

Poetry Series

Kasi Navadomskis

- poems -

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Kasi Navadomskis(October 18,1990)

My Name is Kasi. Im 19 years old, single, and on my own living wit friends. im tired of getting my heart broken. and the one man i truly loved wit my all is gone forever. the other wont talk to me ne more and matt i hope if ur looking and reading this....i want to talk to you. i miss u hunny...plz email me. <3
i've been doing well on trying to get myself on my feet and back on track. i've been looking for a job. no luck in that area yet but i'll get there. i've become stronger inside and out just by living on my own. wit a bit of help from friends i've gotten better. my depression and bipolar has not goin away it is still pretty bad but good news on that department...I STOPPED CUTTING! :) i'm so proud of myself for that on. i got myself on meds. prosac. it really helpz. other than that i've been doing pretty good. i love writing poems. i've been writing since i was about twelve years old. what brought me to turn my attention to writing was the home i was living in. all i ever put up wit in that home was abuse and neglect. so i turned to poetry to let out my true feelings. and along the way its helped me deal wit a lot of the pain i was going through. i'm so glad to be on my own now and making my own decisions on what to do wit my life. cuz i know that even tho it looks like i got it bad now...in the end all will turn out good. <3

A Boy And A Girl Convo...

Girl: Do you like me?

Boy: no

Girl: Do you want me?

Boy: no

Girl: Would you do anything for me?

Boy: no

Girl: Would you cry if i left?

Boy: no

Girl: Would you live for me?

Boy: no

Girl: Do i ever cross your mind?

Boy: no

Girl: What would you choose...your life or me?

Boy: my life.

The girl runs away with tears running down her face...the boy runs after her and grabs her and says to her....

Boy: I dont like you cuz i love you. I dont want you cuz i need you. I wouldnt do anything for you cuz i would do everything for you. I wouldnt cry if you left cuz i would die if you left. I wouldnt live for you cuz i would die for you. the reason you never cross my mind is cuz your alwayz on my mind. the reason i would choose my life over you is cuz you are my life.

Kasi Navadomskis

A Heart Or A Hole?

Is what i have a heart? or is it a hole? i dont really know...
but i am sure it is a heart for if it wasnt i dont think i would feel it breaking
you broke my heart and now there is a hole....
so big you could fit...
why did you do what you did? ? ?
why did you put that hole in my heart that is right there? ? ? ?
i know i have a heart cuz now i can feel it breaking.

Kasi Navadomskis

A Second Chance...But Rejected...

to go again and take the risk.
to try and make something happen...but fail
trying to find my reason to keep living...
but instead finding more to just....

DIE!

Kasi Navadomskis

An Ever Changing World

Here I go from one place to another
In this ever changing world
One thing said another done
Another mistake fixed and gone
Here I am in this ever changing world
No longer under the care of some one
I am no on my own
Looking and searching for a place to stay
One to call home
This is an ever changing world
One is which is hard to understand
This is an ever changing world
In which I must learn that in order to get what i want
I have to work with my head and hands.

Kasi Navadomskis

Army Colors

The colors they got
Are green and black
The flag they represent
Is America
They fight for us
They die for us
We honor them
And we love them
They are our troops
We stand by them like they stand by the U.S.
We appreciate their doings
So support our troops
Give them thanks
Love them, praise them
It is all the same...
GO ARMY!

I am a supporter and I appreciate and praise all ppl that are in the army.
Matt im glad ur back love u!
ALL IS APPRECIATED! ! ! ! MUCHO LOVE!

Kasi Navadomskis

Bottled Up Inside

Bottled up inside are the words I never said,
The feelings that I hide, the lines u never read.
You can see it in my eyes, read it on my face, trapped inside are lies,
Of the past I cannot replace.
With memories that linger, wont seem to go away.
Why can't I be happier? Today's a brand-new day!
Yesterday's are over, even tho the hurtings not
Nothing lasts forever; I must cherish what I've got.
Don't take my love for granted for soon it will be gone.
All u ever wanted; of the love u'd thought u won.
The hurt Im feeling now, won't disappear tonight,
But someday, somehow, everything will turn out alright.
No more wishing for the past, some things weren't meant to be,
Nothing ever seems to last, that's why I set him free.

Kasi Navadomskis

Broken

"Broken up and breaking down.
Torn apart and my heart tearing to pieces
Crying joy then and now crying pain instead
Loving him then and still loving him until the end."

Kasi Navadomskis

Darkness

When darkness sets in i am so alone
I have no where to go, no one to love me as deep as he did
He left my side, leaving tears of pain in my eyes
I still sit here today and cry
He left me with his last words funing through my mind over and over again
The precious beautiful words i will never forget...
'I love you and always will'
How sad that left me with the thought of love.

Kasi Navadomskis

Dead Night

in the dead of the night, when you hear a silent cry you will know it is cuz your not there. you will be wishing the same wish that she is...and when she goes to bed you know it will be hard for the both of you cuz your not laying next to each other...you know in the back of your mind she is crying the tears that you wish you could be there to wipe away...

and when you hear the song that she loves so much know that she is listening to it thinking of you...and when you come back she will be there waiting for you to hold her close and tight...but until then she will only see dark and no light.

Kasi Navadomskis

Does Anyone Care? ? ?

Does anyone care who's heart gets broken?

Does anyone care who it is that is crying?

Does anyone care about the one who is cutting cuz of her heartbreak?

Does anyone anywhere care that at this moment there is a gun to her head and she's not afraid to pull the trigger and end this fucking misery?

Doesnt anyone care to console her and comfort her and let her know things cant possibly get worse then they already are and that if they do they are here for them? ? ?

Does anyone care about anyone else other then themselves? ?

I know i do. but right now i am that girl who's heart is broken...i am that girl who is crying and cutting...and i am that girl who has that damn good gun that will end all this lifetime bullshit...i am that girl who is afraid to let go of things i know i cant have...but does anyone care to be here for me in my time of need? ? ?

...no cuz they are all too damn busy being selfish and caring about no one but themselves...i am that girl and i think i am finally dead.

Kasi Navadomskis

Faded Friends

"Friends forever," you promised
"Together till the end."
We did everything with each other
You were my best friend
When I was sad, you were by my side
When I was scared, you felt my fear
You were my best support-
If I needed you, you were there
You were the greatest person
You made everything seem better
As long as we had each other
Everything would be okay
But somewhere along the line
We slowly came apart
I was here, you were there
It tore a hole in my heart
Things were changing
Our cheerful music reversed its tune
It was like having salt without pepper
A sun without its moon
Suddenly we were miles apart
Two different people with nothing the same
It was as if we hadn't been friends
Although we knew deep in our hearts
Neither of us was to blame
You made many new friends
And luckily so had i
But that didn't change the hurt-
The loss of our friendship made me cry
As we grown older thing mush change
But they don't always have to end
Even though it is different now
You'll always be my friend

Kasi Navadomskis

Falling...

Falling in and out of my happiness
People leaving...his moods changing
Our love has lost its magic...the magic only lasted a month
And now my magic touch is gone...
He may not feel the same way about me anymore but
I still love him
I know there are other guys of whom I may have
But I only want this one
This one guy is all I have at this very moment and
All I want for the rest of my life
Things change, people change
But why does he have to change?
I thought it was love I thought he cared
He always said he'd always be there in my time of need and any time
But now in my most time of need he is not here
He doesn't seem to care about me or love me anymore
Why does this change have to happen?
Why does life have to be this way? ?
WHY IS HE LEAVING ME? ? ? ? ?
I LOVE HIM! ! ! !

Kasi Navadomskis

Farewell

I said goodbye today
To a person that meant so much
I wouldn't leave his grave,
It was surrounded by his touch.
It's as if he never really left,
His spirit is always there.
I just wish he knew
How much i really care.
I said goodbye today
to a person that meant so much
what i wouldn't do
to let him know how much
he changed the way i think,
and the things i take for granted
i'll never forget his smile
or his sweet laughter.
i just wish he knew
how much i really care.
I said goodbye today
to a person that meant so much.
Im sorry i never told him
all i wanted to say.
I know we; ll see eachother
one sweet day.
I said goodbye today
to a person that meant so much.
A golden heart stopped beating,
A priceless life laid to rest
God broke our hearts to prove to us
He only takes the best.

Kasi Navadomskis

Fighting, Losing And Falling Apart...

everyday we fight....
for me its another battle i lost...
another tear i cry....
another piece of my heart broken....
i give u my all...i do my best.....
i get hurt...i leave friends....
i dropp ppl for u ! ! !and i STILL get hurt...
yes i hurt u too...but deep down u know i dont mean to
u know im sorry....u know i love u....
yet im still here....still getting hurt....and still loving u none the less....
we fight more thn anything...we are fighting more then we are together...
it is noticeable...in my eyes and heart...tht this isnt going right....
im slowly falling apart, trying to hold on....but losing grip....
its a never ending thing...fight....make up...fight....make up...fight some
more...cry....it never stops. the tears keep flowing....
i cant help it. i want u happy...i want me happy....i want friends...u want me to
isolate basically....i can never tell wht u really want. but i kno u want me...
i love u...i know tht....i love u and tht will never change....
once again...a battle was fought last night...words said....hearts broken....never
ending tears cried....will this battle ever end? ?

Kasi Navadomskis

First...

"First breaking up then breaking down,
Wanting to say something but not making a sound,
Watching the time go by, sitting and wondering why
I just go on day by day and I still do cry."

Kasi Navadomskis

Freedom! !

let me go, set me free
away from everything they want me to be
Im a human and i make mistakes
I don't want to be like them, not fakes
If i can't be or find what i can do
I'll have to forget about life, and yes, even you
Maybe i shouldn't be here at all
someday I'll break and can't ever come back
There's something inside of me that's
pulling further and further off track
Im sorry, Im sorry, won't you ever forgive? ? ?
Godbye, goodbye. There is no reason to live!

Kasi Navadomskis

Get Ready, Get Set, Dont Go

Crying for no reason
I'm just a baby
You love it
Throwing fits
I'm just a toddler
You get frustrated
Taking advantage of life
I'm just a kid
You spoil me
I'm going on dates and learning to drive
I'm a teen
You get strict
You lock the doors
And don't let me out
But come on guys
You know it wouldn't last forever
I'm getting old
No more time outs
I'm not a kid
I'm an adult
And its time to let go

Kasi Navadomskis

Gone In The Wind

you have already left...
Nothing to remember you by
Except the guitar pick...
I dont want to go 6 months without you
I feel like this fight i had to win
but now here i am losing it and you...
what do i do! ? where do i go? ? ?
most of all...
HOW DO I SURVIVE WITHOUT YOU! ! ! ! ? ? ? ? ? ?

Kasi Navadomskis

He Doesn't Even Know....

We barely really talk
We jus pretty much met..
but does he know how i feel? no....
im afraid to let him know.
i know what its like to be rejected...thrown to the side...a nobody.....
he dont know right now but someday he will....
one day this man will know how i feel. how i truly feel for him.
whn we talk...i feel like i can open up to him....
help me lord to over come this feeling i have inside...
for i dont know how much longer i can hide....
im not fond of myself. i admit. i put myself down everyday....
i jus dont see wht ppl say they see....a pretty beautiful or gorgeaous woman...i
wish i cud see tht.
but all i can see is the pain i go through every day....
trying to hide who i am.
afraid wht others will think....
wht he will think..
god he's on my mind a lot....
buring inside is the fire in my heart....
the flames they leap for joy whn we talk...
my heart beats fast....my breath slow....
my mind wonders into a day dream about him...
and the thoughts of wht wud happen if we were together....
wht wud it be like?
not sure ill ever know....so for now this may jus only be a crush....

Kasi Navadomskis

Heartache And Break

heartache and heartbroken..you took me in
and made me yours. it took me awhile
but i eventually fell in. your eyes showed sympathy
your words gave comfort, your heart showed love
until i found out the truth of what you've been doing
the whole time you were gone.

Kasi Navadomskis

Hiding Under My Makeup

Make up hides my feelings
Make up hides my face
So many layers of make up
My true colors can't be traced
Feelings build up inside me
I'm ready to explode
I want someone to talk to
But no one sees my load
So I wash away the make up
And show my colors true
I see that someone cares for me
And makes me feel anew.

Kasi Navadomskis

Hope

Hope is what lies on the ground shattered to pieces

Hope is what not many people believe in

Hope is what most people want

They want faith...

They want love...

They want happiness...

They want to be cared for...

They want someone to give them a reason as to why they are here

Without those things some feel hopeless and feel that they no longer should exist...so give them the hope they are looking for...

That slant of light your giving them just by smiling is what may be keeping them alive...

NEVER GIVE UP HOPE!

AND NEVER PUT SOMEONES HOPES DOWN...it hurts them...i would know...for i have experienced it many times before.

Kasi Navadomskis

How Can I Tell You

How can I tell you my feelings
How do I say how I feel
How can I tell you the words in my mind
How do I tell you the feelings in my heart
How should I let you know
How should I tell you so
How can I go on each day
How can I hide these feelings away
How can I not want to cry each day
This is how I tell you my feelings
This is how I say how I feel
This is how I tell you the words in my mind
This is how I tell you the feelings in my heart
This is how I let you know
This is how I tell you so
This is how I go on each day
Hiding my true feelings away
This is how I don't cry
I think of you and I know why
The words I wish I could say
Are the words I know will change all things
The words I say are my true feelings
These words I say are deeply true
These are the words I wish to say to you...
I LOVE YOU!

Kasi Navadomskis

How Do I Go On Without U?

How do i go day by day
with words in my mind but i can not say?
I want to be with you
this pain is too much to bare
I loved u once
when you were still there
Now your gone
a hole in my heart
a memory in my mind
a faded image
I can't deny...
Our love was strong
its magic mystical
our happiness together
was seen by all
no love no more
now your gone
just tell me this...
How do you
expect me to move on? ? ?

Kasi Navadomskis

How It Started Then Ended...

HOW IT STARTED...

Our first kiss was a piece of heaven
Yea so what he was high at the time
But still...first day together was amazing
The way he held me, hugged me and then kissed me.
I was in heaven...but that was 3 months ago...
But I remember it like it was yesterday.

HOW IT ENDED...

How did it end...
It was a very sad ending...
It was not ended in person but by phone...
We talked for a while then the words were said
And my heart was shattered
And the tears started falling like rain.

Kasi Navadomskis

I Dont Want It This Way

I don't want it to be this way
Where I go on every day
Thinking of u
Dreaming of u
Wishing u were here
I don't want it to be this way
Where every time I close my eyes I see u
And the love we shared
I don't want it to be this way
Where in my mind, heart, soul and dreams ur mine
But in reality we no longer have the time
I don't want life and love to be like this
Where I no longer have that wonderful bliss
I don't want it to be this way
Where we say goodbye
And I end my day...and my life....

Kasi Navadomskis

I Sought

I SOUGHT MY SOUL. BUT MY SOUL I COULDNT SEE, THEREFORE IT CANNOT BE.
I SOUGHT MY GOD, BUT MY GOD EXCLUDED ME, THEREFORE I WILL NOT LET
MYSELF SEE. I SOUGHT MY LOVE, BUT IT TURNED AND WALKED AWAY FROM
ME, LEAVING ME TO BLEED. I SOUGHT OUT THE MYSTERIES OF DEATH AND I
FOUND THEE.

Kasi Navadomskis

I Would

i would hold you in my arms
i would take the pain away
thank you for all you've done
forgive all your mistakes
there's nothing i wouldnt do
to hear your voice again
sometimes i want to call you
but i know you wont be there.

Kasi Navadomskis

If I Knew

I would listen more carefully to what my heart says.
I would enjoy more, worry less.
I would know that school would end soon enough...
And work would...well nevermind.
I wouldn't worry so much about what other ppl were thinking.
I would play more, fret less.
I would know that my beauty is in my love life.
I would know how much my friends love me and
I would believe that they are helping me as much as they can.
I would enjoy the feeling of "being in love" and not sorry so much about hoe it works.
I would know that it probably won't...but that something better will come up.
I wouldn't be afraid of acting like a kid. I would be braver.
I would look for good qualities in everyone and enjoy them for those.
I would not hang out with ppl just becuz they're "popular"
I would be a trustworthy girlfriend.
I wouldn't trust my boyfriend... (Just kidding)
I would enjoy kissing. Really enjoy it.
I would be more grateful and appreciatful for sure.

Kasi Navadomskis

If U Love Me

If u love then
Then tell me
If u want me
Come get me
If u need me
Get down on ur knees
Beg me to stay
If u care
Then hold me sweetly
Touch me gently
Kiss me softly
Love me tenderly
If u don't love me
Then let me go
If u don't care
Then don't abuse me
Let me leave
If guna mistreat me
Then get the hell away from me

Kasi Navadomskis

I'LL Remember You Forever

I'm going to remember you forever
The love you once gave me will never die
I'll remember your touch
I'll never let the memory of you fade from my life.
I'll remember you forever
The times we used to play
And when my time comes
I can see you again...
I love u ace!

Kasi Navadomskis

Im Going...

im going to cry everytime you leave
and smile everytime you come back...
no matter how many times you do it.

Kasi Navadomskis

Im Just An Emo Whore

Tears come to find my eyes
Why can't I find the courage to cry?
I can't live a moment without you
I'm trying to hold on to us
But you seem to let go of me
Nothing seems to go my way
I'm falling fast to the floor
They day that sticks and stones
Can break your bones but words
Can shatter your soul
Be careful with what you say
My soul is cracked and near to break
Nothing could ever fix me
I hold back the tears and trying to hide
But I'm just another EMO WHORE
I've been told to cheer up
But how can I when your now here?
You say to learn to let go
But I can't seem to...
I just want you to know,
 I Love You!

Kasi Navadomskis

In The Dead Of The Night...

In the dead of the night, you'll hear a small cry and you'll know its cuz your not there...you will have the same wish to be there with her but you know that cant happen right now. And when she goes to bed at night, she'll lay down in her bed and just cry and cry cuz your not by her side, and that will go on for every night for as long as your gone...in the black of the night you will still hear her cry and she will be there alone...in the deepest shadows you will see the paddle that she holds in her hand...just wanting to start the band. And when you look into her eyes you will see the tears that she had cried...and you'll know that deep down inside her heart is broke and it's all cuz you left her alone. So the next time you go be sure to let her know...just how much you love her so. Once your gone find a phone and call her up just to let her know, that deep down inside you don't mean to hide but you miss her and need her so. And when you come back, she will be there waiting to hold you close to her. She would do anything to have you with her right now hearing you tell her you love her. And she will want to see the look in your eyes when she gives you the best surprise. You know she cares and she will always be there so tell her you love her and will never truly leave her cuz if you did you would not sleep at night knowing you were the one who gave her a fright and let her go to sleep with tears in her eyes at night....whisper to her when you have the chance..."I love you and we will be together forever and eternity."

Kasi Navadomskis

Life Isn't...

Life isn't about keeping score.

it isn't about how many ppl call u

And it's not about who you've dated, are dating or haven't dated at all.

it isn't about who you've kissed,

what sport you play or which guy or girl likes u.

It's not about your shoes, or your hair, or the color of your skin
or where u go to school.

In fact it's not about your grades, money, clothes, or colleges
that accept you or not.

Life isn't about if you have lots of friends or it's your alone and it's not about how
accepted or unaccepted you are.

Life just isn't about that.

But life is about who you love and who you hurt.

It's about how u feel about yourself.

It's about trust, happiness, and compassion.

It's about sticking up for your friends and replacing inner hate with love.

life is about avoiding jealousy and

overcoming ignorance and building confidence.

It's about seeing ppl for who they are and not what they have.

Most of all, it's about choosing to use your life to touch someone else's in a way
that couldn't have been achieved otherwise.

These choices are what life's about.

Kasi Navadomskis

Living When I Want To Be Dying...Alive When I Want To Be Dead.

Here i am still in this world of hell.
Living through the pain and agony
When really all i want is to be lying on the ground dying.
I dont want to be here...you dont really understand...
The life i am living...is the life no one planned...
No one really thought they would ever have to live through the hell i am in...
No one thought they would ever live to see this happen...
No one thought one childs parents could do such horrible things to one of their own...
No one thought...no one did anything to even stop it when they found out.
Is it just that its your parents and you cant do anything about it?
Is it cuz i am their daughter and they feel that becuz of that reason they can do what they want to me and say what they want to me? ? ?
I didnt think parents were allowed to do that kind of stuff that mine do to me...
I thought it was wrong...it hurts...in all ways...
That is why i am saying this...
I feel dead inside....and on the outside no one can really tell what i have been through unless you have seen my marks....
Living in this life is just living in hell
That's all it is
Abuse is not fun
Love hurts...
Hearts get broken
Tears are cried.
What is the point in living this life of mine?

Kasi Navadomskis

Lonely

When your lonely
I wish you company
When your sad
I wish you happiness
When your heartbroken
I wish you eternal love
When all is chaotic
I wish you inner silence
When all seems empty
I wish you hope.

Kasi Navadomskis

Looking For The Right Guy....

As i sit here and think
I wonder if he notices me....
I see him all the time in the halls
and im wondering when the day will come
the day when he will finally be mine
i sit here on the steps as people pass me by
i cant move and i cant speak
all i can do is cry....
Every day i wonder if its the day
the day he looks my way
the day he finally looks at me and says we need to be
for i am alone right now
I dont know where to go
I cant hide in the pain anymore
for i see i just have to let him go....
i guess we were never meant to be....
that wonderful, special, beautiful guy and me.....

Kasi Navadomskis

Lost Lover

I dont know how to say this
It hurts way deep down
My life aint the same without u
I just cant take it anymore
I need you here
But you choose to be there
My life is falling apart
All we said and all we shared
Its in the past
Your now just my lost lover whom I still love deeply...

Kasi Navadomskis

Love And Death

love is the red of the rose on my coffin door, whats life like bleeding on the floor.

Kasi Navadomskis

Love And Life...

Love and life are two things that I don't understand...
Why is it that I must suffer through both of them?
Why is it that I feel like no one is really cares about what happens...
Is it just that I am unworthy of anyone's love?
Or is it that I am just a no one?
Here I am in this world...
Going around unnoticed and unfit...
Alone with no clue as to where to go...
This world is dark...
There are so many marks in so many places...
Places in where they should not be...
I don't know what to do anymore
Or where to go or where to be
I don't know who I can see to talk to about this scary side of me!
What do I do?
Where should I go?
I have another life that seems unknown...
Here is another poem...

Wonder to me
Is the worst place to be
Situations get complex
I'm afraid of what's next
Starting fresh and brand new
Stepping in another shoe
Turning over a new leaf
Wondering how I'll turn out
Having all sorts of doubt
Sometimes wanting to leave...
Sometimes DO!

Like I said I'm in a dark, cold and lonely world
And all I want to do...
Is DIE...

Kasi Navadomskis

Love At First Sight...Easy

Love at first sight is easy to understand; it is when two people have
Been looking at each other for a life time that is becomes a miracle

Kasi Navadomskis

Love Is...

Love is blind....
Love is on my mind....
Going day in and day out....
Thinking of him and no one else....
Not knowing what to do or say....
Wondering which path to take....
I sit here and say to myself....
'One day he will see that it is him and me that should be.'

Kasi Navadomskis

Love Me Till The Day I Die...Death Is Just Around The Corner

Love me till the day I die
That is all I ask
For I don't think I'll be here long
No this life of mine won't last
I love u tender
I love u dear
I love u far
I love u near
I love u here
I love u there
No matter what my love is always there
I tell u to love me till the day I die
U say to tell so here is why
Love me till the day I die
Cuz no one cares
All I ever do is cry
Love me till the day I die
Cuz all I do is think of u
And I ask myself why?
Why did this happen to me
why now
Why couldn't it be
Love me till the day I die
Cuz for all u know.....
Im about to commit suicide....

Kasi Navadomskis

Love Or Just A Crush

"What am I supposed to do when Im in love and crazy about this one guy and yet
To me it looks like he doesn't even like me one bit?
Is it that I should just give up on love completely and never again love someone?

Or do I just stand back and watch from the distance as the one I love hurts me deep
Inside? I mean all my life I have been standing back and just letting whatever happens
Happen and all the while I cry about it and yet still do nothing about it all cuz I (think) I love him? ? ? ? Maybe its not love. Maybe it's just a crush and I think its love. I don't know what it is but I really like him and I only put up with the pain cuz I like him.
This is where I say..."love and life are like two stones getting tossed around...it doesn't
Hurt until it hits you hard."

Kasi Navadomskis

Love Qoutes

"Dreaming with a broken heart, waking up is the hardest part"

"Letting go is the hardest thing to do I know: I experienced it first hand"

"Pain is what I don't want to feel,
Tears are what I don't want to cry,
Heartbreak is what I don't want to have happen,
But with the way you're going about it,
It's likely to happen anywayz"

Kasi Navadomskis

Memories

memories are what still linger around
it seems like they'll never go away...ever
memories are those beautiful thoughts
the ones i wish i could still be making with him
memories now seem so far away in mind
but every time i close my eyes
it feels like it was just yesterday
we were just sitting close to each other
just enjoying eachothers company, life...
so far awa, now, from me...
all those beautiful, sweet and happy thoughts
ones that my never keep going on...
they just linger there in hopes of his return
so the wonderful memories can keep going on

Kasi Navadomskis

Missing Him

missing him now
loving him more
i wish my baby didnt have to walk out that door.
i wish he was here
instead of there
i dont know how i can take this anymore
i know he just left
but it feels like so
it feels like he's been gone forever
i just want my baby to know how much i miss him
how much i love him
how much am crying and will be until the day he returns.
MITCH I LOVE U BABE! ! ! ! ! ! ! !

Kasi Navadomskis

Mitch I Love U! ! !

to a guy whos great
makes me laugh, i dont have to wait.
he wouldnt hurt me,
he is really great.
u may ask in what way,
and this is what i will say...
Mitch is the best he's loving and kind
he makes me smile to just know he is mine
he caring and helpful,
im his first girl
and to know we'll last forever
what could i want more! ? :)

Kasi Navadomskis

My Life

My life it has no more love
I can't stand to live here anymore
Life without u just aint the same
So what do I do now with my life?
I take it and end it with this knife...

Kasi Navadomskis

My Love For U

My love for u is real
it is true
my love is for u and only u
I love u now
more than ever
I'll love u more each and every day
I'll love u more than yesterday
but less than tomorrow
either way it goes
all i think about is u and i want u to know
Junior Guarajdo...
I LOVE U SO! ! ! !

Kasi Navadomskis

One Simple Favor

Were here
Were us
I love u
And u love me
Nothing said
Nothing asked
All we have is trust
But now I'd like to request a favor
One simple little favor
Now that you're in my life
Promise me you'll love me for me
And not expect anything more or less...

Kasi Navadomskis

Outside Im Smiling But Inside...

Outside you see me smiling
And floating through each day,
A little tired, a little thin,
But overall okay.
But you didn't hear my anguished thoughts
Which surface every night
They plague me, haunt me, torment me
'Til I'm too weak to fight.
And so, next day, I came to school
With deeply shadowed eyes
I smile, laugh, and speak on cue,
Living a pack of lies.
A silent scream echos inside,
Reaction to my lie-
'Til with no warning it erupts
And I crumble down and cry
Come find me, help me make it stop-
No! Keep out, go away!
For is you come, I've no control
Over the words I say
Can't you hear my silent scream,
Decipher what I hide?
So come and ask me what is wrong,
Come sit down by my side
If nothing else, then please read through
This tangled web I weave
For your really not the one
I'm trying to deceive
Help me-I don't know what I want
I've lost my guiding light
Please hold me, let me cry and say
Somehow, you'll make it right
Perhaps deep down, I know what is wrong,
What keeps me up awake
What is the source of all my tears
And ever there heartache
But not yet can I face it,
Or maybe I just won't
Please someone help me understand-

God only knows I don't.

Kasi Navadomskis

People Think

people think they have it so bad when they dont even know what bad is. im an outsider and a loner, im tired of being hurt and im tired of pretending to be okay, im tired of acting strong when im broken everywhere, life is hell...get over it. but me i call myself a survivor bcuz after all the shit at the end of everyday i stand tall and hold back my tears...

A SURVIVOR SURVIVING!

Kasi Navadomskis

Plz Dont Go!

you came into my life
just a stranger who talked to me
then we became friends
someone who i could trust
then we saw more
there was fire and magic around us
now were one
its been almost five months!
im happy with u
i love u to death
but now i feel nothing is the same
were falling apart
plz dont go
i love u so
your my world my life
and i just put away the damn knife!
plz dont go
dont leave me alone!
just tell me u love me for real
tell me u truly love me
the way u did when we first started going out
tell me u still want me
and ill stay....
tell me u dont
and ill leave...
forever! ...

Kasi Navadomskis

Princess Time

You're a prep
I'm emo
We dated
We fell in love
I was and am ur first
You surprised me with the big question
I cried and said "yes"
Since that day
I've forced change upon myself
I wore colored clothes
I wore Hollister and still do
I wore American eagle and still do
All for you
I hate dressing preppy
Preps are annoying
Yet I'm attracted to you
Now it's our wedding day
I'm wearing white
I'm wearing a tiara
I feel disgusted
Then I turn around and face the mirror
I gaze upon this me I've become
I think "wow maybe I am beautiful"
The time it comes
The music starts
With the veil down
And bouquet in my hands
And tears in my eyes□
I walk down the aisle as your princess
And I become your bride....and queen.

Kasi Navadomskis

Quotes....

"Dreaming with a broken heart, waking up is the hardest part"

"Letting go is the hardest thing to do I know: I experienced it first hand"

"Pain is what I don't want to feel,
Tears are what I don't want to cry,
Heartbreak is what I don't want to have happen,
But with the way you're going about it,
It's likely to happen anywayz"

"What am I supposed to do when Im in love and crazy about this one guy and yet
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Inside? I mean all my life I have been standing back and just letting whatever happens
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This is where I say..."love and life are like two stones getting tossed around...it doesn't
Hurt until it hits you hard."

"Life's hard; you just have to find out what makes it easier for you to get through it"

"Love is like a bird; coming and going as it pleases"

Kasi Navadomskis

Red Roses

red roses turn to black love turns to hate
down the halls echos scream
blood drips from everywhere
the walls close in. its really dark.
ropes with people hang from the cieling
and in the dark some dont know
what this place is but for me i do
this place is hell and with out you i will die

Kasi Navadomskis

Rest Of Your Life

When you realize you want to spend the rest of your life with someone
You want the rest of your life to start as soon as possible.

Kasi Navadomskis

Rules.

These are the rules.

- I. Marriage is no real excuse for not loving.
- II. He who is not jealous cannot love.
- III. No one can be bound by a double love.
- IV. It is well known that love is always increasing or decreasing.
- V. That which a lover takes against his will of his beloved has no relish.
- VI. Boys do not love until they arrive at the age of maturity.
- VII. When one lover dies, a widowhood of two years is required of the survivor.
- VIII. No one should be deprived of love without the very best of reasons.
- IX. No one can love unless he is impelled by the persuasion of love.
- X. Love is always a stranger in the home of avarice (greed) .
- XI. It is not proper to love any woman whom one should be ashamed to seek to marry.
- XII. A true lover does not desire to embrace in love anyone except his beloved.
- XIII. When made public love rarely endures.
- XIV. The easy attainment of love makes it of little value; difficulty of attainment makes it prized.
- XV. Every lover regularly turns pale in the presence of his beloved.
- XVI. When a lover suddenly catches sight of his beloved his heart palpitates (beat rapidly) .
- XVII. A new love puts to flight an old one.
- XVIII. Good character alone makes any man worthy of love.
- XIX. If love diminishes, it quickly fails and rarely revives.
- XX. A man in love is always apprehensive.
- XXI. Real jealousy always increases the feeling of love.
- XXII. Jealousy, and therefore love, are increased when one suspects his beloved.
- XXIII. He whom the thought of love vexes (irritates) , eats and sleeps very little.
- XXIV. Every act of a lover ends in the thought of his beloved.
- XXV. A true lover considers nothing good except what he thinks will please his beloved.
- XXVI. Love can deny nothing to love.
- XXVII. A lover can never have enough of the solaces (comforts) of his beloved.
- XXVIII. A slight presumption causes a lover to suspect his beloved.
- XXIX. A man who is vexed by too much passion usually does not love.
- XXX. A true lover is constantly and without intermission possessed by the thought of his beloved. XXXI. Nothing forbids one woman being loved by two men or one man by two women.

Running

RUNNING ALL THE TIME IM RUNNING. I NEVER STOP TO THINK WHAT IM RUNNING FROM OR WHERE IM RUNNING TO I JUST RUN. JUST LIKE THE BLOOD RUNS I RUN, AWAY FROM MY PAST- AWAY FROM THE FUTURE- AND AWAY FROM MYSELF. I DONT EVEN THINK ABOUT TOMORROW OR THE NEXT STEP I TAKE. I NEVER TAKE PRECAUTIONS I JUST JUMP IN, NEVER KNOWING HOW DEEP THE WATER IS, USUALLY IT IS TOO DEEP BUT I JUMP IN ANYWAYS. WHY IS IT THAT I NEVER STOP AND THINK, I NEVER THINK ABOUT MY FATE? I JUST RUN FROM EVERYTHING AND I NEVER REALIZE THAT I HAVE CREATED A DISUGISE FOR MYSELF, AND I HAVE DISUGISED THE WORLD FROM MYSELF. ALL I ASK FOR IS A LITTLE HELP. SO I CAN SLOW DOWN, STOP THE RUNNING, TAKE THE DISGISE OFF, AND ENJOY THE REST OF MY LIFE.....

Kasi Navadomskis

Slowly

SLOWLY FADING DAY BY DAY, THERES NOT A MOMENT THAT I WOULD STAY,
HERE IN YOU ARMS, THEN YOURE GONE, WHAT THE HELL DID I DO? TO GET
TREATED LIKE THIS BY YOU. YOU SCREW ME, ABUSE ME, AND THEN YOU LOSE
ME. IM DYING SLWOLY/ THE ONLY THING I THINK IS ONLY ONE DRINK, JUST
ONE, AND IM GONE.

Kasi Navadomskis

Sorry Wont Work This Time

Many things have happened
so much has been done
words were said...hearts were broken
now he is dead.
this is my fault and i am sorry
but sorry wont work this time
he is already dead and gone
and so am i.....
im sorry...

Kasi Navadomskis

Such Is Life

Such is life
Such is life;
lonely and cold
Traveling through
Lost and old
Such is life;
Alone, no one there
Surviving, existing
Love to never share
Such is life;
No path to choose
Some of us are
Born to lose
Such is life
As it goes on
Such is life,
Such life I live
Where do I belong? ?

Kasi Navadomskis

Suicide Is A Wish

Roses are black
The dead are back
once u get to this place
there is no turning back
these ppl have done it
and now i have too
what is this place u see
you say please tell...
well this dark place...dark and horrifying place
its.....HELL!

Kasi Navadomskis

Tears

I did not cry for him
'it' seemed before my time
i did not cry for them
too far away in the back of my mind
I did not cry for that boy
even though i thought he was really mine
I did not cry for Chris
By then it all seemed fine
But i poured my heart right through my eyes
the day matt left without saying goodbye
The tears they feel for my sudden loss
and my heart was on the line
my head fell quick into my hands
for me, i broke down and cried.
my eyes stayed glossy to a slowly fading image
watching his figure disappear possibly for good
but what shook my body up the most,
what made it hard to breath,
what bolted my stomach down
and wouldnt lat me leave
what made me thing so much of this special guy
and try to emaphtize
was the fright, the fear, the look of death, in my very own eyes
as i now sit here and cry
i feel like maybe just maybe there's still a bit of hope for me deep inside.

Kasi Navadomskis

The Birthday Gift

She lived a life of solitude
She lived a life in vain
She lived a life in which there was
A strong ongoing pain
She had no friends on which to lean
And cry her problems to
She had no friends to give her love
And hope and kindness too
She thought about it day and night
She lay upon her bed
Her mind made up she grabbed a gun
And put it to her head
Just then a ring came from the phone
She pulled the gun away
Her mom was on the other end
And just wanted to say
"Happy birthday my, dear girl.
Today is just for you.
I care for you with all my heart,
I hope you know that's true."
These words ran through her mind so much
The gun was down for good
She changed her mind about her life
And then she changed her mood
She thought about this special day
And what her mom had said
The gift her mom gave her that day
Was the gift of life, again.

Kasi Navadomskis

The Last Time

I can't remember any of those times
The times when I was happy
I can't think of those moments
The ones that made me feel weak
I can't remember the last time it happened
The last time I fell in love
He comes back and leaves me over and over...
All I can remember is the painful moments
When the guy I loved...left my side...

Kasi Navadomskis

The Moon

I'm here
Your there
Its day
There's the sun
We think of each other
Its night
We see a moon
Is it the same moon?
Can you see me looking at it?
I wish I could see you
But instead I can only dream of you
Your smile, your touch, your love

Kasi Navadomskis

The Past I Left Behind

I looked into my past
And all that wouldn't last
I noticed a lot of things
That I used to look past
I saw that faces
Of the one's that I love
And saw those of the others
Who have strayed and gone afar.
I could see all the ears
That I fried every night
I could see the look of pain
The pain in my eyes...
Now here I stand
With u by my side
Our future ahead of us
I can no longer hide.
That hole of black darkness
I still feel it around me
It won't seem to let me go
But that is just something u won't ever know
So I go on ahead
U take me by the hand
U say you'll be here
Right by my side
Even when I cry
You promise me this
You'll always be here and
Never leave my side.

Kasi Navadomskis

The Rose

The rose was left there... no sign as to who it is from....
the pieces of my heart are broken...from the goodbye
that i had forced myself to say....
and now this rose i have here....it is so pretty but its
slowly withering away...
i dont know how to go on day by day anymore...
what do i say to people when they ask me their questions? ? ?
i dont know but i do know that i have here this beautiful, red rose
and it is slowly dieing like my heart...slowly dieing from being left alone...

Kasi Navadomskis

The State Of Confusion...

In this state of confusion
I dont know what to say
I dont know where to go
I dont know what to do
The problem with this state of confusion
Is that i have so many unanswered questions....
All I want to do is get my answers but it is impossible to get them without
shedding a tear...
for the answers must come from him
and he is no where near....

Kasi Navadomskis

There Is Beauty...

THERES BEAUTY IN THE BREAKDOWN. WHY WAS HE SUCH A LETDOWN? HE TURNED AWAY WHEN I CAME BY, HE DID NOT COMFORT ME WHEN I DID CRY. HE SAID HE LOVED ME BUT THAT WAS A LIE, HE NEVER CARED, HE DIDNT CARE BECAUSE OF HIS SO CALLED 'REPUTATION'. HE USED TO MAKE ME HAPPY, BUT NOW I SEE THAT THAT COULDNT BE, FOR MY LOVE WAS NEVER GIVEN BACK TO ME. HE HURT ME, USED ME, LIED TO ME, NEVER EVEN CARED, AND ALL I EVER DID WAS LOVE HIM. AND AGAIN, I GET NOTHING IN RETURN.

Kasi Navadomskis

Torn Up

TORN UP...

Torn up inside

My heart broken

I sit and cry

All I can do is wonder why

Was it really love...or not...

He says he loves me still...

I guess it's just hard to love me.

Kasi Navadomskis

'Us'

Us is me
Us is you
Us is love
Love is us
Us is who we are
Us is who we'll always be...
You and me...

Kasi Navadomskis

Waiting

waiting to hear the news. the excitement is much to handle.
waiting to know. waiting to hear. waiting to see. waiting...
always waiting...wondering, thinking, hopeing, smiling, and knowing
that if it happens its happiness it will bring...that if it happens its a life complete.
waiting...i could be waiting for so many things...but only on thing in life is worth
waiting for and once it happens, its a change in ur life forever...it happens..
was the wait worth it? the news? the stress? the tears? the pain?
was it all worth it in the end? ...of course..cuz now look ur a sweet and beautiful
woman no longer alone, no longer by urself, guy or no guy ur not alone ever
again...you are...a beautiful wonderful patient wit life mother.: D how can u not
wait? ! :)

Kasi Navadomskis

Walking Out

If you really love me then when you see me head out the door you will let me go.

Kasi Navadomskis

What Do I Do When...

"What am I supposed to do when Im in love and crazy about this one guy and yet
To me it looks like he doesn't even like me one bit?
Is it that I should just give up on love completely and never again love someone?

Or do I just stand back and watch from the distance as the one I love hurts me deep
Inside? I mean all my life I have been standing back and just letting whatever happens
Happen and all the while I cry about it and yet still do nothing about it all cuz I (think) I love him? ? ? ? Maybe its not love. Maybe it's just a crush and I think its love. I don't know what it is but I really like him and I only put up with the pain cuz I like him.
This is where I say..."love and life are like two stones getting tossed around...it doesn't
Hurt until it hits you hard."

Kasi Navadomskis

What Do U Do?

What do you do when your in the spotlight that you just dont want to be in?
what do you do when you want attention but then dont get it until you DONT
want it anymore! ?

what do u do when ur parents find a mark on you then give u crap about it?
so what if they dont want u to date ur a girl and ur guna do it sometime right?
so what do u do?

me i tell them nothing. i say too bad just leave me the hell alone and i will be all
good.

I try to ignore them like they dont exist and sometimes it works while other
times well it doesnt work so well.

but either way parents will be parents and teens will be....well teens! :)

Kasi Navadomskis

What I Did Sitting There

I sat there and cut
I sat there and cried
I stood and hugged and said goodbye
here take my will
I paid my last bill
There I sat and cut
There I sat and cried
Then I stood and said one final goodbye
Now there you stand...sad, crying and depressed
As you watch my body be laid to rest

Kasi Navadomskis

What...

CUT THE PAIN AWAY. WHAT DID YOU JUST SAY? YOU WANT YOUR LIFE NO MORE? WELL HERE, OPEN THIS DOOR, AND TAKE THE SHARP KNIFE TO YOUR WRIST UNTIL YOU SEE THE CRIMSON BLISS. SUDDENLY THE WORLD IS FADING AND ALL YOU SEE IS THE BEAUTIFUL CRIMSON WATERFALL. AND YOU THANK THE KNIFE THAT LET YOU END IT ALL.

Kasi Navadomskis

What? ...

What do u do when u want to scream?
What do u do when the door is slammed in your face?
What do u do when all seems lost?
What do u do when everyone is against u?
What do u say to someone who can't stop her tears from flowing?
How can u make things better when u think ur life is already down the drain?
What do u say what do u do....how do u tell the ones u love goodbye for good? ...

Kasi Navadomskis

When

when i say i am 'fine' i want someone
to look me in the eye and say 'tell me the truth'

Kasi Navadomskis

Where Does The World Lead...

Where does this world lead to?
It is the end? Or the beginning?
Should I stay alive?
I'm already dieing inside...
Someone please help me understand...
I really want to but the world seems so bland.
I feel dizzy....I feels faint....I can not stand...
I fall and fall without even hitting any ground...
Where am I going in this life of mine? ? ?
IM LOSING ALL REASONS I HAD TO LIVE! ! !
So now I only have I thing to say...one word....
GOODBYE!

Kasi Navadomskis

Where To Go

where do i go from here? man, i sware im going forwards
and backwards. Backwards and is controlling
love is diappearing. forwards, backwards, backwards, forwards this
torture wont stop! does he see that i care? does he see i like him? like him a lot?
?

Kasi Navadomskis

Who Is He?

Who is he that loves me so?
Who treats me right
Ppl wish to know
How did I find him
How did it come to be
That I have found someone who can love the real me
I never thought the day would come
That I would find this special someone
He came into my life
A person really unknown
He told me his stories, his life
And started loving me so
I grew to like him
It was friends right from the start
Then we grew closer
We found love in our hearts
He won't judge me
He loves me for me
I can be as I like, do as I wish
I am truly free
The one I love won't ever leave my side
I love my baby
That I can't and won't hide
I LOVE U BABY! ! !

Kasi Navadomskis

Why Am I Here?

Why am i here?
Why do i bother?
Why doesnt anyone see
all the pain that has come to me
I've been there, and done that
I dont want to go back...
And now this news....
this horrible terrifying but in a way something to say aww too news...
The one i love has gone suicidal...
and the only things keeping him alive
is my note and the words that are in it....
' I love you'

Kasi Navadomskis

Why Do I Cut?

Why do i cut? ppl may ask
but what i say...they say makes no sense.
I do it for love.
I do it for hate.
I do it bcuz my heart feels so much pain.
I want to stop and yet i cant
reason being its an addiction....
the way you cut
you see the blood
its like there goes all your troubles, your pain...
its like a big red drain
ridding you of all your troubles....
Cutting is an addiction i know
but what some dont know....
just cant hurt.

Kasi Navadomskis

You

you say i have the best life, you say it alwayz is happy. you tell me your sad and say im lucky, but didnt you ever think that i alwayz was different that i was the sad one and you werent? so dont say i do bcuz its not true, the way i acted around you was all a lie.

Kasi Navadomskis

You Asked

You asked what was wrong and i smiled and said 'nothing'
then i turned around and whispered 'everything'

Kasi Navadomskis

You Live To 100

If you live to be a hundred, I want to live to be a hundred
Minus one day so I never have to live without you.

Kasi Navadomskis

Your Heart

your heart is not living until it had experienced
pain...the pain of love breaks open the heart
even if it is as hard as a rock.

Kasi Navadomskis