet shift;

The blue January skies
To which you had lifted your eyes
In such heady anticipation;

Held in lofty dreams a dearth,
And the centre of the earth,
Became a far more likely destination;

So cowering wind and gale
That through the long grasses flail
Tottering the chimneys and masts;

Take your misgiven powers
That trembles the flowers
That wake us with your harsh blasts;

And blow yourself out No longer the fence clout Let me fly on a soft breeze that yields

To my colourful display Which would flutter and sway Over the mazy patchwork of fields

# **Technology**

Technology exists just to defeat us No matter how hard we try to grapple It will always emerge the victor Like gravity taking on the apple We desperately left-click and right-click We press control-alt-delete But no matter how many buttons we press We will always taste defeat Whenever we learn a new technique To get over a new problem we've found Technology invents a newer problem To bring us back down to ground 'Switch it off, then back on again' Is their oft-heard advice To solve all of your technical ills On almost every device But eventually even that doesn't work The screen 'freezes' and 'locks' Your equipment is gripped in a malaise And needs a complete detox Or maybe a major defragmentation That sounds like it might do the trick But after you've waited about 24 hours You find your PC is still sick 'The emails are down' Is another sorry statement we hear All messages are stuck in the ether Lets go to the pub for a beer How did the technology geeks Manage to become billionaires And leave us with this bundle of problems By downloading all their cares Onto the likes of poor you and me Who struggle to sort things out But lets face it, everybody We're on the wrong end of a rout We bandy about acronyms Like PDFs and HTMLs As if we knew what they were

But it still doesn't ring any bells
Because we are mere pawns in the game
Clicking and typing away
We have all been bamboozled
By the 'technos' of the day
We are now slaves to a technology
That doesn't even work properly
And by the time they sort out the problems
We will all be grey and elderly
So my advice to you at your keyboard
Or waving your phone in the air
Is get yourself off to the pub
Give me five minutes and I'll join you there

# Tell Me On A Sunday

" Find a circus ring with a flying trapeze Tell me on a Sunday please "

from 'Tell Me On A Sunday'- Andrew Lloyd Webber

Now that the week is over Now that the week is done Now no longer the rover Now the empty gun

Who fired his shots in his younger days
With none left now to fire
Who lived life in a blurring haze
Who never seemd to tire

So let the afternoon sun sink
Let the day draw to a close
Take me home for one more drink
And to smell the faded rose.

### Ten Years

I know it's just the blink of an eye
Ten years will come and just pass me by
Just as the last decade I now gaze upon
Ten years will come and soon be gone

I think back to the start of that era Millennium dawning, happiness seemed so nearer Settled, at peace and not care-worn Beloved Hawthorne and Ravensbourne

Now they are both lost in clouds and rain I can never walk though their doors again Lost, to me the warm summer breeze Rustling through Dad's apple trees

Lost to me, amongst a thousand other things Swamped by new places and wedding rings Faces and places that have changed so fast Ten years only, but so far in the past

### **Test**

So you thought the rain would flood me out Or, if not, the heat would bring me drought You brought the impenetrable blackness of all that ails And icy rivers, quivered by gales

Fog that descended and wrapped me around Even put securely-held joys out of bounds But now for your information, to keep you abreast I am still here and have passed your test!

### That Once Was Me

I am surrounded by young people
All dashing about
Or lazing about
As the case may be
That once was me;

I too once stayed out all day Drank lemonade Saw the sun fade Sat under a tree That once was me;

I too once wore raggy jeans Had long hair Pretended I didn't care Went on a spree That once was me;

I too once was part of the crowd Joined in the throng Sang the same song About being free That once was me;

I too once thought I knew
What life was about
Had it all worked out
Thought the future could see
That once was me;

I too once ran down the wing
I could leave you behind
Centre forward to find
I skipped past you with glee
That once was me;

I too once could walk with a stride Had nerves made of steel Watched films reel-to-reel Had eyes that could see That once was me;

I too once had a plan Would see it through But as the time flew It proved not to be That once was me.

### The Answer

What is it, this death That we are so afraid of? That we should never see our loved ones again That we should be so utterly alone That there is only a nothingness Orbiting our own minds in a whirlpool Of complete emptiness; Flying to a destination that doesn't exist; Passing by when there is none to pass by Nothing to see or feel No-one to hold; When even our inner soul floats, abandoned In the sea of time When hearts that were joined are now severed Memories and comforts torn away And all is lost. But how can all be lost when I have you To carry on and bear the torch To pass it on, again and again and again Until the flame, so kindled through generations Refuses to die And will not recognise fear That is the answer

# The Ascot Gold Cup

Estimate returned to her field of glory
Once again on greatness to lean
We watched as you calmly walked beforehand
On our little computer screen;

They placed a hood over your head But for that there was no need Your willingness was not in doubt To be coaxed, to follow, or to lead

Missunited set a good gallop
She pressed hard along the way
Knowing that if you were to pass her
The entire trip you had to stay

Brown Panther lurked in waiting Leading Light on the wide outside You strode regally in behind Seemingly no effort to your stride

Then, the race was on!
The Panther skulked away
Leaving just a line of three
To fight out the finish that day

For although having given up her lead Missunited was down only a couple of necks She was fighting bravely on with you To see who could deny the fairer sex

Moore switched inside and spied a gap And you gamely rushed on through The Queen's pale complexion Took on a pinker hue

The roar from the crowd swelled out From grandstand over parade ring As the final fight was fought With stamina to be the king Leading Light swayed under the strain And hung into the middle of the course Surely now he could not resist Estimate's finishing force

But no! he straightened and rallied And surged again with widened eyes Your flashing hooves not quite quick enough To retain your Gold Cup prize

When all was done, the Queen still wore a smile As she had from the beginning She calmly accepted your gallant defeat As gracefully as your winning

### The Autumn

So Summer has left without farewell
The daylight no more to dwell
In lazy afternoon hammock and swing
No more cut flowers indoors to bring

So now we have the Autumn's dawn With thermal curtains firmly drawn With hay stubble and withered sheaves Burst bubbles and drifting leaves

What prospect awaits us, the lonely view Of grimy mornings and frozen dew The fight for survival in leafless wood Forgotten glory of blossoming bud

Forgotten the blaze of midday sun Sand castles and beach-day fun Instead we are left beside the fire glow With rain-spatters and chilly blow

Autumn, take this as my true word
Spoken out loud and not inferred
Take with you your red and gold
Your drab evenings and shivering cold

Give Winter too my heartfelt greeting
But tell Him also to be fleeting
Bring me Spring and and a Year that's new
With hedgerows green and bells of blue

# The Beginning

We breasted the rise and plotted our course Along stony paths amongst yellow gorse The sea so vast and glinting its eye Shimmering backcloth to the herring gull's cry

Sparrowhawk hovering in chesnut and grey Falling like a stone on unsuspecting prey Skylark overhead on an invisible perch Lest his landing the ground besmirch

Life rising slowly from amongst grassy tuft
Daisy and buttercup stems intertwined and cuffed
A raising too of spirits within human breast
Where no longer shallow thoughts and drear infest

An unfurling that Nature alone explains
Bringing vibrancy and blood-surge through the veins
This is when Spring replaces Winter's sins
This is the moment when hope begins

# The Butterfly

In the tranquil arms of a Sunday morning Over the grassy hills there The first warbling song of the skylark Hung sweetly in the air; The first Peacock butterfly Gazed sightlessly from eyes of blue No longer shielded under dreary wings of black That have been closed all winter through; Resting for a brief passing moment To take in the world serene On green stems now tangling and thrusting Through the dead straw in between; Knowing that your time has arrived at last Your patience to reap it's reward As the gentle Sunday breezes rustle Your hiding place in the sward

### The Case Of The Lost Dvd Remote Control

It was there one minute
But the next it had gone
And nobody knew who'd lost it
They all put that certain face on

The one that says 'nothing to do with me' Accompanied by a shrug of the shoulder Then several months went by And the nights grew darker and colder

Each time we wanted to use the DVD player We had to use the manual buttons and wait; We couldn't view episode 9 of 9 Until we'd watched the other eight;

We dreamed of those long-lost golden days When, as long as you were within range, We'd just pick up the remote and point it To make menu and programme change

Then, one day out of sheer frustration I embarked on a frenzied search I moved all the furniture around And, as part of my research

Lay flat on the ground and peered under
The bottom of our sofa (a three-seater)
And, reaching into the hidden recesses of faux leather
Experienced a feeling that could not have been sweeter

Tucked away in an almost inaccessible spot Was that little black magical box Along with a marble, a ten pence piece And a pair of discarded socks

I gleefully snatched the thing up
And shoved on the first DVD I could find
And, purely for gratuitous purposes
Watched episode 7 of 'The History Of Mankind'

The moral of this tale is clear
If you ever lose your remote for the DVD
The first place that you should be looking
Is under your three-seater settee

### The Circus Is Gone

Last week the world was alive Painted faces, trick cyclists, trapeze Hot dogs, burgers, lashings of onions Fizzy drinks and cups of teas;

But now the field is empty
The air over-hanging, confused
Filled with an eerie new silence
All the excitement diffused;

A stark vacuum of nothingness Devoid of shriek, scream, whirl and reel The sorry grass lying pale and parched Trampled under the Big Top's heel.

# The Cloak Of Night

And now the deep and ominous veil Has cast opalescence asplay And left the rushing winds A distant memory on their way;

The greyness sits on the shoulders
Of the thoughts of the darkness to come,
In the distance faint images of fingers
Flexing the night's strings to strum;

Gone, the brave and optimistic light Which stood in the sky so tall Banished beneath the suffusive cloak Across which the starry night sprawls

#### The Colour Of Cars

Cars parked in metallic rows
Like words stacked up in prose
But only blacks and reds and greys
Not many colours to choose from nowadays
No greens or blues or yellows
Or stark, garish or outlandish fellows

Who would have thought say ten years back
That a popular colour would be black
That I could write into this verse
That most cars would resemble a hearse

I wonder what the trend will be ten years hence Maybe cars painted with Cuprinol just like a fence Or maybe there will be some other types Painted in polka dots, stars or toothpastey stripes

Whatever the trend it should hold true
That people will still pick their favourite hue
And adorn their cars be they Honda or Ford
With stickers that say ' Beware - Baby Aboard'

# The Day Is Gone

The heads of the daffodils
Bob in the fading light
Like old men in a bar
The day has had it's fill
Slowly slips out of sight
The breezes call from afar;

The lonely hillside
Bathed in gloom
Settling the grass to rest
Village lights abide
Twinkling in each room
The day has seen it's best;

Whatever hopes were born
Dreams lived out
Or depended upon
Are now listless, torn
Scattered all about
The day has been and gone.

## The Day Is Nearly Done

The day is nearly done
Unblemished by the works of human hand
With gentle push, the sun slips ever lower
Beneath horizons, below hilltops, behind houses,
And lights the long shadows of foreboding;
Families regather, shelter is sought
From lonely hillsides to menacing street
Fires are lit for the evening treat
In townscapes caught in the unnatural glare
The false solace of man-made brightness;
Comfort and anguish mingle together
Bedpartners in unlikely clasp
Trying to cancel out mortal peaks and troughs
Eating the crumbs of comfort
That the evening brings.

## The Day The Ceiling Came Down

The whole thing seemed to happen in a flash
The dining room ceiling came down with a crash
Plaster and bricks and narrow timber lath
Rained down from underneath the bath

The ceiling was wet you see from a recurring leak Over a period so long you'd term it antique But we thought we'd solved it with some silicone Installed by a fella we'd reached on the phone

No such luck - we now have a mess
And difficult to fix I have to confess
We reached for trusty sweeping brush and pan
And decided to place a temporary ban

On anyone walking underneath the scene
In case something else dropped down between
The joists, the size of which by the way
Is seven by three (larger than their counterpart today)

Now Tommy arrived to give us a quote And, short of suggesting we buy a boat Said it was safe to continue to shower And there was no need for a scaffolding tower

He's coming back in four weeks time
To fix it all up and clear the grime
Then we'll have a warm and satisfied feeling
As we gaze lovingly on our new plaster ceiling

# The End Of A Day

Finally the noise subsided,
The day settled
Suddenly everything had gone by;
Our hearts cooled,
The air stilled
And the stars drained the light from the sky;

The thrill was over,
Energy spent
The night listless in it's repose;
Bringing an uneasy truce
After all the things done
The bloom given to the rose;

We know that today
Was full and fulfilled
Took joy to an impossible high;
The laughter resounded,
Youth is forever
But gone in the blink of an eye.

# The Endless Surge Of Time

We stand in a long line as we grow older
All pointed towards the exit door
Watching people joining the end of the queue
And glimpsing the ghosts that went through before

# The Falls O'Clyde

You crawl 'neath grimy bridges
Of your beauty we see not even a trace
Rub shoulders with concrete walkways
But you hide a fairer face

For in your upper reaches
Away from coast and tide
You crash down in sparkling splendour
As the mighty Falls o' Clyde

Explosions of crystal water
Beyond Lanark where you start
Where otters hide under tree boughs
And blue Kingfishers dart

This is your spectacular origin Lesser known and hidden away Pouring relentlessly toward Glasgow On this September Sunday

### The Final Storm

And to the tenseness I have put my mind So strained the conscious thought That I have forgotten all I have ever learned From whence all this was brought;

Adhered to tasks, through hoops leaped Strong-brewed my earthly ale, Drunk deeply at the trough of joy Turned ruddy from youthful pale;

Bound together stray items loose Forged in triumphal feat, Slipped deep into despair's vault Yet tasted victory sweet;

But now as night lingers ahead My elbows worn at life's lathe Now a sterner trial awaits In the courtroom of my faith

## The First Daisy

You caught the corner of my eye Snuggled away in frosty grass Hiding amongst your green brethren Under the feet that pass

You must have lifted your head As the chill winds blew hard and surly And wished you could have retreated For Spring you were much too early

But can I tell you, little daisy That to us you are a gift The first sign of better days Your task our spirits to uplift

How soon the crowds will forget you Despite your proud and hardy poses When they are engulfed in the scents Of the midsummer roses

But this day belongs to you, sweet friend You have beaten them all to the punch Your loftier pals the daffodils The cut flowers by the bunch

Still have their wares to display With Winter still their shroud But with your sunny central beam Stand higher and oh, so proud!

### The First Of March

O, wind that blows
On the first day of March
That causes the branch to shiver
And the bough to arch;

That sweeps the pavements Cleaner than humand hand That freshens the chilly hilltop And scours the pastureland;

That finds gaps around the edge Of casements in their groan Whose glass is the first to see The moving air and moan;

O, wind that blows
In March on this first day
That wafts our sorrows high above
And blows our cares away

## The Five A Day Myth

They tell you that you need five a day Of fruit and veg such as cucumber But there's no science behind it at all Five is just 'a nice round number'

Four would have been too square a figure
So the experts thought up a marketing ploy
Give the public a number they can easily remember
When they're eating their radish and Bok Choy

So don't count as you eat your peas Or enumerate the carrots you digest Five is just a nice round number Forget the maths, it's best

Just to chomp away on things you like As long as you have a few If its four or six it doesn't matter Good health will still ensue

### The Future

Uncork the day as you rise from your slumber Not knowing what's next, forge forward and plunder Take today in your embrace and wonder Why is it that my heart keeps beating?

The next moment is like the last, surprising
As rivers burst their banks and seas uprising
Always the unexpected walks next to us, despising
Man's supposed knowledge of the future

So take the next event at it's face value Don't analyse, and ponder, and re-write the past; you Instead should wonder at the unpredictability of it all That's life's great mystery for us all

### The Garden

Deserted by us for vaster climes You held nature in your hand Broad fences encircling Your green and subdued land;

Lofty hedges held safe within That safe and primitive lair Where the blackbird chose to feast And make his crude home there;

Where red-pillowed roses sprang From unpromising, dusty soil Where scant regard was given To pure and honest toil

But where nature first held sway And cradled you in this shrine Where I could stand at night And feel I was a part of thine

# The Good Old Days

What is it about the good old days?
The good old days long gone
Something you can't quite recreate nowadays
Something you can't quite put your finger on

But today doesn't have the same allure Is it purely down to ourselves? That yesterday had a kind of magic Despite dust gathering on the shelves

Sifting through an old shoe box
The old photographs are faded but betray
An inner peace and contentment
That is no longer here today

Is it just the loss of youth A descent to life's last fling Were the old days really better? After all the birds still sing

We can still be uplifted
By the wonders of the world around
So why does yesterday seem greater?
Why are we still bound

By the ties of days that have fled By the far-flung echoes of the past If only we'd kept the magic in a bottle We'd drink it now and hold fast

To those rosy memories as we sat On the banks of the river of time And feel the warm sun on the grass In the days that were sublime

### The Good Times

I once knew the blossoming of life When the horizon ran on for ever When there was no necessity To sacrifice or joys to sever; There is only a limited time now And waiting no longer attractive I want the good times back For a finale hyperactive; Not for selfish purposes Although it would give me pleasure To give gifts to loved ones Share times relaxed at leisure; To have known things once And then have them removed Seems a cruelty to have to bear Of which you would not have approved; I want the good times back Although not what I deserve It would be a chance to live again And the glowing memories preserve.

## The Greenhouse That Blew Away

Doing my best to follow the directions
I joined together all the plastic connections
I covered it over in pvc sheeting
As a work of art it took some beating

I anchored it down with metal hooks
By now I was getting some funny looks
Undeterred, on went the guy ropes, nice and tight
I have to admit, it was a beautiful sight!

It looked lovely there, glinting in the sun
But I knew deep down my work wasn't done
Because a slight breeze had just arisen
Which might detach the mainsail from the mizzen

So, with trepidation, I went indoors

And noticed in the instructions the disclaimer clause
'This greenhouse will stand up to all sorts of weather
Except strong winds as it's light as a feather'

The breeze started to become a bit stronger
The guy ropes seemed to be getting a bit longer
The frame was easing right, then left, then right again
As the winds blew harder and it started to rain

The plastic sheeting was taken a battering
Billowing in the gales and under the rain's spattering
Then, all of a sudden, one of the guy ropes lifted
And across the garden the greenhouse drifted

It rose quite gracefully, a bit like a bird
As it cleared the fence, and the latest I've heard
It was spotted over Glasgow at three thousand feet
My wonderful greenhouse, and three bags of peat

#### The Hill

The hill, draped in mist
When sun and rain disagree
Noises magnified through clinging air
And, somewhere hidden, the sea.

A suspension of time, a view obscured An emptiness, a void, a ghostly place, Up here on this forgotten hill In this lonely space.

The old mill, roofless, toothless A hollow husk of yesterday Bars to stop the curious Invade the sad display.

Outcrops of rock poking
Through huddled tufts of wiry green,
Rabbit warrens, spiders webs
But no-one to be seen.

A trodden path, a way unsigned Where those before have gone On sunny days when the hill was bathed Before grey shadows grew long.

Now the autumn has come to grip Now the hill stands bare Now all thoughts turn to home And all the comforts there.

#### The Home Of Cricket

The grass is worn in two distinct places
At opposite ends of the lawn
Where we stand and take guard
Where cricketing dreams were born;

This little patch of ground is Lord's in our minds But we only encourage (we do not 'sledge') The pavilion is the back door to the kitchen The boundary rope the hedge;

Our Old Father Time is the chimney pots Where the gulls circle around and shriek We have no old score books to pore over No tradition, no mystique;

But imagination is a powerful thing And here I can educate My grandsons about Ken Barrington Tell them to 'run!', tell them to 'wait!!'

My bowling might be only underarm But varied with experience and guile I throw a series of slow deliveries But then a faster one after a while;

Here the fielders are only ghosts
And the creases are not marked
But they run to an imaginary place
On life's journey they have embarked;

The stumps may only be plastic And the ball mere rubber foam But this is just as good as Lord's This, to us, is cricket's home.

### The Human Race

The human race over-estimates it's importance From mountain top to jungle glade
We think we own this earth
As we wear our mantle self-made

Our shining crown of supremacy
Is worn with self-illusion
We have an explanation for everything
But just drown in our own confusion

We announce our own cleverness
With self congratulatory prizes and gongs
Place our intellect on a high pedestal
Not in the place where it belongs

We know nothing at all
As in our infancy awaking
And all of the troubles on this earth
Are of our own self-making

## The Invisible Enemy

You prey on those you perceive as weak Not for you the courageous streak You re-invent yourself in different guise And invade the spirit that you despise;

With cunning tiptoe you squirm and wind And spread your poison in the kind You block the sun and fur the pipe Even steal the rags of the guttersnipe;

The soundless tune you raise a notch Spread canker, lesion, stain and blotch Only to disappear in the dead of night With inward breath and scourge of fright,

And then, as if to prove your tempered rigour, Reappear at dawn with insouciant vigour To stamp on hope with fearless boot Lies sustain and truth refute;

Demand replenishment when the well is dry Cast cold stare with sightless eye Demonise the placid and peaceful soul Feast on it's innards from which you stole;

To regenerate your miserable apparition
The corroded and rotten requisition
And walk again, though foully lame
To absolve yourself of any blame

## The Journey Begins

And so now the journey begins
On tender feet with high arch
To follow the light that never dims
Past oak and under larch;

Beneath shadows, through fronds
Across fields of bobbing corn
To swim oceans or tramp mere ponds
Through the meadows the poppies adorn;

To be at the very beginning
Before time has had chance to age
To stand alongside, to be winning
The spinning world your stage;

With infirmity not even a dot To cloud the whole, clear sky When cares not even a jot As the breezes of life pass by.

# The Joy Of Coming Home

No other journey on earth
To whatever far-flung land
Of pleasant hill and shore
Can match the re-birth
Of tides reaching home sand
Of footsteps to your own front door

## The Kingdom Of The Rabbit

You proudly gaze over your shadowy kingdom From your new perch on the brickwork Although now only with photographic eyes The light has still not dulled therein

Your home here filled with toys and books and ladders
A shelter from the storms
And the safe places in the corners
Where you would sleep

Amongst the murk your old hutch lying empty
Little used as you regarded it as a prison
When there was the endless freedom of the garden
To be roamed on a sunny day

We wanted another Summer
But it was not to be
Although now your picture hangs on the wall
Perhaps it will still be yours to see

#### The Kite

The kite struggled out of our hands And gave soaring flight to our hopes Higher, higher above the land Mocked at the hilly slopes

Fluttered and darted in the breeze As if the sky had given it birth Released from our leaden unease It danced above the earth

Set sail across the blue expanse Flirted in it's lofty domain Put the clouds under it's trance Tugged at the twine under strain

Flew defiantly across the sun's beam As we shaded our eyes to squint But, as if to improve the gleam Took the sun's hellish tint

And shone it boldly right through
It's canvas stretched so taut
Tried to hold the flames as they spewed
That never could be caught

Having held sway for just that second
The kite floated gently down
But for that fleeting moment had reckoned
To wear the sun's blazing gown

# The Last Day Of June

So, June, you come to an end But as you leave I send My very best wish and thought; For your bee and firefly For green of leaf and blue of sky You truly owe us nought; What could ever be exchanged Or contemplate being re-arranged For a last day such as this? English summer sun on lawn New ambition and hopes born Wimbledon's first week bliss; Pavements hot underfoot The scent of grass cut Plastic paddling pools filled; Strolls along riversides Sleepy hilltops and still tides White wine glasses chilled; Bring on sweet July For you and for I Let summer play it's tune; But take a moment to collect This months glories, then reflect How wonderful was sweet June

#### The Last Rose

You were destined to be the last Those glorious, heady days that passed! With your bud hidden away Waiting for another day;

But now your time has finally come Though silent now the chirruping scrum That once thronged and shook the hedge Now huddled on some frozen ledge;

So what message do you have for me? Lonely rose of tardy beauty Did you know that your display, so shy Was bound to catch my weary eye?

That your late appearance, so solitary
The garden's sole blush-red dignitary,
Would be the one that I remember
Through the darkened days of wintry November;

If so, you thought correctly Your route to my heart found so directly You are the one that nature chose To gladden my sight as the final rose.

### The Little Hill

The little hill
That looks down to the sea,
Covered in daisies,
A sweet place for me,
As with joyful feet
We were set free;

The little hill
That saw winter die,
Nearer rainbows and heaven
It holds up the sky,
Lofting the breezes
That pass kindly by;

The little hill
We shared moments rare,
At the start of spring
With hope in the air,
The little hill
How I wish I was there

### The Little White Bookcase

There were only six pieces
To make the little bookcase
Two sides, a back, two shelves
And underneath all these a base
It took me about twenty minutes
To ensure the joints were tight
It looked quite neat as it stood there
All new and clean and white
The next morning I arrived to see
In tribute to quill and pen
That the shelves were loaded to the brim
With books about the Mister Men

## The Midnight Bell

I stood within the darkness For a while And watched as fluffy clouds Moved silently through the night Engulfing the moon Until, almost bored They glided past And the silvery glare was restored; Their passage subliminal Threw shadows in the deep corners Their destiny supraliminal Shapes never constant Ever-shifting plumes Lighter than air; Night-time drifters Their journey frictionless Soundless and friendless No-one watching but me; No-one to bid them farewell As with imperceptible grace At the midnight bell They slid from view

## The Milky Way

Saturday morning Refreshed by the rain The gulls wheel and whirl The air swirls with a pallid face And the world with its human race Stands for a moment on this ball Floating along; As we peer out, blind-eyed, toward the Milky Way Try to find why we are here And are we near To destruction; This is the shortest day We soak up the daylight And bathe eyes and mind; Who knows what we might find As we look at the Milky Way On this becalmed morning On a Saturday.

# The Missing Piece Of The Jigsaw

We did a jigsaw You and me One afternoon Before our tea

We sorted out the pieces
Into middles and edges
We stacked separately
The flowers and the hedges

We concentrated hard
To find the bits that would fit
We turned them around
And scratched our heads a bit

At last we were nearly finished But one final piece we sought After all that time and effort We were still one bit short!

#### The Moment

I know now what the weekend was about I think I knew it in my bones; It was all about a single moment That you granted to me One that took me back to '73.

There was no victory in store
That outcome not pre-destined;
But you had a sweet special time
On Sunday afternoon to unveil
For the heights my heart to scale.

Just like then I sat
With pent-up eagerness and hope;
Then full of youth, now with pride
Then, when the second arrived
Events melted together as you had contrived.

I leapt in the air
Heart brimming over with triumph;
As I landed back on the ground
Thinly, through my excited furore
Came the truth that there would be no more.

For our lives are a series of moments
Of sweetness, despair and joy;
Such emotions do not linger
Far better their fleeting nature to recognise
And let the stars fall from our eyes.

I sadly turned and left the room
And tasted the gentle fresh air;
Revelled in the moment you had granted
And stored away my second's pleasure
As just a memory to always treasure.

### The New One (Jess)

A new face appeared at our door
With puppy dog eyes to implore
Us to join you in your dance
As around the garden you began to prance;

Your paws with joyous, youthful bound Ran over our hallowed ground And unknowingly, in immature play You swept the intervening years away;

You leapt up to lick the face
Of everyone in the place
Shook black tail with fluffy white spot
Slurped from the offered water pot;

Paused momentarily because it
Was time to leave a small deposit,
Before taking up again your puppy dog poses
O well, that will be good for the roses!

What treasured thoughts you brought to the fore Reviving great walks from the past once more When we caught our breath in the summer breeze As we strode out over the Leas;

When we braved blizzard, slanting rain and hailstone To supple limb and strengthen bone When we walked through the endless nights And put the world to rights;

When we formed an unbeatable team
With spirits high and minds to dream
When we defied the thundery clouds above
When we discovered the true meaning of love

## The Nightmare Half Of The Draw

We have an opportunity, I suppose To go and win the Euros But will we ever join the elite When all we can think of is defeat?

We already believe we have no chance Were we to meet Germany, Spain, Italy or France They must be rubbing their hands with glee At our pessimistic mentality

It really sticks in the craw
To recoil from the half of the draw
That might pit us against such teams
It's really not as bad as it seems

For the Germans are not making a fuss About the possibility of playing us The Italians don't approach with dread The prospect of playing England ahead

So already we have lost the psychological battle The chance the French cage to rattle Instead of describing the draw as 'nightmare' We should be proud that England's there

And let the others complain about
The way the draw has panned out
So this notion of a nightmare - let's bin it
Let's get out there and go and win it!

#### The Old Familiar Walk

The old familiar walk We took again today Down the hill, across the road By terraces built to stay; The long, slim gardens we admire Although now wintery and forlorn But renewed when Summer comes With bright border and trim lawn: You have learned to walk steadly Along the low brick wall Finding your feet, as in life Growng up, now not so small; At the end I lift you down Afraid of stumbles and trips Then past the prickly hedgerow Where we collect rose hips; Now we race on separate paths Your new shoes clatter and din At the finishing line you stand triumphant Not knowing I let you win; There will come a time, of course When my defeat will not be feigned When your feet are swifter than mine With all my energy drained; We dance through the underpass Our voices echo and amplify Where the rainstorms cannot reach Or wet clothes undignify; The end of our trail is reached And we take a kindly look At a building of which we are fond With its row on row of books; Will all that we see now be gone When a hundred years have passed? Our footsteps just fade away Because nothing can ever last.

### The Old House

I went back to the old house last night
The house where I was born
Things were just the way they used to be
The 'Scarlet Climber' still on the thorn

I cut the grass and measured each step Along the winding stripes, dark green and pale Felt the softness beneath my feet Felt the scythe in my hand to flail

Noted every boundary, step and joint Every inch where I had placed my feet Back then in the good old days Our house at the top of the street

Stood again in the greenhouse
That safe haven from all of life's ills
Where once the earthy scent of tomato plants
Every corner and crevice filled

Felt the sharp frost on my thumbs
As the sprouts were prised away from the stalk
Found the hidden gap in the back hedge
I climbed through on the school walk

Entered solemnly the hallowed ground
Past the coal house and in the back door
The little kitchen still stood there
Just as it had before

I examined each room, each stick of furniture Opened each door and looked inside The living room that was the heart The bedroom where you died

I loved this place so much Left behind in life's slipstream I went back to the old house last night But it was only in a dream

## The Optimism Of Morning

The optimism of morning; When all is laid before us, When plans are made And courses set For races yet to be run; When the air is fresh with dew And things have not yet begun; When nothing is spoilt The clock yet to sweep the face; When all things seem settled With the human race; We are at the start-With uplifted spirits And renewed hopes, Soaring to the mountain tops Up the grassy slopes; We have everything to gain Even if the sky should darken And be filled with rain; For this is the morning And life starts all over again

### The Other Side Of The Earth

The sombre time when daylight starts to fade
When the day has outworn its uplifting parade
And the high-pitched songs of the raucous morning
Have slipped fron the embrace of the hopeful dawning

How can the other side of the earth still have day? When ours has so surely dribbled away How can our joyful hours have taken flight? And be mere shadows when so recently bright

How can others be lifting their heads?
From the sun-drenched pillows of their beds
And be yet to entwine with the midday bloom
Whilst we are submerged in foreboding and gloom

Give me an earth wrapped around in glorious sun! Where the course of the day can never be run When the darkness can no longer make us forlorn Where the ending of the precious day is forsworn

## The Passage Of Time

Today will soon be a yesterday
As we take the wrapping off tomorrow
Diary pages are thumbed and then turned over
As the days become the weeks that follow

Weekends come and go with bright intervals
And intermissions of better things
But the months end still approaches
Calendars are slid over their binding rings

Autumns golden hues become the white of stark winter And the sun struggles against the cold But when the spring finally arrives Crocuses and daffodils unfold

Rich pastures emerge in the summer With the tranquil buzzing of bees The sun shines down contentedly Gentle breezes rustle trees

Then, as in a full circle
The year has passed us by
Autumn reappears before we know it
In the blinking of an eye

### The Path

With glad rags and costumes
And tokens of yesteryear
We set out upon the path
That knew all too well we were there;

With age-worn craft and wizenend guile, It wound this way and that through our troubles, Lollipop alliums floating each side, A sea of purple bubbles;

Although separated along the way Taking each turn and bend, We knew that we would be together When we finally reached the end;

We lingered awhile at sun-warmed bricks Piled high in a Victorian wall, The joints that had absorbed such cares Like eyes that had seen it all;

Seeing us now, standing there Under the subdued haze, It soaked up our worried frowns And turned them to brighter days;

Lending support under it's lofty coursing Alongside the weary track It surged us onward to our destination And told us not to look back;

The walk finally over
All finery was cast aside
We donned the clothes of life
And climbed back onto the ride

### The Pile Of Stones

You collected and made a pile of stones And excitedly invited me outside To view this gravelly incarnation Which you looked upon with pride

This product of youthful imagination
Heaped rather sorrowfully in wind and rain
But to you it was a magic castle
For your eager mind to explain

To me, the hard-bitten adult
With no wonder left in my bones
Just the cares of carving a way forward
No time for those grubbed-up stones

But seeing your wondrous cairn now After you have gone back home Reminded me of your excitement In building that stoney dome

And how I should have joined in But for the ingrained woes of the day And how I should have freed my mind To let the adult play

## The Pit Pony

I found out with sadness about your plight Your life lived in perpetual night An underground stable was where you roomed An innocent life entombed

You were so trusting and willing You must have dreamt of fulfilling The wish to be back above ground With green fields and trees all around

For fifty weeks a year this was your cell With hot grimy air and sulphuric smell Until that wonderful liberation That exhilarating rising sensation

Of the pit cage approaching ground level With you on board about to revel In the freedom of the new fresh air With pastures around you everywhere

Behold for a fortnight at ground zero
This doughty and unsung equine hero
Far from Epsom and the thoroughbred race
Whose life was entwined with the black coal face

## The Poor Quantity Surveyor

The creativity of an architect Is never questioned or pondered, The calculations of a structural engineer Are never drifted away from or wandered, The mechanical engineer Pronounces assuredly with scientific fanfare, Nobody challenges the number of changes per hour That he has applied to the air; The electrical engineer Gives us ohm, volt and watt Nobody stands up and shouts That there is something he must have forgot, These disciplines and others With this singular advantage are blessed For as soon as a quantity surveyor mentions a figure Everybody else suddenly knows best

## The Queue For Valhalla

We stood in the queue, as in life Waiting patiently for our turn The sun shone down on our backs Trying it's best to burn;

As protection against future onslaught
Our figures were wreathed and caped
'Blackpool Pleasure Beach' was announced
On our plastic ponchos proudly draped;

But as the minutes passed, you grew silent Something was clearly amiss You were afraid, no longer excited, Not quite ready for this;

The numbers in front dwindled
The forthcoming test grew nearer
Suddenly we no longer craved the thrill
Normality suddenly seemed much dearer;

So, with as much dignity as could be wrought, Not noticed by many, I hope We discreetly left the others to 'Valhalla' And ducked out under the rope

## The Ridge

We are sitting on the ridge
Looking down at our youth
Which lies forlorn in the valley;
We have burnt each bridge
In search of the truth
For our spirits to rally;
Each one of us a sepia image
Transfixed in time
Thoughts no longer golden;
Hurled by the world's scrimmage
We have lost the rhyme
Our pasts in trust beholden.

### The Sea

Open skies and taut horizon line Seaweed strands that feet entwine The haunting rhythm of waves and sea The thought that this world belongs to me;

To know these things when you are young To know that freedom's song is sung To skip with joy on tide-firmed sand On the beauteous fringes of the land;

Bring me the sea breeze, tinged with cold In the days far off when I am old To know that I once stood here, wild and free That I once gazed out over the sea

## The Sheep

Through the slit windows I spy
Gentle snow flakes hurrying by
Headlights shine in, then as quickly leave
Unknowing of my fate, I cannot grieve;

But you know, you that have put me here, Your planning and cold thoughts were clear Because I have no tears with which to cry You have sentenced me to die;

Now whizzes past the ice cold morning air There is grass and freedom to be tasted out there But through the slit windows, all I spy Are gentle snow flakes hurrying by

## The Siege Of York

Sixteen forty two was the year Canoneers and gunners alike Thomas Coatsworth and others of his ilk Employed musket ball and pike

Lord Fairfax and his army were in York Some of whom were from Hull All gathered there to lay siege With gunmetal glinting or dull

Blood letting was the aim
Of many a maniacal mind that day
To force the result by arms and swipe
Brave soldiers flesh to flay

Centuries later mass graves were found And the common notion laid void Men who died not of battle wounds But laid low with virus typhoid

So instead of dying with battle honours And Royalty flag to seize These men simply laid down and died Not slain but from deadly disease

# The Sky Blue Vest

Sky blue vest not quite reaching Dark blue shorts forming breeching A small stain, hard to detect Bare feet with no shoes to protect

Standing at the foot of the stairs
Just a little moment amongst your cares
Bravely hiding your tears in the cold
But an image I will always hold

# The Snowdon Lily

It's delicate white face only fleetingly seen In unlikely places for hope to fledge Vaunted high above in mountainous scene Precarious home in crevasse and on ledge

No tales to tell and no tears to weep But survival it's merry theme In rocky terrain it's roots to creep Clinging high under cold sunbeam

For the Snowdon lily this lofty setting Where tired feet arrive and then depart With climber's backward glimpse regretting The leaving of this brave white heart

### The Sore Toe

Now he's had a bit of trouble
He wanted some help and 'on the double'
He just didn't know which way to go
To get some help with his sore big toe

He'd heard about ladies on their pampering days Who popped in for a foot spa and a bit of a laze All sat with their feet dangling whilst they dozed And Garra Rufa fish nibbling their toes

So he asked his doctor, was it a good plan To have a foot spa and emerge a new man With big toe healed, all glistening new And toe nail no longer growing askew

But he was worried, he still had a doubt As to what the process was all about And instead of relaxation he might feel dejection At the prospect of water-borne infection

So, before giving his little piggies ease He asked the Doc if the water was free of disease Fishy foot spas sounded a good idea, but He didn't want to risk getting athletes foot

The doctor, by now irritated, rose from his seat
And before he knew it, removed the nail complete
" Forget your quack remedies, it's gone without a trace
Now you can hammer that fat lass in the 6 mile race! "

# The Start Of The Day

We lay together
As grouse crouched in the heather
As crows argued in the trees outside
As the milk float's brakes were applied

We watched the light creep through the blinds
As the night released it's binds
As the gulls swept through the air
As the fox settled in his lair

We listened as the noisy replaced the hushed As teeth were brushed As horseshoes trampled the downs As faces remembered their frowns As the blackbird began his song As the crowd became a throng

We fried eggs in a pan As the day began

## The Strong And The Weak

It was long ago in cold winter days
That I learend the solemn truth
That the fast out-ran the slow
On the muddy pitches of my youth;

It was long ago in lamp-lit streets
As the moon wrapped the night in it's gown
I learned that the strong overcame the weak
And brought them crashing down;

I can still see these things Through the shroud of time's haze Being trampled in the mud Out-fought in those long-lost days

# The Sum Of All My Parts

I am the sum of all my parts
All of which were gifted to me
Do not look a gift horse in the mouth
Don't change what was meant to be;
For if I think a part is faulty
And you promise me a replacement new
I will no longer be me any more
And you, no longer you

## The Sun Is My Friend

The sun is my friend Knowing no bounds or prisons Nor does it depend On any man's decisions;

It reaches through the blinds
To warm your heart and soul
And as the day unwinds
Turns into a glowing coal;

Then, when heavy skies obscure It's mighty molten mass It remains patient and pure Knowing the clouds will pass;

Sun, take our darkened night Take our troubles away Bring your warmth and light To make another day.

### The Sweetest Kiss

Scottish winds blew hard the rain Across man's neat-laid plans Threw them into disarray again Rattled windows, shook caravans;

And all along the famous green Stood bold men waiting for their fate Pride, fury and glory, caught atween Clock re-set for Monday date;

The gusts blew one to the fore A humble man, yet steely set The claret jug not touched before Awaiting acclaim and epithet;

Smiling, dignity and emotion to conserve As the back-slaps and joyous hugs gripped He had managed to keep his nerve Stay calm, in control, tight-lipped

But behind the well-wishing crowds
Stood one, above all the rest
The one who had chased away his clouds
And inspired him to play his best;

Their eyes met and they embraced His cool stature suddenly amiss His emotions to the surface raced As she planted the sweetest kiss;

He knew in that special moment
The enormity of what he had achieved
Not past winners' dethronement
But the knowledge that she had believed.

## The Test

Not the pain, Not the grinding weariness;

Not the rain, Not the blinding teariness;

The test is not of these Or of skill inherent

That could be used with ease; No - the test is of the spirit

## The Undead

We are the undead of the recession
Fluttering on, but with wings clipped
Recalling past glories and the good times
Chances gone and dignity stripped
Squeezed first, then mercilessly crunched
Our hopes left triple-dipped.

### The Voice

We are all comfortable in our red high-backed chairs
Our judgement respected, which nothing impairs
We listen intently to the loud faceless voices
As we consider who shall become our choices

We sit ever tighter and stroke our reputation
We even compare notes without affectation
For straining and errors we become glutton
As we implore the others to push the red button

We think "that's a great voice" but our seats still don't turn And then a shameful feeling inside starts to burn We can hear the yearning and can hear the passion But are our selections determined by fashion?

If we picked that person would it make us uncool? Might young people think us old fools? We'd better just leave that button alone Wait for a 'hip' voice to woo with it's drone

So our advice to you singers with tones magic Avoid this pre-ordained brush with the tragic Don't try and adapt to be in the vogue Signed, Wilson, Jones and Minogue

### The Wall

The sun-scorched stone has stored the years Baked-in memories, mildew-defying Lying so serenely on borders of fields Defining the setting out of lands; The hands that built you long since perished But you live on, in deadness In weight and demarcation Irregular and regular, Drying out and cracking, Unblinded by the winter sun; Striations and strata in bonds Layered as a hard boundary Marking old territories Dividing man from man And rich from poor; An obstacle to climb, to be overcome A bookmark within the world's pages Separating one from another Telling us that this was the place.

### The Wallet

When I was twenty one I received a gift of farewell A leather wallet from colleagues The future it could not tell; But every single day since then For thirty five years in all I kept that wallet in my jacket On every day I can recall; It sometimes held a lot of money Notes bulging out at the sides More often it held just a few As flew past the time and tides; It still holds precious pictures Tucked away in the zip at the back I look at them lovingly when I need To get back on the right track; The edges are now all rubbed and scuffed It has lost its shiny lustre It looks a little ragged now Despite spit, polish and duster; Now, most days it sits empty Useless to a great extent No longer bursting at the seams And all the money spent; But still I will never replace it For those pictures bring me hope No matter what the future brings I know that I can cope

## The Wind Blew

The wind blew it's hardest
Helping the rain's lashes
Blowing through balustrades
And gaps in window sashes
Upturning wheely bins
And bottles of milk
Displacing hats
And billowing silk
Howling over hilltops
Blasting over the ridge
Causing traffic chaos
Closing the Forth Bridge

### The World As It Used To Be

I saw the world as it used to be Glimpsed through the tent's open flap Sun-warmed daisies in a carpet of green Dog's paws stretched out and taking a nap

The smell of Sunday dinner cooking Lawnmowers whirring their busy sound The way I used to feel returned When contentment was all around

Safe in the tent we played with trains And the thought then occurred to me This is the world now for my grandsons Just like it used to be for me

## The World Is Alright

The world is alright
Though your eyes show fear
There is nothing to worry about
Everything is fine, my dear

We act on this big stage
We are grown-ups playing our part
It is all just a big game
It will never fall apart

How can I reassure you further? Please believe in me There is nothing to be afraid of The world is beautiful, you see

Such is my message to childhood Be happy and laugh out loud No tears to gather in your eyes My pledge to you avowed

The world is alright
Though your eyes show fear
There is nothing to worry about
Leave that to us, my dear

### The World Moved An Inch

Were these words ever to mean anything to anybody The ingrained meanings ever held up in the future An importance to be attached to them Or with a reverence with which men treat such things; That my life might have meant something to somebody That my desires and wishes were unselfish That I would be missed when I was no longer there That someone might have loved me; If in the tumult of mankind I could be recognised As not a warrior or a fighting man But to have owned a quiet courage and determination And was proud to be myself and not another; If it could be seen that I would never hurt anyone Rather to absorb and treat that hurt inwardly That my home was a place where others wanted to be To share what was there; That an invisible statue could be erected in my dreams To set out what I stood for And that the world moved an inch Because I existed

### The Wren

Stepping warily into a grey morning With mist shrouding the hedgerows Damp pavements and frost-bitten walls Thick socks on to protect the toes

All seemed lifeless and a little forlorn
The way things feel now and then
Until uplifted by a crescendo of sound
The defiant song of the wren

He was perched high on a tree branch Like a little ball of string And looked down at me enquiringly As he reached into his heart to sing

I stood enthralled and listened intently To his optimistic shrill Transfixed, I gazed upward at him And marveled at his will

Which had defeated the winter
Without hat and coat to don
I raised my eyes again to see him
But in that moment he had gone

### The Year Turns Old

The afternoon slumbers slowly on
Chill winds abated and rainfall held
On high, black and grey billows are seen;
Not yet autumn nor the end of summer
A time without a season
A state of in between

Mark well these uncertain days
No fire yet in the grate
For soon the burnished red and gold
Will lay its shifting regal carpet
Filling borders and under hedges
To turn the new year old

### There Was A Time For You

There was a time for you
When things were hard
But still sparkling bright with hope;
I see old grainy films
That tried to capture it
Reaching back up time's slope;
Now there is a time for me
But it is running out
My chance has almost gone;
That old grainy film
Will soon be showing me
As I hand the baton on.

### These Familiar Walls

These familiar walls
That listened to the story of our lives,
Seen the glorious triumphs
The sad and sorry nosedives,

And watched so patiently
As we made all our trite mistakes
Jumped for unembarrassed joy
And suffered the sad heartaches;

Unflinchingly took the pins
That hung treasures of yesterdays
The drawings and the scribblings
Of such lovely immature ways,

Stood proudly over the mantle Bedecked with memories in frames The glorious sunny days of childhood, The laughter and the games;

Never again will we be able To taste undiluted life so pure, Or suffer the trials and tests That the spirit has to endure,

Never again will we be able
To live those second days of youth,
Never again will we be able
To so fervently seek the truth

### These Walls

When all the hard work is over And the day slowly bleeds to dusk The hard-spun hymns of hope Still hang in the air like musk;

Guardians of other groups from the past The walls stand silent and defiant On us, they look a little surprised But on their history we are not reliant;

For we have forged something special here Under their faceless glower An untiable knot of love An ever-opening flower;

So, stand unmoved at your side-lines In your rigid stance set fast Watch as we live with pure joy And over-write the past.

# Things Will Turn

Things will turn
I know they will
Together let us pray;
Fortunes will change
They surely will
On one golden day

## Things You Find In A Hedge

Lying hidden amongst the twigs and greenery for decades Thrown-away newspapers, milk cartons and deaf aids;

Birds nests, spiders webs, a moth-eaten old sock, Discarded tins of lager, deflated balls, a shuttlecock;

A tale of the past lies entangled in our hedgerows Sandwich wrappers, pie crusts, bits of food left to decompose;

Empty wallets, old toy cars and mangled napkin rings What history can be gleaned from such disparate things!

## Thirty Nine Steps

The steps number thirty nine Each, a year along the way, Every step a memory of mine Since we met that sacred day;

Years of passing seasons
Spring and Fall anew,
In them all the reasons
I shared each one with you;

Time has not eroded
The magic spell still cast,
Unshakeable, uncorroded
A love that was built to last.

## This Lovely Day

" This lovely day
Has flown away,
Auf Wiedersehen, Sweetheart & quot;
- Vera Lynn

This lovely day
Will never come again
We walked in the breeze
Felt spots of rain

This lovely day
Has come to a close
But we will never forget
The sun as it arose

And shone over us
On this lovely day
When we were together again
With so much to say.

#### This Place

This place has everything;
The air moves more easily over the land
Uplifting fluttering streamers and kites
And drifting the reluctant sand

Everything is laid out in front of you here A space to roam and breathe and run
The horizon line seldom obscured
And no clouds over the sun

Here in Spring amongst grassy mounds The skylark's precious eggs are hidden Wherein life to songstress is granted Then from earth to heaven bidden

This is a place to sit and reflect On life and it's queasy embrace A chance to feel at one with the world A chance to feel at one with this place

#### **This Summer**

This Summer will never be here again We cannot relive it;
For our memories we cling dear
For the moment until they too fade
And disappear.

We will look back and think of these As golden days; When the turmoil and struggles are over We will see the calm and the clear And hold these days dear.

## Thomas Gainsborough

Your oils lie on canvas
Now over two centuries old
But then, so deftly and quickly painted
With brushstrokes skilfull and bold

The magical blur from your hand More deceptive than thimblerigs We still draw breath today At 'The Blue Boy' or 'Girl With Pigs'

Were you ever given to dream
That your works would still draw eyes' gaze
Under a hundred thousand dusts
And setting suns to end the days

### Those Who Really Care

Spend a day in my shoes
Toe my dusty line,
Then which would you rather choose
Your shoes, or mine?

Firstly, they're a bit scuffed Yours might gleam and shine, Mine are rubbed, creased and roughed Not a good sign;

The soles are worn
To almost paper-thin,
A car would have a SORN
If in the same state they're in;

But, funny how my shoes tell Which is friend or foe, For some they ring a warning bell A sorry tale of woe;

But others don't mind what you've got Or what clothes you wear, For possessions matter not a jot To those who really care.

### **Thoughts On Poetry**

Poetry should be written, and read or listened to In solitude, in calmness
Where inspiration can spawn great thoughts
Not read out at massed gatherings
Where people compete for attention,
Promoted like cheap merchandise,
"Look at me, I'm a poet"
Poetry is not about 'getting it out there'
Unless it's stated aim is solely to entertain;

Solemn thoughts cannot rest in a crowded place Poetry is a quiet moment in a quiet room When there is time for reflection and profoundness, Poetry is individual and personal But can send out a lifeline of understanding For others to share and hang onto; Poetry is free, not forced And, although guided by the poet Ultimately goes it's own way; Poetry is not a concert or a frivolity Poetry is something that moves you But not the person next to you, For everyone hears with different ears And reads with different eyes, Poetry can only resound in the silence That follows the breath.

#### **Thrill**

With perpetual cycle, we seek peace When it arrives, we seek thrill; We tire of that and long for normality Grassy riverbanks and waters still We languish, semi-contented Innocuous days start to bore With heavy hearts we turn again To seek the thrill once more

## Through A Filter

Seeing the world through a filter
A prism that deflects the light
Put up a fight;
Dont give in, for givers-in never win
Fight back;
Dont lack courage
Take the next breath and dig right back in
Go back to the beginning if you have to
Remind yourself of the things you love
And rise above the gloom
Let optimism bloom
Let hopes take flight
And defeat the night

### Through The Woods

The way ahead curved and bent
Through the wizened trunks either side
And with each step secret vista uncoiled
Further distraction with each stride;

The dried and rutted mud path pointed the way Between bluebell carpet and ancient tree
The harsh call of the wind was persuaded
To blow a soothing leaf-melody;

Across the fields it had made it's chilling sweep But in the woods a mere sigh, It's tranquil and restful message played To the song-making birds on high;

And in this place there paced no other feet To spoil the becalming of our minds, No other eyes peering out to spy on us Through the twiggy blinds

Until, at last, we felt absorbed
In this land of sunken roots and steady boughs
At a great depth away from the world
In a stillness that life seldom allows.

## Tidy Desks

We sit at our tidy desks
And dream of wild days by the sea
We collect our papers together
And think of what might be;

A shaft lighting the dust Through a tiny slit Come filtered good times The memories flit;

Cherished times, momentous times Things beyond the glass As we sit at our tidy desks And watch the time pass.

#### **Timeless**

Time has tried to damp the fire And left it's veil of dust, Tried to sap the forces of desire Turn the gleam to rust;

But you are timeless, then and now As rivers endlessly flow, No matter when and no matter how No matter where you go;

For as the sun will rise and set As the moon will wax and wane, Eternity in a moment is met And so it will remain.

## **Tiny Beetle**

O, tiny beetle
Across our floor you crawled
Unaware of our presence
Your scattering feet scrawled

A kind of helpless dance Along that slippy floor Not knowing where you were going Or what you were there for

Although first instinct
Was to crush you underfoot
That was quickly stemmed
As I saw you in your rut

And thought of myself
In just the same vein
Making the same mistakes
Over and over again

Rushing headlong
To the wrong destination
Immune to the truth
And dumb to sensation

So gently I picked up
This tiny dot of black
Carried you outside and
Lowered you into a pavement crack

#### To A Child Unborn

Listen, future child unborn
Not imagined in the womb,
Read these words of yesterday
As if I were in the room;

For ingrained in every passion That you hold or dislikes accrue, I am silently guiding your path In everything that you do;

I did not invent this route From the cloth I have been torn, For I too am carrying the torch I am the past reborn;

For death alone could not part us My seed was cast anew, And although you do not know it, I am still a part of you.

### To Be A Boy Again

I know I am going somewhere That would gladden any heart I am going back to places I loved When almost at the very start; To the windy top of Skiddaw To the slopes of Honister Pass Where as a boy I used to run Up the steep and heathery grass; To feel the freedom in my veins To taste the mountain air To remember how things used to be In the days when I was there; To touch the heights of serenity To be downpoured in the rain I am going back to the golden past To be a boy again.

#### **Toby**

I once was your companion true
Through the harsh times of yesteryear
I braved the bitter gales with you
Under the moonlit skies so clear;

We entered the dark nights together With no fear, for we had each other We walked to the end of our collective tether Your anxious feelings I smothered;

But now I am no longer at your side And nearly everyone has forgotten me But just as surely as the returning tide I will never stray from your memory.

## **Today**

To each day
Let there be joy confined therein
Such that the day is a perfect entity
With no fear of the night;
Let faces be shining and happy
And laughter fill the air
And sweep the hills;
Let the moments be drawn out
And strung together
In a seamless robe
To wrap the whole day around;
Let us live for now
And not dread tomorrow.

### **Together**

So now, with time running astray
The days and years ebbing away
With no further brake that can be applied
No way to turn back the inrushing tide;

Not for us the leisured existence of the tree Who long outlasts the likes of you and me, No, our term is a much swifter one In a short spell our job is done;

But what we have that the tree does not The thing he lacks that we have got As he stands alone in the stormy weather We came through all the storms together.

### Togetherness (Cows In A Field)

We have chosen to lie together In this corner of a field of lush grass No-one told us to do it; We made our own minds up.

It is a long, large field We could have picked any spot, But we picked this one.

We don't argue amongst ourselves For we are peaceful sorts.

We have had quite a nice day
Munching grass and looking at things,
But then we got a bit tired
And needed to lie down.
Which we did.
Here,
In this corner of a field of lush grass.

There is a respectable space between each one of us Enough space to allow us to feel unhampered But close enough to know we are together.

We are all of the same mind Although we didn't discuss things first We all just drifted to this corner And lay down.

Later in the morning we will all get up And chew some grass.

## **Tomorrow And Today**

With the peeling back of our cares Comes the opening up of the sky, Just as surely, revealing her wares, The clouds roll slowly by;

For one droll day in the sun When youth held us in it's lazy hand, When life was endless and fun And tomorrow just another strand;

And settled on the daisied grass A new Spring has found it's way, And all the others we let slip pass Merge slowly into today.

#### Tomorrow Will Be Good

To walk freely across sunny fields
In peaceful times, in open lands,
To be learning on days such as these
From older and wiser hands;

To feel tomorrow will be good
That there is something worth hoping for,
To be still fresh and pure of blood
Life still an open door;

To have a fullness, never to feel hollow From innocent ways and innocent deeds, To have the unshakable faith to follow Where the steep path of life leads.

#### **Town Hall Clock**

Faintly, through the grey morning
I heard the chiming of the Town Hall clock
Distantly counting it's stock;

Feebly carried on the breeze As if from another world Whilst under blankets, toes curled;

The sonorous tone dispersed
In the mist and the miles between
Your lofty origin unseen;

Yet making it's threadbare connection Over the streets' bricks and wood From a place where I have often stood;

How often it is that we ignore
The understated notes, the little voices
But those in which the heart rejoices;

Peal out your timid contribution Without fear of it's shy expressage For I have heard your quiet message

#### Traffic Jam

Winding rivers of red tail lights
Winding away into the night
All stuck in a jam and having regret
No land speed records being set

Audi, Fiat, Honda and Ford
All in a queue and getting rapidly bored
Did car manufacturers ever know
That 'Gran Turisimo' would mean 'so slow'?

Late for concerts and supper dates
Late for meetings with your mates
Late for getting home and watching TV
Late to put the oven on and make the tea

But wait a minute! It's not all sour!
We're moving again at 5 miles per hour
But don't go ordering the celebration cakes
We've had to go and stamp again on the brakes

We're in a jam and ground to a halt Is it really anyone's fault? Not mine, for certain, so don't blame me I'm only trying to get home for my tea!

## **Trail Together**

We have been on this trail together, you and I With lots of highs and lots of lows, We've known some good times and some bad times That's the nature of life, I suppose;

But when I think back now and review
Though years have passed, ahead still everything,
I'm glad we've been on this trail together, you and I
And I wouldn't have swapped it for anything

#### Train Ride

Rolling stock metal-on-metal glides Cutting a swathe through English countryside Measuring relentlessly the length of our land Day diminishing unspoken under God's hand

We sit, facing each other but not speaking Carriages grinding and dry brakes squeaking Rhythmically topping sleepers set under the track Sun setting quickly as the day turns it's back

Porters staggering and lurching, replenishing our cups Spying from the window, cables looping up, and down and up All dreaming of home; the journey's highlight Viewing in fast forward, England in twilight

#### Trauma Or Collateral

It's going to be a barnstormer
The new gritty ITV drama 'Trauma'
But scheduled at a time strangely bilateral
The first episode of the BBC drama 'Collateral'

Which will you watch this evening at nine? I'm confident which choice will be mine For the fate of both is already sealed I will be watching 'Julius Caesar - Revealed'

#### **Treasure**

We are building up a stock of days To call upon when we grow old, Filling our hearts with joy So that they withstand the cold;

Will we ever be this carefree again? So wrapped around with love, Our brimming plates laid down to us, No need to push and shove;

Our clothes, newly-washed and ironed Arranged for us to wear, Each day filled with laughter and play Fending off sorrow and care;

Each day spent thus, a paradise At leisure, no frenzied hurry, These days our youthful treasure To slake tomorrow's worry

#### **Tree**

Your leafy tresses shake annoyance
That you cannot catch the wind,
Rooted toes inveigle the crusted earth
But have never sinned,
Nor heard the clock ticking,
Through the restless squall;

Steadfast and patient you stand As the mighty waves toss, As wars are waged, crosses borne As gravestones mildew and moss, Unseeing and undying, Whilst all around we fall.

#### **Trees**

I stand firm here Immovable Watch as life goes by And I have to let you go;

My feet are in the earth Immovable
I can only sway in the winds
As they sweep to and fro;

What is the meaning of eternity Uncountable
As men make their mistakes
I watch them come and go;

My arms find life each Spring
Irresistible
But I cannot wrap them around you
I must let you go;

The earth spins and tilts Endlessly But I stand firm here And I must let you go.

#### **Tribute To Roker Pier**

The young ones do not know as yet

Of the battles, the ships lost and wrecked,

When your straight silhouette was besmirched

Under high waterlines bedecked;

When you took the endless bitter nights
And made the surging tides your slave,
Borne Roker footsteps that echoed the past
As you turned back each angry wave;

When you bent to follow the horizon line Standing solidly, proud and fast, Over-swept by the salted gales Absorbing the North Sea's blast;

When your stern stonework protected the pebbly beach Until it seemed you could stand no longer, When each failed battering only enhanced your pride With each lashing spume you grew stronger;

When your attention never split or wandered Between venomous spit and becalming slop, You guarded unceasingly the River Wear Carried the ghostly fishermen atop;

When we were saved by your sluggard walls From the mad and reckless storms rescued, The young ones only see your rugged veil And a frustrated sea, subdued.

#### **Trow Quarry**

The grass seemed reborn in it's green Having been warmed and defrosted By the midday sun and now in a scene That the ice no longer accosted

The eerie call of oystercatchers rang Round the gnarled and bleak quarry sides But only a fleeting gift to my ears Before drifting away with the tides

Oft times before my feet imprinted this grass With faithful dog and hopes set too high But time since fleeting in it's swift pass The dog in heaven and my hopes all awry

Strange, how the ghostly memories still hung As the North Sea lay remorseful and dull How yesteryear's dog barks still rung In the quarry's ethereal lull

I stood there briefly emboldened By the greatness of the space beyond My warm escaping breath fast coldened By the winter's chilling magical wand

The sky looked down, no longer brightened As the modest sun started to slip Below rooftops and the grass again whitened In frosty hands with their bejewelled grip

#### **Twig**

I cast away a twig of hope That noiselessly lands and floats serene Blind knot eyes upturned on the river's slope Admiring the peaceful scene;

You travel under arched bridges and towering trees Between jutted banks strewn with stones, Gently ruffled by the afternoon breeze Blending and swirling the brownish tones;

Where your journey ends I do not know But time matters not on your drift of grace, Down the river, out of sight from me you go To laugh silently at the human race.

#### Two Blackbirds

The two of them danced Not as a couple, but apart On the wet morning grass They would prance and dart

They listened, with heads cocked Until resuming their hopping beat Then acutely stopping again to listen To the worm castes beneath their feet

He black, her brown
Inspecting the garden at random
For fresh evidence to solve the crime
Like Morse and Lewis in tandem

Sweet blackbirds, with unbridled hope My dreary morning re-born With your effervescent hunt For the spoils below the lawn

### Tyne Valley Mist

The ground was slumbering Beneath your chilly wrapping Absorbing the sun's bounty Fiery energy sapping;

Obscuring sky and horizons Lying heavy in the vale Smothering the morning Cradling hill and dale;

An exact moment arrived
With sufficient time spent
Which lifted your gloomy shroud
Made your clouded grasp relent;

And, like shy actors
Becalmed in creative rage
The submerged valleys glories
Entered upon the stage;

We had not misplaced What sunny wavelengths yield Once again tree and green slope Are openly revealed;

The heights of the day Upon our fortunes riding Gave them back to us They were only hiding.

# **Tynemouth Longsands**

Sea breezes sweeping faces
The moon ascends the land
Then descends in lamp-lit traces
Shadowy memories hidden in the sand;

February's mantle briefly lifted From tough grass and dunes Watery sunlight carefully sifted Promising days of June;

An invisible trace An untraceable gleam A familiar face Fulfilling a dream.

### **Ullswater**

Sun-warmed pebbles from the shore Caressed our tired feet As we walked along our secret way

Where views pierced the hanging boughs Of greened mountaintops, Foamy crests and spray;

People in the distance queued To pay for an hour of freedom To edge nearer to your charms

As sailing boats with yellow sails Danced and bobbed in joy In your sprawling arms;

We threw stones as wishes
Along the laughing waves
And then down to the depths beneath

To rest with the others
Thrown long ago
And whose memories we keep;

And as we stood in awe
And tasted the breeze
That eased our cares to release

The waters of the lake Subdued our fiery souls And granted us a kind of peace

# **Under The Verdant Canopy**

Under the verdant canopy
Of leaves dripping in the rain,
Muted birdsong becalming
Peace resting unrestrained;

An interlude between suns, Shadowy boughs for rooks' mating, An ethereal forested glade A feeling of waiting;

A safe place, a hidden nook
Where no other feet tread,
A vacuum beckoning silence
For words that were never said.

# **Under Wearmouth Bridge**

We stood between blackened stone columns
Carrying history, high and proud
The world racing frantically above us
But down here, no longer loud;
We were glad to have discovered
A place we had never stood before
Amongst these sturdy pillars
Far beneath the traffic roar;
A vow was made to return
View the work of stonemason hand
To sample again the green tranquillity
Hidden below Sunderland.

### Undo

Undo everything done to date in it's order Dig up 'Mrs Simkins' from her place in the border Unpaint the fence with each brush stroke undone The wood left parched under the rays of the sun

Unprotect all the honours so stoutly defended Unspend all the precious monies expended Unmake all the critical decisions made Replenish the wine glass with flat lemonade

Quench the fires that burned by and by Make drab the brightness of the morning sky Cheat the game played and rigid laws flout Unsing what your heart once poured out

But where would it get you, this undoing dream?
Be left forlorn by the banks of the stream
Unfulfilled by the sorrows absorbed
And poorer forever in the eyes of the Lord

## **Upstairs Downstairs**

So they gathered for a drinks evening in London West One The social elite eager to look on As Edward and Mrs Simpson were due to join the din They guests got a shock when the butler heralded in

None other than a high-ranking German to the 'hop'
It was, of course, Joachim Von Ribbentrop
In tow with said Mrs Simpson that night
Not a sign of poor Edward, perhaps it was fright

At the thought of the dowsing to come
For, in order to redeem her social aplomb
The lady of the house ordered the waiter to be cute
And 'accidentally' unload a tray of drinks over Von R's posh suit

The staged accident worked faultlessly, with the butler tripping Forcing Von Ribbentrop to leave with his coat tails dripping And everyone breathed a huge sigh of relief And sank their teeth once more into the corned beef

## **Vaping**

Vaping is better than tobacco So we were told yesterday But now there is an alternative view Now its just as bad they say

But on reading beyond the headlines
Which of course are there to grab our attention
It appears the trials that they set up
Deserve a bit more of a mention

For the effects on the aorta that they report Are from 5 minutes of tobacco they tell Then compared to the effect of vaping From fully a half hour's spell

Why pick such an extended vape
To base their comparison on?
Why not compare like-for-like sessions
Has all common sense got up and gone?

If we restrict vaping times
To the same as a cigarette burn
Then I reckon it's six times more healthy
That's the lesson I learn

But the scientists like to confuse us And change the rules at their ease So my message is to carry on vaping But stop after 5 minutes please!

## Vapour Trail Sky

We gathered once more in the old place Under a vapour trail sky Memories dancing through our minds Of the days that have passed us by;

These are the Trow rocks of South Shields Standing stark and bare, cold and proud Drifting with time towards oblivion Hidden away from the crowd

The crumbled concrete standing ragged Where defences once braced against invader The tumbling and scarred rock faces With time and tide the degrader

Soft clumps of velvety grasses
To bound over, clamber and climb
A slice of the silver moon overlooking
The hollows of mud and grime

An adventure, an escape, a secret place Set in bitter winds, far away from the world Where the dunes sit limp and exhausted Their fingers round timber balks curled

The gun emplacement implacable It's barrel pointing out to the sea Aiming at no-one in particular But thinking it defends you and me

## Victorian Sunday

We walked on the same grass, Shaded under the same trees Breathed the same air; We talked excitedly, Shared the same hopes, Saw the same light everywhere;

They caught our eye,
We heard their voice
On tier, slope and hill;
They, too, gathered by the bandstand,
Stood patiently in the queue,
Felt the same sea fret and chill;

Sampled ice cream,
Drank reviving coffee,
Felt the top of fence posts;
Looked to the evening,
Wanting to be safe,
Walking amongst their ghosts;

Laid out new clothes,
Polished shoes,
Wore their Sunday 'best';
Took bravely to promenade,
Stared out to sea,
Shy hid behind the rest;

Ran finger down stiff collar,
Adjusted pleat,
Smoothed crease and rumple;
Took their place
In our sepia prints
As time saw them crumple;

Now you walk forever With nowhere to go In the empty park; Watch as we repeat Your Sunday stroll 'Till the light turns dark.

### Wait

I have learned to be patient
Though not a patient man
I have learned to cherish the moment
Breathe the air while I can;

Life is a series of days
In which hopes accumulate
The reward is not in it's coming,
But that you had to wait

# Wait For The Light

Now that the sun is low in the sky
And another day has drifted on by
The ticking of the clock will steadily confirm
That this hour has gone and will never return.

For we are set forward in a headlong flight With no arms to raise or time-weapons to fight The force that moves clockwise the slender hands That have greyed the old and quelled the bands.

We must join in the race with the dusk to greet The departing rays as they slide to complete The end of the day and the start of the night And lay our heads down and wait for the light

### We Are All The Same

Wherein lies the meaning of the world? In our hearts, minds or souls Or all three, or none? Are we just an extant species With random thoughts That add up to nought, Chasing around in circles, Dilly-dallying and dawdling When on the verge of the truth; We hesitate to say what we really believe For fear of offending someone else But dream of a brighter day For ourselves alone; We care about our future And that of our loved ones And pretend the rest, No matter how well practiced our frowns; Our footprints are soon smoothed over, Our history read and discarded, Our efforts in vain but for ourselves; And we are all the same.

# We Are At Your Mercy

We are at your mercy
For when the day is ended
We have to hope
The sun has not been offended
And that you will return
Be once again reborn
To take us out of night
Towards the next new dawn.

### We Are Here Now

We are here now And can forget all our troubles in an instant If we could just throw them away Into another day; This frail path we walk along Where each moment can be a lifetime Or gone before we can even see it, Where love and life pass so swiftly by In the blink of an eye; But we are still here We have gone from young to old The advancing years beckoned And in a fraction of a second Swept us through; Pointless to measure Rather just treasure What we have now.

### We Are The Last

We are the last of the children
The ones who roamed in the breeze
Felt the sunshine on our backs
That dried our muddied knees;

Our mams would wait for us
To come home late for tea,
Knowing we wouldn't be back in time
Knowing we were free;

And they worried
But in a different way
To the mams who worry
About their kids today;

Sweet and mischievous Unhindered and wild Allowed to play and run Allowed to be a child;

Come with me fishing For tadpoles in the burn Come with me wishing, With so much to learn;

Yes, we are the last of the children Who didn't rush to grow
The ones who tasted being young
And didn't need to know.

## We Can Swing Together (A Tribute To Alan Hull)

The reliving of musical glories
Filled the air with forgotten ribald parties,
Drunken times and inspiration,
Bitterness and brilliance,
Cynicism and pride;

We joined together in raucous celebration of times past,
A generation or two had slipped by in the meantime
Just like the Tyne had lazily dribbled
But the young ones didn't know, notice or care
As they sang and danced
Twirling faux pirouettes and rocking hips;

The interim epochs were encapsulated Wrapped in North Eastern love And set free in bubbles of sound That drifted away overhead on mandolin strings, On no pre-destined route Other than the breeze had in mind.

## We Got Through

Now that the blackbird greets the dawning And evenings have a twilight haze I think back to the depths of Winter And how we got through those days;

We kept our hopes alive with laughter With brave thoughts and daring to dream We thought of the freshness of the meadow And sunlight glinting on the stream;

We baked mince pies and Christmas cake We toasted the season with sherry We remembered the loved ones lost And determined to be merry;

We braced ourselves against cold mornings We put on two pairs of socks We rubbed our cold hands together Our scarves flapped like windsocks;

We visited outdoor winter fayres
And tasted warming ales and cheeses
We braved the severe winter gales
And dreamt of Summer breezes;

We looked out through misty glasses And watched the frost sparkle and harden On the grassy tips with no daisies between And wished they would adorn the garden;

We gazed out at the cold black sky
At the shimmering moon above
And waited calmly for Spring to arrive
With our hopes and dreams and love

## We Laughed As One

We laughed as one, long and loud
Against the sombreness of the day
Dancing in the freshness all around on the hilltop,
But the rushing of the air warned us
Shivering limbs and shaking leaves,
Some already succumbed and fallen;
Purple thistle crowns waving magisterially
Under tight clusters of orange berries,
Store against winter's ills
All telling us the summer had gone.
In one final defiant collective display of joy
We ran until our legs ached
And breathed in lungfuls of the gusts
That had come to take the season away.

## We Were There That Day

People standing high on the cupola, unseen Under the blue skies of Florence Behind the alabaster screen Looking down on us As we made our nervous way;

The sun was warm on our backs
But we had a train to catch
And we couldn't stay;
We could only slurp hastily
At the offered cups of history and culture
Scattered through the streets,
Our mark only transient footsteps
In submerging sand;

Our little band of adventurers Not chic, Not sophisticated, But not weak And dedicated to one another;

The Ponte Vecchio bore our weight
And along narrow footways we edged
The setting almost too great
To take in;
The swift afternoon hours our only possession
Which quickly slipped away
But we were there that day

## We Will Go On Forever

No-one can deny us now
We have finally found our way
We've learned, we know how
As surely as we stand together today;

For you are me
And I am you
The leaf on the tree
Under the sky of blue;

For we exist as one No thought ever truer On this earth we live upon Through us you endure;

We have beaten life's test Something it cannot sever We are the very best We will go on forever.

## **Weather Forecast**

The sun shines
But then the wind blows
Bringing the clouds
And then it snows

Breezes ruffle the hedge But guess what then? They turn nasty Becoming gale force ten

### Welcome Back

With blinding glare the sun re-emerges Where has it hidden amongst the dirges? Streaming through grey veils of gloom Bringing the darkness to it's doom

Some other planet it must have warmed Whilst round the candles our mankind swarmed Some other heart it must have lifted Whilst we through brighter memories sifted

So welcome back our fiery neighbour No longer through the night we labour Stoke up the earth's boilers once again Remove the blot of the black sky's stain

# What Became Of The Day

Now that the sun has shone
And burned itself inside out
Now that you have left me all alone
With just myself to doubt
The day that has just left me
Seems an eternity away
A different age when we ran
And lost ourselves in the play
What can have become
Of the bright and hopeful morn
What persuaded the evening
To steal away the dawn?

### What Do We Know?

We think we know what makes the grass grow We think we know what makes day and night And what creates the sunlight

But then we find out a little bit more
Which disproves what we thought we knew before
So really we are wide of the mark
We're just groping around in the dark

So the next time you hear about warming of the globe
And to compensate you start to disrobe
Remember that temperature isnt necessarily subject to inflation
Because now they think the sun's gone into hibernation

### What If

What if it all came to nought
And there was no silvery tomorrow
What if the future could not be bought
And everything ended in sorrow

What if all the binds and ties meant little As if we never held hands at all What if all we thought solid was brittle When we have to answer the call

What if there was no hope or laughter As if no tears had ever been cried What if there was nothing to follow after And it had all been a meaningless ride

What if it was all just a magic delusion With life a trick of the light What if all that existed was confusion And a dreary never ending night

But ask me to give up my vision
And place optimism on sale or return
That would be asking me to give up my spirit
Which still so fiercely burns

So whether or not there is another day
On which my hopes are pinning
What matters is thinking that I'll find a way
And view the end as just the beginning

### What Price Our Memories

When the fresh morning air Blew over the south bay When the crystal bright sunlight Beckoned the start of the day What would the world have thought Had we not been there to see The lapping of the waves And the rustling of the trees? If our footsteps had not traversed The streets of the old town If the rain had not fallen and fallen On its way down to the ground What if our spirits Had not had the chance to bond What price our golden memories In the waiting years beyond

## When

When spirits are all together
As in a team
When thoughts and prayers jostle
As in a dream
Hope and happiness ignite
A fireball of love
And peace descends on us
From the heights above

### When Did You First Tie Your Own Laces?

When did you first learn to tie your own laces? Were you eight or nine years old? When did you first start to wear braces? For the purpose your trousers to uphold;

What a struggle it used to be Putting on your own vest It used to take an eternity And then you needed a rest;

Remember when you never washed your face And it used to get covered in grime Chocolate would be smeared all over the place We used to have a great time;

Someone else would comb our hair And take time to put in a neat parting About tidy appearance we just didn't care Our lives were only just starting;

When did we first learn to blow our nose? Instead of letting it run and bubble When did we first adopt a self-conscious pose? Why do we bother to take the trouble?

## When I Look Back

When I look back on the olden days Albeit seen through a rose blossom haze It occurs to me that it's a shame because We didn't realise how great it was

At the time all the troubles and woe Overshadowed the warmth and the glow Of those days on a reliable track But you only see this when you look back

Now in these days of turmoil and change It's seems very hard to rearrange Emotions into an orderly state For thinking back to the days that were great

### When I Retire

When I retire (if I ever get there) I will run round in circles Jump up and down in the air; I will do handsprings And a crazy loop-de-loop Sing at the top of my voice Let my inhibitions droop; Turn cartwheels and climb trees Dance merrily down the street Attract the attention of the crowd Forget about being discreet; Behave ostentatiously Wear silly clothes and look flash No longer melt in the crowd Act outrageously and rash; Do all the things I didn't do No longer the issue shirk; Take hold of my own life And stop going to work

# When Night Lays Down

When night lays down her heavy veil And shadows conspire in the park The starry constellations blaze their trail Open blinds let in the dark;

The moonlight ripples on the pool Trickling silence as she ascends Cinders now lie black and cool Among charred and black beam ends;

But at the coming of the dawn New hopes the soul ingrain The moon from the sky is torn And the fire is lit again.

## When Pennies Were Kisses

If I become a rich man tomorrow I hope I will not forget today When we confounded sorrow And drove our troubles away;

When the precious currency was love When pride allowed our hearts to sing When pennies were kisses that rained from above When we had nothing but everything.

### When The Fun Ends

A question that has been troubling me And I'm sorry to be so blunt But at what age do you realise That you've got your vest on back-to-front?

At a young age we seem blissfully unaware Of the vanity in the 'grown up' human race Like the fact you're wearing odd socks Or that chocolate smears your face

We used to come home with grubby trousers All dusty from the cinder track We forgot to bring home our glasses And our hair was sticking up at the back

Do we suddenly hit an age of realisation When carefree things to the winds are tossed; Maybe that's when all the fun ends And when our innocence is lost

### When Was It We Shared That Dream?

When was it we shared that dream? When all about us was what it seemed, When the days were so sweet and dear When the long nights held no fear;

Every day the invaders arrive

To make sure that nothing can thrive

No seeds sown that might germinate

Oversee the shouldering of their weight;

Every second they pry and survey
To choke the beginning of a settled way
To drive away calm that might infest
Their care-strewn, cruel and agonising test;

When was it that we shared that dream? When hopes coursed through our bloodstream When all was in reach of our arms outstretched When the future was just being sketched.

### When We Awake

Oh, mirror in the sky
What is love?
Can the child within my heart rise above?
Can I sail through the changin' ocean tides?
Can I handle the seasons of my life?
From 'Landslide' by Stevie Nicks of Fleetwood Mac,1975.

We sat at the water's edge in silence Watched the surface ruffled by the breeze And for a moment, there was nothing, Nothing but the past and what the future sees;

This whole life has been but a dream One fallen into gently from above And one we must slip out of When we awake from love.

### When You Grow Older

When you grow older
The world will not be the same
The rules become more rigid
Of what seemed an easy game;

The details start to blur
Of the places you have been
The laughter not so free
The sunny days unseen;

Lost the little hiding places
Lost the secret den
Lost the precious innocence
When the 'now' becomes the 'then';

Instead we feign our happiness And devious plots contrive We compete man against man In order to survive;

We stumble around in the dark
Ever searching for the truth
When the answer is right in front of us
In those happy days of youth.

# When You Wave Goodbye

When you wave goodbye
I take a sigh
Our love unsaid,
To see you standing there
Without a care
All those years ahead;

You are growing day by day
In your own way
In your eyes a different light,
But it's best to stay a boy
To keep that joy
Stave off the night;

As the ages advance
With time the lance
Days on the calendar crossed,
Moss grows on the stone
Old people all alone
Waves on the shore are tossed;

So stay with me
Let time be
And hold my hand,
Keep that joy
Of being a boy
As rocks turn to sand.

### Where Would I Be?

Where would I be without you?
I would be where strength is never found
Where the reassurance of love is lost
Where ships have run aground;

Where would I be without you?
I would be where hope cannot sustain
Where all endeavour is futile
Where the clouds are full of rain;

Where living is an empty care Where hands were never held Where peace is lost to war Where dishonour was compelled;

Where the morning light never spills Where promises are never true Where nothing worthwhile is worth having, Nothing without you.

### Who Invented The Dot?

Who invented the dot?
That is, the dot in 'dot com'
For now there are dots everywhere
Where did they all come from?

The fella who invented the dot Must now be a billionaire Wallowing in a sea of his own dots With cash floating in the air

I wish I'd invented the dot And sold them at a penny a time I'd now be a few quid richer Without resorting to crime

The next big invention

Could be a new type of comma

Maybe a comma but with wings

A bit like a Lancaster bomber

That leads me to another question
The difference between a dot and a full stop
This is a particular query
That I'm not prepared to drop

If there is anyone out there Who could answer this question with ease Please get in touch as soon as possible Answers on a postcard please

# Wide Open Skies

I need to fill up my mind With wide open skies And stretching blue seas, To unshackle the binds To bathe my eyes To set myself free;

And so I watch the tides
Hear the waves' rush
Stand on the lonely shore,
Till the high sun slides
Till the sea birds hush
And then the day is no more.

#### Windermere

We leaned on the brass and oak railings And watched as the water churned Billowing green candy-floss clouds As the propeller turned; Watched as a million tiny starlets On tops of ripples flashed Dispersed to heaven and back As the propeller thrashed; Edging closer to the landing platform We looked back at our wended way Past islets clumped with green Past each inlet and bay; Took in the greatness of the lake The rugged mountains and peaked backcloth But now it was time for leaving Our memories scattered amongst the froth

### Winter

Winter, you have lain on my garden Clumped soil and split frame, Made soft landing place harden Frosted glass and played icy game;

Made the branch leafless and bare Stolen the evening gleam, Stabbed lung with embittered air Picked at the threads of summer dreams;

What divine call do you ever hear?
What goads you to enter the fold?
Do you stand over green meadows and leer?
Relishing that the blood will run cold?

Do you live in a cavern dark
With no thrill or glow to befriend
With light just a solitary spark
For the sunny day to end

## Wise Words

What wise words we utter from our lips Only to ignore them ourselves What guidance we give to drifting ships To run aground on rocky shelves

Wisdom is dispersed with generous intent Amongst our sisters and brothers But no matter how kindly sent It is only meant for others

# Wish The Day Away

The fingers of the clock
Would not move around the face
Time seemed to be endless
As we gazed out into space

The rain fell without interval
Interminable it seemed that day
But when eventually the night fell
We wished we hadn't wished the day away

Because it wasn't until afterwards
When you look back the day to rate
That we realised we were struggling through
A day that was truly great

How often does that feeling come upon you And wrap it's futile hands upon The aching that you want something back Only too late because it's gone

# Wogan's Answer

Wogan was asked by the Pastor
If he believed or not
He had to answer in the negative
Though his collar got a little hot

Due to a a certain discomfort
On being asked such a direct thing
It made him stop and think about
The lucky life he'd been living

To what did he attribute
This wonderful life so great?
He paused for a moment then replied
That it was purely down to fate

The Pastor persisted with his questioning And asked what would Wogan say To St Peter at the Gates On the judgement day

Wogan cast his eyes heavenward And jutted out his chin, And in an apologetic voice whispered 'Can I still come in?'

### Woodhorn

No longer the tread of pit boots Helmets left on the rack A grey gloomy sky surmounts all They won't be coming back

No longer the sinking of shafts To find earth's flinty black crease A pit wheel stilled and silent Now just a museum piece

Gone the men who braved the dark Gone, the pit ponies all set free Gone the hacking of the face Gone the bait box and pigeon cree

Now we trudge in this new world With power shower instead of tin bath But still we can feel the atmosphere Still feel the aftermath

Now just a black and white photograph
The man who scraped the blackened crust
Who spent his days below the surface
Fought for his future amongst the dust

Goodbye the sons of mining fathers And those that were there the last Goodbye to Woodhorn's doughty soldiers Goodbye to our mining past

## Woodstock

Adolescence and freedom
Hopes, fear and rebellion
Intertwined down the twisting rope of time;
All the same, all expended
All drifted away on the same air
That the solemn church bells chime;

A scorching heat, a thunderstorm Skies crowded with bonded roar, A star spangled banner to wave; All gone, all lost forever All just as unattainable As all the other things we crave.

#### **Words For Autumn**

Spy the coming winter, our overlord, Brewing up his glorious discord Of frosted edges and numbing toes Stood limply next to the bloomless rose;

For low suns are burning the blinds, Scorching holes in our shadowed minds, Leaves no longer a strident green, Haloed in a golden sheen;

And, like our hopes, falling to the ground Under autumn's wings, without a sound, Or is that just memories gathered there? Under the trees, so stark and bare;

Out of tune with summer's mellow chime, Our roots must stand the test of time, Persist and develop out of sight, Keep on growing through the night;

Bring us the harshness of the seasons,
For a thousand different reasons,
We are alive and feel the sun
And there is so much more still to be done.

# Written To A Dog

We own the earth
The hills and the fields
The crops are ours alone
All that the land yields;

We are rulers of the globe You are granted our permission When to be wild and free It is not your decision;

The beaches are ours to enjoy alone
They are there for man's pleasure
Not for the sea birds that wheel overhead
Or the nests that hold their treasure;

We give you a taste of fresh air But you are never truly freed Even on your walks with us You have to stay on the lead;

Everything must be just right for us We are rulers, you have no free will We say when you can enjoy the space (In the months between October and April).

#### **Years**

The years pile up Like leaves at my door Memories on memories, And, like them, they drift Through my mind.

To let go of the past
Is so hard,
So tempting to cling
Onto things no longer there
Like grasping at the breeze;

What was it all for?
Those days past and gone
Do they add up to nothing
Like the leaves
That lie at my door.

#### You

I know you very well,
Better than you know yourself,
For I have come to realise
My imprint,
My self in you;

For all that it is
That I have in me,
Whatever it amounts to,
Useless, or not,
Has been given to you;

All of my heart
That beats in me
So loudly,
That no-one else hears,
You hear;

My fears and misgivings, Mistakes and errors, Will surely recur, Wrong ways taken You will take;

But their darkness will be lit With hope, Protection offered, By my home-loving Which is etched in your soul;

Solitude and shyness Will haunt and hamper, Will be a river to cross, But you will get there Like me;

You will find in yourself An inner core, Stronger than could have been guessed Waiting at the heart, The very centre of you;

Great moments of joy
Peaks and highs
On the special days,
Worth more than any gold
These too are yours;

Be better than me
Set a higher bar,
A nobler standard,
For you can truly surpass
What has gone before;

And in my sleep,
My resting somewhere else,
I will stir,
Gently touch you
And say that I love you.

# You (My World)

With not the slightest effort
That no-one detected, or turned to note
You brought love into my world
To loneliness, the antidote
And with your heart, devote;

With no practiced smile
You lit up the darkest room
You brought light into my world
Dispelled the gloom,
Made the roses bloom;

With no false premise You spoke words that were true You brought truth into my world No other meaning construe Encouraged trust to accrue;

And now, with my tired eyes
I see through the rain
You brought hope back to my world
Soothed the pain
Let me live again.

## Young Queen

Surrounded by prancing Whig and Tory (Some of whom thought they were witty) We are being told young Victoria's story But did she really look that pretty?

Queen V. is dependent upon 'Lord M.'
For guidance and general advice
Which he dispenses with great acumen
But despite having repeated it twice

Vic elects to completely ignore
And sets out her own chosen stall
Discarding the words of one who's been there before
Got the T-shirt and seen it all;

The inevitable outcome of such youthful vigour Through not electing the right way to go Not testing one's thoughts first with rigour 'Sorry, Vicky, but I told you so'.

### Your Time Is Yet To Come

In a sudden moment
A calmness descends
And the war with Winter is assuaged,
The waves cease to crash
A truce with despair is struck
On the fields where the battle raged;

We taste the scented freshness
Our feet run on the warming grass
Amongst peeping buttercup and clover,
Once our children ran alongside us
Now our grandchildren bound away
There is a feeling of handing over;

Your time is yet to come
Across all seasons and wars
The treasure is locked away still,
The magnificence not yet dawned
Your life to flourish and blossom
Like the budding daffodil.