Poetry Series

Brian 'Peza' Perrins - poems -

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I started writing poems in 2006 with a poem titled 'A Glorious Morn' which was written in memory of my late wife Dianne (1950 to 2003). This poem has been selected and published in 'Timeless Verses' and 'The International Who's Who of Poets' I enjoy writing about real life experiences and situations so I guess you could say that my poetry is about modern day life. I am happy to write for anyone that has something they would like to express.

A Better Person

Make up and face lifts I've seen the lot Why can't you be happy with what you've got?

Tummy tucks and breast implants where does it end? Time devoted to looking good drives you around the bend

Botox injections and crevasse filling gels
Only serve to misguide the inevitability it spells

If you really want to be a much better being
Try changing from the inside, an improvement worth seeing

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A Fact Of Life

A dilemma or a blessing Good fortune or a woe Which ever way you see it You do not know, what you do not know

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A Glorious Morn

I wake and rise to the morning dew And it's not unusual that I think of you

Another wondrous morning on God's great land Just one thing I miss, the touch of your hand

It's bright and warm, a great time for birds to sing Just a reminder of the comfort you used to bring

As I sit outside and capture the beauty of nature at it's best I often wonder if you are safe and your soul is at rest

You see, I'm contented now, I've learned to live You just get on with your life, to share and to give

The lessons I learned throughout our days Will stand me in good stead in so many ways

So it's to you that I name this glorious morn I thank God that I met you and the day you were born.

A Place In Time

A glance into those evil eyes
Enough to justify my despise
The thought of you just brings me pain
To be close to you only serves distain
Please set me free from this living hell
From the hate I feel and can't dispel
If I just had the courage to walk away
But the thought of punishment you'd display
Keeps me here in misery and a life of hell
A life where I find it impossible to dwell
Please Lord, give me strength to walk away
Every night I kneel to you and pray
Of better times in my life to arrive
Of the hope that maybe I can survive

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A Rather Public Servant

(sing this song to the tune of 'matchstick men, matchstick cat's and dog's)

I've tried to work hard all my life
And all I get is trouble and strife
Why don't they seem to care or understand?

I slog all day for my constituency
Stay away all week from my family
Why do they think I'm being crooked or underhand?

Public chorus

Why don't you stop your whingeing on you thieving swine?
We caught you out, so give back what's really mine
You had your snout deep in the trough
So take your expense claims and get off
You've had your chance now go and hang your head in shame

I need two houses can't you see
To have just one's no good to me
All my mates have got to have at least the same

So I've sold my home a time or two
If you had the chance well wouldn't you?
For Christ's sake why should it be me to blame?

Public chorus

Why don't you stop your whingeing on you thieving swine?
We caught you out, so give back what's really mine
You had your snout deep in the trough
So take your expense claims and get off
You've had your chance now go and hang your head in shame

I'm just a decent, honest man
Who makes a shilling wherever I can?
Let's face it we all need to clean our moat

This job I have it sometime sucks
When all I do is look after my ducks
Why can't you stop and just give me your vote

Public chorus

Why don't you stop your whingeing on you thieving swine?
We caught you out, so give back what's really mine
You had your snout deep in the trough
So take your expense claims and get off
You've had your chance now go and hang your head in shame

It's over now I've had my day
I've worked so hard for little pay
I'll leave right now with heartache and some tension

It's back to life in the real world Now that my past has been unfurled I'll just have to live on my bullet proof pension

Public chorus

Why don't you stop your whingeing on you thieving swine?
We caught you out, so give back what's really mine
You had your snout deep in the trough
So take your expense claims and get off
You've had your chance now go and hang your head in shame

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Note; sing this song to the tune of; Matchstick men, matchstick cat's and dog's

A Tear In My Eye

Thoughts of that moment bring a tear to my eye A spontaneous action that money can't buy

The unprompted hug and fond embrace The spoken words and kiss on the face

"Love you granddad, you need to know I'll see you soon, watch how you go"

That moment indeed brings a tear to my eye Enough to make a grown man cry.

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Abandoning Hope

Sleepless nights through shattered dreams Dark inner thoughts where my mind screams

Forgotten youth where I should play No refuge in sight, life in decay

The thoughts of love and a caring soul Of family and friends, a voice to console

As days drag by, in mind I languish
Darkness arrives with a sense of anguish

Exposed to perdition and vulnerability A world of grief and a body of fragility

Please hear my plea for sweet repose To escape this fear which no one knows

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Always Near

I've left in body but you have my soul
I wander beside you, together we stroll
You feel the sweet breeze upon your face
This is a kiss for you, my soft embrace

You are never alone in this world that you live I'm always around you, to care and to give Never think you can't cope with all in this life There's always an answer to cope with the strife

Just close your eyes and spend time to pray I'm there looking down and will lead the way When you waken at night and don't understand It's only me beside you, touching your hand

Never feel sad or lonely as though no one cared Feel warmth and good feelings for the love we shared With my arms around you in sweet caress It's just something I enjoy, I must confess

So when you sense a warm feeling deep inside It's when our lips come together, this I confide Look to the future with contentment from the past With the knowledge our love will be unsurpassed

An Angel By My Side

From unconscious state, eyes open wide To find an angel by my side

A smile that seems to ease the tension The knowing look melts apprehension

The caring hands that ease the pain The thoughts of illness start to wane

Time to chat with friendly word Leave fear and concern somewhat deferred

A state of calm as fears subside I find an angel by my side

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Another Chapter

The winds of change rushing through No thought of warning, no notice due

Circling above the preying raptor The tragic end to another chapter

As morning breaks realisation dawns That we live our lives as mere pawns

To those of us no longer around Just empty space, silence profound

Alas the emptiness and solitude of space Provoking memories time can't replace

Look up to the skies, the praying raptor Turning the page to a brand new chapter

Apathy

'The unparallel ability of man to resist, at any cost, the force of natural human aspiration to strive for the greater good'

Aquaphobia

Fingers caress the still, silky pond Cold waters chill as senses respond

Soft ripples flow and synchronise Thoughts in mind that crystallise

Heavy heart, through cold submerge As mind and body demand upsurge

Immersed beneath the bitter mass Where ripples die, replaced by glass

Lungs beating hard in rhythm with pulse Minds inner battle against natural impulse

The seconds pass like darkened years No time for sadness, no time for tears

At last this beating heart subsides A peace unknown, that death provides.

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Aubade

Darkness submits and day is borne Shrouded mist engulfs the morn

Stillness echoes through the air Silence screams beyond compare

Dewdrops crash against the ground Earths scented smells, so profound

Sunbeams glint from high above Wisps of cloud fit like a glove

Whispering breeze of senses rife Unfolding morn, awakens life

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Because?

With your matted hair and sullied face Your plight ignored, the worlds disgrace.

Just left to exist with life so forlorn
A roll of the dice, it's where you were born.

A smile on your face, no material wealth With your friends you play, existing by stealth.

The hunger that pains you is so normal by now No one to turn to, whilst the world disavow.

No Mom or Dad to run to, you can't understand There's no one to cling to or hold onto your hand.

It's just as well you can't see others material life To do so would only bring additional strife.

From the outside looking in at one of life's flaws
To understand your dilemma, is it just......because?

Black Country Times - Part 1

Or roight me ode mert, erw yaw gewin

Better than me ar bet, om gewin ta rack en ruwin

I ay sin yaw fer a few wicks ar dow think

Ere abart the punch-up last wick, oh my gord wora stink

Ar I did, it wuz a roight bust up I heard, cheirs un bottles flyin I think aar Bert woz in the thick o it cuz aar Mary wuz cryin Ar I think he woz, he toed me e nearly spilt is point! It's about time they closed the plerce down, it's a roight friggin joint

Y' roight thear mert, if ya car av a point in peace Yaw might as well call it a day, y' know, call in the police Y' wastin y' time callin the friggin police They woe cum, too bizi lookin for a bit a peace

Anyway ar gorra gew, it's benefit day y' know
Standin in that friggin queue mecks the day gew slow
Or roight aar kid watch erw ya gew, see ya soon ode mate
Om off down the chippie for me tae, ope they put it on the slate!

Breaking Heart

It doesn't matter much to me
I guess it doesn't matter much to you

The highs and lows of a relationship Have run their course and served their due

The leaves of autumn turning gold The time has come, time to depart

It's what we need, it's for the best So why this breaking heart?

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Close Your Eyes

Close your eyes and try to see
The poor and starving, the poverty
Close your eyes and think of this
Nothing left but staring into the abyss

Close your eyes but don't drift away Think of those with lives in disarray Close your eyes, why can't you see The children starving, hear their plea

Close your eyes and thank the Lord For all the things in life you can afford Then close your eyes and drift to sleep Whilst children die and mothers weep

Closer Than You Think

The young boy he wakes and gets onto his feet Its cold in this old shed, but his need is to eat.

Out into the grey as the day is just dawning Still rubbing his eyes, thinks as he's yawning.

To the rail station he goes to beg and to borrow No time to feel self pity, depression or sorrow.

This life he has known for a number of years

To think back to family life would only bring tears.

Just loneliness now and a need to survive Walking the streets, thankful to be alive.

He doesn't ask much of the life that he knows The years of neglect in his face that it shows.

A day on the streets brings the coins that he needs To buy food and nourishment for his stomach it feeds.

The streets are so dangerous and full of persecution But he still needs to go on, he has no solution.

You see there's no tunnel, and there's also no light Get back to safe haven, before day becomes night.

It puts you in mind of some far away place Where the life is so tough that people must face.

But this young boy is not from a far away place Look around you when you're next out, you might see his face.

This plight that you're reading, with no real link But this plight is for real and closer than you think.

Consider This;

Think of the spare time you could have on your hands.

To make your life better, happier and more contented, if......

You kept your nose out of other peoples business!

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Cry Out Loud

Some people never cry out loud Too much stigma, far too proud.

Never show any true affection Keep it in for fear of rejection.

They may come across as cold and hard Never show emotion, never dropping guard.

But the truth is never as it seems from outside Most people have compassion, just can't confide.

Lacking in confidence and unable to show Their true feelings locked in and full of woe.

If you know such a person you should offer your hand Guide them back to the real world lest they understand.

Lend them your shoulder and let them be proud To show their emotions and just cry out loud.

Demon Of Darkness

Hallowed is the mortal soul That has no where to hide

Locked inside the human form Subjected to a fatalistic destiny

So cherish the form you know as life For you, there is no other way

Just bias thoughts of superior being Not knowing the world that lies beneath

The powers beneath extorting fire The rage of hell never before seen

Out of the claustrophobic darkness Rises the heinous Demon of Darkness

The time has come to say your goodbyes For you have but little time left to live

The raging hell of the Demon is nigh Coming to deliver perdition to all

The hideous echoing screams resonate Whilst the putrid stench of death prevails

Raging fires will burn the human form Smouldering embers of human charcoal

Mountains erupt and spew out fire
The earths skin splits open and peels back

Torrents of burning lava engulf the earth Rivers and seas boil and spew out sulphur

As the crust of the earth turns inside out Every living thing will turn to ashes Bringing an end to the human race For it is not the true ruler of the earth.

Perished are the mortal souls For they no longer rule the earth

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Don't Give Up

Hello John, how are you feeling? Bored I guess and climbing the ceiling

The next few weeks are going to be tough There's no way around it, your going to feel rough

There will be barriers, knock backs and frustration You'll need the will power of old, to fight this damnation

Think back to the struggles on our bikes that we saw Not wanting to give up by putting foot to the floor

Who will be first to falter and give up the fight Not you I don't think, but it will take all your might

When we both stopped smoking it always seemed to me There was no chance of failing, too much competition you see

So think of the future and those times on a barge Would you like red wine or beer sir? I'll have a large!

There's no way that you'll give in, I know this is true Just come out fighting, meet the challenge, that's you!

So if you need anything from me, just give me a shout I'll never be far away, always be about

Dreams Never Die

Through shrouded mist, grey angry sky Building clouds of thunder, waiting to cry

Mirrors state of mind, in deep regress Thoughts of the future; need to suppress

The dreams and aspirations yet to unfold So many ambitions as yet untold

Now those aspirations fade into the mist Whilst hopes prevail and dreams still persist

Thoughts of times gone by and happy days
Of golden moments where my heart lays

Sweet memories stir in my mind its true Of fields of clover and skies of blue

Remember me when my time is through As a friend in deed, just loyal and true

Take time to smile as your memories stir Of happy times, the way we were

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Emotions

Grieve outwardly or not, make a choice Submerse yourself or show through voice.

To hide your sorrow deep down inside You show a brave face and never cried.

You're inner feelings make you're stomach churn Tie you in knots, escapes what you yearn.

Should you let it all out, show how you feel Crying out loud, sit there and shout or squeal

He who holds in emotion longest Rarely turns out to be strongest.

Eyes That Sparkle

Your eyes that sparkle, shine and sing They mask the hardship life does bring.

Your yearning for comfort, food and love Doesn't dampen that spirit that fits like a glove.

The smile that tells others there's hope out there Maybe tomorrow could bring fruit to bear.

As hard as life is, you just carry on smiling A caring hand, the thought so beguiling.

You stop to help others in need of assistance The wanting to give up is met by resistance.

It's your eyes that sparkle, shine and sing That brings hope to others of life to cling.

Final Thoughts

Stuck in the present, no future or past Is this the beginning of the end at last?

Daren't look back to the trouble and plight Can't see no way forward just blinding light

Paranoia sets in, sweat runs down my face Could this be the end of the human race?

Nausea eats away at my very existence Weariness wears down the will for resistance

Claustrophobic feeling of silence resonates Anxiety rises as the shadowy fear accentuates

Lying in darkness afflicted with pain Is this a dream or am I going insane?

Consciousness waning, head spins to the beat Mind ebbing away, bodily fluids excrete

As body and mind fail to respond to resistance Subconscious thoughts die into the distance.

Four Years

It's been four long years since you've passed away I remember the time as though it were yesterday The memories of you they do not fade We are always together, no need to be afraid

You're with me through both day and night I sometimes wake at night, in case I might Feel your tender touch or catch a sight Was that a fleeting glance or trick of light?

I see you in the streets amongst the busy crowd
I see you in my dreams amongst the misty shroud
I feel you're presence when I'm all alone
Could that be you calling when I hear the phone?

You may be gone, but never far away
I hope you're safe and well, for this I pray
It's been four long years this is true
It's been four long years of missing you

I hope and pray that there will come a time When we meet again and you'll be mine

Had Enough

The only time I 'please myself' is when I'm on my own I think I've reached that time in life I need to be alone Hope you're pleased? May I help? Should I move this way? Would you like? Is this ok?Is this all I have to say?

How is it I seem to spend my time just considering others? You may as well adopt the buggers and act as if your mothers Is it me, or am I the only one to give consideration? Am I the only one to move or is this just an aberration?

For crying out loud take a hike, why don't you go away
I'd like to spend a day or two, to get some peace I pray
Let me tell you I've had enough of this "may I help you" lark
I'm going out to get some peace and maybe sit a while in the dark

Well the time as come I've had enough, from now on it's me I'll please myself and be inconsiderate, but I doubt if you'll agree

Hear My Plea

Hear my plea

Whilst I'm here amongst the madding years Around the sorrow, the heartache and tears

Many words are spoken and regretted in time Looking back to the days when you were mine

Those days we spent together, the good and the bad Looking back in time, I must have been mad

Now the loneliness burns at my very existence Should I have strived to greater persistence?

Long days, lonely nights, grey mornings too Too much time on my hands, time to construe

Has destiny dealt me the plight that I feel? A feeling of despair and a longing to squeal

No more that person way back in the past No more the feelings of happiness surpassed

Is it too late to consider turning back the clock? Where is the key that your heart may unlock?

So it's to you that I turn in my hour of need Consider my plea so this heart may not bleed

I'm asking you now, to try just once more It's to you that I turn, the one person I adore

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Hiya Mandy,

Happy 40th Birthday!!

Just think, you are in your 41st year already!

If you listen to the experts you are at least half way through your life now! (Don't worry too much...... the definition of an expert is; an ex is an has been, and a spurt is a drip under pressure)

So let's look forward!

Just think of all the things that will probably happen to you in your older years;

Well.....your sight will start to deteriorate, but think of the benefits of this, you will not have to wince every time you see Chris in the nude, or come to think of it, yourself in the mirror.

Bit's of you will start to sag, ache or seize up, but don't worry your memory will be such that you won't remember when you are lying in bed....in the dark!

You're closer to getting a bus pass....and a winter fuel allowance!

You can go on Saga holidays.....yes I know you could pass for this now! But I mean that you may go on them without telling lies about your age!

Anyway! When all is said and done the only way to ensure you enjoy the rest of your life is to; Get pissed tonight!!

Hope

With golden locks and sweet cherub face How we long your touch and soft embrace

Your sparkling eyes that sing and smile That knowing look and sweet beguile

Please keep safe and well, to God we pray Believing the day will come when we will say

How we've missed you so and begged the chance To see your face in the crowd, a fleeting glance

We know one day that we will be together again To end this misery, this emptiness and pain

Holding hands together our family complete Praying for the day to come, oh how so sweet

So small angel please stay safe and cope We will never give up, not whilst there's hope

I See Your Face

I close my eyes and see your face Our bodies touch in found embrace.

I never thought that I would see the day Your absence would affect me in this way.

Thinking we had a love that would last forever Displaying a lack of affection wasn't so clever.

Now that you've gone and found another I realise my failings but still can't recover.

Thoughts of you coming home linger on you see To ask for your forgiveness, should this be my plea?

To chase after you now would be so wrong I need to get on, move forward and be strong.

So I guess that you will never know how I feel Living life without you, it seems so surreal.

Tomorrow I'll move on, stop looking back into space At least till I close my eyes and again see your face.

Indecision

Open eyes to darkness stare Lie still and cold, mind in despair Grey mist and veils, a lack of vision No future in sight, just indecision

Through window peep into darkness gaze Nothing to see just shrouded haze No where to go, no one to turn to The future bleak, depression accrue

No power to light the darkened room No warm drink to sip and lift the gloom Slip into clothes with grime and smell Lift catch on door, walk into living hell

The hustle and bustle of city life
Only serves to add a little more strife
No one to stop and talk a while
Too busy rushing, no time to smile

Head bowed to floor no reason to lift Meander streets, without direction drift Where's the life I used to know Why is my mind now full of woe

Reach the river swirling dark and fast Could this be the release I've found at last? Cold wind blows on precipice stand Look straight ahead, release one hand

Mind in turmoil, heart racing fast Is this the end of indecision at last?

Inner Squeal

I keep getting this feeling about you; I know it's somehow true But there's no way I can get by in life, not living without you

You see I get these thoughts that you're seeing another What can I do, not let you out, just hold on and smother?

I see you all dressed up and going out on the town Should I really believe you and just take this lying down?

It's the little things that make me feel that you're being untrue You don't say "I love you" I don't know why, I wish I knew

It's that new dress your wearing and special perfume tonight I wish I could hold on to you and not let you out of my sight

Even when we are out together all I seem to do is get hung up and sigh Is it me there's something wrong with, or is it your wondering eye?

When I'm working away at my job, it's impossible to concentrate My minds in a quandary and my business I can't contemplate

I wish you would come through the door and show me true affection Why don't I stand up and tell you; is it that I fear your rejection?

Maybe it's my fault; I've neglected you and your feelings in the past Now I sit here and wonder; is it too late to tell you my love is unsurpassed?

It's that small sign of affection, the hug, the touch or kiss These are the little things that I dearly do so miss

You come home all flustered, guilty, and act as if you care We just share this knowing glance, my heart is in despair

You try to make some normal chat, without looking me in the eye I ask you what you've done tonight, you falter with your reply

As we lie together in our bed at night my mind so full I cannot sleep I know that you're not sleeping either, you're mind elsewhere, I want to weep

I can't go on with this no more, I've simply had enough My minds a mess, its living hell, and I'm feeling rather rough

Should I confront you with my feelings, my life feels so surreal No, just sit here with a tortured mind and suppress the inner squeal

Internalise

To give your love, there is something you need A thing that comes from deep down within

For to give your love takes a special gift Which to others, it may seem, a mortal sin

For the gift of love, is to love one's self With this one thought, you need to wrestle

If you don't love yourself, you can't give love For you cannot pour from an empty vessel

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It Goes Without Saying

You know that you mean a great deal to me Life wouldn't be the same without you see

I sometimes stay quiet and don't say a lot But be sure I appreciate it's you that I've got

To enjoy our relationship the way that we do Not full time I know, but just the same true

We don't need the pressure at our time of life Of live together relationships with trouble and strife

Let's keep it simple and enjoy each others care And nurture a relationship of happiness to share

Here's to the good times and happiness I'm praying I really do appreciate you, it goes without saying

It's All In The Mind

I think I'm sad.... Or am I glad On second thoughts I'm going mad!

Is it dark or is it light, is it day or is it night My minds in turmoil get me out of this plight

As I rise from bed I don't know the day or date
Is it worth getting up? I might meet someone I hate!

The room its spinning and noises loud It would only be worse if I go out in the crowd

The news on TV it states the trouble and strife Should I chance going out? Maybe take a knife

As I enter the street full of noise, people and threat I'm beginning to panic, my hands are shaking and palms are wet

Someone pushes past me are they going to attack? Should I turn and defend before they push a knife in my back?

As I turn and grapple with this person I feel manic Without thinking I thrust in my knife and start to panic

The people their shouting and holding me down I told you this world is mad, I must leave this town

The police they arrest me and drive to the station Will I end up in prison or out on probation?

Then I hear the news, the person I stab ends up dying As the judge prepares to deliver his verdict I'm crying

I knew I should have stayed in bed on that fateful day

Just as well I was dreaming, should I get up and go out? ...no way!!

Learn To Lose

The taste of victory is so sweet Having the world at you're feet

Never failing to do anything other than win Always the victor, a great feeling within

The feeling you get from being number one Having the pleasure of never being outdone

By the law of averages, one day you'll descend Look over you've shoulder, let's not pretend

That day may come sooner or later, who knows To keep this in mind keeps you on you're toes

So bear this in mind before you get the blues To appreciate winning you must learn how to lose

Looking Back

As I look back to my youth all those years ago
My memories quite clear, my thoughts they do flow.

My school days were happy, I started age five Aspirations not high, just a need to survive.

"Red yead fire bucket" they'd call my auburn hair Head high, eyes straight ahead, look as not to care.

Push Tommy Marshall to school four times a day Up hill and down dale, bright day or grey.

Tommy copied my school work, he found school a bore In return he gave me the remains of his apple, yes just the core!

On Sunday's Dad and I would walk for miles on end We would stop off at the pub and then home we would wend.

My Dad was a miner; he'd work hard all day Cut twist with his pen knife for his pipe of clay.

Mom would cook meals and send me shopping to buy She kept two pigs in the garden in a building called a sty.

The butcher would visit and he'd cure the meat Although we were poor we would be sure of a treat.

I'd go the church with Mom, three times on Sunday At the age of seven I was crowned Queen of the May.

Mom would take in washing, a basket for a shilling The need to make ends meet, this she was willing.

At eighty four years old and time passing fast Just one thing I've got, that's memories to last.

Lost Souls

The rising stench of toxic mire
Emanates from a dark forbidding place
Beneath the claustrophobic ceiling
The putrescent bodies in harmony sing

"Give us our rightful resting place Or hang your head in dire disgrace Our souls cannot be laid to rest Unless this action you so bequest"

Enshrined in the silent, intense darkness
The dripping blood that resonates
Hidden beneath the rotting boards
The putrescent bodies in harmony sing

"Release us from this foreboding hell Our freedom calls, we do compel Free us from this anonymity Whilst we act in equanimity"

The demonic, heinous shape returns
As another cold, lifeless, human form
Is laid into the incarcerated stench
The putrescent bodies in harmony sing

"You will never suppress our collected accent Hear our plea, appease our torment To be abandoned in this desolate place Our memories, our lives, you will never efface"

Whilst silence falls like the asphyxiating darkness
The night air becomes claustrophobic and dank
As the tormented decomposing souls in hope do wait
The gruesome macabre predator turns and walks away.

(2011)

Memories Of You

In my mind are memories of you Rushing through my head, times we knew. I see your face at every turn Your fond embrace I do so yearn.

Was that your voice that I just heard? I just tell myself, stop being absurd. That face in the crowd, is it you I see? A fleeting glance, no, it must be me.

Your there when I sleep and when I awake. Your memory haunts me, make no mistake. The nights are so long and daytime so grey Your absence so heavy on my mind it does weigh.

I wish that you'd come back and make amends My hand of friendship raises, to you it extends. Let's forget the past and all that was wrong Just come back to me right here you belong.

If I promise one thing, it's that I'll be true Just one thing I'd miss, distant memories of you.

Memory

Through the annals of time and memory distort The accuracy of fact your mind fails to support

Some things are best left to the confusion of mind Lest we seek discomfort in the truth that we find

Looking back over time gives great pleasure it's true Through mist and shaded veils the picture we view

The memory indeed is a great healer with time The comfort it brings serves to make it sublime

Contentment, resentment, pleasure or pain Leave it to memory, in time it will feign

Mother Earth

Confused in mind, bereft of soul
Through poppy fields I wonder, alone I stroll
Where's the world that I used to know
Where's the love and friendship life did bestow

Alone once again on God's great land Life's passed through my hands like grains of sand Is it too much to ask that I have someone to treasure Someone to hold, to love and share pleasure

The feeling of emptiness, sadness and despair
Looking for solace, please answer my prayer
As I gaze on this land of greenery and flower
I understand the gift of nature and might of it's power

The rolling valleys and hills sweep me off my feet
The trees and the rivers greet my eyes oh so sweet
So to you mother earth I must thank you for this
Saving my soul and delivering me back from the abyss

Mothers Day

Hi Mom, hope you have a wonderful Mothers Day It's a special time for you and I've something to say.

I'd like to say thank you for all that you've done You have loved and cherished me since my life begun.

You will always be someone special to me There's one thing I ask, just a small plea.

I want you to promise that you will always call If ever you need me, no matter how small.

I need you to know that I will always love you I will never forget or desert you its true.

So enjoy the rest of your life without delay And make sure that this is your best Mothers Day.

Hi Mom, hope you have a wonderful Mothers Day It's a special time for you and we've something to say.

We'd like to say thank you for all that you've done You have loved and cherished us since our lives begun.

You will always be someone special you see There's one thing we ask, just a small plea.

We want you to promise that you will always call If ever you need us, no matter how small.

We need you to know that we will always love you We will never forget or desert you its true.

So enjoy the rest of your life without delay And make sure that this is your best Mothers Day.

My Mind At Rest

I sit outside in the morning air My mind at rest, without a care.

My life I guess almost complete The world no longer at my feet.

It doesn't seem to matter much When things get done as such.

I see them racing here and there The pace of life enough to scare.

Not a minute left to hang around No thought for others, sight or sound.

I'm bothered not by non inclusion Keep your rat race, and delusion.

I'll stick to this life at an easy pace Keep phone off hook, just in case.

Whilst I sit outside in the morning air My mind at rest, without a care.

My Song Is Sung

You said that you'd love me forever more
Then bided your time and walked out of the door
All the plans we made, I believed in you
Now the times come I feel my life is through

Go on leave me now, see if I care Who am I kidding, mind in despair I need some help my minds a mess Life seems so empty I must confess

Is she missing me now that we're through?
I guess she's finally got what she was due
No warmth was coming from our relationship
It's no wonder we let our love affair slip

The empty nights and the frosty silence
The angry rows that end in violence
Nights of tension not knowing what to say
To live our lives like this, there was no way

I hate you but I love you still
I wish I could swallow this bitter pill
Your twisted mind and lying tongue
My time has come, my song is sung
My time has come, my song is sung

Unanswered calls, e-mails ignored
My time and attention you can't afford
I remember the time our lives entwined
Just living a dream, or was I blind?

Friends tell me they've seen you out on the town With a circle of new friends just acting the clown Were your promises to me just a pack of lies? I long for your touch, then again I despise

I bet her friends have told her so No need to e-mail to let her know It's great to go out with my mates again Forget the heartache and dismiss the pain

No more acting and holding hands No more talk about those wedding bands I never wanted that serious game It had to end this way, it's such a shame

I hate you but I love you still
I wish I could swallow this bitter pill
Your twisted mind and lying tongue
My time has come, my song is sung
My time has come, my song is sung

I've see you in my dreams, it's true When I awake you're gone, I'm feeling blue I tell myself just move on and don't look back It's the confidence and self esteem I seem to lack

Let's paint the town red girls, let's have a good time Go out find a new love, whilst I'm still in my prime Better be quick, there's one last chance for you Who am I kidding; I know that it's through.

I hope she finds someone to share her needs
That serious shit and heartache it feeds
Just get on and find someone else to adore
Why do I get this feeling she's outside my door

Please God don't let her back in my life I couldn't stand the hassle, the strife No more serious relationships for me Any new love will have rules to agree

I hate you but I love you still
I wish I could swallow this bitter pill
Your twisted mind and lying tongue
My time has come, my song is sung
My time has come, my song is sung

I'll get out of bed soon and start over again
Just as soon as I feel that I'm rid of this pain
The hours turn to days and days into weeks

Awaiting a call or a text with love that it speaks

Where is the joy that a new day should bring? Where is the love that makes my heart sing? I stare into the mirror with a longing to die Today is the last day that you make me cry

I've heard that she's broken, mind in despair She's got what she deserves I really don't care Not wanting to go out and mix with friends Just stay in isolation, happiness pretends

No more the stay in, I need my life back
I feel like I'm reborn, I've just got the knack
This is the life lads, let's go paint the town
Have some beers; find some chicks, acting the clown

I hate you but I love you still
I wish I could swallow this bitter pill
Your twisted mind and lying tongue
My time has come, my song is sung
My time has come, my song is sung

I've heard all the gossip; I know that it's true Your comeuppance is waiting, revenge overdue So you think that your smart dating another But listen to this warning and then run for cover

To leave me like this, dejected and broken
No light in the tunnel, no words to be spoken
One day we will come face to face that's for sure
I'll wait for this time and let revenge be my cure

Out into the dark, cold bitter night
So we come face to face, time for a fight?
Just leave me be I've no wanting to play
Take yourself off before I regret what I say

Don't look at me with sorrowful eyes What do you mean, somebody dies? The pain in my side, the staining of blood My senses are leaving, fall down in the mud I hate you but I love you still
I wish I could swallow this bitter pill
Your twisted mind and lying tongue
My time has come, my song is sung
My time has come, my song is sung

Never Far Away

It's been with me since the day you died I sat and pondered whilst others cried.

The memories of you linger on without end The way forward is lost, with life I contend.

Just under the surface it sits out of sight. The depth of it varies, to surface my plight.

As I watch or read, something makes it trigger Emotions rise, eyes well up, difficult to figure.

If there's one thing I'm sure of, it will not go away Comes back time and again, on my mind it does weigh.

As I sit here alone there's one thing I know My feeling for you in my memory doth grow.

I'll see you one day, on the other side I pray Until that time comes, you're never far away.

Once Upon A Dream

Once I was a young girl with dreams and aspirations Then I was a lover, lying in strong and caring arms As a wife I enjoyed a strong and loving relationship Then as a mother I experienced the bond of children

Now as I reach my older years I'm a lover no more Neither do I have anyone to wake up to in the morning There's no longer anyone knocking on my door Nor does the phone ring with greetings in my ears

I often look back and wonder, were did it go?
I sometimes dwell and ponder the 'what if' scenario
The aspirations now, have long been and gone
Although I'm tired and aging the dreaming still goes on

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Orange Juice Kiss

A circle of dried, sweet orange juice Finger to mouth, the taste memories seduce

Memories of that sweet orange juice kiss Thoughts race to the past and days of bliss

The giggling young angel standing at the bedside The past and the present, emotions collide

Those glorious hours playing in the park Warm sunny days before the onset of dark

When long summer day's end and it's time to rest Sweet angel climbs up and lays head on my chest

If there's one memory that brings me this bliss It's the memory of that sweet orange juice kiss

Paranoiac

A world where the future is predefined And unhappiness is just a frame of mind

Yet despair is physical, pain won't subside Clutching, tearing and gnawing inside

Fear hangs like a weight about to explode Where mind and body clash, and senses erode

Thoughts and emotions well up in confusion A passage to safety is met with delusion

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Persecuted Soul

Persecuted Soul

Body full of palpitations
Come the end of allegations
Sitting here with gun in hand
Can't continue, conscience withstand

'Please think again, please relent Remove the thought, remove intent Clear your head and take deep breath Now's not the time, time for death'

I can't go on, the pain too much
The will to live resists my clutch
Sweating brow and trembling hand
The wanting to go on, I must withstand

'Listen to your conscience ensconce Then think about your next response Think about the ones you love Then wear your conscience like a glove'

As time does pass it makes me weak
Forget the consequences and havoc to wreak
Mind in turmoil, conscience protests.
Into open mouth the nozzle rests

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Political Crook

Hark! What's that I hear o'er yonder hill? In my heart it's the sound of a babbling brook

As I approach the sound, my heart sinks fast It's just more garbled lies of a political crook

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Poppy Fields

Heavy mist and laden dew Masses morn the courageous few Peace that reigns from battles won Someone's husband, someone's son

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Possessions

Images that flash inside your mind Give cause for hope that you may find

The things you treasure that you've never had You know, the things you want, it makes you sad

It's true that in life, things you really desire Are the things you want, the desires never tire

Discount all the things that you already possess The wanting of something you cannot suppress

The material life that we live in today

Doesn't stop the pressure on the mind it does weigh

Just stop and think for a moment or two There's always someone, much worse off that you

So instead of the lusting after all that you see Think of the less fortunate and then agree

Next time you crave for something you don't need Think of others in the world, don't succumb to the greed

If you have disposable income with no pressure to spend Give to the needy, on you're generosity their life may depend

Puckered Lips

Long hazy days of endless fun Locked arm in arm on strolling trips Ne're looking back nor forward either Ho how I miss those puckered lips

The fun we had just hanging around No one bothered about time or reason With friends we share our childhood play Out having fun no matter the season

When I look back with glazed expression To see the wondrous life we had It's then I realise it had its shortfalls Where love was lost, days ended sad

But above it all when we were young Through memories haze, the hops and skips The beauty of my childhood sweetheart Lost in sweet dreams of those puckered lips

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Pull Yourself Together

There are times in life when you feel down and out The world against you, of that there's no doubt. There's no one around and no one to care No one to talk to and no one to share.

Your troubles seem many and on the increase Is nobody bothered, will this thing not cease? There's light in the tunnel you hear people say Hoping it's your tunnel that there's light in today.

But things seem to drag on just like before Nothing changing for you, no knock at your door. Then it just happens, it all comes together No more the anger, at the end of your tether.

Life's not so bad now, you're not down anymore Things seem so easy you see, no longer a chore. Next time that you feel down and under the weather Look back at this moment and pull yourself together.

Regrets

Looking back across the years At good and bad, of happiness and tears

That moment when you should have said But bit your tongue, and stayed silent instead

The decisive moment when you shirked away Comes time and again, like an old replay

And then the time you blurted out your feeling Then bowed your head, for what you're revealing

Remember the opportunity that passed your way You just stayed silent, when all you had to do was say

Life is full of mistakes and wrong turns to atone It's also pondering what may have been, the unknown.

Do you regret your actions that cannot be undone? Or regret more the things, which you could have done?

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Remembering The Things We Used To Do

It's times like this that I think of you Remembering the things we used to do

It's not so easy any more without you see Just sitting here alone, just talking to me

You'd think life would be easier on your own Best think again your absence has shown

No more the arguing the fighting or strife It should be simple, just get on with your life

So why is it I sit here all lonely and blue? Remembering the things we used to do

I know we both thought life would be better apart To end what we had and make a new start

To stop all the ill feelings and split up that's the best Go our own separate ways and give life some new zest

But life isn't like that I now understand Now we're apart I miss the touch of your hand

Life can be so lonely now that we are apart Sitting here wishing we could make a new start

I wish I could go back and start over again To tell you I miss you and try to explain

But that's not possible now that you've passed away To tell you how I feel, I've made a mistake, I'd like to say

So I guess I should get up and start life anew Remembering the things that we used to do

Stealth Tax

Hey Gordon Brown I've got something to say Your stealth taxes are crippling the country today

You think that you're smart by pillaging the workers Collecting your taxes and paying out shirkers

You inherited a comfortable working class Britain Let me tell you there's nothing like a working class smitten

The good folk of Britain have less day by day
It seems you're detached and have lost your way

It's a fact we have less and less disposable income All we seem to do is pay tax on tax and then some

New Labour's arrived I hear Tony say
More like Labour of old, spend and tax peoples pay

People are working harder to make ends meet Whilst you have a smug look sitting there in your seat

I suggest you take note and then start to listen Otherwise you and your party will not be running Britain

Still A Mother

When we got married I wasn't sure That I wanted this for the rest of my life.

You pushed me into a situation Which ended with me being your wife.

As our kids grew up you turned to drink Your moods they changed and became aggressive.

We had to part to make us safe Our lives had become unsure and repressive.

Then you came back one day to take revenge Where your vicious actions scared me for life

Left to die with appalling injuries No longer recognised as mother or wife.

At judgement day you plead jealousy And at sentencing you get off light.

Soon you will be free to walk the streets Whilst I am left here with my plight.

Is there no justice in this world? When people get away with attacking another

I'm left with scares and memories But most importantly, I'm still a mother.

Talk To Yourself

So you think that everything's alright? Well let me tell you, you're out of sight!

The times I say enough's enough I can tell that I'm going to have to get tough

You take no notice of anything I say All you want are things your own way

It's tough at times to make you see There's only one to answer to, that's me

When I say it's time to go You shrug your shoulders and tell me no

I wouldn't mind but I'm always fair It's just as though you really don't care

I try and try to do my best I know you see me as a bit of a pest

Look, someone has to keep your life in tow Just think, without me life would be a bit of a blow

It's just as well I'm talking to me I don't think anyone else would agree

Temptation

The hand of temptation fits like a glove No one to take heed, just the voice from above

Can you say no, or will you're resistance resign Urge just too much, have you the strength to decline

You know that it's wrong, this thing that you're doing But have you the inner strength to stop you pursuing

At the point of decision there's no going back Make you're choice, do you resist or do you crack

Just you're inner conscience to stop you right now This thing that you're doing you can't disavow

Only you're conscience and a voice from above Will shake off this temptation that fit's like a glove

The Alcoholic

With haggard face and sunken eyes Skin tinged with yellow ain't no surprise

The long lonely nights of drunken haze A neglected marriage on mind it weighs

The resonating sound of indeterminable fear Mind immersed in depths, shed a single tear

Haunted by nightmares and a lack of sleep Life spiraling towards a place dark and deep

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The Day It Died

Beyond those dark deep hazel eyes I sense the beginning of our demise

The thought of which I can't disguise As eyes well up and emotions rise

The end of us comes as a surprise The end of us, today it dies.

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The End

Beyond the thoughts of human kind Where heinous and evil intertwined

Weave plans of complex iniquity

To deliver with violence and deviltry

A force both savage and malicious Delivering a judgement so pernicious

The day that destiny is finally reached
The moment when life is terminally breached

Eruptions of vile and toxic gases
The end of all life and human masses

The earth in turmoil, facing annihilation
The end of the world and all known creation

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The Iron Lady

We endured the bad times and enjoyed the good There were times when you were misunderstood

You took charge of a sick and tired Nation You're tireless work gave cause for inspiration

As leaders go you must rank amongst the best Making tough decisions, sometimes hard to digest

You cannot please everyone in this life that's for sure But when sick you take medicine, swallow and endure

You're steely determination and desire to succeed Led a Nation to stand up for it's self, never to cede

You've left a proud Nation, so strong people follow By comparison, others find their legacy somewhat hollow

Now that you have left us and your soul does release From a proud and grateful Nation, Rest In Peace

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This Mask

The world is quiet and the night is still Through the streets I walk, in the air a chill.

There's no one around now, no one to ask Alone in my sorrow, wearing this mask.

How do I get out of this torment and grief To find some salvation, to get some relief.

Is this what life's come to, a meandering soul? No where to run to, staring into a black hole.

I hear life and laughter through a door that I pass It disappears as I walk on, not my life alas.

It's too late now it seems my time has come The feelings run wild and my heart does succumb.

No reason to look forward with aspirations to flow Just a faint heart that's fading with sorrowful woe.

So it's to you Lord I turn to with a question to ask Has the time come now..... to remove this mask?

This Terrible Secret

As the day draws on and the night becomes near It only serves for a rise in my fear.

You see I'm never comfortable in my bed at night The fear of seeing a familiar sight.

As the door creeps open and a figure appears It's the thing that triggers my worst fears.

A hushed voice assures me that all is well But all well it's not, this is a living hell.

Where is my Mom when I need her so much? To help me right now, get me out of his clutch.

The morning soon comes with the feeling of despair This torment I have, does nobody care?

I dare not speak out about this terrible time What would folk think of my secret, my crime?

I'm told that this awful thing is a really bad sin Please keep our secret, don't let it out, must keep it in.

As I walk on to school with a troubled mind Searching for reason and solace to find.

I don't feel like mixing, although I know I must Share my problem with a teacher, I don't think I can trust?

I could get this thing out, a problem to share No probably big trouble, my mind in despair.

Best keep this thing quiet, not make a scene Try to go on as normal, I just want to scream.

I play out with my friends until Mom says it's late My mind turns to bedtime, I God what a state! I must break this cycle of crime that I'm in Can't carry on like this, it's surely a sin.

I take a rope from the garage and hang it from the ceiling As I place it around my neck no-one knows what I'm feeling.

Goodbye cruel world, I feel that I've been your slave This terrible secret? I'll take to my grave.

To Be Free

Ashes lie scattered, strewn on the ground No sight or trace may soon be found

No recrimination or pressure to bear To leave this life without a care

No need to think of others and their needs No longer need to make time for deeds

As time moves on memories will disappear There will be no one to linger or shed a tear

No memorial stone or plaque to see At last the day cometh, time to be free

To Tell A Lie

Lest you ask me, I may speak a lie I would never tell you, it may make you cry

Try to have faith like you know you should do Imagine a first love, something that's true

To offer your hand at the same time to feign Like the trust that you give, alas to refrain

Never stop to look back over your shoulder The things that you feel are of the beholder

At night when you sleep are your thoughts true? The woven web of deceit does steadily accrue

Naught is fair in this world that we live The time is nigh to unfold and forgive

Tortured Soul

The air is damp, the room is black A glint of light from the curtain crack

Am I still alive, or maybe I am dead Thoughts rushing around inside my head

The flashing lights and drumming sounds Serve to hurt my head, aching compounds

Mouth so dry and taste abhorrent Mind spirals downwards in a torrent

Retching, heaving, stomach feels like mire Hopeless feelings, condition dire

Heavy chains around ankles and wrists Skin sore and bleeding, pain persists

The stench of stale air fills the room Mind still spinning, filled with doom

Body sore and bruised, bones they are aching With soul destroyed my heart is breaking

Who is this person that keeps me here? Is it some mortal being, or just my fear?

As the door creaks ajar a shadow appears Plunging needle in arm, mind disappears

Mind awakes; eyes open to the status quo To the Lord I pray, please let me go

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Treason

Troubled mind mired in darkness Turning within a timeless spiral In deep thoughts of our aquaintance

Never have I demanded loyalty But its loss is as keenly felt As its existance was assumed

And now the final blow is nigh Imminent in act, yet cloudy in reason The thought of deceit, the act of treason

War Veteran

Life laid bare as the years unfold No one to speak to, story untold

Long fearful nights of broken sleep Ever listening for foe, o'er trenches peep

Thoughts flash from comrades lost in battle From front to front, herded like cattle

To families left in far away places
Waiting for loved ones, pain etched on faces

Of long silent waiting, unable to speak Poor cramped conditions, feeling weak

The sight of a single bloodied boot Missing heroes held in high repute

Advancing by stealth through darkened places The sight of dying foe with pleading faces

Lie deep in thoughts that never fade
The lack of assistance on mind it weighed

The thought of children following suit
The thought of that single, bloodied boot

Never let the children go to war and fight Never let the children enter this world of plight

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When I'm Feeling Blue

When I'm down and out and feeling blue I close my eyes and then think of you

With your smiling face and sparkling eyes Your caring nature and thoughtful disguise

It's easy to see why you're special to me No demanding nature to cope with, you see

We share time together and get along fine I'm so pleased to know that you're still mine

Through thick and thin, good times and bad Rarely do we argue, so seldom am I sad

So when I'm down and feeling blue I just close my eyes and think of you

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Why?

Why did you leave me all alone? So young in years, not even grown Is there no one who cares in my family? Unloved and neglected is difficult you see

Face at the window, someone may come
Time passes by, my heart does succumb
Mother and child holding hands on to school
As I watch with some sadness, life seems so cruel

Maybe it's me, have I been bad in the past? Children happily playing, my life does contrast I can't understand this emptiness that I feel The tears and the sadness I try to conceal

There must be something wrong with me, I guess So the sadness and sorrow I'll just have to suppress How I long for a cuddle, a tender embrace The sort of compassion a dream can't replace

As I look to the dark and grey angry sky Please answer my question, just tell me why?

Winter Time

Grey turns to black as night time falls
Rain dances off the window as winter calls

Through misted glass I see far off light There's no one to venture into the night

The wind it howls and whistles beneath the door Creaking and cracking noises heard from the floor

The trees they bend and sway in time To the force of nature they try to rhyme

The crack of thunder makes the house shake Move from the window good speed I make

And then an almighty flash of lightning speed All hopes of challenging night time cede

As winter calls and storms they grow The rain subsides and turns to snow

When morning breaks grey turns to white The air is still and cold with no one in sight

The snow it's stacked high against the door It's far too cold to go outside and explore

Light the fire and stack the fuel on high Let the smoke build and rise high into sky

Sitting in front of a warm open fire
The thought of going out, there's no desire

Hiding away from the ill wind of this storm Waiting for good weather and night air to warm.

Without This

It's endless, yet in short supply Without this, life is do or die.

To possess this is indeed a real gift
Those who are short do not let it drift.

In abundance, it is often ignored To cherish it brings life's reward.

Forget the materialistic things in life Lest you have this, you're heading for strife.

Although we have this throughout our lives We never give credence until it arrives.

You have ample now, don't need it you say Best think again, it's never far away.

No matter whom you are, worth a dollar or a dime There's no getting away from, the need for time.

World Cup 2006

Oh dear, oh dear, England what have you done Another World Cup and nothing's been won

You have all the stars in a team that could win To perform in this way was a bit of a sin

Whilst the Nation prepared for a footballing feast Your performance was tactically inept, to say the least

Other Nations cheered at their team's efforts and skill We watched in dismay with your apathy and lack of will

Is it too much to ask, that you give all you've got? There were never any signs that we may get a lot

If there are lessons to be learned from this awful display We need a clear out of the old school, just send them away

A team of hungry young guns are what we need A team with fight and inspiration for the Nation to feed

With four years to go to the next World cup There's plenty of time to pick ourselves up

If we start our campaign with the same inept old crowd The Nation will be rebelling and screaming out loud

This bunch will be too old, over paid and under worked It's time for a clear out, the managers job is not to be shirked

So if the next time England play, we see Beckham and co I'm afraid the FA will have lost their way and we continue with woe

You Need To Know

There's something that you need to know Your friendship has been an honour to bestow.

It's been forty years that we've been best of friends Something that needs saying before it ends.

For those that know you, there's great respect Looking back over the years, a time to reflect.

The good times, the bad, the highlights, the strife No one can take away the enjoyment we've had in life.

You leave me a better person for knowing you Your mentoring and challenging, the credits due.

Life's a better place for having you around Your impact on friends and family has been profound.

We will miss you dearly but memories will get us through I for one have been honoured, having a friend as good as you.