**Poetry Series** 

# Kayla Duf - poems -

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# Kayla Duf(October 15,1991)

I'm 17 years old. I have been writing since I was 14. I write to make myself feel better about everything that goes on in my life. I live with my boyfriend of almost a year now. I have 2 sisters and one brother. I don't see any of them very much. I have alot of issuses in my life. I hope you enjoy my poems. Please feel free to leave comments or message me. Kayla

# A Cry In The Night

I'm sitting here, In the dark, Everything is quiet, Everything is Silent, I close my eyes and count to 10, Waiting for what is to come, I see it all in my mind, happening fast, Wait. Listen. Hope, Hear a cry in the night, Hear the single shot, Hear a wimper, I feel something running down my face, Its warm I touch it, see its red, I realize its my blood And see that it was my Cry in The Night

## **Breaks My Heart**

What do you want from me, I'm sorry I can't be what you want to me be, Life just doesn't work that way, I want so many things, I have no idea where to turn, I'm so confused and now I'm stressed, It feels so wierd I don't want you to be mad at me, Please find a space in your heart to forgive me, I can't find a way to make this work, It's like you how I feel, And keep yourself away, And it breaks my heart, But I understand, I didn't want these feelings, Now I'm stuck with them, There was no way to stop them, They just appeared out of no where, There was no time to even realize What I had let myself do, And now I must suffer with feelings, I don't know what to with them, This is all new to me, I don't even know how to tell you how I feel, It so much more to me than you will ever know, And I can't risk this ever, I want to tell you so bad, but I know I never will This isn't fair to either of us, I'm sorry for the pain I cause you, Its so hard to believe that your in my life, And I'll never even tell you the three little words, That could make or break my world, So I'll just keep telling you the only way I can, With my eyes when I'm not looking at you, So that you will never see that I'm breaking my heart over you.

## But You Will I Promise

What is love, Why does it hurt so much, It's not fair, nothing hurts as much, Life itself has never hurt so much, As you leaving me did, I don't know why, but it did, I think Love should have never been invented, It hurts more than breaking every bone in your body, You say you didn't want to get hurt again, Well if you keep this up, One day all you will feel is hurt and pain, Because you will be all alone with no one there, To help you, support you, comfort you, And you'll have no one to blame yourself, You may claim you pushed every one away, Because you didn't want to get hurt again, Well someone told me, The only person responsible for your happiness, Is well you, So think twice about every thought, Think four times before every action, Cause you never know whats gonna happen in the future, And I know you know that, So be careful Shawty, Cause one day you will regret this decision, I don't know when, how, or why, But You Will I Promise

## Dying Alone In The Night

Here I am, lying in the road, What is happening, what is going on, Why I see fire to the right, I hear sirens far off, coming closer, Then I feel myself being picked off the ground, I feel the vehicel start away, I see a bright light, I see my grandpa, He's calling to me, telling me to come, I say I am, but the light its so far away, I hear a familar voice say, stay away from the light, But my Grandpa, hes calling to me, He's healthly, has his legs, I run to him, The light goes out, I'm gone, I died alone in the night.

## Falling Out Of Love With You

Why do I feel this way, I feek torn in 2, You don't trust me anymore, Things just aren't the same.

I don't want to leave, But I'm getting scared, What should I do, I care so much for you.

Your pushing me away, I can feel it in my heart, What am I supposed to do, I can't take this anymore.

I'm so young I'm not ready for this, We're just a joke, No one takes us seriously, Your always getting mad at me.

Over such petty shit, Making me feel like, I can't do anything right, I feel guilty when I'm out.

Hanging with my friends, Do you still want me, Or should I walk out that door, And never come back.

Tell me what do you want from me, You better say something fast, Cause every moment you wait, Is another moment I fall out of love with you.

## **Flashes Of Silver**

I'm sitting alone in my room, With the moon shining bright, I see these Flashes of Silver, And pick up whats shining, I realize its blades, They seem so friendly, Asking me to give them blood, And I do, I watch the blood run down, Feel my life leave me, I fall asleep and never wake up again.

#### **Forever And Always**

You may always be outnumbered, But there will always be, those to support me, If I finally find happiness, Why do you, Want to take it away, I thought you actually cared, But I was wrong, I should have, Never let you back in my life, BUT I didn't listen to my gut, I listened to my heart, And that was a mistake, Why, How, could I have ever been so stupid, To trust you again, I'll never forgive you again, All you ever do is hurt me, And I know you'll never stop, So say Goodbye, your out, Out of my life forever, and always.

## Forgive, But Never Forget

It feels like a weight has been lifted, When you talk to me, when you look at me, It feels like everything is in the right place, I can't figure it out, I was sure I didn't want you anymore, Love is corrupt, it loves to peel open old wounds, I don't know if I'll be able to take another hurt, I care for you, but not in the same way I once did, I still have feelings, but I won't take that chance, Not again, you hurt me for the last time, I will forgive, but, I will never forget, My life is not yours for the taking, At one time it was, but you blew it boy, I sometimes wish that you would hurt, Like you hurt me, but I don't wish that for you also, I hate to think of you in any pain, Maybe it would be better, If you wouldn't take my attention anymore, Make this easier for everyone, Let us leave where we are calmly, So we don't end up hating each other, I don't think I'll ever hate you, My heart won't let me, But please don't hurt me again.

## Forgotten

You were always there for me, Giving me hope in the darkest places, But that was all just a show, I bet you forgot me, and I just can't seem to forget you, I see you every time I close my eyes, You, were, have been and always will be my everything, I don't know why, But I just can't seem to hate you, Even in this form, since I died, I seem to have been Forgotten

## From The Bottem Of My Heart

I'm sorry I screwed up, But there I said it, Whats done is done, I can't change what she said, I know I made a mistake, This isn't how I want us to be, I can't be who you want me to be, I never will, I'm sorry I broke your heart, And now you can't seem to find it, You say you feel nothing, I know how you feel, Believe it or not, This is all from the bottom of my heart.

# Hiding

I'm looking from side to side, I can't seem to decide, If only he could see the pain he is causing me, I don't know how much longer I can fight, He makes me so sad, I don't want to face the light, My heart is broken, I'm wounded deeply, I love him still but it's not the same, I don't want to hurt him ever, But he just doesn't seem to want the same things, I want a family, but he just doesn't, It's starting to get hard to breathe, And I can't think of a way to end this now, I fear I am in too deep, I have fallen for his friend, How do I say I'll love you forever, But I just don't want you anymore, Our dreams are not the same, Not any more, I'm sorry, I just can't deny my heart any longer, It feels like it is going shatter, And your going to keep all the pieces, So now what do I do, Now that I don't love you, I just have to stop hiding from the truth, I have to stop hiding and tell you the truth...

# Hurt

Your gone and you can't hurt me anymore, Your out of my life, and I'm out of yours, Thats exactly what you wanted, You know what its also what I want, All you seem to be able to do is cause me pain, I'm tired of dealing with, I don't want to get hurt again, Whats the point of going where you know you'd be hurt, Over and over, and over again, I'm tired of hurt, I'm happy now, I'm not coming back, I don't want to get hurt again.

## Hurting

So this is where we are now, Is this it, where you want off, Your gonna leave me here all alone, Why, I don't deserve this, I should have known to never trust you again, All you want to do is hurt me, More and more, I can't take that, I don't want to hurt, I want happiness, I want peace, and love, in my life, But with you there, That's something, I'll never achieve, I don't know why, but your not you, I won't let you in this odor anymore, Give me my heart back, So I can put it back together, And you can never hurt it again.

## I Just Don'T Care Anymore

Fine then dont listen to me anymore, I don't care, You've hurt me for the last time, I won't let you do this to me, Not Again, I've had enough and I know what to watch for, Screw you, and your tattoos, I hope you know that, you broke my heart once, I won't let you do it again, I try to tell myself, He's not worth it, All he is gonna do is hurt me, I can't deal with that pain, Not again. I loved you then, and I still do, But I won't let my love, hurt me again, Your not worth it, Not again, You've had your chance, And I won't let you hurt me again never again, I just don't care anymore, Not enough to let you, Back in my life to hurt me again, Never AGAIN!

# I'M Gone

You thought I couldn't do it, I was too weak, I'll never make it on my own, Come crawling back to you, You don't know me that well, I'm gone, and I ain't coming back, ever I don't need you, I've got people, Who care about me, Do anything for me, I'm gone Get used to it, Cause I'm not coming back this time

# I'M Sorry

I think we are better off as friends, We were friends, when we started, Now your in love with me, I'm sorry I just don't feel the same way, It's not meant to be, That kiss, should have never happened, Then it would, only still be a crush, Easier to get over, I took what no-one will ever be able to take, Life isn't fair sometimes, Im sorry, But it's meant to be this way, I know it hurts, Trust me I know the feeling, But your not the one I love, I'm in love, so deeply, buts it not you, I wish it would be, then I wouldn't hurt you so bad, But it's better this, way that you know now, Instead of later when it will hurt more, But I'm Sorry, Its not meant to be.

## Inside My Heart

I miss you, How much I'll never let you know, You don't deserve to know, You had your chance, to make me happy, But you know what, You blew it, And I'll never forgive that, I don't hate you, I never have, I make it look like I do, So it makes it easier for me to hide, Behind this mask that I've created, You'll never get the chance to know, Just what I'm capable of doing, Now I know what I hafta do, And you can't stop me, Nobody can, and I won't let anybody. Inside my heart

## It's Obvious

It's obvious, love hurts, It's obvious, I hate you, It's obvious, You hurt me It's obvious, You hate me It's obvious, We don't belong So why are we together again.

## **Keep Fighting**

Don't give up, keep trying, I love you more, than life, Don't stop fighting, You've come so far, It would kill me, To loose you, I wanna keep you, Don't ever let go, Just please, Keep Fighting.

## Leaving You Behind

I'm leaving, please don't cry, Dying is such a natural thing, For me to die, another shall be born, These are my final words, It's getting harder to breathe, Slowly, I tell you how much, I love you, You made, me smile on the worst of days, This I thank you for, But it's time to say Goodbye, I love you so much, No matter what, I'll know you always love me, But I don't want to be leaving you behind, And I know you don't want me to leave you behind, I'm sorry, but I have no choice I'm Leaving You Behind.

## Lost Forever

Well my baby is gone now, I hope your happy about that, Your not gonna be a dad now, I know you are, you told me you weren't ready, It's why you left me in the first place, I know its been about a month, But, now I'm ready I wanna talk about this, My baby gave me a reason to live, And you, like always had to take that away, I misscarried your baby, and you still take her side, The one that killed it, its both your fault, I hope you two one day end up alone, and feel like this, Its your fucking fault, I'll never forgive you, You don't deserve it, and you never will, Thats for god dam sure, I promise, Hope you have a good life, Because yours and my part together in life, Its over forever now.

## Make Belive

I pretend your just away for a shot while, But deep down I know your gone forever, I wish you were still here, I have to go on without you, Each minute seems like an eternity, I miss you so much, Each day feels like a month, I feel like I can't go another day, So I play this game, this game of. Make Believe.

## **Missing You**

My life is empty now, You just left me all alone, But I know its not your fault, Fate did this to me, And it will pay, I don't know how or when, But it will, This I promise you, I don't want to go on Missing You, I should have died, in that wreck not you, I was driving, not you, And I'm alive, and your not, People can't see whats going on, I pretend my happiness, I know you'd want me to be happy, But I can't, Now I must, live on without you, But I don't know how much longer, I can live on with out you, Probably not much longer, I can't bear to go another day without you, So I go to sleep one more time, I dream the most beautiful dream, Your there its our wedding day, That will never come, I'm beautiful, just like you always said I'd be, Your handsome, I look down blushing, and see my stomach, I' m carrying our baby, that will never come, I think, this is our heaven, And the mornings light never reaches my eyes.

## Moving On

Moving on is something, I know you don't want to do, You can't except the fact that I died, I'm sorry, I did, but its not good for you, To be this way, I don't blame you for this, I wish you didn't blame yourself either, I love you, and always will, Don't wish you could die, or trade places with me, Don't die by your free will, You have time and life, Use it wisely, Love others like you love me, I'm gone, a memory, I'm sorry but you gotta Move On.

## My Love Belongs To...

I'm with him, but wanting you, I don't know why, its a feeling, I have that won't go away, I can't seem to get you off my mind, I think I fell in love with you, But I'm trying to let go, So I can love him, more, Than I ever cared for you, All you did was hurt me, But, why can't I just forget you, Your face, I see everytime I close my eyes, I want so much to just close my eyes, and see him, No more you, Not anymore, Im falling in love with my new man, Yet Im still in love with you, Why, How, Who does my love belong to?

## My Tear Drops

I cant believe I said those words, So mean, So harsh, i care for you more, than I care for myself, Your my everything, but I just lost it, Being me just isnt fair, I get so happy, Then it all gets dragged away, I don't waste any more time, I love you, with all my heart babe You mean more to me, everyday, We get closer, and I love it, I can't get enough of you, But I'm ending it, With a single kiss, Goobye I love you, These final tears are for you.

## No More Suicide

I've finally decided your no longer worth it, My life is so much more than just you, The people in it, I'm lucky to have, Your way of living is killing me inside, I won't take it much longer I promise you that, I'm tired of always being in the backseat, But my life isn't worth taking over this pety bullshit, I'm gonna live my life to the fullest, and enjoy everyday, With my family and friends that surround me with love, My life isn't yours for the taking anymore, It's mine and I'm gonna take it, And make something of it, You made me loose the one thing in life I wanted, But I'm over it now, It's too late for you to change my mind, And it always will be now, Too bad for you, I'm not the same shy little scared girl I was before, Now I will stand up and say Goodbye one more time, Cause it's the last you'll see of me, I'm not yours, To control anymore, Im my own person, and I'll never be yours again, Death won't solve my problems, leaving you will.

## Once Upon A Time

Long ago somewhere far away, This girl fell in love, she fell fast and hard, But the boy, just didn't feel the same, Now she sits here feeling broken hearted, Wishing for things that will never happen, Now a years gone by and her feelings lessen, But they are still there, her heart speeds up at the sight of him, She misses the way he used to talk to her, The way he used to kiss her, Now it seems like he just doesnt care anymore, He just wants to hurt and confuse her, This isn't fair, 'Why me' she always asks herself, What did she do to deserve this heart ache, Of course she says, he must like making fun of me, But alas this is not the case, he says he misses her company, But she doesn't know what to believe with him anymore, She can't find it in her heart to believe, She was so badly scared last time, Unfortuneatly the girl dies, before she ever learns the truth, And this is the one 'Once Upon A Time' that has no happy ending.

#### Please Babe Never Let Go....

Well your mine, And I guess Im yours, At night I cant see myself, In anyone else's arms, To love and loose is sometimes better, But right now, if I were to loose you, I'd loose myself, I dont know how, I would continue on, Without your comfortingg words, Your arms around me, Your lips on my neck, The gentle way you bite me, The sensitive way, you hold me, The way you always seem to make me laugh, I can't seem to stop smiling any more, I love you so much, Please babe, Never Let Go...

## **Please Understand**

How could you do this to me today, Today of all days, This is not fair, You deserve nothing, friendship, nor forgiveness, I wish I had a stronger will power, Maybe, then I'd be able to harden my heart against you, But I can't, I want more than just friendship, Yet, I fear thats all I'll get, I don't think I could be just your friend, I don't know, Please Understand.

## Pretend

Do you think this is just some game, You pretend you care, but we both know you really don't care, About me, what we have, or nothing to do with me, Our friends think we are the perfect couple, They want to be us, But they don't know the truth, What its like to live like this, Hide, what you really feel, Always, having to play this game of pretend, Its infuriating. I'm gonna break soon, I can't use the same excuse every time, What should I do just play his game of pretend.

#### **Run Away**

So you ran away from home, Then you moved to your old one, So far away, It feels like I'll never see you again, I miss you so much, already, As I write this I'm trying to hold back, All my tears, It doesn't want to work, I don't know how much longer, I'm gonna be able to hide, my fear, I'm so scared for you, I can't protect you anymore, Your just to far away, Your my sister, I will always love you, No matter what, If you need me here I am just waiting for you, I love you, Please Come Back Home

## Saving Me

It feels like I'm drowning, Yet, I'm surrounded by friends and love, You always make me feel guilty about something, Why do you even talk to me, Are you trying to kill me, Honestly, what did I do to you, For you to hurt me like you have, I didn't start anything, It was everybody else, And I'm the one who has suffered, You just surrounded yourself with girls, And left me out in the cold, With nothing to make me feel alright, You made me do whats being done now, I won't take this lying down anymore, I can't deal with this pain anymore, It's time to make amends, It's over all of it, So say your Goodbyes, Remember you pushed it to this point, As you read this letter, adressed to you, I'm already dead inside, It's too late for you, For you to save what you started, Now you have to pay for everything, Everything that you did to me, So much for saving me.

## Season For Goodbye

Through spring, summer, winter, fall, I thought I had it all, The perfect life, I had the perfect life, But it was all taken away that fateful summer day, When you took him away, The day you took him away, I hope you realize the pain you gave me, I hope you know the day you took him away, Was the day I took my life away, It was the summer for Goodbye, It was our Season for Goodbye.

# Silence

Silence, I welcome it like a gift, Treasure my solitude, Hope for no disturbance, Love what you hear, Pray that no one will discover you, As the blade slides across your wrist, Carefully, waiting, for what is to come, Nothing but the Cold Night's Silence

#### Someone

Why do I do this to myself, I was finally over him, And now all I want to do is find someone just like him, I don't want a relationship anymore, I want someone who will be my friend, Someone who won't boss me around, Doesnt get all mad when they don't their way, I'm looking for someone, Who I believe doesnt exsist, Why not just have meaningless sex, It hurts way less, No need to give everything you got, Just to feel your heart rip in two more everyday, It feels like I wanna cry, But I know I have to stay strong, I love you with every fibre of my being, But can I stay with you, Do I still want you, Do I want to feel this anymore, I know you love me, But I cant seem to understand, When I say something about a another guy, Its disrespectful but you can say whatever about my friends, I cant believe you your such a hyprocrite Are you the someone I've been looking for, I dont think so, Not anymore, I don't see a future with him, Its with you, But I cant see anymore, If you are the someone I've been looking for

# Suicide

So this is where you left me, with the choice to kill, If I run, it shows my weakness, You know my fears, Its time I learned so I will learn your fears, If I run, I know you will follow, call to me everywhere you look, You lost your pride, your joy, When I turn up, you'll be all alone, So come say goodbye, one last time, As my coffin is lowered to a place you'll never see, I took those pills to show I was not weak, But it did what you feared, death came knocking and you let him in, Blame yourself I don't care, My Suicide is not the accident you claim it is, Because you couldn't face reality, I hated myself enough to die.

# The One

Here I am, waiting to hear your voice, Knowing that it will never sound that way for me, I'm not her and I never will be, I have no idea how to be her, I am me, But what I'd give to be her, Just for a moment, Just to see you look at me that way, But knowing deep inside it would never be the same, It kills me everyday, But I hide it, Just so I don't hurt you, I don't no how much longer I can keep this up, I have to hide so much from you, It breaks me a little more each and every day, Your the one I dream of at night, And how am I supposed to be able to move on, To leave you alone when I see you everyday, And sometimes we are alone, And I want nothing more, Than to know what your lips feel like on mine, We are so differnt alone than with others, And I feel like I'm the only one who sees it, I can't even talk to you without breaking my heart, And it seems you are pulling yourself away from me, I don't know if I'll survive it, You are the one that I will always think of, The one who I will never be able to tell the truth to, I don't know why, this is just so hard, There are too many things in my life, And this doesn't help, Please just tell me what to do, I need to know do you feel the same, Or am I just wasting my time.

# Untitled

I hurt you, when they hurt me, You cry, When I make you cry, When I'm happy, I'm hiding the fact that I'm sad If I mess up, its because you expect it, When I want to hurt you, I pity you, When I have a wild thought, I take action, If you accuse me of something, I didn't do, Stand back, Back down, or Prepare to fight, I may not win, But To Love and Lose Is better to not have loved at all.

## What Could Have Been?

I want you to tell me, Why you want to talk to me, I want, need to know what you are thinking, I love you, but I'm not in love with you, I don't think I was ever in love with you, It may have been leading up to that, But it never happens, I think what gets me the most, Is that I never got to find the ending I was hoping for, I want to let go, but I don't know if I can, All I can do is promise that things will change, But even then, who knows what could happen, I don't want to hurt anyone, even you, I don't want to hurt, and I don't know why, You just played me to get what you want, And yet, you still sit there in my thoughts, And I always wonder.... What could have been?

## When I'M With You

When ever I'm with you, I feel so much better about myself, It's a feeling like I can't believe, I miss you every second your away, You are one of the best things that happened, To me ever, I don't want to get hurt again, I won't ever hurt you intentionally, And if I ever do, I'll regret it so much, I never wanna loose you, ever, I'd miss you too much, Please don't ever let go,

## While In Your Arms

When I lay in your arms, All my problems disappear, I want you to never let go, It's like something I never felt before, I want nothing more than to be with you, Its a force so strong, that I don't know what happened, I'm falling fast, I'm so afraid that I'll get hurt again, You may promise, you'll never intentionally, Hurt me, But there is always that fear, No matter what, It will always be there, I'll try to ignore it, And I always will, try to, But I can't promise, But I will promise, To Try.

#### Who Are You?

You said you wouldn't hurt me, You said you loved me, You did hurt me, You didn't love me I was always second best to her, Now you can't have her or me, To stop you from have her, I took her away from you, To stop you from having me, I took me from you, I killed her, I killed me, Now, Who Are You?

# Why Can'T You

Why can't you see, I like him, I like you, I want you, not, him This is so hard, so unfair, I don't want things to be this way, Do you want to be with me, I want to be with you, Why can't you?

## Why Her?

You have your daughter back, Why do this to her, She's not a slave, You say how much you love us dad, But you won't get rid of her, That stupid girlfriend of yours, She's threatened your kids, You think that would give you a clue, But I quess it doesn't, I guess you really just don't care, You all you keep saying is, I'm clean, All you do is make promise's you won't keep, What did I do that was so wrong, I'm sorry Grandpa died, But we all have to move on, You can't make excuses any more, She caught you redhanded, And all you do is deny, I love you, but, I'm sorry I can't let you get away with this, It isn't right, You could hurt some one or your self, Daddy I'm sorry, I love you, But I have to do what is right, I won't let you hurt yourself any more, I love you so much, But it's time that, The right thing is done, I'm sorry this is gonna hurt her, But there is nothing I can do ease this pain, I know your gonna be mad, And I hope you wont be mad at me, I'm doing this for your own good, and Britty's, I Love You Daddy!

# Why Should I

Why should I be there for you, When you weren't there for me, Why should I care, if you don't care, Why should I love you, when I don't believe you love me, You weren't there when I needed you, in my childhood, Now its my turn not to be there, You claim you love me, but I don't know for sure, Why should I be here, if you don't want me here, So I'm here, but now I'm leaving, so this is it Goodbye, I don't know if I love you or if you love me, Like I said before its time for Goodbye, The next time you see me I won't be alive, The box I'm in is the last you will see, Those pills I took were prescribed, So this is it, its time for Goodbye, Why should I live if I don't have life, Why Should I?

## Why Won'T You

We were getting along fine, We were ignoring what they were saying, But I don't know what happened, You just left, snapped, seemed not to care, Even though you claim you do, But I guess thats life yeh? Full of bullshit, Guess so, you don't seem to give a shit, So why should I anymore, It's over, You refuse to follow your heart, So I won't try to change your mind, You can't help yourself, unless you can admit you need help, Love is for real, and it hurts and you know it, Don't deny it to me, for I know the truth, You can't and won't hurt me anymore, I hope your happy, I am, And I won't come back, because, I'm not willing to get hurt again, no one is worth this pain, Even you, so this is it, Goodbye 'lil 'G', Cause your not real to me anymore.

# You Won

You did all you could to make my life miserable, You Won. You made me think less of myself, You Won. You made me have thoughts of suicide, You didn't win that time. Yet again you made fun of me, You Won. You Won. You tried to take my pride, You Won. I committed suicide, You Won, are you happy now that you have finally won.

## Your Drama

So what your just gonna run, From all your problems now, You say Drama, I caused you drama, Now look at whose causing Drama, You claim you were falling for me, You have the weirdest way of showing you care, Tossing me out of your life like an old rag, You may not know this, But I feel for you, and I feel fast, You made me feel beautiful for awhile, But now, I don't know, I feel used by you, You say you don't like being hurt, Well neither do other people, But your pretty good at hurting them, I'll never go back to you now, I don't want to be hurt again, It's not fair, You were the first guy, I ever felt feelings for like this, And you might as well have taken out my heart, And put it through a shredder, I think I fell in love, and I guess its true Love is Pain, No matter what.