Poetry Series

mandy supergirl - poems -

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mandy supergirl(29/06/1981)

ive been writing poems since i can remember.i love to write poems, it helps take things off my mind.

A Friend Returns

the light from the street flickers in my room, im standing still, for i see a shadow its shape its human but it is not mine,

my eyes are fixed on this, a cold chill runs up my spine, my hand they turn icey, the room is full of silent words,

is that you my friend...

i gasp as coldness takes my breathe, i look around for signs of someone else, im all alone, i stand in fright, has my friend come to see me tonight,

and then your gone, the air returns my hands are warm again but my heart still burns.

And I No You

and i can see you i see what u really are

you have a tendency to be false just like a fallen star

to perceive is what you do best uncapable of understabding me deceiving is a part of your body it comes so Naturally

you lock yourself up deep thoughts embroiled in your head your eyes are locked in a deep glaze in the mirror wishing you were dead

how funny life seems to turn out things happen when you least expect them most Surprisingly shocked by your own reflection has this is what it has come to today!!!!

remembrance of a childhood past remembrance of dreams that did not last remembrance of the horrifying times please be still and listen to me, im trying to help you, help me!!

Baby

baby life hurts us so much, it takes a chunk out of everyone, i try to hold on but i lose my grip, like the darkness covers the sun,

we both know its not fair, its how the world goes around, bad things happen all the time, you gotta pick yourself up when you fall down,

but baby i feel better, when i look into your soul, when i know that your around me, i can accomplish any goal,

day time offers heartache, when im awake its when i think, but you put your arm around me, helping me not to sink,

like quicksand i can be swallowed, by my thoughts inside my head, them crazy thoughts, them demon thoughts, that drive me to the edge,

but baby i feel safe, when im wraped in your inbrace, with your hand in mine i know ill be fine everytime i see your face

Bleed

someone save me, someone save me from myself, someone hurt me and i couldint defend myself, someone love me, a little tenderness is what i need, someone care for me quickly before i bleed, happiness is over rated, pain makes the world go round, hit me let me feel the pain again, show me im alive and that i care, scream at me at the top of your lungs, scare me, cut me, let me see the blood on my face let my heart beat faster and faster, let my heart stop.

Bye

whats this ur trying to hand me what are you try to explain whats the truth that u wanna tell me whats happiness have u got to gain

i look around, and yes i see
i know exactly the monstrosities
what u think i have forgotten
like if you would let me to
like a time machine, pushing my memoires to the test
why cant you let the demons rest

i have forgotten, theres reasons whyi want to live my life...alive! !! i want to play and not worry about feari want to know that you will not appear

you come into my dreams you reaper night to night i try to block you out from my dreams i wanted you far away from my life

illusions remain a mystery dreams they come what may killing you is what ill do to make my sadness go away

Cant Let No1 In

i cant let anyone see me i cant let anyone in ive been hurt far to many times i cant handle being hurt again

i wont let anyone see me cry in fear they think im week i cant express my emotions my emotions i just cant keep

bottled deep inside my heart my memories of my emotional suffering are tearing me apart its like bad dream i just wana wake up

i cant let anyone see me i cant trust nobody but me i just wanna stop this torment before it posses me.

Circle Of Friends

i have a circle of friends on whoem i can depend who i would give my life to protect until the end who makes me laugh when i am down who makes me smile when i am sad who shows me utter loyality and all the joys that are to be had who takes me on journeys who sings to me when im blue who tells me i am precious you know im talking to you! who likes to tell stoires who likes to cuddle and love who knows me for who i am and still they do not judge i have a group of friends all who i adore all who mean the world to me there my family i couldnt ask for more

Crazy World

This world i do belong to,
This mirrored, shadowed world,
This darkness that has blinded me,
Has made the world so cold..

these Religious protesters, who fight for our world peace! ! yaaa right! ! thoese Democrats and Politicians.. who try and make the world at ease...!!! lol

some are fightn for there faith, some are fightn for you and me, some are fightn cause there just as...hol...es but some are fightn for there beliefs..

i dont no!!! i guess this world is just crazy, a whirlpool of ups and downs, a transformation of mans progression, fighting and understanding, whos right and who is wrong!!

Dream

i had a dream the other night
i dreamt i was with you
but when i wake the following day
i knew it wasint through
but some day soon my dream will come true
and ill be back with you mam
but till that day i say i hope it will be soon

Dream 2

im wide awake i cannot sleep i cannot brethe my mind cant sleep

my thoughts on overdrive to much to do to much to think about while missing you

my heart beasts fast deep within my chest my eyes fill up with tears.....

sadness draws upon me
as i swallow down my fears
memoires float in my head
remembering how you just to be
my mind is still on overdrive still i cannot see

so i hide what i no put them thoughts in a lil bottle i hide so i cant see.....

the truth it hurts so much so i see what i want to see i wish i could just closw my eyes and dream into a sweet dream

End Of Days

I see you my girl, I see you in my dreams, Hello how are you my friend and do you miss me, I hold you when I am fast asleep, I cuddle up nice and tight, I talk to you conversations in my head every single night, I see you when the light has gone out And when the stars come out to play, I always count the hours until the end of the day, I miss you, I miss you so much In the day and night, afternoon and dusk, I love you for every breathe that you've taken in this world The things you accomplished on your own, I'm counting down the hours I have left, Before the day lets in my friend and then I can see you at your best, Our memories our happy laughter in the sun, Our giggles, our drunk dancing, your my number one, I will remember you when I'm old and grey, I'll remember you until the end of days.

Grim Reaper

refined with no effort a enchanting smile loveable adorable an unpredictable child

spontaneous at all time never boaring to me as the expulsion of air from our lungs laughing Constantly.....

but faith changes over you dont smile anymore no laughing no happyness its your time to go

silently into the night death creeps up to you bringing nothing but destruction, sadnees and gloom

your smile has know faded i cant see you anymore the grim reaper has come and knocked on your door

with her scythe in her hand she takes you away deep into the darkness, theys no light of day

but my friend you are strong you will feel no pain you will feel no suffering....... youll just feel the rain

as the raindrops fall gently from the dark skys above you decend from my world, with all of our love

Her

and i saw her
looking down from me above
and i felt her
uncontrollable love
and i miss her
with every breathe that i take
then i wonder
why did god forsake

as i wonder through this empty life alone i sit and question my uncertainty is growing

the illusions of life, and love and peace the illusions of my mind i try and keep

yet i wonder approaching sorrow as i go and i remember the way her soul did flow

Janice C

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refined, intelligent, compossed and humorous.
a loosey tearm for one to see,
for one whoem really understands me, !!!! haha
deep affection for a friend or a a child
strong predilection shes one of a kind,
determined in tasks she does not fail,
helping anyone without Hesitant, she dont bail
understanding problems family or with friends
always trys hers best always preveils
i know u have problems, i know u have worries
life trys to make us carry what we cant carry
she puts us to the test
she makes us feel no good,
but with friends on your side
with friends like me and you
like friends liek what we have got
jan we will always help you through!!!
night time comes and time to sleep
i swear im laughing now
but time apart from any heart will
break the strongest down!!!!
you is my girl we love yo so
i guess what im trying to say
is in this shitty world of life
you will neva be alone today
i could go on saying all nice things
that I love the way you SING!!!!!!!!
that the way you make me mind the baby with a SHITTY NAPPY!!!
trying to make u smile!!!!
sur u know i loves my sheola my crazy fooookin pig!!!!ooohhhhhhh
but i do love the curtins girlls
thats it...the boat has sink!!!!
haha hope u likessssss xoxox
mandy supergirl
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Jom Wuzzy

We are but blood but i feel ur pain, not by a glance or a text its coz our hearts are the same, your a independent soilder, your a angel in disguise, your a faker of emoitions for them childs you wont let them see u cry.. your remarkable in so many ways, your an understatement to many byt few,, but when all come to all and the shit hit the fan.... your ma janice and i love u for being you.

Loneliness

i can feel loneliness approach me i feel it creeping up on me my heart bleeds for companionship my heart bleeds for love ones lost sometimes i feel so empty when im sitting all alone to much time to think to remember things long gone time stands still for no one times not on my side where can i go where i can be safe where can i go to hide loneliness is on me feeling depressed feeling sad loneliness is all around me making me feel bad i write a letter fold it up then put it in a bottle i let the wave of the ocean floor sweep away my worries goodbye loneliness

Lost My Way

Am I walking in the night?
Do I know which way to go?
Am I talking to myself?
Am I all alone?

I am underneath the stars
Underneath the sapphire sky
I am standing in a field
And then I start to cry

My mind is going crazy
Unstable thoughts fly through my head
I fall onto my knees
Wishing I was dead

Have I come too far in this life? I have got here by myself I have lost my way in this life And I can't blame anyone else

The rain starts off silently
Little drops come at first
I sit here quietly on the ground
Wishing away the hurt

I stand and stare at the sky
The moonlight covers below
The world is in darkness
Then my heart begins to glow

I'm not ready to lose myself yet I know I can find a way To help myself and love myself Gota do it day by day

I walk through fields of emptiness As I start my journey on my own I look deep in the darkness Then the moon begins to glow I know that it will be hard Tears will be a plenty But life just seems so meaningless My heart is simply empty

But my spirit is strong
I've got my angel by my side
No more running away
No more trying to hide

This life is what I make it This world is here for me I've gota believe in myself I gota believe in me.

Miss You

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i see you,
i see you in the night when i close my eyes,
i feel you,
i feel you breathe on me while im sleeping,
i dream of you,
many nights have passed but your forever in my mind,
i want you,
here by my side like we used to be,
i hope for you,
that you are happy where you are,
i miss you..all the time.
i love you, for you are my sister and my friend.
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My Angel

hey there you my angel, hey you my shining star, i bet its warm where you are sitting, i bet your dancing yes you are,

i can feel you looking down on me,i feel you warm just like the sun,i can picture that great big smile of yours,tina greany your my hun,

a sister, a mother, a daughter a caring and loving friend, a joker, and a player youll be remembered until the end

many jouranys we have travelled, many roads we have gone, all our memoires will live forever because memoires do live on

when i look up to the stars ive picked a special one for you and i wish for your soul to be happy and rest in peace to

ill never ever forget you
as if i ever could
i have your face skechted in my heart
your voice is in my head,
that stupid laugh, them things you do,
how could i ever forget you,

ill say goodnight to you every night, and hello every day, ill talk to you and i know youll be listening its like you never went away,

ill leave you in my memory, when i was with you last a laughing smiling friend of mine

a cherrished memory from the past

alas dear friend ill let you go my heart is saying goodbye, ill leave you with al the love in this world but tina dont you cry,

we will meet again you and i, our destiny cannot end, for we will be forever my sister forever together my friend

Night

im falling so fast, like thunder i strike, nothing to hold onto, this is my last life, im drawn to the darkness, seduced by the night, temptation all around me, this is my goodbye....

my body starts shaken, i feel nothing inside, im so sick of running, ive no place to hide, my eyes fill with tears, i gasp to catch my brethe, cant take anymore pain, my heart she is dead...to many memoires, that i burried for years, have returned with such vengence, have returned all my fears, i feel so alone, like a ghost no one sees, my soul is so lifeless, i fall to my knees, the silence surrounds me, im traped in this hell, cant find no other way out, this is the end, this night is so cold, i feel time standn still,

No God

am i a disbeliever because i doubt in you, am i a disbeliever because i hate the things you do, you have taken so much from me, you have cracked my soul, you have broken my heart, the hate inside me grows, you ask that i follow you, that i pray to you in need, that i ask you no questions, that i simply just belive, then yes im a disbeliever, not just for the things you do, but for making people belive in false gods like you.

No More Pain

no more pain for me i ask no more sorrow today no more worries for me this week problems go away

a journey i have to start to help me heal this pain i cannot bottle my feeling up any longer they will end up driving me insane

no more tears for me today no more crying my checks are wet no more hurt for me today no more trying to forget

i gota face my nightmares i need to reajust myself no more running away from me i have to trust myself

No Tears For Me

No more tears for me
I ask that you open your eyes and see
That I'm not here anymore
It wasn't my choice I had to go

I miss you yes I do
No one could eve replace you
I'll know that you'll be watching me everyday
And protecting me on my way

You could look deep inside my soul
You could reach the places no one else could go
You could see the rage inside of me
You could see my monstrosities

I want to be all alone
I don't want anyone else but you
I wish that I was strong
So I can pull myself through

Standing on the edge of the bridge
I look down to the river below
I wonder if all my torment
Could be swept away in the rivers flow

I smile as I hold my arms high in the sky And with my last breathe I attempt to fly

I feel the wind blowing up in my face As I turn and I swirl and I glide out of place

My eyes are wide open
My heart doesn't glow
As I fall to raging rivers below

No more tears for me Please do not cry No more tears for me I wanted to die

Panic Attack

caged like an animal, i cannot breathe, i wanna run away, i wanna break free.

a prisoner ive become, my minds not at ease, i need some help, help me please.

the airs disappearing, i struggle to breathe, i pound on my chest then fall to my knees.

im hoping and praying that this will go away whilst knowing inside this will not be the last day.

im stuck where i am, i cannot break free, im the one thats doing this im doing this to me.

Peek A Boo

What is this I do see before my eyes? Hiding in a shadowy disguise Is it you my long lost friend Have you come to say goodbye

I thought I saw your face today
Passing a window on a shop glistened by the light of day
Your reflection I'm sure I did see
Did u not see me?

I always look around the room
I assume that you are there
Hiding in a crack or corner
Hiding somewhere near

I hear a sound
But I do not see thee
Are you toying around?
My friend are you playing with me

I pray that time will allow us to see each other soon Until then my friend We shall just play peek a boo

Poem For A Wonderful Woman

i tried my best to think of, a title of this poem for a wonderful woman that i know her name is madaline cowen.

a woman with such power a lass full of light a mother with so many stoires a dancer in her own right

a singer and a performer who could drink a gin or two a woman who worked all her life shes got years on me and you.

a granma that baked cakes and babysat her babies till dawn a granma that gave advice to the gran children that she adored

a mother that has fought sickness with her family!
a mother who conquer her demons and all lifes monstrosities
a Spectacular and fantastic soilder who fought for her country and won who traveled the world with her platoon her stoires were seen by the sun.

a woman who lived all her life to the full energetic and full of bubble a dazzling woman with stoires untold a straight out wonderful woman.

a story that she once told me all about itchagu park will always remain in me like maddy deep in our hearts youll always be remembered in our hearts and in our soul youll always be welcome in our dreams in our dreams you can go

i look forward to singing with you when i fall asleep and all the memoiries that i have of you these happy memoiries i shall forever keep.

i could go on for hours in fact i could go for days to tell u all the good things shes done in her many years,

im not saying she was perfect neither are me or you what im saying is this was a wonderful women through and through and through! ! haha

but know shes laid to rest her body is at peace theres no more pain, no sadness and madaline can sleep.

Remember Me

remember me when the day begins remember me in the night remember me when your feeling sad remember the sweet words i said to help when u felt bad remember how you cuddled me like a bear hug big but soft remember my voice as i reassure you everything will be alright remember the way i looked at you with happy smiling eyes remember what i told you you should never have to hide remember our song on the t.v remember dancn joyfully with me and everytime i feel down and blue i will remember you.

Saphire Sky

under the saphire sky im walking all alone, my mind is thinking of you and wishing you were home...

to see your face just once to bear hug you like i do im walking under the stars and my mind is only on you

you come into my dreams yo come and say hello you held me in your arms its hard for us to let go

i often walk at night underneath the moon underneath the saphire sky where im always thinking of you

Shadow Of A Friend

what is this i do see before my eyes hiding in a shadowly disguise is it you my long lost friend have you come to say goodbye

i thought i saw your face today passing a window on a shop glissened by the light of day your refelction im sure i did see did u not see me

i always look around the room i assume that you are there hiding in a crack or corner hiding somewhere near

i hear a sound but i do not see thee are you toying around my friend are you playing with me

i pray that time will allow us to see eachother soon until then my friend we shall play peek a boo

Sharon Casey

sharon heres a little poem coming straight out form my heart to explain the friendship that we have to tell you from the start

we were strangers you and i when we meet at first but that turned into sisters with a lot of love and trust

we have shared so much joy we have had so much fun but the bond between you and i has only just begun

our life may travel down many roads some of sadness and full of pain but youll always have a friend in me to help you smile again

heartache is a journey that in life we must overcome like darkness covers the light still we must move on

lives have been lost along the road family and our friends to many tears have fallen from our cheeks our hearts they need to mend

youve always understood me and i know how difficult i have become but you would always put your hand out for me your light was always on

we have shared so much laughter theres so many stories still untold but youll remain in my heart forever now and when im grey and old. i can see us sitting down when weve hit the 80 mark drinking tea and telling stoires of a truely spectacular past

remember when i broke my bones not just one or two i bust my ear and bust my eye who did i come to....you

many times you picked me up when i had fallen down to much drink again tonight mandy thank god you were around

now i know the oceans separate us you are so far away but our bond is still so strong its growing day by day

thank you for being there for me for giving me unconditional love for being a sister and a best friend your my angel form above.

Simply Life

humanity, insanity
Diversity
monstrosities
unloveliness forgiveness
memories of a happy bliss

remanence of a childhood passed a remanence that would not long last

heartache hovering over an open wound redemption come i hope it comes soon

weeping am i not then again am i here!! i follow the night sky into the darkness of the upper atmosphere wishing i was neither here nor there

my memories do seem to haunt me just like its groundhog day what do i need to do to make this recollection to go away

is this the way we are ment to be what distinguishes you from me is it the environment in which we grow

this is life

no one knows!!!!!!!

Stressed

deprived emotion symphony stolen regaurdles of suffering regardless of pain no body understanders me, no one takes the blame

a monster a animal a devil full of hate why did this happen this is not FATE

you say god has plans hes minds everyone we all are hes sheep but im sure were hes fun

hes testing and turning hes making us bleed but wait they are people who still follow his heed

goo away and forget me
before i do blow
because all of this suffering shall boil dep belown
and someone will get hurt they will burn down down in pain
and it will happen again and again and agian

The Abyss Of Time

i stare into the the abyss of time. silence fills the air apart from the beating of my empty heart theres no one at all here

stillness surroundes me on all sides have i being forgotten!! memoires plauge my mind like an everlasting dream my expression confused, sadness where has everyone gone

The flood of questions rambling through my mind as i sat bewilderd

time has moved on without me

The Crying Girl

i gaze upon the crying girl, i gaze and try to see, what are her convictions, whats is she hiding from me??

i look into her eyes so dark, her eyes that are filled with pain, her eyes that are filled with heartache, her eyes that are filled with shame.

her eyes they are filled with loneliness, desolate from human touch, maybe wishing for some Companionship her eyes they tell me so much..

the crying girl she tells me a story, but yet she does not speak, all i see is this photograph, and the blood upon her cheek

her skin so pale, as white as snow her lips like strawberry jam, her hair as black as coal can be, yet shes a beauty to every man...!!

a single red rose lays way up high, curled and twirled neatly upon her head, entwinend deep within her long back hair, like a porcelain doll she looks on by.....!!

Reflecting a image of sadness and pain, she Pierces my soul, like a dagger inside, my fleash rips and it bleeds and i endure pain, my crying girl she remains the same!!

Time Catch Up

standing on the edge of time, id surprise her if she saw my face, would she recognize this little girl, now stands a woman in her place.

i would show her no mercy,i would let my rage out,no time for questions, no time for doubt.

how did we get here, what did she do, you were an innocent little girl, what did she do to you.

no time for answers, times nearly up, you deserve what you get, you drank form the devils cup.

her body started shaking, she didint know what to do, as my eyes pierced hers, she said ohh mandy its you.

but no time to say sorry, its already done, the hates taken over, revenge has won.

she fell back in slow motion, and slid down the wall, not a sound did she make, as she handled the fall.

i bent down beside her, and lay a kiss upon her head, a single tear i did cry as i watched her life escape her body, and then she was dead.

Tracy M For My Cousin

as a child i did know you but time has made us lose touch a stranger you had become to me but now not so much!!!!!

we seem to have found eachother im delighted i am for we share the same blood we are from the same clan

we discuss of our memoires of our remembrance of friends recalling our happy times from the start to the end

we speak of our loves and our dislikes we have we speak of honesty and when times have gone bad

we have both endured suffering time and time again but it seems we have found a way to pick ourselves up from the deepest depravitys from mans evils touch to survive and belive to conqur the fear to belive in ourselves for we are both here

i look at your photo and what i do see is my friend is my cousin is loyalty

with love i do wish you the best in your life and im here when it chucks out

nothing but strife

i am sure that we will meet again someday soon you and your guiter with me and drinks under the moon x

Watching Out

i can only hope that your happy, that your smiling down at me, that your heart is still beating....joyfully

i hope your with our friends, helping our lost soilders find there way, telling stoires full of fun, bringing joy to everyone,

singing gracefully in the sky,
watching angels flying by,
watching airplanes soaring through the clouds,
watching all of us below,
watching snow flakes slowely gliding down,
to cover the world in snow,

i can picture you watching me, laughing at the silly things i do, whispering in my ear, helping me get through, the hard times they do come, the sad times are there to, but i know your presence is with me and ill always be with you.

What I Like

i like looking at the sky at night time
i like staren at the stars wondering what creatures
are up there
i like standing on the edge off the ocean
watching the waves ingulf eachother
over and over again
i like watching the sun set
all the BEAUTFUIL colors binding with each other
i like watching the moon go to sleep

as darkness fades into the background and soon light reappears i like walking through the country the smell of fresh Autumn trees tingling my scences i like the feeling when im with my friends i feel i can accomplish anything with them by my side

i like the word forgiveness theres nothing greater than The act of forgiving i like many more things but that would take me all day

Will I Ever

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will i ever smile again
will i feel them butterflys deep inside me
will i ever smile again
hopefully....Possibly
will i ever feel love again
will i feel my heart beat with joy
will i ever be happy, only time will tell
all this time i think to much
yet sometimes i do not think at all
will i ever feel wholeness
this life is one big toy!!!!!!
my crazyness overwhelms me
and im sure i get to you
i drown in pain and sorrow
yet i try and pull myself through
time she is a mystery
unknowens to me and you
my life.....!!!!
will you help me through??
i stare up to the sky
i see the stars and moon
i wonder if a black hole
would apper and swallow me soon
i know that life is crazy
i know that she is bad
i know i got to fight her
with everything i have.....
peace!!!
mandy supergirl
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Words

when words just cant describe the meaning to your soul, when your essence is the meaning to how your world does go, when memoires do plauge your mind, abundant full of soul, i wish i could remember the way that life would go...

despair are my emotions..
two words combined you will see,
forgetfulness a wishfull dream, on which you think on me...
the shadow of a friend,
obscure and seeking silene in the dark...
recurring dreams!!! that haunt the night so still......

the emptiness misguideded movements.. on which i cannot see...

You And Me

as i gaze up to the night sky the stars they twinkle as i walk on by and i smile as i think of a whispering past my precious memories forever to last

as i walk in the street that once you used to be as i look upon a photograph theres you and me

i always reminisce of long lost days of happy times that came our way of days that were full of nothing but fun i shed a tear for them days are gone

but memories i shall forever hold deep within my heart....

our stories told among our friends as we sit and cry and laugh xxx