# **Poetry Series**

# Anna Colb - poems -

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# Anna Colb()

My name is Anna Colb. I was Born in St Petersburg Russia. I was adopted when I was 20 months old by my amazing parents.. I then came to the US and have lived in Washington DC since. I started to write poetry when I was 9 years old. I have been writing poetry ever since. I am really shy about my poems, so when you make comments, please be nice, but comments are welcome.

#### **Alone**

Alone I sit in an empty room
Just listening to the pitter-patter of the rain
While tears are streaming down my face
I say:
'What did I do to feel this pain?'
'What did I do to feel this hate?'
But then I realize that I'm alone,
In an empty room
With just my shadow to talk to.
Alone is what I am
Alone is where I am
Just listening to the pitter-patter of the rain
While tears are streaming down my face,
And the pain burning inside me

'HELP ME SOMEONE! ', 'DONT LEAVE ME HERE! '

But then I know that I'm alone.

Anna Colb

I cry out:

# Here I Am, My Life

Here I am, so open and vulnerable,
So free, but yet I am captive!
Captive I am to my thoughts,
Captive I am to my actions.
I see the past flash before me,
The past, full of pain, full of hate
Lost in a world so dark and dim.
The world of negativity that I call my life.

# Here To Stay

I'm here to stay Here to survive Here to thrive

I'm here to stay Here to live Here to change

To change into a better person
To change the way I feel

My trauma will not win My mental issues will not win

Because I am here Here to stay

### I Now Let You Go!!!

I now let you go.
I let you go for good!

Get Out!

Get out of my thoughts, Get out of my dreams,

. . .

**GET OUT OF MY MIND!** 

You broke me down mentally, But I now let you go, I let you go for good!

No longer will you haunt me, No longer will you have a hold on me.

For I have let you go, I have let you go for good!

Goodbye Forever!

### Life

When I laugh, when I cry
That tells me that I'm alive
Through all the good, and all the bad,
There are times where I just sit
Sit and think, about today
And all the bad thoughts I've thrown away.

### Love

If kisses were raindrops, i'd send you showers. if hugs were seconds, i'd send you hours, if smiles were water i'd send you the sea if love was a person i'd send you me

### Love#2

What is love? Is it flowers Is it kisses

What is love Is it hugs Is it presents

What is love Is it marriage Is it a ring

NO! Those are not love

Love is a feeling Love is trust Love is more than just saying 'I love you'

Love is an amazing feeling Because love is genuine Love is real Love cannot be fake

I know love
I have felt it
And it is indeed amazing.

### My One And Only

You are my one and only
I love you with all my heart
You are my one and only
I loved you from the start

The way we touch
The way we kiss
Sends shivers
Shivers down my spine
For I know
That forever you will be mine

A guy like you Is what I've always dreamt of And my dreams came true The day I met you

You are my one and only
My one and only love
Forever and for always
Will you have a special place
A place in my heart

I love you my dear And that's where we start

# My Someone Special

Your special smile Your special Face You're a special someone That I cant replace

I Love You

And always will For you've filled a space No one else can fill.

By Anna Colb

### **Nature**

Watching the rain fall, Smelling the damp air Feeling the breeze in my hair Puts me in serenity

The calming effect of nature
Just puts me in a state of peace

Seeing the blue sky Peek out from behind the clouds Makes me smile

Because I know
That on the darkest days
The blue sky is still there.

### Nature's Ease

As I hear the water fall
As I hear the birds sing
I feel at ease
As I feel the cool fall breeze
Sweeping gently across my skin
I am able to smell the sweet air
For my home is in nature.

### **Pain**

There is sadness,
There is pain,
I am grieving,
I am hurt,
The pain of loss,
The pain of suffering,
Thats the pain thats going through me
But because of this loss,
I feel abandoned
And I feel alone
Hurting inside, I cry out...
' Help me someone! '
'Dont leave me here! '

But no-one answers me!

# **Poetry**

Poetry is healing, It heals all my wounds

Poetry is safe Safe for expression

Poetry let's me It let's me be myself

For poetry is true True right from my heart.

### Rape

Rape is painful Rape hurts Rape ruins Rape destroys

Rape is real Rape is horrible Rape happens

But rape won't win Rape won't ruin Rape won't destroy

Rape won't ruin my life Rape won't destroy my soul Rape won't win the battle

Because I am strong And I've already won.

# Right Now It's Just Me.

Right now it's just me, Me, Myself, and I I dont know why But its Just me.

Maybe it's something I did, Maybe it's something I said But whatever it is Its just me

Alone here I stand Me, myself, and I Wondering, Wondering what i've done

Did I deserve this?

Did I want this?

Why did I push everyone away?

Most people tell me some bullshit lie While others do nothing but turn away But its still just me, Me, myself and I.

### The Pain Of Loss

My heart is broken My mind is lost Full of pain The pain of loss

Knowing you're gone Just hurts me more

The pain is deep Too deep to bear The pain is burning Like a fire, it burns

The burning is strong
So strong that it consumes me
Holding me hostage
While the flames are dancing around me

Just throwing out insults, that hurt even more But I am helpless
Too scared to fight

To fight against the burning pain The pain thats burning inside me still

Yet my heart is still broken
My mind still lost
In this chaos because of this loss.

# The Path To Righteousness

I have walked the sinful road. But looked to Heaven, And found my way.

I prayed to God, For the strength to continue, To continue on the path to righteousness.

But the path to righteousness Isn't as straight as you think. It's crooked, and has it's up's and down's

But if I keep praying, And put my faith in the Heavenly Father, I know he will help me.

I Give My Life To Him.

### The Real Me

I am someone who doesn't want to let anyone inside,
I am someone who doesn't want to trust
I am someone who puts on a front
I am someone who is emotionally lost
I am someone who just wants to know the answers,
I am someone who just wants to know why
i am someone who is crying out for help,

but yet i am someone who doesn't want to let anyone inside.