

Poetry Series

charlie bones
- poems -

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charlie bones(24th April 1997)

Most of my poems relate to loss or pain, but that is because it is all that I have witnessed over the past 4 years.

I've suffered a lot of loss and with loss come pain; you cannot suffer one without the other.

We all have a dark side; it's just that some people find it before others. That dark side though can be scary and can control what we do; it can turn our lives upside down and into hell.

At the moment it seems that I cannot do anything right and everything I do just makes things worse. I can't do anything without upsetting people and I feel that my dark side has finally appeared. The dark can be powerful and can rule your life and one day you will see it and it will show. Some people wish that it never happens but one day in your life it will. Some just see it sooner than others.

Pain is a big thing in my life, I've experienced so much that I cannot write it all down on paper. A wise person once told me that 'what doesn't kill you makes you stronger.' When you're going through pain you think that nothing will ever get better but it does in the end even if it means spending years and years going through hurt and pain. However I have one everlasting memory that is imprinted on my brain and will stay with me until I die. It is the worst fear of anyone during their childhood. The biggest fear is losing someone and on that day I lost something very dearly. I lost my family, I lost my freedom and I lost my heart. My heart broke and it never healed since. I do not feel pain physically; I feel it mentally and emotionally. You're heart breaking and never healing, a want, a need for something that is completely out of your reach and you will never get. When do you draw the line? Once you've crossed it and then can't go back. People judge me a lot and it really upsets me. Would you judge the power of an ocean by one wave? No, so why judge a person by just a single action? By a single mistake.

A Christmas Wish

Every christmas I get asked what I want,
Every year this question haunts,
Hanging over me,
All I want is to be free,
No more worries,
No more lies,
No more keeping it inside,

A christmas wish this year is what I wish for,
As i walk along the sea shore,

I don't believe in father christmas,
But I do believe in a christmas miracle,
One that doesn't come from above,
A shooting star,
We've come so far,
From where he left use,
Empty and bear,
Making us wish we weren't there,

I make my christmas wish,
Upon a shooting star,

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A Girl Who Is Lonely

There she sits,
All alone and in the dark,
No body cares,
Whether she is even there,
She questions to herself,
Does anyone care about me?
And wonders whether she is even seen,

She sits alone,
Feeling invisible,
Feeling scared,
All of these emotions inside,
Not knowing how to hide,

She tries to stay strong,
She tries to be brave,
To hide all of the pain inside,
She thinks of all of her past,
Wondering what she ever did wrong,
What she did to deserve all of this,

She sits alone,
No more tears to cry,
No more words to speak,

A single person speaks,
Startling her,
She looks around,
To find she is the only one there,
The one being spoken to,
She begins to feel part of the world,
And feels visible.

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A Tear

What is a tear?

Is it something that rolls down our cheeks to cleanse our soul and rid of horror and sorrow?

or is it something that puts a chain around our hearts and turns the key in a lock to protect our hearts from hatred and hurt?

I would take the pain away,
Sometimes I just wanna hide,
From all the hurt inside,

I would give for us,
Give anything,
Go to hell and back,
I'd give it all,
But i won't give up,

Are you proud of who i am?
Who i've become?
I don't know where i belong,
Or what you make of me,

I've tried and tried to say what's on my mind,
I'm done believing you,
you don't know how i'm feeling,
I'm more than what you made of me,
So would you help me understand.

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All I Wanna Do.

i wanna fade away,
For this heart ache to go away,
for the tears,
And childish fears,
To leave me alone,

I shut my eyes tight,
And dream of you,
wishing for all of this to end,
For me to wake from this nightmare,
I open my eyes,
And realise i was dreaming of my life,

You barely know me,
What my favourite colour is,
Who my idol is,
Who inspires me,
You know nothing,
You're far away,
Living a perfect life without me,

My bruises still shine,
From where you're words,
You're actions have hit me,
My heart's scars still throb,
Threatening to tear and re-open,
Scars that you created,
That you could prevent.

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All I Want

All i want,
is the memories of us,
Like the one we use to know,
In between the pain and hurt,
We didn't realise what we were losing,
I didn't realise that i had lost,
The one thing that meant everything to me,
A family that was whole,
But now it broken and unbalanced,

My life is like a jigsaw,
But all the pieces don't seem to fit,
Tears fall from my eyes,
And roll down my cheeks,
As i think of what I lost,
A family,

Now i'm living in a world of distruction,
A destroyed world,
Broken, unbalanced,
I'd crawl across the world,
I'd go to hell and back,
If i can just have my family back

And i don't want love to destroy me,
Like it destroyed my family,
It ain't easy growing up in World War 3,
Never knowing what love would be,

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Are You?

i've loved you all along,
I forgive you for all your mistakes,
But you just make even more,
I've needed to hear you say,
That you love me,
And you've loved me all along,
I need to hear you say,
That i'm precious to you,
Are you porud of who i am?
Are you proud of who i've become?
I need to know what you think of me,
I need to know what you're thinking,
Are you thinking about me?
I'm thinking about you,
Every night in my dreams,
Everyday in my thoughts,
Father pleasee let me know,
Are you proud of me?

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Can We Work It Out?

Could we work it out?
Become a family?
I promise i'll be better,
Mummy i'll do anything,

Mummy please don't cry,
Your pain is killing me,
And tearing me down,
I'll be so much nicer,
I'll be so much better,
I'll go to bed when you tell me too,
Just please don't cry,
And try and be happy,

Daddy please listen,
Hear me out,
I need your arms around me,
I want you to hold me forever,
Come back home,
I question when I will next feel your love?
Feel your arms around me?

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Circle Of My Life

First comes no job,
Second comes your love,
Second comes your engagement,
Third comes me sitting on the pavement,
Fourth comes tears, filled with pain,
Fifth comes mum's pain again,
Sixth comes me listening to her cry,
Seventh comes the heartache that I keep inside,
Eighth comes explosion from built up emotions,
Ninth comes me crying in my sleep,
Tenth comes her not wanting to live anymore,
Eleventh comes me sitting with her on the floor,
Twelfth comes healing the scars created by you,
Thirteenth comes a stronger relationship for me and her,
Fourteenth comes perfect times,
Fifteenth comes me and mum's love,
Sixteenth comes and the circle starts again,

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Darkness

All alone in the dark,
Looking down at my stress mark,
Alone in the darkness,
Even my shadows have died,
Overwhelmed by sadness,
All alone with no one standing by my side,

Darkness swallows up my soul,
creating such a huge hole,
Tearing my heart,
Into millions of parts,
Darkness covers me,
I wish i could just turn a key,
within a lock around a chain,
To try and lock away all of this pain,

tears fall from my eyes,
Surrounded by all of these lies,

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Feeling

feeling lonely and forgotten,
frightened and scared,
Wanting to hide and run,
But no where to go,
People laugh around me,
People love around me,

My heart is broken because of you,
And because you never healed or fixed it,
It's created a huge hole,
Leaving me emotional,

Hours and hours i sit around,
Looking at old photos of us,
Us as a family,
A happy family,
That wasn't broken,
And upset all the time,

You life your live down there,
A girlfriend, no money to pay out,
A small caravan on a no fees site,
You don't understand the pain i feel,
the sadness that covers me,
Swallows me whole,
And leaves me in the dark,
With no colour,
No hapiness,
no love or life

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I Could Be Your Hero

I could be your hero,
I could protect you from the dark,
Save you from the hurricane,
Keep your heart safe,
And mend your scars,
I won't let anyone break your heart,
Won't let anyone torture your soul,

Would you run if i told you too?
Would you never look back?
I could take away your pain,
I could save your soul tonight,

I could protect your heart forever,
Put my shield of love around your heart,
Stop people from being able to get in and break it,
Stop people from scarring it,

I could be your hero tonight,
Stop all of your heartbreak and pain,
Stop the black hole that's sucking up your heart,
That's causing all this pain inside of you,

I could be your hero,
Stop the darkness,
Give you some light in your life,
Stop the darkness inside,
Help it to escape,
Escape from your soul,
So that you can can become full of light,

I could be your hero,
But hero's only happen in fairytales,
And life isn't a fairytale,

Life is a rollercoaster,
Life is pain, hurt and hatred,
life is crying over someone,
Pleading for your Dad to stay,
Pleading your Mum,
Telling her that life is worth it,
Not to end her life.

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I See It

This pain,
This hurt,
I see it cripple you,
Just know that you'll never be alone,
And if you ever feel like letting go,
I will not let you fall,
And I'll catch you,
Hold you until the hurt is gone,

I'm going to be there,
I'm going to be there always,
And from this moment on,
When you feel all hope is gone,
And you're falling,
I'll catch you,

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If I Didn'T Have You

If I didn't have a friend like you,
I'm afraid I don't know what I would do,
You saved me,
Brought me through my darkest days,
I hurt you,
And i never forgive myself for that,
But i need you to know,
How much you mean to me,
As you are the greatest,
The bestest,
The specialist,
Friend that anyone could ever hope for,
And all though i'm not the best,
I hope you know that you are special to me,
i thank you,
for not judging me,
For getting to know me,
And for putting up with my silliness,
My hyponess,

You are the best friend,
Anyone could ever wish for,
So next time you're feeling down,
remember how you make me feel,
And how you always cheer me up.

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In My Dreams

In my dream i'm not alone,
In my dreams everything's right,
In my dreams you're stood beside me,
You're arms wrapped around me,
Never wanting you to let go,

But i wake up,
And realise,
You're never coming back,
That i'll never feel your love,
Hear you warm heart beating in your chest,
As i lie my head upon you,

I realise that i'm in real life,
Where hearts break without making a sound,
Where love involves pain, hurt, sacrifice,

I hold onto you with both arms,
Begging for you to stay,
For you not to leave,

But you went,
Left me alone,
In this world of pain,
World of horror,

I hold it in,
Stay strong,
Be brave,
Try and hide my scars,
That want to shine,

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Love

Love is a sun shining from our hearts,
Love is a rainbow that you never want to fade,
Love is never having to part,
Love is something that you don't have to make,
It's something that's already made,
From the moment you begin to grow,
It's something that's easy to show.

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My Disguise

My smile is my disguise,
To hide all the hurt inside,
That's slowly killing me,
My heart,
Tearing in two,
All the time over you,
You broke my heart once and it finally healed,
Now you're back to break it again,
I loved you and still do,
But i just can't cope with it anymore,
The pain's too much,
The heartache that comes with it,
I just wish it to fade away,
The voices to leave me alone,
I just wish to fade away,
The mood swings,
Hatred, anger, fear, upset,
I feel over and over in a circle,
I can't take it no more,
Can't you see,
All the pain that you have caused me,
All the pain you are causing me,
So when you see my smile,
It's a disguise,
Because I don't want people to see,
All my feelings from inside,

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Reflections

I'm staring at my reflection,
seeing all of my battle scars,
And all of my pain connected with them,
Memories flash in front of my eyes,
Of the time where it all went wrong,
Of the time where the fight for my life began,
I run my fingers over my scars,
Each memory connecting with each scar,

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Thoughts...

When i was a young child,
My thoughts were ever so mild,
Under control and not causing trouble,
Now I'm stuck in my own bubble,
Living a lie,
Probably until i die,
I tell myself it's all in my head,
As I lie in my bed,
So scared to move,
So i try to calm and sooth,
Afraid of the bullets that may be shot,
That may make me lose all i've got,

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Un-Break My Heart

Un-break my heart,
Become part of me again,
You broke my heart and never fixed it,
Leaving a hole that sucked in my soul,
My days grow darker and my life grows shorter,
And yet you are no where to be found,

Please un-break my heart,
And say you will love me again,
Un-do all this hurt that you have caused,
When you walked out of my life,
Help me to un-cry these tears,
That i cried over you so many nights,
Please un-break my heart,

take away this pain,
that's slowly killing my soul,
darkening my days,
And creating a back hole,
please heal these stab wounds,
You've caused with your words,
Heal these scars on my heart,
That have become a part of me,
They are threatening to re-open,
Threatening to cause more pain and hurt,

Please father Un-break my heart,
Walk through the door,
The door i often sit in front,
Waiting for your return,

I need your love,
I need you,
I need your arms around me,
And for you to never let go of me,
You brought darkness into my life the moment you walked out,
So please bring back the light,

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What Is A Tear?

Is it water that rolls down our cheeks to cleanse our soul and rid of horror and sorrow?

Is it something that puts a chain around our hearts and turns the key in a lock to protect our hearts from hatred and hurt?

Is it a way of communication, our own way of telling people that something's wrong or not right?

Is it like a thought, washing away sorrow and bringing happiness?

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What's Being Invincible?

What's being invincible?

No one knowing you're there,

What's being invincible?

No one knowing you're feelings inside,

What's being invincible?

No one caring for you,

What's being invincible?

No one understanding how you're feeling,

What's being invincible?

Tell me please I need to know.

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Why Am I Alone?

Why am I feeling alone?
Invisible and feeling like I don't belong,
I'm hurting inside,
But I musn't show,
Everything inside of me is screaming,
'It's ok to not be ok.'
It's not, you live in hurt and destruction,
I want it all to end,
All this pain and sorrow,
I want it to go away,
I live in fearof myself,
Wondering who will be my next victim,
My anger is hard to control,
Little outbursts all the time,
Then I'm ready to explode!
Don't wanna hurt nobody,
So I kepted myself locked up,
Hiding all my anger and hurt,
I cry alone, I cry silently, I cry inside of me,
If I cry around others, I make excuses up,
But people are starting to see,
All of the hurt inside of me.

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You Broke My Heart

Feeling lonely and forgotten,
Frightened and scared,
Wanting to hide and run,
But no where to go,
People laugh around me,
People love around me,

My heart is broken because of you,
And because you never healed or fixed it,
It's created a huge hole,
Leaving me emotional,

Hours and hours i sit around,
Looking at old photos of us,
Us as a family,
A happy family,
That wasn't broken,
And upset all of the time,

You live your life down there,
A girlfriend, no money to pay out,
A small caravan on a no fees site,
You don't understand the pain I feel,
The sadness that covers me,
Swallows me whole,
And leaves me in a dark world,
With no colour,
No happiness,
No love or life.

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You Left Her.

I was so afraid,
When you left us,
Left us to fight for life,
To battle our way through,

Lonliness took over,
She longed for you,
To hold her in your arms for one last time,
To love her for one more time,
Dad by Day she wept for you,
Fear took over,
And she became afraid,
Afraid of losing me,
Like she lost you.

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You....

How do I say goodbye?
Without making myself die?
I can't live like this anymore,
So please walk right through that door,
Don't turn around,
I'm crying without making a sound,
Keep on walking,
No more talking,
I close my eyes at night,
I'm flying as high as a kite,
But then you cut my string,
And i'm back on solid ground,
Realising everything,
I can't have you around,
My heart's tearing in pain,
And tear's fall down my face as i walk in the rain,
They hide my pain, hide my tears,
Tears full of stupid, childish fears,
I sit in the dark,
Looking down at all my stress marks,
All because of you,
I love you, i truely do,
But you have to leave now,
So it's time to take your things,
And i wonder how?
I let you cut my string,
And let me fall to the ground,
Cause you should of been around,
Protected me, and caught me,
But that was never to be,
My scars run deep,
Ones that i'll always keep,
Because you broke my heart,
And my whole world fell apart,

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Your Mistakes

Your mistakes,
Crushed my life,
Your mistakes,
Ruined me and her,

I'd withstand all of hell,
To have one last time,
One last time as a family,
One last time at being whole,

When I was younger,
My mind was clear,
My life seemed full and healthy,
Never dreamed that we'd end up like this,

Now my mind is a mess,
I'm walking around in pain,
Thinking of the events,
The events that you could of prevented.

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You'Re Feeling.

You're tired of being alone,
Feeling broken and worthless,
Feeling abandoned and forgotten,
You've hit rock bottom,
And can't get back,
You are barely hanging on,
But remember...

You'll never be alone,
I'm always gonna be here,
You're not forgotten,
You're the most important to me,
So please overcome all of this,
All of this pain, hurt and heartbreak,
I'm hurting too.

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