

Poetry Series

Cheryl .J Barclay
- poems -

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Cheryl .J Barclay()

A New Day

This is the beginning of a new day. I have been given
this day to use as I will.

I can waste it, or use it. It can make it a day long to be remembered for its joy,
its beauty and its achievements, or it can be filled with pettiness. What I do
today is important because I am exchanging a day of my life for it.

When tomorrow comes this day will be gone forever, but I
shall hold something which I have traded for it.

It may be no more than a memory, but if it is a worthy
one I shall not regret the price.

I want it to be gain not loss, good not evil,
success not failure.

Cheryl .J Barclay

Accomplish Anything

If you could see through my eyes,
I wonder what you'd be feeling right now,
Because I can see you standing
As you really are -

Powerful, sensitive, determined, and gracious.
I can see you achieving everything you choose to achieve.
I can see you being exactly who and what you want to be.
Look through my eyes for an instant,

And you'll see yourself
Conquering all limitations.
Look through my eyes,
And see who you really are

And what you are capable of.
You can accomplish anything -
I know you can.

Cheryl .J Barclay

Always Keep Your Dreams Alive

Now is a time for you to celebrate ... the accomplishment of a dream you have worked so hard to realize. You have shown so many people how special you are.

Now is the time to begin to pursue the next path, to reach out for the next star, and to achieve the things that are so important to you.

Always keep your dreams alive.
And keep them coming true.

Cheryl .J Barclay

Anything Is Possible

If there was ever a time to dare,
to make a difference, to embark on something worth doing,
IT IS NOW. Not for any grand cause, necessarily...
but for something that tugs at your heart,
something that's your inspiration,
something that's your dream.
You owe it to yourself to make your days here count.

Know, though, that things worth doing seldom come easy.
There will be good days.
And there will be bad days.
There will be times when you want to turn around,
pack it up, and call it quits.
Those times tell you that you are pushing yourself, that you are not afraid to
learn by trying.

The start of something new brings the hope
of something great, ANYTHING IS POSSIBLE.

Cheryl .J Barclay

Attitude

I woke up early today, excited over all I get to do before the clock strikes midnight. I have responsibilities to fulfill today. I am important. My job is to choose what kind of day I am going to have.

Today I can complain because the weather is rainy or I can be thankful that the grass is getting watered for free.

Today I can feel sad that I don't have more money or I can be glad that my finances encourage me to plan my purchases wisely and guide me away from waste.

Today I can grumble about my health or I can rejoice that I am alive.

Today I can lament over all that my parents didn't give me when I was growing up or I can feel grateful that they allowed me to be born.

Today I can cry because roses have thorns or I can celebrate that thorns have roses.

Today I can mourn my lack of friend or I can excitedly embark upon a quest to discover new relationships.

Today I can whine because I have to go to work or I can shout for joy because I have a job to do.

Today I can complain because I have to go to school or eagerly open my mind and fill it with rich new tidbits of knowledge.

Today I can murmur dejectedly because I have to do housework or I can feel honored because the Lord has provide shelter for my mind, body and soul.

Today stretches ahead of me, waiting to be shaped. And here I am, the sculptor who gets to do the shaping.

What today will be like is up to me. I get to choose what kind of day I will have! Have a GREAT DAY.....unless you have other plans.

Cheryl .J Barclay

Be Thank Full

Be thankful that you don't already have everything you desire.
If you did, what would there be to look forward to?
Be thankful when you don't know something,
for it gives you the opportunity to learn.

Be thankful for the difficult times.
During those times you grow.
Be thankful for your limitations,
because they give you opportunities for improvement.
Be thankful for each new challenge,
because it will build your strength and character.

Be thankful for your mistakes. They will teach
you valuable lessons.
Be thankful when you're tired and weary,
because it means you've made a difference.

It's easy to be thankful for the good things.
A life of rich fulfillment comes to those who
are also thankful for the setbacks.
Gratitude can turn a negative into a positive.
Find a way to be thankful for your troubles,
and they can become your blessings.

Cheryl .J Barclay

Celebrate Life

Life is a gift we're given each and every day.
Dream about tomorrow, but live for today.
To live a little, you've got to love a whole lot.
Love turns the ordinary into the extraordinary.

Life's a journey
always worth taking.
Take time to smell the roses... and tulips...
and daffodils... and lilacs... and sunflowers...

Count blessings like children count stars.
The secret of a happy life isn't buried in a
treasure chest... it lies within your heart.
It's the little moments that make life big.

Don't wait. Make memories today.
Celebrate your life!

Cheryl .J Barclay

Comfort Zone

I used to have a comfort zone where I knew I wouldn't fail.

The same four walls and busywork were really more like jail.
I longed so much to do the things I'd never done before,
But stayed inside my comfort zone and paced the same old floor.

I said it didn't matter that I wasn't doing much.
I said I didn't care for things like commission checks and such.
I claimed to be so busy with the things inside the zone,
But deep inside I longed for something special of my own.

I couldn't let my life go by just watching others win.
I held my breath; I stepped outside and let the change begin.
I took a step and with new strength I'd never felt before,
I kissed my comfort zone goodbye and closed and locked the door.

If you're in a comfort zone, afraid to venture out,
Remember that all winners were at one time filled with doubt.
A step or two and words of praise can make your dreams come true.
Reach for your future with a smile; Success is there for you

Cheryl .J Barclay

Do Less

DO LESS THINKING,
and pay more attention to your heart.

DO LESS ACQUIRING,
and pay more attention to what you already have.

DO LESS COMPLAINING,
and pay more attention to giving.

DO LESS CONTROLLING,
and pay more attention to letting go.

DO LESS CRITICIZING,
and pay more attention to complementing.

DO LESS ARGUING,
and pay more attention to forgiveness.

DO LESS RUNNING AROUND,
and pay more attention to stillness.

DO LESS TALKING,
and pay more attention to silence.

Cheryl .J Barclay

Dreams

It is not enough to have a dream
unless I am willing to pursue it.
It is not enough to know what is right
unless I am strong enough to do it.
It is not enough to join the crowd,
to be acknowledged and accepted,
I must be true to my ideals,
even if i am left out and rejected.
It is not enough to learn the truth
unless I also learn to live it.
It is not enough to reach for love
unless I care enough to give it.

Cheryl .J Barclay

Fear Not

Fear not that you might make a mistake in believing
your dream.

Fear rather that if you don't go for it
You might stand before God and he'll tell you
you could have succeeded had you had a little more faith.

Fear not that you might fail.
Fear rather that you will never succeed
if you never try and if you are unwilling to take risks.

Fear not that you might get hurt.
Fear rather that you will never grow
if you wait for painless success.

The old man said to the young man,
"Why not go out, on a limb,
After all isn't that where the fruit is."

Cheryl .J Barclay

Follow Your Dream

You must follow your dreams
You must follow wherever it leads.

Don't be distracted by less worthy leads.
Shelter it,
Nourish it,
Help it grow.
Hold your dream deep, down deep where dreams grow.

Follow your dreams,
Pursue it with haste.
Life is too precious, too precious to waste.

Be faithful,
Be loyal in all the day through
the dream that you follow will ultimately come true.

Cheryl .J Barclay

Golden Deed

Somebody did a golden deed;
Somebody proved a friend in need;
Somebody sang a beautiful song;
Somebody smiled the whole day long;
Somebody thought, "Tis sweet to live";
Somebody said, "I'm glad to give";
Somebody fought a valiant fight;
Somebody lived to shield the right;
Was the "somebody" you?

Cheryl .J Barclay

Habit

I am your constant companion,
I am your greatest helper or heaviest burden.
I will push you onward or drag you down to failure.
I am completely at your command.
Half the things you do might just as well turn over to me
and I will be able to do them quickly and correctly.

I am easily managed -
you must merely be firm with me.
Show me exactly how you want something done
and after a few lessons, I will do it automatically.
I am the servant of all great people;
and alas, of all failures as well.
Those who are great,
I have made great.
Those who are failures,
I have made failures.

I am not a machine,
though I work with all the precision of a machine
plus the intelligence of a human.
You may run me for a profit or run me for ruin -
it makes no difference to me.

Take me,
train me,
be firm with me,
And I will place the world at your feet.
Be easy with me,
and I will destroy you.

WHO AM I? I AM A HABIT

Cheryl .J Barclay

I Can

Whatever your mind can conceive and believe, it will achieve. Dream great dreams and make them come true. Do it now!

You are unique. In all the history of the world there was never anyone else exactly like you, and in all the infinity to come there will never be another you. Never affirm self-limitations. What you believe yourself to be, you are.

To accomplish great things, you must not only act, but also dream; not only plan, but also believe. If you have built castles in the air, your work need not be lost - put foundations under them. Yes you can. Believing is magic, you can always better your best. You don't know what you can do until you try.

Nothing will come of nothing. If you don't go out on a limb, you're never going to get the fruit. There is no failure except in no longer trying. Hazy goals produce hazy results. Clearly define your goals. Write them down, make a plan for achieving them, set a deadline, visualize the results and go after them. Just don't look back unless you want to go that way.

Defeat may test you; it need not stop you. If at first you don't succeed, try another way. For every obstacle there is a solution. Nothing in the world can take the place of persistence. The greatest mistake is giving up. Wishing will not bring success, but planning, persistence and burning desire will.

There is a gold mine within you from which you can extract all the necessary ingredients. Success is an attitude. Get yours right. It is astonishing how short a time it takes for very wonderful things to happen.

Cheryl .J Barclay

I Dont Want To Lose You

didn't want to lose you;
You were my best friend,
But it seems I've lost you anyway
I can no longer pretend.
I know that you are angry
But I feel that I must mention,
I'm sorry that I hurt you
That was never my intention.

I wish that I could say to you
All the things I have wanted to,
Everything I have kept inside
The feelings I have cast aside.
I wish that I could talk openly
Tell you what is wrong with me;
Maybe then you would understand
And see that I had never planned
To screw things up in such a way
And lose you like I did that day.

I know that it was all my fault
And I hate myself so much,
I just can't stand you hating me
I really have fucked up.
I'm sorry for the way I am
From the bottom of my heart it's true,
I thought that we could still be friends
But I guess that's up to you...

I wish that I was not this way,
I wish that I was more okay
With letting people get close to me,
I wish that I was more carefree.
I don't know why I'm the way I am
I just deal with it the best I can;
I think that means I shut people out
Fill their heads with confusion and doubt,
I'm truly sorry that I hurt you
But can't you see I'm hurting too?

I'm sorry for being me and I'm sorry that I hurt you.

Cheryl .J Barclay

I Will Wait A Life Time

MY PATIENCE HAS NO END
WHEN IT COMES TO LOVING YOU
AND I WILL WAIT A LIFE TIME
FOR YOU TO SEE THE TRUTH

REAL LOVE DOESN'T GO AWAY
IT DOESN'T FADE INTO THE PAST
IT GOES ON FOREVER AND
ALWAYS FINDS ITS WAY BACK

I WILL WAIT A LIFETIME FOR YOU
BECAUSE YOU ARE MY SOUL

Cheryl .J Barclay

Just As One

One song can spark a moment,
One flower can wake the dream.
One tree can start a forest,
One bird can herald spring.
One smile begins a friendship,
One handclasp lifts a soul.
One star can guide a ship at sea,
One word can frame the goal
One vote can change a nation,
One sunbeam lights a room
One candle wipes out darkness,
One laugh will conquer gloom.
One step must start each journey.
One word must start each prayer.
One hope will raise our spirits,
One touch can show you care.
One voice can speak with wisdom,
One heart can know what's true,

One life can make a difference,
You see, it's up to you!

May there always be work for your hands to do;
May your purse always hold a coin or two;
May the sun always shine on your window pane;
May a rainbow be certain to follow each rain;
May the hand of a friend always be near you;
May God fill your heart with gladness to cheer you.

Cheryl .J Barclay

Love Forever

It seems as if
I've loved you forever.
Maybe I have.
Maybe we met
In some other time
Where our lives touched
This closely before...
All I know for sure
Is this certainty inside me...
That we are
Meant for each other-
Now and Always.

Cheryl .J Barclay

Loved You From The Start

Loved You From The Start

I said I loved you right from the start
I always have with all my heart
Words can not express the way that I feel
but you can be sure this love is real

I'll always remember the day we meet
that look in your eyes i'll never forget

I never believed in love at first sight
but when I met you I know it was right
with all my heart I known
I loved you right from the start

Cheryl .J Barclay

Man In The Glass

When you get what you want in your struggle for self
And the world makes you king for a day,
Just go to the mirror and look at yourself
And see what that man has to say.

For it isn't your father or mother or wife
Whose judgment upon you must pass.
The fellow whose verdict counts most in your life
Is the one staring back from the glass.

You may be like Jack Horner and chisel a plum
And think you're a wonderful guy.
But the man in the glass says you're only a bum
If you can't look him straight in the eye.

He's the fellow to please - never mind all the rest,
For he's with you clear to the end.
And you've passed your most dangerous, difficult test
If the man in the glass is your friend.

You may fool the whole world down the pathway of years
And get pats on the back as you pass.
But your final reward will be heartache and tears
If you've cheated the man in the glass.

Cheryl .J Barclay

Margin Of Success

The difference between winning and losing is sometimes very slight.

There were eight finalists in the men's 100-meter dash at the 1976 Olympics. The Gold Medal winner beat the eighth man by less than half a second

There are five million people engaged in selling in America. Can you imagine what our Gross National Product would be if each of them had made just one more sale last year?

In sports, in business, in politics, in romance, winning isn't everything. But it sure beats losing.

Go get `em, Tiger!

Cheryl .J Barclay

May Our Friendship Last Forever;

May our friendship last forever;

Love is a friendship that has caught fire.

It is quiet understanding, mutual confidence, sharing and forgiving.

It is loyalty through good and bad.

It settles for less than perfection,
and makes allowances for human weakness.

Love is content with the present.

It hopes for the future and it doesn't brood over the past.

It's the day-in and day-out chronicle of irritations, problems, compromises, small

disappointments, big victories,
and working toward common goals.

If you have love in your life,

it can make up for a great many things you lack.

If you don't have it, no matter what else there is,

it is not enough, so search for it, ask God for it, and share it!

Cheryl .J Barclay

Miss You

I will always miss you, my kids will too,
You're travelling another road now
To pastures green and new,
And when your journey is over
You'll be with loved ones from the past.

So I'll toast you with a brandy,
I'll have a smoke and chill and
I'll raise my glass and toast
It's an honor and a privilege
To be with you at the end

Cheryl .J Barclay

Network

Decide to network
Use every letter you write
Every conversation you have
Every meeting you attend
To express your fundamental beliefs and dreams
Affirm to others the vision of the world you want
Network through thought
Network through action
Network through love
Network through the spirit
You are the center of a network
You are the center of the world
You are a free, immensely powerful source of
life and goodness
Affirm it
Spread it
Radiate it
Decide to network
Think day and night about it
And you will see a miracle happen:
the greatness of your own life
In a world of big powers, media, and monopolies
But of four and a half billion individuals
Networking is the new freedom
the new democracy
a new form of happiness.

Cheryl .J Barclay

Not Alone

I am not alone

Running errands and talking on the phone,

I am pleasantly reminded that I am not alone. Little tiny hands, a precious rounded knee, pushing and twisting that no one can see. Oh sweet child kicking up your heels, it is our little secret that only I can feel. look forward to your birth,

when I can kiss your skin,

but for now I will just smile,

as I feel you play within. with you.

Cheryl .J Barclay

Self-Confidence

If you think you are beaten, you are;
If you think that you dare not, you don't;
If you'd like to win and you think you can't
It's almost certain that you won't.

If you think you'll lose, you've lost;
For out in the world you'll find
Success begins with a fellows will -
It's all in the state of mind.

If you think that you are out-classed, you are;
You've got to think high to rise;
You've got to be sure of yourself before
You can ever win a prize.

Life's battles don't always go
To the stronger or faster man;
But sooner or later, the man who wins
Is the man who thinks he can.

Cheryl .J Barclay

Shinning Light

When you are sad, I will dry your tears
When you are scared, I will comfort your fears
When you are worried, I will give you hope
When you are confused I will help you cope
And when you are lost, And can't see the light,
I shall be your light Shining bright.

Cheryl .J Barclay

Smile

Smiling is infectious,
you catch it like the flue,
When someone smiled at me today,
I started smiling too.

I passed around the corner,
and someone saw me grin,
When he smiled I realized,
I passed it on to him.

I thought about that smile,
Then realized it's worth,
A single smile, just like mine,
could tytravel around the earth.

So if you feel a smile begin,
Don't leave it undetected.
Lets start an epidemic quick,
and get the world injected.

Cheryl .J Barclay

The One

The One

When the one whose hand you're holding
Is the one who holds your heart,
When the one whose eyes you gaze into
Gives your hopes and dreams their start,
When the one you think of first and last
Is the one who holds you tight
And the things you plan together
Make the whole world seem just right,
When the one whom you believe in
Puts their faith and trust in you,
You've found the one and only love
You'll share your whole life through
C. J Barclay

Cheryl .J Barclay

Travel Through Life

As you travel through life there are always those times
When decisions just have to be made,
When the choices are hard, and solutions seem scarce,
And the rain seems to soak your parade.

There are some situations where all you can do
Is simply let go and move on,
Gather your courage and choose a direction
That carries you toward a new dawn.

So pack up your troubles and take a step forward -
The process of change can be tough,
But think about all the excitement ahead

There might be adventures you never imagined
Just waiting around the next bend,
And wishes and dreams just about to come true
In ways you can't yet comprehend!

Perhaps you'll find friendships that spring from new things
As you challenge your status quo,
And learn there are so many options in life,

Perhaps you'll go places you never expected
And see things that you've never seen,
Or travel to fabulous, faraway worlds
And wonderful spots in between!

Perhaps you'll find warmth and affection and caring
And somebody special who's there
To help you stay cantered and listen with interest
To stories and feelings you share.

Perhaps you'll find comfort in knowing your friends
Are supportive of all that you do,
And believe that whatever decisions you make,
They'll be the right choices for you.

So keep putting one foot in front of the other,

And taking your life day by day...
There's a brighter tomorrow that's just down the road -
Don't look back! You're not going that way

Cheryl .J Barclay