

Poetry Series

Christine Hamilton
- poems -

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Christine Hamilton(26 April 1967)

I'm just a woman who writes what she feels. Alot of my poems have to do with pain and sorrow. I feel these poems everyday of my life-thats why I feel I'm able to write good poetry.

I'm a loner who likes to write...it just pours out and I put it into a poem.

A Part Of Life-I

I've seen you time and time again
you are always on my mind
But everytime that we get close
you are locked up inside

You say that you love her
yet, she denies it all
I want to believe you
but you always put up a wall

I love you very much, you see
and I know that times are rough
Just make it through this one last obstacle
and I'll swear, you've had enough

I want you to come home
you are too far away
Just look into the light
it will carry you away

You are my world
yes, its very true
Just take a little time-
I'll help you see it through

Christine Hamilton

A Part Of Life-Ii

I haven't been sleeping at night
I guess its because of you
I guess I need my family
but to you, I'll stay true

I want to see my doctor
I know that he can help me
We need to talk things over
and then...I will be free

Doctors, Therapists, Psychs
they are all the same
I keep going back for more
I feel that I am going insane

The say insanity is a plea
I say that they are wrong
Insanity helps me through my days
it helps me get along

(to be continued)

Christine Hamilton

A Prayer For You

This morning when I woke up
And saw the sun above,
I softly said, 'Good morning, Lord,
Bless everyone I love.'

Right away I thought of you
And said a loving prayer
That He would bless you specially,
And keep you free from care.

I thought of all the happiness
The day could hold in store,
I wished it all for you because
No one deserves it more.

I felt so good and warm inside,
My heart was all aglow,
I know God heard my prayers for you,
He hears them all, you know!

Christine Hamilton

Against My Will-I

Against my will
you were taken away
Against my will
you are gone

If I had one last wish-
it would be to be gone

Against my will
you left me alone
Against my will
I shall perish

I just need a little time-
to watch you flourish

Against my will
you grew up
Against my will
you're on your own

I miss you very much-
you will never be alone

Against my will...

Christine Hamilton

Against My Will-Ii

Against my will
you are gone
Against my will
you are free

Just let me do the talking-
lets just let it be

Against my will
I seen you
Against my will
you burned

All of a sudden-
my heart is a churned

Against my will
I left you
Against my will
it was wrong

Now, I've come back to you-
to love you all along

Against my will...

Christine Hamilton

Angel In My Heart

When I have no one to turn to
And I'm feeling kind of low,
When there is no one to talk to
And nowhere I can go,
I search deep within myself
It is the love inside my heart
That lets me know my Angels are there
Even though we are miles apart.

A smile then appears upon my face
And the sun begins to shine.
I hear a voice, so soft and sweet
Saying, 'Everything will be just fine'
It may seem that I am alone
But I am never by myself at all.
Whenever I need my Angels near
All I have to do is call.

An Angel's love is always true
On that you can depend.
They will always stand behind you
And will always be your friend.
Through darkest hours and brightest days
Our Angels see us through.
You are one of my Angels.
Perhaps I am one for you.

Christine Hamilton

Angry Letters

I've been hurt sometime ago,
it started early on-
I don't know why they chose me,
but I feel I can't go on.

I sit and wonder,
what I did to deserve this.
Then I think to myself,
everything is amiss.

You told me once that you loved me,
the next time-you beat me up.
I really believed that you loved me,
but now you make me throw up!

I'm locked inside my own prison-
for you have put me there.
Someday, I will be released,
because someday out there cares!

Christine Hamilton

Between You And Me

We're are free to expose,
parts of ourselves
Nobody else knows.

But the thing that sustains it
and sets it apart,
Is not something spoken
It's a bond of the heart.

True friends are rare
in a lifetime two or three,
I'm so glad it happened
Between you and me!

Christine Hamilton

Claws In The Soul, Chained To The Past

Overwhelmed by assault
Attack or neglect
Terror and heartbreak
Self crushed and shattered

Words don't explain it
Nor reason contains it
Anger and threat
Are sharp claws in my soul

Life-body constricted
No armor sufficient
No corner is safe
No lock feels secure

Can't face or escape
This roaring oppressor
The tiger invades deep
It's screamin' in my soul

The fight and the running
Exhaust every effort
Which turn to decide on
Is always in vain

Yet, now is a moment
My body remembers
A brief state of safety
Unhooks my true soul

Christine Hamilton

Dreams

You are chasing me throughout my dreams
you are running hard and fast
I toss and turn all night long
telling you to leave it in the past

You make me very angry
you always get your way
Life isn't that easy
everything is astray

You needn't worry 'bout me no more
its time that I begin
You cause me alot of pain and sorrow
I'm on my own...again

Its time that I am free
away from all this mess
You're running in my dreams again
and taking less and less

I see you in my dreams
you are chasing me
What is it that you want?
Why can't you let me be?

Christine Hamilton

Friendship

Our friendship's a treasure
we discover each day,
It cannot be bought
or given away.

It can't be measured
by silver or gold,
But enriches our lives
as each day unfolds.

Our friendship's a treasure
more valued each day,
Locked in my heart
with the key thrown away.

Christine Hamilton

Goodbye-Song

Don't go changin' your life now,
just cause I'm changin' mine.

It's time that I am free,
so I need you strong for me.

Life has its changes
and love its seasons, and
heartache come like they
always do-

But when life tries to change you
Oh please, don't let it take you-
hold tight, cause I'm holdin' on to you...

Keep on dreamin' those dreams, babe
they've got us throught it time after time...

I just need some room to grow-
You know I have to go...

But I'm not that brave, you see-
So I need, you strong, for me...

for me.....hmmmmmmmm

Christine Hamilton

I Wish

I wish that you were here with me
to hold me tight-
Keeping me safe and warm at night.

I wish that I could see
your smiling face-
To give you my love and warm embrace.

I wish upon the stars at night
hoping that you, are alright.

I wish too much, I know...
its true-
But I wish so much,
because I love you!

Christine Hamilton

In-Love

I think about the way you walk-
I think about the way you talk-
I love those little things you do-
For that...I'm so in love with you!

Christine Hamilton

Loneliness

Loneliness is...

not being with the one you love,
not being able to smile.

Loneliness is...

sitting by yourself watching tv,
if only for a little while.

Loneliness is...

a depressing feeling,
and nobody understands why.

Loneliness is...

forever giving,
that you want to soar and fly.

Loneliness is...me!

Christine Hamilton

Mother...I Love You

Mother, I wish you could know of
all those times I am thinking of you-
Wondering what you are doing
and feeling.

Hoping you are happy and having
a special day.

I wish you could hear me speak
so highly of you to my friends, and
all the good things I hear when
others speak of your remarkable
kindness.

I wish that you could see the pleasure
I find in my memories of you; and
how often I look to you for
guidance in my life, how much
I value your opinion, admire your
ability to accept people and
things as they are.

Mother, I wish you could know
how often I think back to all
those times you appeared so calm,
seemed so happy.

Looked so courageous-even if you
felt none of these things- just so
I could feel the security of a
safe and happy childhood.

I wish you could see how much
clearer I see you now' how much
more involved my feelings for
you have become.

I wish I had said
' I Love You, Mother '-everyday
of my life-because I do.

Christine Hamilton

No One Else

No one else could ever be,
the special things you are to me.
Or fill my days, my heart, my world
so very happily.

No one else could comfort me,
with just a look or touch.
Or make me laugh and help me,
to enjoy life half as much...

No one else could be for me,
the special kind, perfect blend of a man-
Who's strong, but also the most
gentle caring friend...

No one else could understand,
and know me like you do.
No one else could be my love-
no one else but you!

Christine Hamilton

Reasons Why I Love You

The way you smile
The way you look at me
The way you touch
Is how I want it to be.
That's just part of the reasons
Why I love you so sincerely.

The way you kiss me tenderly
The tears of joy I behold
The loving arms you put around me
Go deeply through my soul.
These are half of the reasons
Why I love you, if truth be told.

The laughter that I hear
In your sweet and gentle voice
The eyes that sparkle
They give me no choice
These are more of the reasons
Why I love you, I'm all yours.

Through all the seasons
The care that you show
Fills my heart with gladness
And makes my loves grow
These are all the reasons
My love, why I love you so.

Christine Hamilton

Y O U

Roses are red
and
Violets are blue-

You are far away
and
I'm without you.

I hold you dear
and
in my heart-

For I do know,
we'll make a start.

A brand new love
so rare and true-

For this I promise...
I'll always love you.

Christine Hamilton

Your Heart

Your heart is an open door
for anyone to come in
You wear your heart on your sleeve
but that is not a sin

You take life as it comes
yet, you're growing up too fast
You know you've made mistakes
but you leave them in the past

You say that you are depressed
for I am depressed, too
Nobody understands you
because they can't get through

This is not a story
this is my life
You needn't have to worry
or cause me all this strife

Christine Hamilton