Poetry Series

Almedia Knight Oliver - poems -

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A Black Woman's Quest

My mind goes up... and goes down! At times performing like a clown. Trying to throw keep mortality from weighing me down. Mind is bending. I can't sleep, still I lay me down to sleep drawing in and breathing out breath as heart raise Cain in my chest. I've swallowed life in and spit it out while sipping red wine until knocked out Many times life leaves only lemon rinds I grind and made lemonade instead of wine My speech is done echoing truth... My breath laboring through miles of smiles, frowns, and through flaming fires But I made it through! 'I am.' Peace and joy melt into my life.

Almedia Knight-Oliver

November 21,2013

A Friend Of Light

As the earth prepared its meeting with the sky From a distance, I watched the lonely sun sinking low down into a reddish-orange glow While sitting in the dark not trusting the light.

Then along came Patricia, and chased away loneliness, fears, and all their hosts She used the means to mine beauty, joy, and grace That I may feel, taste, and lift my spirit high.

Patricia, (lovingly) or Pat, and my dearest friend: I remember the first day we met. You Accepted me and all my grime, even instilled In me that spirituality (or beliefs) completes You cared for me as I lay in a fetal position, staring into space, hoping the nightmare would end!

I didn't know which where to go but, yet you kept in touch Reached out your hands and picked me up, helped me clean off the life-time-grime...I put on my fine, and Stepped into the light!

Patricia Dick-Arnell and Kevin Turner may you be blessed and Graced with compassion and love for each that'll pervade the world! Stay in the light evermore...

By Almedia Knight-Oliver

December 7,2012

A Gift Every Tomorrow

Today day gave me the most beautiful package though not for tomorrow Inside the beautifully covered box lay a 'Noble Truth: ' 'All life is suffering'reckoning with or without unhappiness

Today. My birthday. I celebrate a new moon that's more than a Quarter ways across life's arch and still I watch my dreams glow nearing the end of their cycle Wish I were an unchanging star Shinning brighter evermore...but I'll burn out and shine no more. A time for introspection as I sit Night watching the moon growing in light Saluting the sun every morning's rise, and Return to the dark. At my best, I rest... From the sun, I rise like the morning dew, A red lotus sits breathing in life in delight!

Inhaling the north, south, east, and west winds Breathing out all things that don't serve me well Squinting through the murky yesteryear Focusing on family cycles, friends, and romantic love that bloomed in spring expired in wintertime-Young love and old love are equal.

I'm filled with today's comforting memories, And letting go old ways Experience the giving and receiving boundless love and compassion The epilogue of this poem Can be told at the demise of the main character.

Her birthday is every tomorrow

May 20,2014

A Loving Partner

We found each other under the evening's orange horizon Hearts pulled by moon and Swept up in the waves of time If ever a woman is happy in her man-I'm she who, delights in calming your needs!

Sweet spring springs pretty flowers Solstice winter shares its gloom, yet our love remain in bloom, and its beauty kept by summer's warm sun

Your words in 'your killing love' are like flower heads in spring, my temperature slowly rising like morning's sun King cobra, I offer you love instead of cream and commands you rise up close to my heart, and plant a kiss on my lip You can take my life; but death is mine You chose this hanging fruit blemishes and all my time Here. Take this ripen berry that's barely attached to the vine.

I exhaled toxic air then inhale our pure love, so Bear with me in weakness, so to stand up to my age This fruit is over ripened and ready to humbly fall at your feet..

Dear, bear with me in my weakness that I can stand up to my age.

A Loyal Companion

You've been with me all the days of my life: A loyal friend, that part of me, about which it may seem that I could care less: When I Stub your little toes they scream and I curse! I Crack your heels and the flip-flops feel left out, And I stressed myself out and it makes you sweat and stink.

But nevertheless, you've remain a loyal friend when we go outside to play and use shoes as your cover in keeping me from hurt, and to protect me from shit and stuff where ever it lay. I am grateful to you for being a loyal companion by staying on your toes; balancing me whether standing, walking or running, and while day after day carrying my heavy weights.

You're even a friend to words when they refer to measurement and personify some things when I speak. Even use music to keep time when I'm dancing, use verse meter for rhythm in my poems, and even allow yourself to be a: "A foot in [my] one's mouth."

From this day forward, I will allow you to be be "footloose and fancy free"or unshackled to do and go where you want, dance and kick up your heel, and I will always treat you with loving kindness...

Thanks Dr. Stuto for helping me understand the value of my beautiful feet " A Loyal Companion."

by Almedia Knight -Oliver

March 2,2018

A Moment In Time

The sun rose sunny and bright Rays sent message from the sun This message can be read in a second.

Everywhere his hands rested caught fire What happened?Friendship soared, then sooner rather than later falls and goes down in flame.

September 17,2017

A Moment With Indulgence

Putting all things aside for a while.... Beckon indulgence inside to stay awhile... Sweeten heart and mind tasting... Relaxed in silence ...Oh how rewarding!

March 29,2011

A Monologue With Self

My life is fluff...I know it want be long Sitting in limbo purring like kitten without a home lacking faith taught me to heavily lean on...

So missing my sister's laugh as well as frowns and moans. Where goes her light. Can't see her point finger signaling bright lights big city, as jimmy Reed harps and red wine going right to her head

Now Sis! I'll miss those late night phone calls and your groans.

I'll miss walking the streets you can't walk...I'll miss crying the cries you can't cry...I'll miss the dances you can't dance...and

miss your fingers playing songs...

I'll miss your buttery cast iron cornbread baked from scratch.

Shed an ocean of tears for your fear...Then stir the den and chase them on their way, and with courage, face down every last one of those phobias that wouldn't leave you alone!

Sis! Spirit guide tells me to be attentive to:

Sister-4 must live and die as one...momma made this truth that we must keep as gold.

In the last days, family will circle each bed; wrangling hands and throwing back heads trying to make sense of the mess we made.

Momma and papa are long gone to dust...leaving us to sift and strained and separate the particles of their mess: question they left behind All their boys and girls past, some present and some late have their mess.. Now, can the only 3 hearts left equal the hearts of nine? Or, the love of 3 equal love of Momma? Or, the cries of 3 girls can't be the means of 4 Now we-3 know, we lack FEAR and do declare!

We've climbed the mountains, and leaving our children just bumps. We've weathered the storms, and you dry to weather yours. We've blundered in the dark that you may walk in the light.

By Almedia Knight-Olive October 20,2012

A Mother's Choice

My dear, every journey Begins with one single step, then another, they alternate with each other, and the body follows close behind.

Setting out on my journey in joyous life, I came to a fork in the gravel road.

Looking down one then the other, choosing the one with less footprints-Unconsciously- keeping the other for another point in time.

..., ..., ...

My darling! we met you along the way and our blood poured together. I gave you the one I'd saved for another time.

"Now is the beginning of your own voyage. Pay close attention on your journey...but enjoy! And remember...ones choice is the difference.

Almedia S. Knight (ASK)

September 2007

Inspired by: Jean, my loving sister-in-law And her daughter-my niece, Von

A Mother's Collection: Tissues, Bones, And Blood (First)

Her First born that seems so long ago:

Peering into my mind Look at what I see! Life-form swimming in sap, and nourished by condemnation and shame...

A little unnamed baby lay quietly in her arms. Now what to do with this little stranger with none other to name him but me? I'm in Desperate need of on the job training! Days, weeks, and months were my only teachers.

Son, step into the now, a half century Oh my! How time flies! Oftentimes, it's when a son becomes a man that a mother Realizes the many ways he touches her heart.

As a young man you were filled with so many dreams. But more than that, you had hopes and aspirations, and Facing them on your own terms, you attained them...son, you earned them!

On this special day, I want you to know that, you don't have to earn my love. My tissues, bones, and blood, I'm grateful to you for being a wonderful son, husband, father, and brother.

Sorry! No do-over-for the first one...yet without my making mistakes, you may not have made anything.

Happy Birthday, son! February 9,2006

A Mother's Collection: Tissues, Bones, And Blood (Fourth)

Fourth Born

While they were carefully restoring The damaged done to my sacred house, I heard a whisper in my ear, "Mother you have a baby girl." I had thought I would have another boy and would name him "Lanzy- granddaddy's name"

Like my first born, I asked myself, what to do with This little pink bundle of joy? Oh my, a girl! Your dad jumped for joy for his little girl born of my tears, tears, and pains.

Now a quarter century later- right before my eyes-You've become a beautiful daughter, wife, mother, and sister. Your passion to be and to do your best is evident in all of this.

As your mother, I learned much from my daughter: To be a good listener, An astute debater who, some times, gets in the last word. To be caring and compassionate. Be your mother and another girl friend. Our reign as the only females are evident in all of these.

Now allow me to present my gift to you... Oh, how I wish to give you diamonds and sapphires; Rubies and emeralds! Sorry darling, those things I have not. But this I have a whole lot: "my eternal unconditional love"

April 12,2006

A Mother's Collection: Tissues, Bones, And Blood (Second)

'Mother You have A Baby Boy'and laying Seven pounds of flesh on my throbbing heart; teardrops raining down my face and washing his light brown hair then flowing past matching eyes and forming a salty pool in the crease of his neck.

Put him back in his warm home! Only his brother and me live in only one cemetery-room! But i had to swallow and digested hope then wrapped tissues, bones, and blood in tenderness and nurse the fruit of my womb.

Oh how delightful it was watching him suckle-feeding warm milk and my frighten heart beat lulled him to sleep.

'Big Mike' your childhood holds some memorable moments and Klutziness is one:

Look mommy, I ripped my pants. I was chasing my friend. down the street

Look mommy, I bruised my knee. I was running from a bee. Look mommy, the dog was hungry. I was meat.

Son, it seems like yesterday when I held you in trembling arms and not knowing what the future held for us three! But, look at you now, with all those drumbeats you heard, you chose to ignore most, instead marching to your own beat and your father saying: 'he walks right on the edge'

Big Mike, although children can't choose their parents but I'm glad you appreciate the choice I made. You're a man now and today is your special day. two scores and eight- heck who's keeping score, enjoy your special day!

You're like a bottle of vintage wine and I the wine maker. Now my dear you're aged...Go! Soar in the distance sky. Mommy's love clinging to your wings and hearing the wind whispering son I love you! 11/29/10 nts may not correspond to the original version

Happy Birthday, Son

September 25,2006

A Mother's Collection: Tissues, Bones, And Blood '(Third)

You filled my life with joy on that hot, sticky, July day.

Daddy had hoped the old car would survive long enough to take us to the hospital and back-it did just thatthen, earned its place in the car grave yard.

In spite of the tangled web woven, you were destined to cross the threshold of the sixties, into the seventies by, fighting valiantly, then unwinding the umbilical cord from around your neck, and lifted to safety. We were separated... and 'You...' became 'you'

Boo, your tender heart, patience, has been my delight! You have a way of smiling appreciations for ordinary things, then transforming them into extraordinary ones. You stand tall in your roles, on the stage, in the theater of life, as: an adoring Son, caring husband, doting father, and an enduring friend... each helping to complete 'You'!

Son, from a little boy to present, I promised you a 'BIG CHECK'. Though, I have to admit...it must've gotten lost in the mail! But now: I giving you my love...take it, and Deposit it in your heart!

Too, the universe shares a millons stars, sun and moon And the rainbow, with such beautiful colors and shape The arc will ever be be your protection and guide Now, you can't touch it-no one can! Chase it with great delight, and know that, you can't have it without some rain.

A poetess gift to you:

On teary days, wrap yourself in rainbow's rays: red, orange, yellow, green, blue, indigo, and violet...a lifetime gift. So cherish it! Finally my dear, I want you to enjoy this special day-and others too. Knowing that after the lightning, the

storms, and rain... a burst of sunlight will brighten your way!

Happy Birthday, son! July 6,2006

A Mother's Jewel

Red and white garlands draped the treasure chest. They marched in tandem in the quietness of The cathedral, offering up sorrowful Tears to her crimson dressed body

Not even one drop of red flowed through her veins As she lay between the wall of the living And the dead... the silencer had Muffled her voice

While from a distance, morbidly taking notes of My own mortality in a state of gloom The pallbearers step forward.

Abundantly reserved, the grieving mother looked on the white satin covering her precious pearl Her heart quietly pulsating grief and Her wet eyes choosing to hide Behind shades, then with style And grace, she slowly leads the procession into the Entrance, leaving her Precious jewel in heaven's abode.

November 1,2006

A Poem

Abandoning child, teenage, and Candy cane forest, then first kiss.

Personal dolly and my own Alone and without help

Going head on nineteen Leaving eighteen back home

Skin lacking pigment and yes you! happy being in your shadow

Migrators, I flowed northward One seed sprouted, others planted all grew tall

Brief muse... My poem...

October 10,2014

A Poem...

Inspired last night, today, and into tomorrow Oh how these starry eyes lit up the night: the stars Twinkled, laughed, and danced in delight The red moon stays in motion...from a long rest The biggest star of them all rose up bright and gay!

A poet's poem is yours too.... it's your choice to take it in stride So come with me and lets transcend to that place where we've not been The events and things maybe awkward to follow and sort out Let's just go along for the ride, for we been here and there before, but In another space and time, yet now given another chance to try and sort all out Let's reference things and events where we once sat; then keep straight and not Look back to the place we were at...

Now let's part from night's dreams for next is tomorrow... Vision gives us a peek into things to be... Some say to see tomorrow for tomorrow is a gift... And given only to us, though its content may or may not be suitable, but Nevertheless, it's a gift for you and me to accept with glee! Long after the echoes of Momma's words died, Still, I have memories of what she said: Accept each gift with thanks, for sooner or later, one of Them boxes may [will] contain your dream.

June 30,2015

A Portrait Of My Mama

Deception...the language with ease, he spoke in tongue

Yet, the genuine gift of the Holy Spirit caused her to dance with joy for the present of the day

The spanking new black Model T ford, first carried her name around in big red letters—his ruse a success

Not long after, Papa took Mama for a joy ride, ended up in city hall, and an extra wife and the first one widely known

The truth considered their nine children, unknown was truth about the other nine- -in another home and in another town

> Duplicity was papa's appealing lie So exquisite...they made Mama cry

Mama left a heap of memories etched in my heart...even a picture of a half-smile cast a light in the dark and expose the concealed...

April 19,2016

A Rush Of Wild Wind

Love is like a wild wind Am I just a howling wildness? or maybe a howling triumph!

Twirling and twisting into a knot Ought I pull this way or not? Head spinning, heart running, and I'm following its path.

Oh sweet heart see the flowers hanging over the picket fence, five lovely petals crying out for-get-me-not! In the never-ending heaven hangs as many shinning stars as angels!

Having slept nights alone Desire crests, overflowing waves over waves

Sitting alone on the riverbank Pondering the long dive Billows beckoning me to ride

Having no buds in waiting can love bloom at any age? Growing older against your juniorwasn't well thought out years between us are felt, and distance to be dealt with

Almedia Knight

July 9,2009

A Soliloquy: Today, Tomorrow...And Tomorrow

I know my time want be long... Sitting in limbo shows up life's complexities, lacking the faith that I was taught to heavily lean on. Life's ripples and waves challenging me to ride.

Now I'm missing my sister's laugh, as well as her frowns and sighs. Where gone her light. Can't see her point finger signaling bright lights big city, as Jimmy Reed harp, and wine going right to her head.

Nowadays, I'll miss your late night phone calls and your moans but, I'll walk the streets you can't walk; cry the cries you can't cry: dance the dances you can't dance...Still, I'll miss your fingers playing the piano and hearing your songs.

I'll miss your buttery cornbread baked from scratch, even shed oceans of tears for your fears then stir their den, chasing them away...I'll chase everyone of those pesky phobias that you couldn't keep at bay.

Now big sis! My ubiquitous spirit guide tells me to pay attention to 4 sisters who'll live and die as one...Momma made this truth for us to keep shinning like diamonds until we die.

In each last day, family will circle each bed, hands wringing, and throwing back heads trying to make sense of the mess we made.

Momma and Papa are long gone to dust. Can we sift and strain to separate the basics of their mess? An unanswerable question to which they left to 5 boys lone gone, who left us all their mess, and Sis Ira yours nevertheless. Now, can the 3 hearts left equal hearts of nine? Now, how can love of 3 equal all those broken hearts and wringing hands?

Are the cries of 3 sufficient for forgiveness for those before, too?

We-3 know too well, we lack fear for now, and time to come we do declare:

We've climbed the mountains and leaving our bumps. We've weathered storm leaving dry for weathering own. We've blundered in darkness, now, leaving those behind light.

A Special Friend

Your friendship likens the sunit lights up the world

Your friendship likens a fruitit grows sweeter with age

Your friendship likens a precious broochgives cause to hold close to my heart

Friendship can't be packaged and deliveredit is the "great work" of God-not man made.

Dedicated to long time friends: Odette Whitaker and her husband Johnny Whitaker

I'm so blessed to have you as my friends.

Almedia S Knight

A Special Occasion

While observing the gathering guest and remembering eleven years past, when She made her first debut on the world stage. Wearing a soft juicy peach birth-day dress; silk light brown threads capped her tiny head; those little pink feet bicycling as if readying to lead.

On this eve looking out on the mist hovering the Hudson River, even daylight couldn't clear the huddled clouds nor the thick mist holding onto its place. Everyone slowly crowded the hall to await the second coming.

Heads turn toward a refreshed face strolling down the aisle adorning a pale blue gown free-swinging about her ankle. A radiant beauty and grace unparalling all...

grandma watches her beautiful Junior Debutante in delight!

MAY 26,2006

A Stepfather Walks In His Steps

Our blood may not have Mixed to make my babies Seems by nature our flesh Mysteriously paired Defined by love Our flesh meshed, breed, and multiplied Though not the planter primal seed You love my children, still. The way you love me your kingship prove: When each child turn to you when life's too hard to bear Needing someone's hands or arms to be there-Their blood father's hands long gone to dust, but Wherever I turn you're right there, walking in his steps.

June 16,2013 Almedia Knight-Oliver

A Tale Of Two Sisters

Many years I've wished you happy birthdays or beginnings Yet, there's something very special about this one-its a milestone in your life and mine too. Ora, are you aware that we've spent our entire lives together and in proximity?

Now, let's trek back across the countless days we walked to school singing "how much is that doggie in window" echoing the 50's Ora, do you remember our double dates with Joe and Milton, with sap rising in the tree, preparing buds to flower in spring, and two teens full of glee.

Okay, okay! I know you're tired Ora- and me too! Let's slow our pace a tad because our feet feel and look like Old dancing Dan's deformed hoofs.

Look over yonder at those pink roses in your garden, calling to mind that budding day in May, when we boarded the train, carrying a suitcase a piece, a shoe box filled with fried chicken that both lit into before the train had barely left the station, and to a place that both had never heard of.

I'd not long graduated high school; was fresh as a wild flower in May and you had not finished high school yet.

I've since wondered what Momma was thinking-her reason long gone and is dust- sending two tamed girls to a feral city to live with a 21 years old sister with a single room, sharing one kitchen and bathroom with a stranger, and taking turns to pee and eat!

Momma, what-in-the-world were you thinking, I asked myself Were you enslaved by your own creation and needed somebody to amend your guilt and or faults? So many years have past But, I wonder still.

Even today, the thoughts of that long trip on the streamline causes my heart to beat loudly because we left our boy friends behind and rode a half day Friday; all day Saturday and a half day Sunday arrived in Brooklyn NY!

Then waded through a sea of people and pushed and shoved our way

through Penn ders to shoulders our sister led us on and our ashy feet out of the station, Sunday May 8th 1954. Two jaws dropped, eyes bucked in wonder and awe as we stepped onto 33rd street in New York City smack dab in the shadows of gigantic and boundless buildings and the end of that life chapter.

The best was yet to come: a decade later, three sisters were increased by my 2 little later years, an older and younger brother migrated but less than 2 decades, their lives ended tragically, leaving behind stories to ponder still.

Lastly, our baby sister migrated and added to the family link.

Now, Ora, we've aged beyond three scores and ten, family increased and decreased and will increase and decrease still...

Now we are four sisters and the remainder of nine are resting in the glow of each one's sunset: laughing, crying, remembering, and remembering not, and waiting for the going down of each others sun... and knowing nothing is exterminated...death always leaves its residue for a new beginning...

February 28,2007

A Thank You Letter To My Husband And Best Friend

A Thank You Letter To My husband. My Best Friend...

These thank you words are for the finest occupant in the golden years of my life You're my quiet sleeping nights, my snugly warm hugs, and my heartwarming Kisses waking up my everyday.

Now I give thanks and praises to that devoted, kind, and tolerance man:

Thank you for being there when I couldn't. Thank you for letting me be myself because I don't know how to be anyone else.

Thank you for sharing my happiest moments, for listening to my saddest stories and being attentive even when needing a listening ear yourself.

Thank you for being tolerant when I go into my head leaving you outside Thank you for patiently being in attendance again, again, and again when I come out.

Thank you for being kindhearted inside and out. Thanks you for coloring me brighter, for lightening me up inside and out, and for warming me with blankets of hugs, and hot kisses that sometime take my ears for lips...

Thank you for loving fiercely and believing we can survive and thrive on our love.

Thank you for giving selfless another meaning, always putting others before yourself; my dear you changed my world and made it better for you and me - again, thank you!

Thanks you for making me laugh and cry- - and more things in between. Thank you for being my rock, my anchor, and keeping me grounded. Thank for your loving kindness even when burden with my problems. Thanks you for the big things and the small ones as well. Thank you for remembering special occasions even bringing lollipops when you shop. Thank you for loving me when I might not deserved it...

Thank you for staying constant in an ever-changing world and for keeping normalcy in

Our world when it's filled chaos.

Thank you for putting on your best face in 2011 when our world felt like it was falling apart and I felt your eyes searching my face for the answer of the biopsy. Thank you for your courage and patience during twelve months of chemotherapy, coupled with three mouths of aggressive radiation. Thanks you for your fortitude, we made it through, and you're still you! Thank you for the twelve years spent together and for celebrating our sixth wedding anniversary November 5,2016, but these years are incomplete: many more waiting for us...

Thank you for giving me all these reasons, though there's million more needing thanks.

Most of all, during my twilight years, thanks you for your loving kindness in making our world a better place for you and me, and family too. Thank you for remembering our wedding promises by holding onto life not leaving me alone! Thank you! Thank you! Thank you for giving me reasons: to love again, to live, and to call you my best friend and husband eternally ...

December 2,2016

Actions Follow One Another

A coward, I lay in the shadow of heroes Experiencing sadness to enjoy happiness Thereafter, doubt clears the way to confidence

Evil buried that goodness to exist Love finds comfort and joy in pain

To live is to exist To die is to not

Hold onto sweet memories Excellent pillows for heads

ASK....8/21/06

'Ah, Happy Days'

Happy days rapidly washed ashore. My worth a mixture of sediments on the ocean floor... The mind made its departure; leaving the body evermore Churning in the turbulent, rising and waning, somewhat like the tie that binds life and death dyad... Mushroom clouds form above and as tasteless as All the mushrooms I dislike... Then, the blue-sky coughs and cries, fear chocks Still, I string words together to make sense of the mushroom -fear erupting from within... At times, I can't breathe at my peaks and never to reach sea level again... in that case, I'll be carried ashore and life resumes...

Sept 9,2016

Aha! You'Re Sixty Years Old ...?

Today you say you are 60 years old, but that's not true Age is a construct of time in mind, and one's point of view You spent time adventuring through space, and Nicole did too If your forehead wrinkles, just grow gracefully, and the lines will too

Life's shapes and lines are either curved or straight that you paint Don't despair if your body grows, its not a sin, and needs no restraint Those grey strands running through your hair...just forget they're there Free them to overtake the dark ones; anyway they can't go anywhere

Life isn't as complicated as its thought; create your life your own way If troubled in mind and you're living life by the drops, sing a song of a new day Relax with nature sounds: crickets chirping the temperature on a summer night The morning rises infused with light; rise with the sun refreshed, and spirit bright

When you feel tired and don't know what to do, push aside pride and guilt And do what the hell you want, play that role, and act the part to the hilt You'll be given concession for reaching sixty years...you earned the right Already awaiting are gifts and perks, just Google and you'll surely find out

"Aha! Envision you're in your prime! A pretty little girl with long braids Jumping rope, swinging and squealing, cool air on your face, fresh and unafraid Still, believing happy-ever-after, and those memories of innocence can be retrieved

From amid the sixty years, renew the child in you, as you enter the best years of your life!

December 13,2014

All Is Well With Your Soul

When tranquility whispers in your ear, It soothed the soul like kisses from a love one's lips.

When regrets and lacks come to mind, Learn their lessons, keep the faith and leave regrets behind All is well with your soul.

Enraptured in peace as you sit by the cool river bank; watching hurts and sorrows roll out to sea, in assurance That God is in control.

The resting place is low, Heaven higherboth are our lot. Still all is well with our soul.

Dedicated to: Hon' able, Louvinia Pointer

Amazing

Each layer rose with firm crust stacked One, two, and then three with Yellow, red, and brown icing between the sweet- chocolate cover Its amazing and normal thinking About Childhood, adulthood, and old age Wondering why my cake is falling apart...

By Almedia K. Oliver January 24,2016

An Epiphany In The Car

The gathering dark clouds give me and eerie feeling, that spreads over the blue sky, putting me in a pensive mood. Out of the black clouds rain poured as the clouds slowly secedes from the rest..leaving open view of the silver disk going down slowly, and setting in the west. My eyes were overcome by the flaring orange and red horizon as I watched the sun falling into his fiery arms, and I in his!

Looking into a face covered with hints of grey hair covering the side, and whispering 'I love you.' All the while laying gently to the side, as drops of joy fell down his face, and in harmony with the raindrops on the window pane.

My Childhood days were recalled from a far away distant: Walking out the sun right into the cool rain and hearing the raindrops on Momma's window pane, and the familiar sound of the belt whipping tune: 'I told you...beat, beat, beat...not to play in the rain...beat, beat, beat... 'OUCH, those lyrics continued hours it seemed. Still, we sat in the car looking out on the rain feeling the long ago hot sunrises, still feeling all years of Momma's missed presences!

Closing distance between then and now..I'm still in awe of the blazing sunset to my right but, cannot stop my eyes from raining down right and left my left or, my future-self from pondering my own sunset.

Appreciation

The gracious tree stands tall blooms strung along her limbs. Yet her trunk bows in gratitude!

The fully dressed tree professes not to rank with great poets of yore or now. Yet humbly gives thanks To all who enjoy fruits From poet- tree.

Yet this little-known poet's Shelf life liken's aged wine: Expressions as free as birds Sweet music when voice dies fragrance to scentless roses, effects the power of appreciation.

Babe You Left...

Six remnants. Your shadows acutely damaged: Severely tortured, are your survivors. Two braids slouched on the shoulders

of a shamed Choctaw face, two beady eyes blinking, squinting above an aquiline nose squawking at, the widow's peak concealed under her wide-brimmed felt hat.

Your pigeon toes, almost, touching each other and making an X Her aberrant child draw white sheep gathering across the sky. Just as real as your remnants gathered underneath your hat.

Babe, you'll never know that a fragment of you, with zest, hawked your house, sold your land to a non-kin; your remain planted far away yet not let go of her meanness and directed it to the rest of your lot.

You left your time-worn descendants holding Pandora's cache. Misery destroyed most, evil, the one you took her as your best, and your best, still renders tons of attack on the rest. Babe, I, dare say that which be; you, took that which exist to the tomb.

January 15,2011

Beautiful Morning...Witnessed By Whom?

There they lay watching the rising sun. No more can night see daylight than the darkness hide her anymore. Desiring a new beginning, as the old world was trying to slip away, then her hands opened... She watched all those old things blend with the wind.

Now, we lay trapped between what was and what is as those old things tried to appear. The heavenly host turned off the light, leaving those things in the dark, and illuminating a brand new day bright

Many suns and moons old ways were the norms... and I confirmed that time. now I hold the key and its my turn, then opened the door to let the bird wing free

Loudly dreaming! I felt his arm encircling my waist, our lips obsessing. Heat, need, and greed gathered strong, braking chains, opening doors...liken uninhibited fervor the thieves took what they wanted...

Now what's next:

In the stillness of morning, she relaxes her eyes on his knee-length nightgown with cute little black bears frolicking on the off-white back ground. She wearing ruby red satin pajamas- top cozying up to her neck making unnoticeable her flat scared chest... all the while the sun smiling with favor, kissing her on each cheek. Looking into each other's eyes they exchanged love-rings,

and placed them on each other's heart.

Sweet and salty tears flowed down the lines of a face veiling her time wornbeauty.

Looking into each other's eyes they leapt into the arms of bliss. Two hearts joined like the blue sea and blue sky. And humbly accepted each and every word and promise to love and cherish each other forever'

BY ALMEDIA KNIGHT OR ASK 01/11/06

Almedia Knight Oliver

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Between Shades Of Grey

Wearing dark grey, he walked into her life And shades of grey made things a tad lighter Yet, he kept pushing... she squealed...and swung Sometime, pale lighted the sky above the East river, specks of gold splashed upon the river and the surrounding burst in golden flame Steadying shaking hand, mind wrestling, counting numerous sunrises, clouds carrying rain, and adding color to sunsets. Both inspired by yesterday's sun and today's sunset that lie between Sixty unfurling minutes And the golden years between forever gone, still love stays with both.

Almedia Knight-Oliver

March 26,2015

Bills Of The Past Paid

Verdict is made Without dispute Wrongs are right Shame not guilty Judge not, so that I won't be judged I've paid my debt Wrongs are right Turn the key of life And bolt the door Sweet death lives on evermore But the harbinger-my light not Only shine bright, but also energy's Vital force synchronize with all forms of life. Neither despair nor anguish- or Murdering hate can enter through the door ... Everything now is safe and secure Evil spirit can't shake it or enter in The door is bolted down eternally. All are shut out and can't re-enter here-Even a thief, if polite or not No Devil with a Houdini trick can Sneak in by window crevice or crack To chain or unshackle, Decrease or increase the deficits, Finish what's not packed, fix or Change undying truth.

November 14,2015

Body Snatcher

In season of red and gold leaves exchanging places with lush green and dancing with wind's music as they descend on the ground to make a fresh start in spring.

He snatched the clip board from my hand as if it were his body, then commence taking his eyes and ears and voice back... 'Dearest wife I want [myself] me back! '

I'll take myself with tubes dangling from [my] love handles and may river of tears, my heart beating like a captive bird's and my fear crowding out hope, and even my cries that sound like moaning wind I'll even take the hidden malignancy yellowing my body throughout...but dear, leaving my sweet heart!

Awakening from my ill, I commence hovering over my own body like a helicopter over a landing field Yet in great pain, I gathered up the left over parts. 'Nothing can ever take you from me nor I from you! '

By Almedia Knight-Oliver August 19,2011

My dear husband, realizing that you were not snatching the clip board -from me-that held the application that elicits history about your health. I wrote this poem honoring the courage you've shown in the fight to destroy the disease attacking your body. You knew you had to snatch your 'body'(I was holding unto for dear life) from me, so that, together with love of family and friends we can defeat the disease!

Born Again...

If I could start all over again I will right all past wrongs, and will give your life purpose... if I treated you cruel, abusive and misguided you, forgive, and help me! I'll shadow life in a new way, and exude supreme love from seed to dust.

I'm bursting with know-how, of strength, and eternal hope-no way like the despair. Before. and after you were born. I'm free from lack of financial resources and woeslike when you were birthed and was unable to effect the care needed for your ills: eczema, bronchitis, pneumonia, all of which stunted our growth and so much more... Numerous times wanted to take your place or leave mine empty!

SON, your long gone to dust, birth father, won't mind, and just might rejoice in starting over again by, putting you in my womb for a renewed life....

I'm spiritually enlightened and am better nourished: eats healthy foods, good health care, and spiritually endowed; and overflowing with loving care, and abundant healing energy.

So, I'll keep you in my womb until you cured, then, open the door to my womb and birth you into the world of light, and marvel my dragonfly suspended in the air moving forth above pain and sorrow...did you know that amazing things happen when you embrace life an just dance ...

June 18,2017

Cannibal

We found each other, hungry, thirsty, and singed by love. I'm charred by love again, then you left this rapacious lioness I commence to rage, strangling on anger, losing my way. now I lay a weaken prey. Rush upon me, you hungry lion!

Color Me Autumn

Cloud and gloom hang low Sunshine nowhere in sight Herein lies autumn mood

Fallen leaves make beds on the floor holding onto the leaves that's left and thanks to these old dry limbs

Color despair and sadness with a coat of hope: 'Winter an etching

Spring a watercolor Summer an oil painting And autumn a mosaic of all'

What a luminous work of art I'm falling in love with Fall!

Come Away With Me

I call to you to come with me To that log cabin in the woods. To listen to the birds mating call Though time has taken its place Leaving sweet memories behind.

Come away with me To that log cabin in the woods We'll sit on the porch holding hands Unfolding the creases of times, watching Winter rob fruits from the trees, and Bride innocently surrendering to the groom

I can discern gray eyes squinting in the haze Worry not my dear, the never aging stars light Bright the sheet like the moon light up the sky Sun casts its smile across the sky at dawn.

My dear, the world is what it is In sanity and madness, we shall Live life as we should, to do so, I ask you to come away with me to Our log cabin in the woods

August 12,2008

Dear Poetry

Dear Poetry...

Giving appreciation to voices of love poems. Giving symbols thanks for standing in for my: ideas, beliefs and images Secret message: "A lover in time of summer" playing softly, delightfully, love songs bawling, even prowling in nights, and effecting passion lightning causing roaring thunder, then arched colors across the blue sky. Volcanic hearts explode Into passion fruit. Both clothed in symbols: The tenth hour The seventh day Within Two thousand ten years. We wed I wept, he accept, wholly defining the time of love.

By: Almedia Knight-Oliver April 25,2013

Dear Sisters: I Miss You

As I sit looking out the window watching the going down golden sun and pondering how much I d like to talk with you today; there were so many things we didn't get to say- -Oh well, then I'll just have my say:

BIG sis, it's been several years since your ill-timed death left me in grief. I'm awfully sorry I couldn't stay with you in the emergency room that night. I kissed you on the forehead said good night and would see you the next day then you told me to come early...will you forgive me for not staying all night. But you departed earlier than I could get there, leaving me grieving and missing you still!

little sis, I'm sorry for not apologizing for not talking with you for two years...I hope you felt the same way too.

I regret you were all alone when you left that morn and left me wondering why you drew that artificial line between you and me!

During those years trapped between your words of lies and mine truth rather than insanity or sanity, it's the latter that causes me to weep alone knowing that line cannot be redrawn!

Yet, I love you still and believe you loved me too in an unsound way!

Still I sit pondering why I'm raising the dead from rest, encountering storms wet and and ruins: we lost three brothers of five to stupid tragedies and the other two naturally and now, two out of the original four sisters are weighed down by regrets: the could haves and wish I would haves are wearisome as all get-out!

But love remains the Hope Diamond that we two sisters will cherish eternally...

October 16,2017

Dirge

Remembering he who walked dirt roads. Mounted knolls to reach her house. By ways, where heaps of fruits lay in ruins. Memories of ashes to ashes and dust to dust.

Pains and sorrows gather tall, yet she danced with sorrows, and all. Moods bending and twisting, yet having a ball! Lasting desire the only wallflower alone.

In her time, Momma's milk nurtured nine. Springs sprung greens and fruits; the blazing Summers ripened berries and plums; autumn's Amber splendor signaled her work done. Now winter renders cold and gloom. No more seeds in spring, summers cold, autumn fell. Now, harsh winter's gone but her venerableness lags on.

She marveled no more the vivid moon, nor her smile as bright as the sun. Joyce, her name and Joy passed away. I Join this mournful dirge and wing with the dove upon the morning cloud.

Her first, second, third, fourth and fifth, sons were overcome by stark darkness Though Momma's fruits perished outside her womb, yet four aged- daughters left keeping the narrative alive.

I think this melancholy history is well worth reprising: The melodic songs, lyrical poems, elegiac verses of those once lived, and the four waiting waiting for the roll of each dice...

Down Hill...

Afore coming into my own Had no worldly worries to keep me awake or to lose sleep so, baby girl slept in Momma's arm.

Now I'm prepared, ready to tell you that, from babyhood through adolescence and adulthood, I've reached my peak, and recalling some of the fun and unhappiness experienced in my climb.

Going up hill with Jack in tow and far behind, Carrying woes of many stubbed toes and displaying bruises and scares...yet exclusive of regrets- -I made it to the top!

Sometimes I spend lifeless days, but morning's warm rays vitalizes my life like when you revive a drooping plant by watering it. I welcome my 'Gift' with a smile, which helps me to get from here to there...I spend a good part of my day nodding and cat napping. Then by nightfall ready to lay down with Insomniac...as soon as I fall asleep, Arthur wakes me up all ready for the night shift, then begin aching my neck, shoulder, back, and all other working parts. I grab my Tiger Balm ammo and rub them out!

I'm At the peak of life and feeling playful and listening to the drum of creation and dancing the cosmic dance... I'm going to take my time, laughing all the way! I used to praise my tots after poops in a pot, now I shout 'amen'to just poop without clots! Amazingly, I can laugh, cough, sneeze, and pee, all at the same time! In the old days, Regular gas was cheap, at my age, farts and belches are Premium gas and is free. I don't go out often, yet my mind goes out and don't come back. How foolish it to tell myself to put things in eye view I still look for them where they used to be. I look all over the house for my glasses; but low and behold, the old pair finds them on my head Lately, I get my exercise when I play 'stand up sit down' when getting up off the couch Now, I can tell all of my secrets to my friends, because They don't remember them anyway.

I have fond memories of when the climbing was Fun, and some pleasurable moments still of: Walking short distances to Fort Greene Park Sitting on a rock watching still and moving things. Feeling relaxed and fearless as birds bathing in dust Starving for life like hungry squirrels nibbling nuts, and harvesting the rest for another time, like man hungers lust Besides, marveling yellow leaves dancing in the breeze, when exhausted fall to the ground, later showing up seeds, planting themselves again, and as genius growing up trees. Day fades, evening sun blazes, then in full splendor slides into the horizon!

Grey and white clouds floated in my life: brought rain and storms, and I'm connected to all by my rainbow in the sky...

April 14,2016

Each Vote Counts

Stood on line with many to cast ONE vote; after an hour or more, after finishing, I walked out the door. Lines of voters snaked Brooklyn Tech's HS floor. Wiggling and giggling in delight, I counted each vote, adding them to my count!

Echoes Of Life...

Strong waves and contractions sent me twisting and turning down the canal

pushing me out

on my own.

This day forward I cherish much...even though vicissitudes bouncing me up and down; my mind spiraling out of control three scores, and more years. Yet, still feeling

pretty good about the place I'm in. An understanding. And acknowledging.

I'm full-grown. Still am free. Leisurely moving in unbounded space knowing it's enough for me to feel, and hear and see and taste. In high-spirit holding tight each today's exultant joy. Knowing depression crouches in grass lying in wait for a prey

Cause and effects, affect the course of time. That time I had to take the grassy paths less or more traveled and walking in the company with perennial groans and moans. Dare I say: a well-traveled woman began way back when portions of youth spent in rustic rolling farmlands roaming over fields on a Mississippi farm running fast, leaving black coach whip up on its tail looking all around. Never believing that such a thing could be done, momma took the puzzlement to her final resting ground.

Still her errant child stays like the god of the sea, moving and changing with no one holding her down. She has to BE! Another unforgettable mishap when a chap: wandered into muddy water dotted with all sort of greens. Heard a hissing sound and turned around. Looked dead in two beady-eyes of a cottonmouth moccasin snake!

Left in haste, my killdeer legs and bare feet spiked with pine cone thorns deep into my feet I dared tell mom, then not the norm to keep adventure in mind and handed Momma my behind. These bold undertakings are only pieces of my teenage years, many more things mind wavers still: Graduated high school and thinking it was good polish for a shiny urbane life style:

New York, New York- shinola too tuff to buff the time and grime of prime I'd traveled on only gravel and dirt roads not farther than could walk. Momma desiring the best sent me away, leaving time to test. New York was "BIG Momma" and my home to crawl and stand on my own Joy and mirth, trials and errors in various forms birthed: One baby, two, three, and four Educated mind a little at a time Educated children right on time two and half decades mommy and daddy were left home alone. Several years later daddy left home leaving His ghost to comfort Momma's cries while, giving new birth to another time.

Empathetic Receiever (Response To ' The Taker')

The universe gives us what we need, don't take what you want...why take? Be thankful for what you have its enough!

The animus came from within the home-no need for question, cause you're man in your own home. Why you still ask and then answers "fear." Fear

of fear causes more fear than fear itself Don't be anxious for things imagined, cause you're react and hurt another like yourself, too

stop giving fear a bad rap, and for peak sake be aware of evoked bad deeds, and then there'll be no need to deny the obvious you allege seeing, live

simply, dream bigly, be grateful, and give unconditionally; have fun and laughter and if you must fight, fight with all your might for "our" dreams. Too many "I s, " blames, shames, fears...all you need is to turn your confusion to clarity-but wait-! You must

face both persona and shadow by choosing a suitable role, that'll impact others than yourself, because to do good things will bring some light onto your shadow and spirit too Do understand and hold the balance between the two. Look

beyond yourself and see the abundant beauty in life. take notice of the contagious smiling face of a small child. Sing an ode to the West wind; praise it for holding up dead leaves, Forcing the dark clouds from its path, and drifting along its way... Now, the "WHYS" are transformed.

May 18,2017

Endless Love

Years of searching my memory for the beginning Of a love that exist in neither time nor space, yet Its endless wisdom and compassion still thrives.

Intertwining words of compassion and love, while Snaking through time and space into a union that interplay and interacted with ups and downs.

Though we're yoked together and conjoined to causes and effects meeting and dismissing time and space. A fully awaken heart brings all penned into full balanced and harmony.

By

Almedia Knight-Olive August 18,2012 edited 12/14/2013

Ephemeral Love

Man dressed in black Holding high and tight His scythe. Teasing me When I pass or -maybe gaze at me a whilesaving me for last. Warm eastern dawn emits light and heat, then fall into arms of ablaze horizon

In the distance sits moon's dim light along side the lone star, acting like a hundred lights. Tired love, no other awaits me. Should I love through more repeating hours or is love a constant farewell?

Almedia S Knight

November 22,2009

Evening's Solitude

In evening's solitude sipping a glass of wine, or maybe two, and listening to Roberta's love songs Being spirited away dizzily to dream land

Recalling your eyes that once never wearied of mine Tonight the weight of uncertainty keeps my lids wide Envisioning love and passion waning like the moon

Remembering still... The baby breathing quietly Passion wide awoke...these are Times to keep awake and watching stars in the distance sky... Childhood screams and dreams are behind, like our last passionate kiss

My dear we're just tired so, let's just sleep Eternity lies far ahead Leaving love behind

Expectation

Give yourself The gift of lowered expectation, Accept life and its messiness, You can't amend Nor wish it away, so Lower the bar, so All can walk under, for What it is Is what it is.

Feet

Your feet:

Dirt road walkers Mud squeezers Street passers Bike riders and Caressers

My feet: In frailty accepts time's cruelty and age with beauty.

Hardly four feet climb hills and mountains Can crawl up legs Wind calf, inch round hard thigh Feet winds up in bed.

Almedia Knight (ASK)

Forget You...I Cannot Do...Forgiving Can Do

I quickly forgave myself instead of Forgiving you- -that was all I could do. I just couldn't stop thinking about the Times we'd spent laughing, crying, and Staving off Grim reaper when awake and sleep And whiles you planted syrupy kisses on my Cheek that I returned with quivering lips Just a pat comes off sweet and holds at bay fate Besides it leaves the future to rejoice coming-full-circle. On one condition, rage grew out of the seed of jealousy Sprouted in mind, budded, and fully opened emitting a pungent like fragrance about the enemy. Forgiving was the only way to oblige the mind to Piece together the very, very, very broken heart! Now, I think of being vulnerable because I love Still I muse the years spreading wings, soaring timelessly, and boundlessly, and being birthplace of creativity and to change...

March 5,2017

Four Stages Of Life

She with child waged a fight But baby won outright

Then she struggled with self Innocence and lighthearted left

Later, she struggled with her mind But, couldn't gain entry into the mine

Now, the battle with life begins... If you're wondering...the grim reaper wins.

Friendship's Substance

A friend reaches for your hand and touches your heart

Thoughtfulness is your gift... thanks for the present!

You have not compassion fatigue, for the many demands made on your feelings

You are my prop when I falter and willing to stand-in when I stagger

A friend embraces you across distance and time

A friend shares your dreams and help fend off nightmares too

A friend will be a sounding board and lend a sympathetic ear

Makeovers not needed you accept me as am

Personal chats are kept under your secret hat

Your friendship... the perfect condiment. Thus to everything there's a season.

In dedication to my friend, Augustine Dowdy...I love you Augie!

May 13,2006

From My Thought

OH'yesteryears during which I dwelled Now stuck in the mud...a condition that only I can dig And momma laying dead last, six feet beneath the morass I'm a dry bone, not expecting to rise with flesh, or nothing else

Abundant confusion and conflicting ideas rest upon the shelf The tenderness of this aged- steak is long gone, the need to toughen up a bit? Spineless nomadic minds get no timeout, from where I sit This modern life was thrust upon me: I-phone, I-pad. Gnarled fingers hunting and pecking keys on MacBook Grey clouds covering eyes and ears quieting all outdoors Have to admit the old bladder has entirely taken control too! I welcome incontinence just as much as pulling up adult nappies!

Watching myself walking round and round on the daily Hamster wheel, without motivation that dwindles every round Causes for an alchemized past, then leave it to dwell in its home And stay whom I am from just about where I sit.

September 19,2014

Garden Center

There she sits in the midst of my garden beneath the roses and poses; delighting in the daffodils like those on the hill.

The sun opened four eyescolorful tulips and her brown eyes

The sun just opened before my eyes. Oh my, what a chore to reach the core! Look at her hoeing and weeding, flinging sweat from her brow; to behold the beauty within.

Just clear the "stuff"hurts and pains; blames and shames; cruses and lies; chameleonic righteous and their exaggerated colors!

Destroy the lies, then bury them in a sand hole. only in her rich garden flowers grow look at how she takes great pleasure in tending her garden and share the fruits of her labor.

Almedia S. Knight or ASK

Gazing Through Airplane's Pane

High above: The sheep-cloud being pushed by wind her cotton tail wandering across the sky.

Peering down through the uncontrolled clouds, I see free-born valleys, knolls, and Green foliages decorating the ground. the birch perches on the riverbank, and bluebells dancing in the breeze!

Illusions of Immortal souls strung across the heavens like miles and miles of twinkling stars dancing on the Milky Way signaling forget-not New Orleans' bayous with no mate.

Standing still- it feels- some thirty thousand feet above above fields of cotton, vines creeping on the ground strings of seedy black eyed watermellons, and their juicy sweet hearts bursting with happiness and leaving black seeds for generations

Oh my, how poets images and perception give such delight to a Brooklynite! The huge plane tilts downward, its long nose pushes aside the gray and white clouds then, run to meet the greeting runway.

Almedia Knight

July 2009

Good And Plenty Stories To Tell

Red and white blooms graced both sides of the fence

The pathway leading right up to the steps, and disappearing into the porch where she sat in her rocker, nodding and catnapping like old Tomcat under her feet

The slumbering buds that fronted the house, eyes widened at exactly four o'clock

After chopping cotton without a break, the old hoe leaned tiredly against the barn and momma couldn't nap too long; the farm had too many things to tend First, nearby the house the ditch needed to be deeper, so the shovel lifted dirt from the earth, stopping raging fire from leaping into momma's house

In her garden where good and plenty seeds and slave to the rich earth Even curses and whip couldn't stop them from giving rise to their roots and shoots

The seedlings pushed aside the soil, the shoots stood tall, readying for the crabapple flower show

The laden apple tree's limbs hang low just in reach of momma's short limbs

Handing down more than enough for her to feast Leaving plenty for the neighbors on either side of the fence.

October 7,2014

Goodby: Narcissus

Good-bye, I'm leaving you where you belong... Only your reflection you see while wandering through the forest in fear alone, Can't see me soaking in my own spume Now I leave you alone in your own

I'm saying goodbye to your flattering face: Self -aggrandizement, warped self-worth, and Other unknown things that's your base In tears and a sadden heart I'm leaving you in your own place Good-bye to the love we've shared I know it's my life alone I must face

I'm left by the riverbank nearby the cabin in the woods by the stream and drinking clear water in your face. I hear the early birds awakening the day I rest in this scared place in the cool air

Then...and only then, I feel safe in my abode Lessening the tugging of "Look at me" I see you can't see beyond you...for once Strive to see me stretched beneath the sky Looking at the stars blinking hi My question is: why, why, why Nature without deceit or conceit gives cause For me to sigh!

June 6,2010

Goodnight And Goodmorning!

I KNOW, I KNOW, I KNOW!

We just spoke a while ago. I can't tread alone. I'm as bare as an autum tree

Oh my love keep me warm. My love burns Eternitly!

Good night my love ...

Now, rest your weary head on my poetic pillow

Love Almedia

I wrote this poem after my love returned from a 24-hour trip [November 15-16th]

And his response the following morning: I 'll title it "Goodmorning"

I remember that you quoted some beautiful feelings to me last night. Thank you for putting them in writing for me.

You know I know We know Love is what we know That is all we need to know.

My poet Lover, Claude

Grace And Gratitude

When we met, life was a plumb mess But, god blessed all and me for planting seeds of love, and can see my harvest is proof.

I'm exceedingly thankful for my existence, and to you for helping make it come about. Sun rise and goes down...I am melting like heavenly dew in shortness of time and still greet every day with thankfulness!

Seasons come and seasons go, yet love prevails no matter which I choose: Spring...innocence out-and -out taken Summer...sweet and ripe-delight Autumn...melancholy-I love it Winter cold...love is warm.

Allow me tell the simple truth no one else knows it but me: Grace and Gratitude flow between you and me, firmly drifting with love afloat and never to sink.

By Almedia Knight-Oliver May 23,2017

Gratitude: The Language To Speak

Peace is the way and love gleaning happiness along the way To begin: Good morning to life in all its form... I'm grateful to be loved and at peace: peace to my family Friends and 'perceived' foes and the whole world! Centering in the force of life, gathering breath filling cracks and cervices throughout the solar plexus: the hollows of confidence, power, growth. Peace and love overflowing and suffusing the earth To complete: I inhaled Prana-the beginning and end of lifethen exhaled to whence it came. in silence, within I go, and there I stay awhile... Gratitude speaks to the breath of life...

June 23,2014 e, Brooklyn NY

Gravity Of Love

The power of love ...oh how over powering! Lovers joined like butterfly wings flutter sunshine and rain of tears. Love infuses inside and outside so caress, so too duress Sweet hearts, sours stomachs as well.

Oh sweet love-Oh great healer-That fresh spring Where verses Stay young Love is not love Without its goods so bear the gravity of love.

Almedia S Knight

Haikus

Place in file One twig after another Abounding wisdom

Early Bird sings Beads on grass blade Good morning spring

Hanging On...

Up until tonight you were joy and no end to my delight! Then walked out of gladness into another bliss-not even a goodnight I buried my head in fewer than two pillows wailing louder than an infant Bawling, while Moma grieved for Papa someplace cuddled in kisses I'm left with memories of moment my love unfolded and stretched into years, and a couple months-could be more who knows... I'm just pissed! The very day we met, I hung onto each and every sweet word and syllable Though were hollow and only I heard, and you the stranger to your words! Were too far to hear your voice on my phone but, what did I do love wrong? I wish you'd strung your words tightly around my neck, on oak tree's limb, Walked away, and left me swinging free.

Could've laughed at all the mess you made and maybe I'd cared less! Up until that time there was joy and delight...but Now my heart has a wound that only I can treat...

By Almedia Knight-Oliver Date unknown

Happy Birthday!

Let's celebrate your birthday in a unique way As infinite joy brings happiness and lighten our hearts! "Hallmark, every day you have your say, " but today, is my day For, my heart overflows with bliss on my dearest one's birthday!

Dearest one, with whom I fell in love and landed in his life, Now, relax yourself in the smooth rich taste of today Though you reached another year, give thanks, and just mellow Then we'll drink, to get our fill from the fountain of love After that, we'll immerse in its bubbling overflow!

I'm so grateful that you were born on this dayor any other day would've been fine as well Did you know that every day of your birth our love is born again? Like seasons after seasons of red and yellow leaves, gleefully swirls in the air, and two happy hearts beats as one, and create two smiling faces!

Four years earlier, a struggle with life ensured that we're fighting Valiantly still, and are ever so grateful for every year that we win! Though, we drip with sweat and tears, we love still!

HAPPY BIRTHDAY CLAUDE!

Happy Birthday: Memories After And Between...

Mother...you have a baby boy...she laid seven pounds of flesh beside a throbbing heart! Tears rained down my face, dripped over Light brown hair and matching eyes, and Formed a salty pool in the crease of his neck.

My mind brimmed with unspoken words: "Put him back in his secure home within and out of reach of sermons of all the fox preachers Proselytizing morals founded in Christian doctrine Their lingoes and actions; I have yet to see" Self-righteousness isn't loud enough to drown out the voices of the immoral from within.

Now you understand "why the cage bird sings" her sad and angry, sweet and loving songs, that howl and resonate Since my baby is real in this story, then, I too, and the Phenomenon is truth too...I looked into your tiny, wrinkled Face, seeing my tissues, bones, and blood, and began to nurse the fruit of my womb...heart trembling...baby slept, and all the while, dreading a room full of crawling varmints to brave.

Still looking through the prism of the past, now I'll filter through Big Mike's childhood that holds some unforgettable moments Klutziness you inherited from me... now you're off the hook! Look mommy "I was chasing my friend and ripped my pants" Look mommy "I was running from a bee, fell, and bruised my knee" Look mommy "the dog was hungry and the seat of my pants was meat"

Son, it seems as if it were yesterday that, I held you in illicit arms, and not a whisper of hope in my ears. I held you trembling like a captured bird, and doubting if future's arms would lovingly and kindly hold us three! But look at you now! Completely grown yet, you can't over-take me!

Son, I understand that you didn't choose me and from the depth of my heart, I hope you appreciate the choice I made in choosing you! Sorry can't be vented by tears but this poem is weeping from Mississippi to New York-I have the right to grieve for all the wrongs I've gotten right! Since you're complete, and grown and it's your birthday, two scores and seventeen to triumphantly grace...Heck who's keeping score! This is your special day! Let us turn it up! Light candles. Pop champagne bottles. Raise your hand high. Toast the calm between birth and death.

October 2,2015

Heart And Soul Of Love

My love measures fully. My cup brims. My heart whims. I hereby bestow my love on you, so taste and see its goodness!

My rose bush is full with hanging Bulbs longing to opened by your strong hands. They're yours' to prune and groom Hurry before winter bestows gloom

Our love is natural fountain flowing with love that we dare run dry! love is neither super natural nor magical Remember our first date The sensation from your touch, your verbal incantation, and charm made it come.

But my darling, it matters not If our story sounds like a fairy tale Let me hail the tale. Our love imparts vitality Yet hard to fathom, I'll even Leave it to destroy, then pick up the ruins to love.

Hello Dear...

Wish you were here, but You are there, and Can't be here and there

Hello dear

Your distance far exceeds these hands Twinkling stars are to far in the sky Seeds impregnate pomegranate, and our love Steady illuminating like full moon seen from earth

Hello dear

We're like two cold-blooded reptiles Warmed by coiling, no blanket, and rapture ready Without prophecy, we're heavenly bound!

Hello Dear

Let's not be deceived by Snake-oil peddlers There's no cure for our ill So my dear I'll see you soon

Sept..2008

Her Lost Treasure

Oh god your world is declining in Silence and darkness, yet times, my Mind holds the attention of nature's beauty

Even when stories and words of the Past, present, and future get more difficult to search, still I search

I've known dark tunnels and roads of steel. Slow moving trains, whistling in the bends, still, I roll into the station with a bright smile.

I marvel the many morning's yellow sunflowers In distance sky, smile bigger than the sky before fading into the evening's refulgent colors

Now, left fumbling in the dark. Where's the switch that turns the light On my brain's anthology

Oh god...where are You...WHO...? me...or YouandMe...One? Your treasured words lost with mine

Now I lay silent in green grass wrapped in A cold clay blanket to rest in nothingness to become a lovely flower rotating life>>

January 15,2011

(Seeing a poem in the rapid demise of a friend's mind/memory gives cause to weep for her and my own mortality!)

'Hey Guy, Bye Fellow'

Bye Guy, bye fellow: December 2,2013

There could never be another Guinea pig like you Oh' how I'm going to miss hearing squeaks Of your love for the family. Aysia loved you though was Allergic to your soft fur and drank nasty benadryl And held you in her arm still

When we first met, your name, I could never get, so I called you 'Hey Guy' and 'Hey Fellow'and you welcomed both with a purring smile!

I'll miss hearing you smack fruits and vegetables, the Sound of Music in my ears; and never again will I see you dart into your igloo-house in a spurt!

I'm going to miss the clicking sounds of you drinking Fresh water my mornings call to hit the floor when I Stayed over at your house!

I'm sorry I was not there to say good-bye to tell You how much I loved you! I hope you knew how much you delighted Me in the noisy sounds you made.

In sorrow, I say: you're going to be missed! Just rest in peace. 'Hey Guy'you were loved much!

Almedia Knight-Oliver (Grams)

Highway 13

Traveling eastward on highway 13, passing uninhabited-it seems- railroad tracks and quaint white churches, steeples humbly making signs of the cross.

Looking down at her black skin wondering, Why not one white church is followed by a single colored one...Hmm? was it god's design or man's...white churches, colored churches...Hmm?

The poetic architect quickly dismantles such thoughts... centering her mind on nature's creation: The brown cones dropping of trees, needles dropping of pine brown grass dead asleep on the ground, as evening progressed, we pressed on leaving life in winter-wonderland

Passing by red, green, and white illuminated homes; luminous reindeers and round-belly Santas, Seeming to announce a Ho, Ho, Ho, and a Merry Christmas! Unawakening the sleeping children in the back. We continued eastward...

Merry Christmas everyone!

December 27,2007

Hold Onto Dreams

Let go of that night he walked out on you...the relationship Was broken long before you were dropped...now, pick up the Pieces and move on... holding tight just a dream.

A broken bell still rings, just as a broken heart still feels the break Then hastily puts it back together, and making it complete.

Keep holding tight the dream of dropping your gaze and eyes to half-mast Then twined your arms around his neck, buried your face into his, and Asking for the kiss of death.

The rest is to tell: savoring the tasty Mona Lisa smiles on your lips that taste Like Venus, the evening star, shimmering in the West after sunset...

Now, the brightness of him falls back into the darkness of my mind I'm letting him go and holding onto myself, and giving him the rest: This dream...

Almedia Knight-Oliver February 16,2014

Home...

Heaven? Paradise? Rapture or Cloud nine? Where is the key to enter your Bliss?

So high on your heavenly horse. So proud under your rose-studded straw hat, can't see disheveled man on his dead cement horse, independently hardened by empathy- the anesthesia for poverty; begging for a dollar piece of bread to eat, not an outhouse or bathhouse to shit, piss, and bathestill nose high as the clouds in the sky; can't smell nor tell what's smelling to high heavens, cause head held as high as the hundred dollar stiletto holding you high and its blade piercing the lowly hearts Cheeks and lips blood red, sculptured eyebrows and polka dot finger nails. Yet, you carry you bags filled with empathy to your church- home.

At home in your brownstone, paradise as tall as the high ceilings, with faux pride coming in second. A home-made key for each the best fit ones misplaced and your misled

Many without homes and priced out of heaven by all Saints. Paradise is just a dream. Rapture a state of being. Cloud nine an idiomatic expression.

The down-to-earth one

exchanges one thought for another. Yet remains in the seat in his own humble home!

(August 6,2011)

Hot Dogs On The Fourth Of July

The BIG BANGS on the fourth of July: Picnics, fireworks, barbecues, and hot dog for everyone

Cool-dog lay in fresh whole-wheat bun covered with mustard and ketchup, onions too I thinks, yet it taste better than most Humble Ilana choses it adding condiments she likes best

Hot-diddly barked the dog! 'Leave the rest out, just cover me with mayonnaise and sauerkraut, I'll wait to be taken next

Juicy-dog, packed with by products lay in bun covered with the likes of pigeon droppings as topping. Innocence-Kayla says, 'I pass...a hamburger, please! '

Long slim-dognaked as a jay bird, lay stretched out in a plain toasted bun, Demure-Kamille sits alone enjoying her bare hot dog

Happy Fourth of July!

By Almedia Knight- Oliver July 3,2012

House Of Dreams

When we met you took over All My empty dreams and filling-In 65 plus seasons with love

My entire dreams were huddled in the Basement covered with confusion: And happiness sitting quietly on its seat Way too delighted to even sing.

Me alone with empty dreams, sun Parched, and needing a cool drink: wrapped in dreadful thoughts: shrouded in lowest part that couldn't hide.

Not only did you find my dreams, you took Them from me and made them into real things. Nowadays my old thoughts know how to act whether Inside or outdoors.

By Almedia Knight-Oliver

To my husband on the very Last Monday in the year 2012, and From every day on... Love you extensively...

Houses Of Dreams

When we met, you took over all My empty dreams, filled them With love and care in Autumn, and 65 plus seasons.

All my empty dreams lay in darkness Way down in my mind's abyss, Where happiness sat quietly on its seat, Too delighted to hold even a song.

Left alone with empty dreams without sun Parched and needing a cool drink, with Dreadful thoughts shrouded in houses Where all my thoughts could hide.

But you took all my dreams away from me Then made all of them real into real things My old thoughts now have no place to act, At any time nothing to do...

By

Almedia Knight-Oliver

To my husband on the very Last Monday of 2012, yet from From every day on is the first day of The rest of our lives... Love you extensively...

How To Survive The System

Arguing the differences percieved during childhood: the freshness of youth and silver time now, keep me pondering inconsistencies of things that has too long hindered me exploring causes of numerous concerns:

political fuss about one's quality of life;

huge prices paid for souls for sale;

feaing losing that which not owned;

lack of concerns for the hungry and homeless.

the 'Nice Guys' sucking wealth from weak and high-minded alike while,

preaching man-made morals and ethics while,

rape, incest and all sorts of abuse-by the same minds of my times in the 40's when it was commonly thought that children had no sense or lasting memoryby adults, lurks in disguised, amongst the vulnerable:

babies in cribs and children in their teens

while

holy adults relax silently in their high chairs, yet, all these are composition of the whole.

I'm shucking off this mess to draw from my muse and design a 'utopia' for my own delight:

A universe of love for the living, ill-treated, born and unborn

A universe born in and of love

A universe where freedom roams

A universe that preaches truth

A universe whose people, sometimes, suspend on despair, yet knowing hope is their safety net,

A universe that accept wrongs to learn what's right

A universe that worship truth, not non-conforming facts

A universe that sees humanity instead of races and places

A universe that first creeps, crawls, then walks upright,

Through pain, sorrows, then death gladly part to begin a fresh start...

Hurricane Roars And New York Naps

Some still absent power...all absent subways and buses...others absent theatrical Broadway; still others absent restaurants of many...yet

Hurricane past, not without experiencing its majesty, terror, and the sublimity of a great storm. Dark clouds roamed the sky shading it and the sun. Man ran to greet the storm...then in terror he runs.

The winds round buildings moaning and howling like a pack of wolves. Yet my shivering legs and feet tap and beat to the sounds: The furious winds ripping down signs, clashing lamppost; and splintering objects, tossing them on street; and pulling cranes from their posts and flinging to the ground.

Even rain and winds chased folk from their homes; stripped trees to the bare bone.

Young sprightly trees swaying before humbly bowing, yet the shore was fully exposed

to the East river's surge and the Atlantic Ocean's waves reminding me of the climate changes and its beauty and power!

Bye, bye Sandy: New York just awakens from her nap!

Almedia Knight-Oliver

October 30,2012 edited 12/14/2013

By

Hushed...

Self-eavesdropping in on my mind without consent...

Listening to pessimistic and optimistic sounds,

Looping round and round more that irrational and reasonable thoughts Racing to get bread and all the while thinking, what if I'm left out

Oh my! Let me make haste before I forget to add lines to the first one started a while ago. Remembering times ago when I thought things were under Thumb's Control.

Got me wondering if my mind used words as baits, then turned around then switched- -

Maybe I just slipped?

I've lived in, and with some hard times in the past, and had to go it alone Avoiding places and people. Was attached to the past and lacking hope! Consciousness said, be quiet! Meditate. And stop chasing negative moods round and round

They're robbing you of your senses of well-being!

With consent, I put periods at the end of sentences stressing anxiety and fear, shame and blame, anger and bitterness!

Planted seeds. Germinated a new perspective. Now I'm watching ME grow.

November 19,2014

I Am From... By Ilana A. Sabio

I am from my purple and green stripped towel from bounty and the long broom in the kitchen I am from the dark scary attic, a coffee scented kitchen From the rose bush hidden near my porch The Oak tree covering my backyard Whose long limbs I feel As if they were my own.

I'm from Christmas and dark brown eyes From Heather and Francis I'm from a sweet tooth and Sleepy heads and From joking too much.

I'm always from listen and stand up for Yourself and curiosity killed the cat Mississippi and New York City Cornbread and macaroni & cheese.

From grandma meeting her grand father Who was once an Indian chief Pictures of my great grandma, the great grandma on my Mom's side On the wall in my room and in my sun room Who I love dearly and miss a lot but keep her safe in my heart.

By Ilana Sabio (my 9 years old granddaughter) See where grandma is from.

I Cherish Days And Years I Sit:

Having my say on the Twenty -first day of May, in year twenty thirteen while being showered with May flowers gleaning purple petals while sitting on my bottom wide is my heart love flows softly skinny dipping, and swimming free Though, I still sit as fresh orchid and withering in its prime, yet holding onto sweet and sour memories all upon which I sit thoughts thrusting through sweet channel, stimulating bitter pains of childhood lost. Boxes of cookies cherished, and Him believing such action redeems and dirty deeds soothe all times before and present....yet all these things on which I sit trying to Separate all this shit!

By

Almedia Knight-Oliver...May 21,2013

I Hold These Random Thoughts

For quite some times...my beloved seems to misunderstand things we've done and what to do about those things. I've grown weary sitting in that tempest pot filled with 'vengeance is mine' instead of 'love your neighbor as yourself.' Some so -called Christ-children speak divinely, yet not journey with [H]im as LOUDLY proclaimed!

Imagining neighbors in different regions can apportion memories of unshared youths digging potatoes in separate fields; chopping worthless weeds that surround my momma's lush collard greens. Still I envision lying in a hammock made of lovely fabric and suspended between those infected with love and those infected by satan virus.

Thinking still of growing up in different locales. How the midday sand burns feet and the cold snow you rolled into a big heap you sang hymns; I counted sheep to sleep

By hand, cotton-picking was back breaking; and with evolution, souls triumphantly cotton up to changes..

I Shall Dote Myself

I SHALL DOTE MYSELF

I was inspired to write " I Shall Dote Myself" Mother's Day, after noticing I had not received one card from my four (4) children! I thought, perhaps they cannot -after so many Mother's Days-find the words to express their sentiments. Her, my children, I shall dote myself:

I am a widow, mother, grandmother and great-grandmother, a sister, a partner and friendjust an ordinary woman who can do extraordinary things. I know how to lead, and I can follow I am naive: shun sophistication in styles and techniques I am ingenious: clever, original, and effective. I am sensitive, but can be thick-skinned I am a pragmatic, yet I have fancies: Impulsiveness, desirous-sometimes unfounded. I'd rather truthful pains than comforting lies I try not to judge, for I too may be judged I like goodness, I dislike wickedness... I see me in both. I witness justice and experience its prejudice I practice tolerance, and I disavow unpermissiveness I see love as a present and give it wholeheartedly

I, myself, believe:love, loyalty, and honor to be precursors...to gently tapping the souls of humanity

to bring out the best of humankind...what I believe can be a cure for the worst conditions.

-Almedia S. Knight -ASK (May 2007)

(Later, that day, I received calls from my children, and their cards were received the following day!)

I Shall Go Quietly Into Good Night

Long ago, I stripped off summer cause it no longer fostered growth

I'm dressed for that cold day in winter and warm wraps give comfort to my mood

I'm collecting the beautiful things of my youth: enthusiasm, excitement, and my dreams and goals.

Now all my years fit best and are the only place I can live since all those before are not suitable for me anymore.

Wise, though not enough to out last the last good night, so Without protesting, I'll go quietly into my last good night.

September 17,2017

I Shall Sleep Quietly Into The Last Night

Dressed for that snowy winter day ahead Clothed in suffering and pain, and the wound is the place where the light comes in.

During youthful years, I wore enthusiasm, excitement, with plenty energy to go toward dreams and goals, and now, can't fit those youthful wares; my old clothes are the right fit.

Though, I've shared lots of wisdom with family and friend, and now nearing the end, still I have plenty wisdom in store, and am nearing that last night... and don't have time to share any more.

Family and friends, on that sad night, do not cry- but if you must, I pray God bless your tears. And then you let me go singing and praising to sleep quietly into the last night.

July 8,2017

I Will See You Again And Again

When will I feel your warm body beside mine again Ashes smoldering, poker memory stirring in mind embers still smoldering, but nothing stirring, and no embrace to stir up a little fire within.

I spend my waking hours writing you in poems; my nights Singing you in songs; dreaming you in my dreams, even Imaging you in the illusive moon and waiting for you in the rising sun.

Thumbing through files past, recalling us walking down Brooklyn promenade walkway, while the half-waning-sun accompanied by red and orange lighting up the sky, and profusely adorning the New York City skyline-

Even your scent lingers in my mind, taste your lip on every coffee cup... pretty rose reminds me of our love when fresh youth gave love and rose, today wilted to do with what you wilt. These memories will stalk you as long as I live...

April 4,2016

I Wish I Could Cry; I Hope I Can Cry...

The day or night you say good-bye or me. Just one mouth can't wish or have hopes. Fierce words, evil-looking face, and two eyes keep. Even in silence, your hatred still is loud in my sleep.

What type of music must play the day or night you say good-bye or me? Themes perhaps: love and compassion will be words and music to my ears!

The day or night you say good-bye...or me. I can only write the back-story, filling the pages with crimson images of the slit in my blouse, exposing the lacerated heart bleeding from slashes from your jagged tongue!

In dreadful pains, your body released jealousy, envy, hatred, bitterness, and flatten like a pancake, and I poured your lies over them and ate all of them! Months later, I looked at the string tethering us, forgave you for you know not left me asking why?

By Almedia Knight-Oliver

October 2013

I Wish...

Taking my early morning stroll I hear a fluttering sound Stops to look in the Direction of the music Several birds perch on a limb Pecking themselves in order

Walking four-mile in the park, thinking And wishing (We) were not in pecking order Gee! Life is full of things to do, but My daily walk dominates mines

I wish I were a bird- -wait a minute! Why a bird, who in his right mind wants to do that? An open, busy mind, has many thoughts to sort through Then, finding the distance between me and society's woes

Graceful birds wearing colorful plumages Singing sweet songs, inspiring artist, Poets, musicians for years, and still Still wanting to be free, so the migratory Bird necessitates complete freedom

When the blustery winter arrives I will soar far away to a warm clime To escape the cold realities of life Some things just don't change.

Spring early 1995...

Impromptu Poem...

I write, listening to Patsy singing, 'she got you' Though for me, that ant true, caused my Man lying face-down on the bed talking on the phone. Memory of she got you don't have me, cause i retain four smiling faces enclosed in frames, Happy framed children singing: Mamma we're glad you chose all of us! 'Children, love-seeds planted, can only yield sweethearts' ...go freely, leaving door open for others like you.

In My Brother's Memory

In my brother's memory

I sit in memories of the years before today, next to My brother's ghost, remembering his face glowing with delight; revealing words of him being a dad again, and he'd like a boy, another joy, along his two girls. And he'd name that much wanted boy: "Russell, " a name tougher than a tame A.J whose initials worn and abhorred- unlike "Uncle Sam" a nickname adored. "Uncle Sam" asked A.J to join his army while still in late teens, a connection before getting to know himself. Disagreeably A.J. aka Apple Jack was disclaimed and never did he get to know himself. Albert Jordan... Uncle Sam birthed! Later, by the aid of bottles and bottles of anesthesia: Apple Jack aka Albert Jordan; a living wage, trying to be be man and father were constantly at war. Trying to be that which not conditioned to be, a year before his two scores year, he couldn't take it any more, and permission Grim Reaper to settled the score.

In My Summer Mind..

Some folk like spring to Grow up and spread out

Others like a rose in coil First love dripping red blood

Others ripe and rotted, then Falling dead in winter's SAD

If this holds true then you're on Your own to wrestle a seasonal funk

Feeling down and out Every single day

Those bastards ride your back into The night, then spiral into your dreams

Feeling hopeless-or a blocked solar plexus Winded energy. Oak trees. Can't snap back

A scrumptious meal to feast, yet Isn't convincing to rouse your taste

Difficulty concentrating, senses changing, Yet inconsistent to cognize truth

In my wake; same time dreaming Transiting from winter to a summer mind

I just as well start here- -Half way covered, I do tell!

In a mini-summer-dress Showing off my thighs

Before the vision: I'd tossed out My flip flops, slipped on toe-less Bareback Birkenstock Way before all this happened: Filled our bellies with juicy berries Then shared an unripe cherry Leaving a seed after which was planted That bore a bub and fragrant flower

Awaken. I took a long ride to the beach Shed my dress and permission My feet to caress the shoreline

Though introvert. I stepped outside. My scant bikini must've caught his eyes Had to step aside lest we collide

All along on Sandy Shore Conjured nerves of steel Plunged into the ebbing tides.

July 23,2015- finished August 1st

In My Summer Mind:

Some folk like spring to Grow up and spread out

Others, summers ripe and rot, still Others fall dead in winter's SAD

If this holds true: you're on your own: Wrestling that seasonal funk

You feel down and out Every single day, and

Those bastards ride your back Into the night and into your dreams

Feeling hopeless with distant dreams Despairingly, they're far out of sight

Winded of energy, leaving old oak tree To snap back on its own

Even, the most scrumptious meals Cannot stimulate a suppressed appetite

Having difficulty concentrating, and lacking Mental and social factors to get things done

In my wake and the same time dreaming Transiting from winter to a summer mind

I just as well start here Half way covered

In a summer dress bedded with flowers showing off my thighs

Before my vision; I'd tossed out My flip flops, slipped on toe-less Bareback Birkenstock Way before all this happened we'd Filled our bellies with juicy berries Then shared an unripe cherry Left a seed, after which was planted Then bore a beautiful flower

Awaken; I took a fairly long ride to the beach, slide outta my dress Permission my bare feet to play in sand

Though introverted, I looked outside My scant bikini caught his eyes, Had to step aside lest we collide

Lying alone on the sandy shore Wishing for nerves of steel and Submerge into returning waves.

In The Quietness Of The Moment

In my thoughts -mind in stress In my thoughts - self seeks rest

Heart - seeks solace Heart - receives brief succor

I and me -shared insight I and myself –anew a few

Soul, I, partner, and 'complete themselves in one another'

6/1/2010

[Written during a time of distress that loaned me a quiet moment before taking it back]

Invictus (Ilana Sabio)

Despite what happen, I push on Breaking down all the solid walls Rising up like the break of dawn Feeling like I am ten feet tall

All that I had done was nodded But now I stand up and shout The fingers they poked and prodded Natural hair is all it's about

Cutting my tresses gave me pain Though it was short I can contest But a sense of freedom I did gain I had finally felt my best

I walked with a new pep in my step Just like a budding daffodil The stereotypes I sidestepped The new me was budding and ready to thrill

By Ilana Sabio

It Has Not Changed

Five years yet no change yet another threw insults to injure, but In my poems is love In my poems I live In my silence I make poems for you my love In my silence I feel weak and weary for you my love

Almedia Knight

June 11,2009

'It Is Nothing To Write Home About'

I have nothing to posit where I sit Mind is empty, formless, and shapeless All those things out there just stay there Yet seeing the beauty of nature everywhere Hearing bird songs filling the morning air Feeling the sun rising out of the darkness Sniffing rosemary, some say can improve memory And peace and love tasting like aged red wine! Still...I'll search my consciousness, even take a deep Dive in to unconsciousness, but surfaced absentmindedly! Still, associating things with things of years ago And my mental factors are whole still To create works of art in its widest sense Still I have nothing to write home about

December 18,2014

Joy, Joy, Joy

Joy, Joy, Joy

J oy-filled cornucopia that

O verflows with goodies that

Y ields from joy (the source) :

pleasure happiness enjoyment-so allow no externals To lay claim to inner joy!

Almedia Knight and Claude r II

Just Write...

Help me write! I need to write-I must write! Tired of staying awake all night soaking up yesteryears tears. Scrawl down the chattering voices in my head.

Pen-n-paper! Turn out the dark and on the light: dark chocolate and soft marshmallow-Two- sweets: I used to be like

Set forth things while my hair is white with age. Tell about times of aches and pain growing beyond today and tomorrow. Memories obey my mind and stay.

If my apple grows dark. Pen and paper light up the sounds of crooked fingers, bloated knuckles, cracked heel, and fused vertebrates on my old bending knees.

Compassionate pen hold me in your hand Document me in your pad Serenade my joy as well as sorrows, and Just write- if nothing at all...

Almedia Knight-Oliver

October 16,2012

Kay-Kay And Kam-Mi: Happy Birthday Twins

Every-where you went Every- time you cried Every-body still admired

Wherever you'd traveled Thereafter she was called you Then after you were called her

Today you look like butterflies just the same: Beautiful black and yellow dots your frames Dance with the wind, flap your wings, and sing

Even time can't separate your wings from your frame Kay and Kam-Mi will forever remain twins, individually, Rising against the wind then dancing between flowers.

Happy-Happy -Birthday-Birthday Fourteen years passed soon it seems

By Gram

Keep Moving Toward A Perfect Union

Twin girls Aquatic pair. Strangers. Swimming Side-by-side Sipping sap. Doubles No yolks...no chick Cherry portion Belly to belly

School and home they Talk and play. Freedom Separates them in-two-way Mom knew XX were From XY...asking not why? Cords snipped, doc slapped, towled and wiped.

Separated,

Each.

Each.

Friends

Each holding up her end

July 21,2006 [reedited]

Almedia S. Knight or (ASK

After a little chat with Kamille one of the twins, later, she ask me to

Write about what we'd talked about. Here to you: Kamille, and your twin Kayla: Nine months you shared the same little Embryonic pond nourishing the same sweet sap Not once did you fight...so why now?

Love. Grams

Labor Of Love

Minute after minute fear returns for its fill you stand ready to fill his cup, giving and giving until the giving becomes a chain-a chain of love...all in the name of the love of labor.

In spite of striking lightning; the roaring thunder futile tears feed courage, patience, hope- even aid you in staying strong to carry on, and to be by your best friend and husband's side.

Bed? On your feet. Sprint bus seat. Walking in your sleep going one place after another, and deprived of a bed to lie Your weary head... Rest? Back and forth you can't find silent or a holy night- not even a glass of red wine to distract sleep.

As days advance and sunniness brighten your way, reflecting Hope and peace and your life overflows with security and joy Nevertheless, you stay heavily laden with love for your friend and husband, and tons of gratification from all your hard work which has become a labor of love!

March 27,2016

Let's Breathe #2

We get up every morning with a bounce in our steps... or minus sense in heads to give into aches and pains. Still understanding that every life must end and some day we must go, so lets stay together and breathe...

With laughter, we welcome wrinkles in face and necks and remembering warm hands and red sweet heart; watery kisses reviving withering flowers, I'm thirsty for you, so, stay present in me That we can breathe...

I count on your legs, arms, head and bread, love and dove as cover for my sole. I need you to stay with me; you need me to stay with you So, Let's breathe.

The sound of love delivers my heart to leap, unquiet soul to relax, and anxious mind not act, and to keep life alive. let's breathe....

By Almedia Knight-Oliver December 2,2012

Let's Just Breathe...

I know that every life cease living. Surely as we sit remembering our other before, you and me must know that one day we must breathe alone so, stay with me and let's just breathe...

by Almedia Knight -Oliver

November 25,2012

In memory of the birthday of Milton L. Knight, my first husband, coupled with the day we were married way back then...

Letter To My Husband

Holding tight to hope, like holding a quivering bird relieving fear. Hope, the dream I dream.

Love turned into pain, yet I know, to hope is to risk pain.

The plans we planned are slowly slipping through our fingers

like the sand in our hands, Still, love is the dream I dream.

We're the dream of all things dreamt: my bag stolen, wallet emptied, others pointed out three teenage thieve, chasing them, falling to my knees, manifesting that the cost of loss is grief: losing is the price of my grief! I send this letter with tears in eyes, love on my tongue, but with love and hope In my heart

Life's not lost to death but the minutes, hours, and days of uncaring ways. Unconditional love delivered in delight!

By

Almedia Knight-Oliver July 17,2012

Letting Go

Letting go and holding on are bold affirmers... Spent hours, days, months and years on painful things, and stuck in situations ...then one day in spring all things sprung up green, high above gleaned floating, roaring dark clouds, flashing lightning striking, busting right before my eyes... then down poured seen, and unseen situations- -that countless years I'd held tightly in my pit... Tears and rain entrenched things deep into my ditch...I Tried to pull them out but could not! Exhausted! ! ! I kicked the stuff out of my way... Then pulled myself up by the root and moved on

Life Is A Symphony...Death A Melody

Toni, caring and compassion were a symphony of smiles, and your compassionate words the conductor When we first met, your hearty laugh was a pattern, and design to cut, stitch, and that made a lasting relationship between us until death

I remember a special time we met, in your home, a good while ago: you, husband, and those 'fabulous five'a chorus in harmony in the background of your home

Oh' what a beautiful sight, sweet harmony for attending ear and a mind alerted to patience and love that you gladly gave to all

Toni, I sat in wonderment watching your children wrapping around your legs as you laughed in delight...I remembered winding around the maypole at Benson High School...But the narrative continued still In amazement, I watched happy babies-must've been the twins or the ones in between, climbing up daddY's legs, reaching his fleshy football chest, and were lovingly tackled...daddy kissed each for making a touch down at the finish line!

Then decades passed and the children grew taller and bigger, so did your career bulged with love and care, for special need children that you endeared like your own special one, until the very end.

Toni, the past year and the one before our texted words were a harmony of sounds echoing every morning; they were wrapped in rainbow colors, shading lighter and quieter, and finally faded into absence, Saturday 3,2014.

Although, no more laughter, no more designs, but you'll forever be a song of memories treasured by all.

So long my dear...yet your spirit will be felt today, tomorrow, and future years evermore...

Lovingly your

Tee'

Lit My Fire..

It may be cold and gloomy outside today, but it is warm and bright this old house. A clear cool stream flows over rocks and leveling off, and then I melted into. Blades of grass I rolled over scenting green, and well being, and melting into. Dear Oak tree! I lay me down beside you, sensing your rough beards on my face, and into you I melted. Black dirt that I rolled in my hands, squeezing the dough through my toes, and I melted. Sitting by the fireside, amber flares in glory: a dream of a fading flame that hadn't extinguished yet

By Almedia Knight-Oliver November 23,2013

Live Out Loud: Our Ilana

The golden-rayed flower of the daisy family stands tall in garden's soil. Mother- of -pearl, breathes and pushes hard. Tiny baby quietly enters yelling: "I'm here to live out loud" and taking her rightly space on earth's dirt, as spectators welcome her arrival gleefully:

These happenings were 15 years in the making and lay humbly behind Her Birthday day, July 7,2013.

LANA:

Symbol of love and happiness: pride and compassion- loves humanity out loud! "I'll do it, and tons of "I love you" -sayings that sound loud! A poet, writer, painters, sculptor, and performer: an artist out loud! "One love, one heart, one destiny" you can live out as loud as you want. Happy Birthday! !! Ilana/ Na-Na

Long Life: There Is Only One Difference Between A Long Life And A Good Dinner: That, In The Dinner, The Sweets Come Last. Robert Louis Stevenson

Mother tree seals off each spot after each leaf drops: red, yellow, and golden leaves blanket the ground, the soft breeze toss leaves about feet crumpling and ruffling their sleep still coursing to a place to rest.

Memories call me back in ripe old age as fall beckons the summer to spread its rays again. To find my way back there, I'll weave through Spring, right into the blistering heat, head whirling Can't get a grip and tripped over fall

under winter's shade wishing to fall into dark earth where I'd sprung... Great goddess wouldn't take me back home.

Awaken joy is light. Looking in the distance sky where Momma told me everlasting life lies. Looking up at the stars shimmering around the moon! On the right, I see majestic mountains peaks in the sky Down below, I scent flowers and cut grass that grace The soil where I lay.

"There, there...these are just markers for my grave"!

Springing up like lush green grass squashes turn yellow on my vine dreams of cooking them until mellow... while mellowing out lives rough edges. Shame and blame are no fault of mine, spent my entire life pushing against the gravitational pull of Hades.

My mind wants to stay on the lifeless vines creeping up the side of the house. Mind guide my feet, keep steady the light my hand holds. I'll blow my light out when I'm too old. Now: Pass me some more collard greens; a stuffed bird with Cranberries on the side; a bowl of potatoes salad; and A dish of banana pudding, for show...

If a long life is gluttony: devour it!

Love In The Rearview Mirror

Sitting in the back seat, Seeing his eyes glancing Right to left, as we drove along-Side the grassy knolls.

His dancing eyes held me tight in the rearview mirror of the car my captured heart trembling while being held under his command.

I watched the moon rising In his eyes and his pupils Lighting up the dark highway And endless sky above.

I peered into his tender heart visioning the essence of the purest love permeating me and beyond

Revisiting times your eyes lay on mine, Feeling your lips on mine and Your heart beating with mine; and the heavenly choir singing 'our love is anywhere'

Almedia S. Knight

Love Is Every Where

Love is in the air...it's every where: tree swaying in the breeze thousand points of light bright giving all delight Love makes cows jump over the moon... Look! ...even the dish runs away with the spoon Love is everywhere... Why not give it a go?

Almedia S. Knight

Love Is Still Love At Any Age

Our love is still Love at our age:

After our first meeting, our lives became a love poem, with Art. Wearing plain shirts, slacks and hats...we climbed the Hill upon Sunset Park ... watched the sun setting into The orange values of the horizon...behind the Bay Fronting the island of Manhattan

We had many moments in love: a meadow of Of smiles, mile long kisses on cheeks...holding Weakened hands that love gave strength...a love like a clear Stream flowing beneath the memories of lovebirds crying out, In another time, in solitude

Roses placed in shaking hands by quavering hands in pain Drooping red and pink roses, they sacrificing their beauty that... I may be a lovely bouquet of love...

Widower and widow, strong in character, and mind stronger than body And having experienced, that love is still love at any age: we remarried In due time from, which love we're made, and in which we'll disappear.

April 8,2014

United States...Brooklyn, New York

Love Is...

Love is...

Love is dancing cheek to cheek at the prom Love is walking hand in hand on the way home Love is night after night awaiting a call on the phone.

Love is...

Love is tears flowing from cloudy eyes Love is the trembling heart of the bird that can't fly Love is 'gal keep your skirt down so he not stupefy".

Love is...

Love is when he ask your parent for your hand Love is when he says I want to be your husband Love is you and I exchanging wedding bands.

Love is...

Love is lies, fantasies, grandiose, and half- truths Love is helping to supply his 'false-self" while being a deaf- mute Love completes itself in one or all these truths.

Love...

Who's Love?

I can't talk, yet can lie, can deceive, even kill.

You can't see me; yet I can be see in Sleep even awake.

You can't touch me; yet, I feel your pain, Sadness even joy!

I can't hear sounds but you hear my echo

I can't cry but can make you shed Many tears,

I don't have a language because You speak me

Therefore, if you're not ME then, WHO"S LOVE?

By Almedia Knight-Oliver December 9,2012

Love's Life

The first time We met Strangers no vetting

The second Time we met. We talked. You left.

The third time we met. Bygone meetings faded Into blank space

now love lies between heaven And the earth- beyond consciousness of Rational thoughts, feelings, and perception:

The sun rises in your eyes. you gave me the moon and stars as gifts to the dark

Our love is like the endless sky Does it matter if a heart fears Like a caged animal's heart?

Love captures blindly devouring its prey.

Almedia S Knight

Man And His Dog

Here, here, here, Princess My little puffball My baby girl wants a Christmas tree, yet we can't have both, come let me brush your silky mane My, my, my girl! May I manage the black streak that waves your back?

>>>>

Time is slowly gnawing away the years that I can't hold back, nor the memories Of when I was a tot Depressingly, I'm not! Don't howl girl, I feel your pains Distressing your back and legs. Sorry girl, time can't be turned back Just slowly moving forward in my space

>>>> 'Princess dig a hole I'll bury your bones'

Beneath the ground lay man and his dog.

[I'm still pondering why I wrote this poem. My grand daughter wrote ('River, Tide, Run'on poem hunter by Ilana Sabio] before I wrote mine. She doesn't know why she wrote it]

April 23,2010

Many Rains Ago

The anniversary of your birth we celebrate...

In heat, in snow, and in rain and sleet

America and countries everywhere emulate

Some sighing, others crying, still others swearing and hating long after your death...

I want to tell my memory to hush talking about those old dreams of many rains ago:

Momma told her four girls to be careful of the ones you meet, day in and day out white men prowled the gravel roads looking for a prey

"Girls, y'all run fast into the woods and hide, and don't come out

until he drives out of sight-or worst stay all night hiding out! "

Memory, keep telling me bout what the old folk said about Emmitt Till's body rising

From the river bottom so swollen 'til nobody could make him out

As bright as daylight, I heard Momma's tears raining hard in her sleep,

And her dreams dreaming loud anddeep

"Have mercy on my soul they done killed that boy

I wish his fore-parents had jumped ship many rains ago! '

Now, where can I go, a black widow, five boys, and four girls

Living off black soil and cursing the red clay that can't even make hay

Aside from the soil and red clay, forty acres and a mule, cows and hogs,

and chickens and all can't be moved anyplace! "

The rain slacked up. The arching rainbow still bends toward hope...

Women and men of all colors, celebrate Dr. Martin Luther King's birthday, and his dreams!

Dr. King, many of your dreams have come true, still we're dreaming your dreams: silently and out loud evermore >

Marriage Announcement

God has given us one more piece of life, we're taking advantage of life the best we can, and wish everyone would help us 'prove to men [women] how wrong they are to think that they stop falling in love as they get older, since they actually start getting older as soon as they stop falling in love" With such love brimming and joy bubbling. It would please us if you partake in the overflow!

Claude and Almedia will wed -in a civil ceromony -November 5,2010.

Everyone, allow us to share our wedding vows, that will be recited during the ceremony:

Wedding Vows

I, Claude, embrace Almedia, to continue to share my life with your life in good health and poor health, in strength and weakness, in joy and sorrow, in smallness and greatness and just everyday life: greeting each other each morning and closing our eyes each evening. Let us continue to drink from the well of loving each other till we return to our ethereal place in the universe

by Claude H Oliver ii

On This Day I Proclaim My Love:

When love beckoned I followed him, though his ways took Me through some tough terrains, Now, the landscape is so beautiful! A love that none other can dare A love that has roots if shaken will cling to earth A love when wings unfold I'll yield forevermore A love that'll survive sickness Even remain alive in death.

The sun rises in your eyes and Sets into the blushing evening. We wing and ascend into heaven

Dearest Claude! I've loved you since the first moment we met Ane i'll alway be your loving wife And you my loving husband for life

by Almedia Knight

Measure For Measure

What you give you shall receive, unaltered or The Karma you put into the universe returns unaltered...I believe

Love and you shall be loved Hate and you shall be hated Plant fear and you shall live with fear Judge and you shall be judged Smile and you shall receive smiles Help and you shall be helped Hug and you shall be hugged Be the best person you can; in return other become the best they can Carry the truth with you and you shall be met with the truth Follow your bliss and you shall be met by paradise!

I wrote this poem (9/3/09) after reading: Steven SRS poem "This I believe" (I wrote this poem in 10 minutes- no editing, some thing I never do. I write and rewrite)

Memories Are Made Of These

Walking barefoot down the dusty dirt road right up to the old house wrapped in porch's arm. After graduating high school and those things left back home. Still holding onto rustic memories of gathering eggs, Milking the cow, cupping hands full of cool water from The springs to drink: all these are memories of childhood years.

There are times when I must close my eyes to now's reality to be place myself in space and time of my gangling teenage years, and warm memory pillows of pains and not die, and to live on. Long ago, he placed his class ring on my finger, blue and gold high school sweater around my shoulder, and another time was our high school prom night and when I heard a whisper in my ear: "You look so pretty in that pink, strapless voile dress, and bobby-pin-hot-combed-hair stands the test of time"

Time and memory keep on turning pages of chapter after chapter So, I read about the two slow dragging all evening into the night, before heading home before midnight still dancing to the grind of gravel Under their feet... Yet, nary a complaint of weariness nor defeat, in a vigorous and happy-go-lucky world where even if bats swung up side down on limbs. And we couldn't stop sniffing fragrance of wild flowers in the south wind.

The night slept and the midnight wind danced to Chubby Checker "The Twist" and my heart danced to every beat of our hearts... I felt an awkward but gentle kiss on my lips and hands around my waist enough kindling to start up the fire! When we arrived at the door, tears commenced to flow with no place to go, or a hankie to soak up the flow. We unlocked our hands. He used his index finger tip to wipe the tear.

I'm grateful to my memory for storing, encoding, and retrieving occasions and events. On account of my mind, I see, hear, and Experiences of my prom night; my high school beau, and the flowered memories of my life on the farm; hoping you delight in my bouquet and keep the scent of its lasting perfume. Brooklyn, New York

February 22,2015

Memories Of Brother Dear

Saying goodbye is easiest to say, but Living without you is the hardest way Your life was a blessing, Your memory a treasure, And missed beyond measure. We will never forget little things: Your soft voice, sideways smile, and Gentle laugh. Memory of these little things could Dissolves grief like morning mist With the rising sun. Brother, you would want us not to Grieve for your going away, Not be sad for a day, for with God's armor you fought hard and Won until the close of your day. Oh, that we should gather spring Flowers to remember where you lay. Stay a few minutes, then go, and Remember only the best as you rest.

By

Almedia Knight-Oliver

March 14,2017

Men In My Life...

My first puppy was fresh as mamma's morning biscuits. I cuddled him in my arms, buried his head in my bosom I kissed his cold nose, that warmed my heart very! Then, I watched my puppy love grow way past our tender years of youth.

Oh how lucky I am to have known the first man in my life, Though, I lost him to the dust earlier enough. Still, he left men in my life to act against the tough. Each one holds a special place in my heart: Even staked out a place for them, to Stay with me on the other side.

There're four men in my life, still: My husband of recent years, and Three sons each in times ago These men in my life I love so!

Mom Accordingly, You Are Loved

When I look in the mirror, I see your face.

When I eat biscuits, My, how delicious you taste!

I see you in my red stripped kitchen towel, carefully drying your cast-iron skillet

I smell you in the aroma of Louisiana coffee, waffling throughout the house.

In spring greens in botanic garden, I feel your green thumb.

In snowy winter nights, I feel your warm love blanketing me

In nightmarish day and night dreams, Mom, its thoughts of you that calm my fears

Mom, I see the whole of you in my sons, daughter Grandchildren, and even the unborn

Mom, I see your eyes in the stars; your smiling sun; see you in the oak tree gently pruning each branch!

Almedia S. Knight (ASK)

May 9,2009

More Than The Story Told

Our dwelling was one room, one window One door, not even a keyhole, but a latch To keep her and baby son in and others out

Way back there when things were not yet full with age the same place we are now...the post hole digger

leans uselessly against the splintered barn door and day by day the leaves of grass had begun withering and the flowers falling everywhere

At the time I-greener than the leaves of a spring leaf bleeding tears while seeking a place to rest before being planted in the richest soil, and baptized in the running water that had reached its comfort level She was fresh like momma's first mess of turnip greens And as tender as any slab of fresh killed pork hanging To dry in the old smoke house during yesteryears even Further than the distance between where she stands right now.

Are you religious or spiritual?

Weighted with questions with no sight of any answers in tow The brain leading the way and a deluded mind painting Symbols, forms, and shapes like a poetess or artist aspiring passageway out or to escape and create a reality

Sing child sing! Praise child praise! 'Just yell amen for authentication! ' Church full with the sacred and profane-can't tell whose whom Unripened ears too green to come to know how grown folks walk and talk Mowing grass not their own and flopping in dirt as if it don't hurt!

Mother-tree has more to tell, though, bare and standing Despite leaning from the mighty winds of time trunk grey worn from years of losing one seeds after another boughs are bare, along, and lonely The fallen seeds are grown with trees of their own... September 27,2014

Mother Earth

The sun slowly sinks below her golden borders as darkness falls over all life form.

Tears of compassion spring up as she watches over her children: the Squirrels and birds and the tiniest insects; her helpful angleworms and worthless plants all lay sleeping on her tummy.

She reaches up to the sky, closes the golden gate, and turns off the light.

Then, In infinite love and care, she places her finger on her lips, and orders silence everywhere.

She lay awake pondering on the morrow.

Mother...Look At Your Nature:

Wrapped in green grass And other green things, Beautifully laced in pink And white blooms, A canopy of blossoms For thousand of strollers, Flowered heads fresh out Of priestly cradle, Perennial rite in spring, Eastertime turns Mother Earth Into glorious paradise, Pink and white snowflake On jackets and hats, But all delay leaving to stroll hand-in-hand, Promenading On Floral carpeting, Besieged by Brooklyn Botanic Garden's ritual of spring.

Almedia Knight-Oliver

Moving And Dreaming:

Fast moving down, up, rounding curves, as Astonishing morning scatters glow And joy throughout and blue overflow Bushes huddling and whistling wind upsetting Chatting chickadees and ruffling feathers, they scatter. Still, heel and toe slowly rocking and leaning into curves asserting my pace against the wind, becomes winded. Have to relax my pace. So still are feathered friends strung along the nearly bare limbs. Relaxed. They ruffle feathers and wing. Relaxed. I stretch my limbs and my dream flew.

Moving And Dreaming: # 2

Out and in morning's blue, moving up, moving down dew-covered asphalt ground, snaking around tree lined curves, progressing in morning's blue, warm air embraces face and moves around huddling bushes ruffling chattering chickadees unsettling them to wing; still rocking heel on toe, leaning briskly into curves, falling into dreams of our first kiss that roused, setting in motion all that is in spring, half- bloom- youth holding hands under yellow moon, rising from far east giggles wash the shame-face cradling in his waves couldn't help note heart yearning, feeling love in night's filled mist.

Bones lacking mass, wobbly legs...eye lids falling like autumn's brown leaves. Slouching nearer to sunset still. Desiring dawn. Days are shortening. Summers gone. Falling leaves absence life. Feeling chilly. Append ills, Icy tomb. You just wait! These living feet still warm. I'm ready-perhaps not prepared. Still dreaming and moving...

My Journey With Grief

Annoyed with grief, yet not letting go of her dead body.

Still remembering entering the emergency room that eve when I was halfway to where she lay supine and incapacitated and caught sight of her anxiously watching doctors, and nurses hurrying from one bed after another, but when gladdened eyes spotted me nearing the bed, with head raised, smile wiping tears from her eyes and saying: "I'm so glad to see my family! "

Her face and eyes were shining like Zodiac constellation and I had no expectation that anybody of the zodiac family behind: Capricorn Pisces, Taurus, and Scorpio of mama and papa's girls, would cease shining even with the lightweight tube split into two prongs, hooked behind each ear and in each nostril; and her intent pulling them out and mine putting them back.

I left sooner than I should've- - was sick too-besides it was pouring rain and my husband patiently waiting outside for me.I bowed down, planted a kiss on her rosy forehead!

Before I left, I told her I would see her the following day then forlornly, she whispered"Come early"

Oh' if only I had stayed longer perhaps, I could've countered the voices of the dead beckoning her to meet them on the distant shore the next morning But that morning, while still home, I received an untimely call describing all the things she had done to save my sister and me weeping at the same time asking

the doctor why, she let my sister go before I could get to the hospital?

"BIG SIS" I'm remembering years later after mama and boys left us behind wondering

who would be the first of her septuagenarian girls to meet her and our brothers on the shore.

Too, you'll never know the many times I heard your heart beating, your chest wanting

to get away from the cold chills, wet sweat, ringing sound, unwanted metal taste in your mouth;

and your hands and feet dead as a door knob and how I wish I would've helped, but was very troubled too.

And I want to apologize for calling you weak because, I know how much strength it takes to face this world every day, and with ingenuity, you created your own world, even times masquerading reality while fear and anxiety repeatedly conspired with

death and walked away leaving you in a state of fight or flight. I took flight like a jet airplane!

Oh my! It's hard to believe it's been more than five years since you left us behind. But, during every holiday season-like now, I hear that doctor's words in my ears and day in and day out I call out your name, and grief calls even louder!

Too, sis, I miss you, mama and papa, five brothers, a few nieces and nephews, and two years ago another sister left me behind too. Now just baby-sister and I, of the nine, are waiting on life's shore. Sadly at times, our baby sister can't recall the 5ws, and that leaves me struggling to recall who, what, where, when, and why life unfolds like this?

Sis, I feel so alone without our family, and after many years living with grief pondering if grief is just a dream within a dream and I'm grieving my own life slipping away like sand through my fingers, and leaving my family to repeat the cycle not knowing what to do?

But today, I'll spend time listening to memories of some of our childhood games and things: hopscotch, hide-n-seek, and chasing each other around the house, and wishing

I'd told you before you left me behind that I'd been conditioned to classical music. If I just see a piano, I see your long fingers- born to play the piano-slowly pushing the keys then softer and harder-sis you had such control of those black and white keys! Bach, Mozart, Beethoven, Tchaikovsky, and everyone else were proud of you!

But. I should not have told you that we were living in a different time and: "my heart beatin the rhythm, soul keeps on singin the blues and [I should] tell Tchaikovsky the news then to move over"

Sis, I remember your loving care when I had nobody else there; and when we spat, you would never sleep before calling to apologize even if the spat was not your fault.

I'll never stop missing you sister dear! And am sorry for not telling you so My heart's only solace is one day we will be together, maybe not in the same form

but in the same spirit.

"BIG SIS" although, your death created a grief-stricken road and I had to travel it, and learn how to rid myself of grief. Now let me have my say: I didn't know that one could benefit from hidden consequences. Sis, there was only a 15-month age gap between us. Now I know how the unique roles our relationship played in one another life helped me to find the purpose of my life in the midst of pain, suffering, and lastly grief...

Hush...I heard the door slam!

My November

Should I regret November as guest, thirty nights and days standing there bare like sticks and bones.

I sit wrinkled and merely skin and bones, fully immersed in thought of family and friends long gone, and now floating on the waves of death before being washed upon the beach of life.

Though ruminating past lives, still am fully in the present inhaling summer perfume and musing mood dissolving like the clouds being swallowed up by the ocean sky.

Apart from that, me-myself-and-i beholds the sun descending into the horizon within the place love and peace dwell.

Oh' how she loves strolling in Prospect park where pathways meet, greet, then part and continue the circle all over again...

She sucks in breath, feet grips the cracked ground yet keeping in full control of her mind.

The sounds of summer and sights dance well into the night!

Such sights keep her mind from raging with fear of the inevitable date with death!

That November has come to an end and the cold travels the same path as death, all dressed in her snowy clothes; heavy clouds spread over the dark sky, and below one hand holds onto the cane- as she trudges further into winter leaving everything behind...

November 19,2017

My Oasis

</>How long, should it matter or is it just desire out-living performance?

They lay beneath desert moon Turning toward the past Placing blame on the: Sand-blind -eyes Heart in bind Face in frown Idle arms Bridled mouth Now, passion upsurges!

His arm surrounds her waist His eyes gleam lust as Both relax in shade Hands stray Poetry awakes Passion stirs: male drone takes scent of sweet nectar -filled orchid; Fluttering, humming, and pulsating to the sound of wingsthen performs magnificently.

looking down into the face of her newborn babe hushed against her bosom suckled feeding warm-sweet -milk. Douse in delight, completing one another as warm cream fills the void. Her oasis, Her sanctuary. Their safe heaven to Dwell repeatedly. [this is a 2nd edition,1st written in the raw 2004 when my years of journaling morph into poetry. Copyright 2005

My Rendezvous With Love

Falling into the entrance point of a rendezvous with romantic love attracted to the physical traits enticed by infatuation, and after having been on the stage of isolation a large portion of life, and then solitude started a courtship with intimacy. Sometimes clouds eclipse love like the moon; and other times was on opposite ends of a day.

Advancing, evolving, devoting, and trusting and planting seeds of love to bud to grow everywhere, bloom, and to fill the air with perfume. Spring comes back full with red cheery tree fully ripe, and right for picking.

At first, the opposites attracted then attacked. Pure existence: love blissfully sleeps, and wake up in love while rendezvousing with the morning...

My Silver Bell

Just look at that sweet thang wearing that tight silver wrap! At a table nearby, he sat, inhaling and exhaling smoke rings eyes sparing not a minute off that sweet southern bell. yet keeping not his desire tightly under his cap, or his dazzling red eyes off her bell-shape bottom, and salavating like pavlo's dog. He grabs and held her tight! Peeled off her shiny wrapcompletely exposing her milk chocolate body. Extending his trembling hands to meet her offer, beads of moisture rising like the morning dew, cooling his forehead. The hard-eating chocoholic grabbed silver-bell off the table, tossed It into his waiting mouth, circled it with his tongue, the milk chocolate flowing down his chin He smacked his lips in delight...:

"I'LL NEVER EAT ANOTHER CHOCOLATE KISS"

By Almedia S. Knight or A.S.K October 3,2006

(This poem was written at a writing workshop. A chocolate kiss was placed on the table as a prompt.)

My Special Birthday Card To You

No words could be found that could tell you how delighted I am spending this special day telling you how lucky and privileged I am to be sharing this day with you, my husband!

I could find no words in the store that said, "you're My friend in good times, my comforter in times of sorrow-my reason for wonderful yesterdays, and my promise for tomorrows!

Too, I found no words to say to you: "honey I feel the same love for you today, your birthday, that I felt for you the days before-even before becoming your wife, and to make this year and every year the best in your life!

I couldn't even find final words to tell you: that this year's betters and worst, pains and sorrows, we stayed by each other's side today and tomorrow laughing and tearing in uncertain hours and days and not knowing what the future has in store for you and me This I know, without a doubt, the best is yet to come.

Happy birthday, my dear sorry I didn't have a birthday card Lying on your pillow when you awaken-but sometimes, we must "have our say" Here, wishing you a Happy Birthday! We'll celebrate this weekend! Perhaps, it wasn't such a great idea getting married on your birthday. LOL

By Almedia Knight-Oliver

November 7,2011

My Universe...

I want: To stroll in the valley for all it's worth So to ascend the pinnacle of our love.

I enjoy:

Watching you mow the fuzz and spread white foam and the scented aftershave on your face.

We delight

As we easy walk in the light of lightening bugs Afore being disturbed by mating calls of katydids. Then again lulled by the music of chickadees.

My Dearest! You're the lyrics of my song that resonates under the silver moon. We'll cherish the rolling tides of love And you the brightest star in heavens and my rising sun 'til I go down...

By

Almedia Knight-Oliver

September 7,2012

My World Begins And Ends With You

My world was steady, but couldn't adopt the pose Though, when we met my world became rickety... I sped into a place I'd never been before: in your space, then quickly began filling cracks and crannies in a lost soul-A contained soul wandering in a world befitting a pro... Gasping for breathe, loosing energy...I could barely defend myself!

Soon after we met, we sat facing each other while dinning out. My frail heart commenced singing the greatest love song- or was it Charlie Rich's record? Then my foot slid out my shoe; then rode up his pant-leg, slithering up his bare leg, and curled around his calf, and there where my world begins and ends still.

Even after so many years, I'm still asking myself: could or should You've known that his mother would everlastingly feel aggrieved when finding out that her friend and son were in a relationship! Saying to myself: since frustration high, energy vibration zapped. I'm weary! Can a lost soul be loved from afar? I've lived a fair number of years, and now ready to burn to ashes, and rise up like a Phoenix.

I had no intention- whatsoever- hurting neither you nor her I fell in love not knowing where I'd fall, or upon whom... now I fear my world ends without your smile; being deprived of your dreamy eyes; and fear of drowning in the high tides of life Most of all thanks for coming my way and saving my own soul Eternally, I accept that my World Begins and Ends With You.

February 25,2016

New York In My Mind

New York in My Mind

Late spring in 1954...I stepped of the "Streamline"... then onto Pennsylvania station wearing a pretty print dress... made from one or more of Momma's best feed sacks...a suitcase encircled by course braids and a cute bow on the side...that I totted, and trailing out onto 33rd street behind the man to his parked car waiting to take me and my sister to live with another waiting behind (in the hall-room) in a Brooklyn Brownstone. Taking form in my mind were: Fried fat back atop a couple greasy flapjacks (just out the oven of the iron stove) and savoring blackstrap molasses slowly awakening my palate My sister's boyfriend squeezed his car between the towering brick buildings-it seemed- unlike the single family homes that doted the lush green country side, back home...and oak trees standing up tough, widely spread limbs protecting the dirt roads...I'd just left down south

my Moma, the only safeguard I'd ever known...

Many happenings and events filled the spaces between five decades and half years

After that balmy, Sunday in 1954 that, my Momma felt that I must leave behind. I've lived in Brooklyn ever since... integrating my Southern experiences with New York's culture: poetry and writing, theater and arts, parks and botanical gardens and so much more...! Its such delight marveling the real and imagine with New York in my mind, and a generation of minds: four children, grand and great grandchildren...now my heart holds memories of New York and my home way back then...

By Almedia Knight-Oliver December 28,2013

Night Is Death's Shortest Nap

I sleep in death and wake after it passes Though during daylight, I try hard not to die

I tire waking up in panic at night in fear of sleeping and eating in dirt

Sleep is like a rose, death a thorns, so when I can't sleep. I try not to lie on them

They say sleep is like a baby but if I sleep like a baby; I just cat nap and cry

I love my share of daylight, but loathe the slivers of death.

October 17,2015

Noise Of Your Memory Is Everywhere

I walk to and fro and around and up and down Stay awake and dreaming my life away Wades in water just to get away from dreams, yet The sound of memory comes like waves and leaving me Standing in the river of reality drinking from a thimble.

The sound of your absence vibrating walls, and echoes Of your voice won't fade like the cloud...songs we sang crescendo and climbing to a height but not out of earshot Wishing your memory disappears from day into night And that no worse fate is mete out to me than the noise

I can't get away from your memory anywhere Can't look in the mirror without seeing you: On forehead, under eyes... the sound of the brute Force of lies, deceit, and uses love as a noun Loving is active and saying out loud: I'm sorry!

By Almedia Knight-Oliver

Now I Ask You To Pick Me

Look not at wilted garden were roses and gardenias once grewthat infurtle place were fresh firm fruits once flowed and unmarked cherries hung untouched.

Now take a look at your golden crop ripen to pick and happy as a lark singing and dancing all the sun long; with all this time we can play. A wish race through mind... will you pick me?

Almedia S. Knight ASK

May 3,2008

O Love In Your Conquest

O Love in Your Conquest

You captured her spirit-Now liberate her soul!

Bleeding heart, drenched gown Your sharp arrow effected

Strange tyrannical power You lay bare

We kiss, we touch, and I surrender all!

Almedia

Oh' What Stories Faces Tell

We spent last evening in the truth of our situation, with Tomorrow and more tomorrows hanging overhead, half dreaming, Spending the other half trying to drive out thoughts, late into the night. Then daylight cracked like Tinnitus exploding in my ears...burdened was two Pairs of eyes: half heavy with sleep that caused two minds unease.

The following day we delighted in watching the morning sunlight taking Over the dark, and yellow flame stimulating energy's forever flow, and all the While charting a course to combat anxiety, since mere thought of the infirmary Was cause for worrying concerns: Forms questioning past and present conditions, and treatments and medications (but muting all condition of last night) and all I needed was to write a song or poems.

More faces wore agonies and pains than grins and smiles...

Before accounting for the weak and the unsteady infirm, I ask myself why the front- desk- person had not read faces of wide- eyed truth; time lines squeezing between

Sleeping or awaken eyes... she would've read the man, head dropped, and alone, and

The woman back being rubbed by loving, and caring hands; and still others, probably watching days flashing by, of not doing what they wanted to, or being who they wanted to be, as a result, they waved them goodbye from the porch like forlorn parents waving good bye to their only daughter going off to college...its too late, for past time can't be relived...only death is left

Don't despair yet... still there's time left...so break out of that box you're in: It's alright if you're not on the stage; being a spectator, and cheering others on Can be fun...

Too, no need to begrudge what another has; for all things you desire are within... Be light-hearted or jest. Life is not as complicated as you may think...just go With the flow...

Be happy, and at

ease, and in delight you'll laugh yourself to sleep.

April 1,2015

Oh, How The Time Slips Away

Grey was my hair when we met. Young men and no men no longer held their breath when I passed Yet by happenstance we meet Laying bare heart and soul You managed to betray both. I was fully dressed in personal Accomplishments, when we met Had been ill and frazzled disease Had only real love to ease.

And you "love " quarreled With me days and nights... Monopolized by days and Nightmares by nights But time defeated both.

I continue loving kindly and softly, Even as a hail of words of your late wife's Feats troubled my heart to beat and Favoring another to render me Classless and defeated. [but I create my Class and am not easy to defeat!]

Enough, enough, enough:

"Come forth words" I'm poetess enough to call to my muse: Take my heart, break into small pieces, and Cast them to the wind Bit by bit they'll crystallize like like stars, then be ordered to shine Wherever you are. I fret, tears fall then you make sweet! I'll remain your flower and your angel when I die Love needs you, will you be with love, right now

Things seem to slip Through hands and Blend with winds. When love comes know i, and try holding on....

May 11,2006

Almedia or ASK

One Leaf...

One leaf autumn... Your Mother is doing fine!

Painting From Within...

Spring had sprung and the bud budded... Dreams opened into the beautiful rose of time Mind eyed a place forested with lots of colored candy canes-more Than, the small creative eyes, had ever seen, and mental factors comprehend Even, more than a minor child could ever experience

Strong first impression of the good folks before: imprints not weakened a-bit Desiring a higher floor, then step by-step reached the top...yet them Long-gone thoughts still push and shove; only to have its way again Like friends and folks pushing others aside: just to one-up and stand out Still, I equal small creative eyes; envisioning my freedom of expression room, To co-create today and yesteryears' eyes and minds: the source of inspiration that

Writes and paints on blank sheets the canvas of life....

Almedia Knight-Oliver

February 27,2014

Phoenix

I crawled on my own Stood up alone... Walked through teenage years Confused and laughing with delight Then the successor of my teen Shuddered through intense Turbulent times. Let me share some pieces of Mosaic young adult life: First a baby boy, without a career Had far less than more, yet bonded Following a long relationship Thereafter, mishaps stretched over time Then fizzled. Like Phoenix, I rose from the ruins Transformed, though, near the end And am living a brand new life again...

July 18,2015

'Please Don'T Disturb'

Self-eavesdropping on the mind Listening to optimistic sounds Traveling up and down Consciously staying with the flow Sounds looping round cells, muscles, And organs in flux. Caught the sound of thanks, from a source Way beyond the conscious mind... Infusing Joy and happiness, peace and love Throughout my body; and carrying the good news To my brain: 'A radiant spiritual being is alive! ' Linking with the Cosmos.

May 18,2014

Please Don'T Stop Loving Me When I'M Old

Our love rose in the fall of golden leaves, when rough winter roots for gentle plants in spring. We were planted in earth and grew and blossomed When I pass, place a rose petal on my grave

Sweet love is born out of two souls winds whistles; stars and moon twinkles In obedient to my heart, I entrust me to you Now, let's continue down lover's lane, Alongside grass holding holding hands Baby shrubs asleep on mother earth's lap Straining ears to hear bird Singing songs of praise and bringing to mind the good old days.

When the clouds no longer hold rain will you shower me with your love When my head is covered with snow will you forever be my beau When my eyes cease to be my panes Will you let arms my cane Please don't stop loving me because I'm old.

Poesy...

Poesy...

In my prime...you clipped my tongue and trimmed my wings...I fly... Like a bloom of freshness...poetry fills the page with colors that please the palate of seasons...creating images of almost anything...I'm giving grace to my third eye...Advancing in years...i was lifted from chaos...and placed in harmony with the cosmos...poesy you haven't reached that infinite depth yet

...Don't stop digging for bodies yet...passion reels by quest of muse... as my mind meanders through glasses of red wine... opening my mind to what surrounds the truth...

...Understanding...and gratitude that shines like the flaxen sun...

I bend down genuflecting to the rarest of rare!

December 13,2013

Praise To Dee:

" Find The Good And Praise it"

I found the good and admire it! Even though at first... I had no idea how precious you would be

You knew mother's son wasn't perfect With special needs unmet, and only You bring clarity to those musts.

Much happiness you've brought this man-...Mommy's little boy!

We're exceedingly grateful to you! For choosing to part of our family... You make our hearts flood with joy.

when storms of life rage The love you share will keep you secure

His heart aglow in Her heart Henceforth love grows.

October 2,2015

Present From A Thief

Papa always picked the smallest doll: Movable legs and arms held together by rubber bands.

Sneaking through the door In bare feet-not waking all And placing it in a box beside Little candies and fruits

The firewood snapped and popped Lighting up the house like firework On the Fourth of July...they slept. Was that terrible act Perfectly covered up?

For years, I called the action into question: Whose eyes the wool was pulled over? How could he in his drunken stupor Slip in and out unnoticed to Steal her innocence?

I remember mama sitting At the kitchen table, with A baby in arm, Another on her knee, and Starring down At the butcher knife. Eyes dripping blood as She looked at her little girls. Then regret and silence Slit her heart.

Years later... I visited her in the nursing home. She was seated in an old rocking chair with Head bowed; her silver hair wilted on shoulders; Each day's images and thoughts were Trying to dig a passageway out of her mind... I asked, ' why you couldn't -or wouldn't catch that thief'

" I had to wait for the grim reaper to catch him"

Almedia S. Knight or ASK, 04/24/07

Raining...

Morn, midday, midnight... Pouring off rooftops, down windowpanes, down my face, pouring hardship to absorb

Morn, midday, midnight complete, but I'm disengaged from my whole day follows rain and the advent of sun, and solitude finds its place in dry rest

Baring loneliness and longing for my sun and the injured sky rains blood without coloring my big star red, these increase energy in my bedlam! Yet, I'm not too absent-minded to intuit the omen: trees deprived of life, and as dead as winter's debris, yet outside, life-force continues its path

Seems, I'm losing the power of love and illness chainsawing and limbing and leaving stumps and no phantom pain... just the real thing! Such impotent optimism is cause to erect images of varied verse that I boldy penned: Erotic Flamingo, A Tale of Two Sisters, The title of my loving partner, Marveling the power of love against the power of death relishing beautiful morning thousand points of light twinkling in sky Cow jumping over moon, and dish running away with spoon.

Yet puzzling gloom and doom, still.

Raining... pouring rain dissolves not the love that burns in my heart! O' love is heart's conquest, but you O' death, I must surrender my body. Save for spirit among spirits.

By Almedia Knight-Oliver, March 7,

Rejoice: In Morning's Glory

REJOICE!

O' the early dawn spills through the blind The window and all around Too, your love rises with the sun Spills bright everywhere around Your eyes shine tender care in abound I must give praise today for, Gentle hands that caresses my cheek Hands, the manicurists that make soft my feet While I dream, they place water, pills, all Near my head, then follows with Coffee to wake my sleepy head The splendor of your loving care Gives me surety of pure love My dear dare see what I see: Gaze in your own heart, within Sits love in sheer delight, I dream of my being your feet in Your empty shoes, My legs in your empty chinos My arms in your vacant shirt Holding you tight with all my might My step, your step, one footstep My breath, your breath, onebreath My dear, what an awesome feeling! Both'll carry this morn into eternity...

May 11.2010

Remembering 'Joyce'

Your joyful smile; your joyful laughter, and your caring for others permeated the community in which you lived and worked.

My eyes never grew weary of your glowing smile, But now, my eyes are swimming in a river of tears, and my heart bounded by pain and grief. Yet, I'm certain your soul is delighting the heavens above.

My Joy, you awed me with the love you had for your family and others.

To observe that radiant phenomenon was akin to watching stars fall among the

Daffodils in your garden. You are with God every where-in heaven and on earth: I can see you in the field of stars, the sun is your smile, the moon your glow, in the flowers your soul will ever grow.

Shh...I hear a breeze- is it the breath of God whispering in my ears saying: death is a mystery of all mysteries

You inspired others to believe that God's love would be

Their comforter in times of pain and sorrow...

Away from home or at I despaired, you would say

"Meta" you got to have faith!

I'll never hear those words flow from your warm lips again,

But my heart will always brim these pleasing memories:

I remember those days we shopped until we dropped-

your shopping cart flowing- over with things for the girls-

even something for "Joe" -you could always find the bargains!

I remember the Fridays we sat at either my table or yours enjoying fried fish and laughing as the grease ran down the corner of our mouths... yet we never gained a pound!

I remember those late nights we spent in the boardroom

Ensuring the solvency of BEFCU-

Written minutes were no match for your photographic memory.

Now, I hold these memories close to my heart to use as pillows for my weary head.

Joy you had a way of helping others rise above the fray, You'll always be my "Joy" I'll always be "Meta" Good Bye my friend and my Joy!

Almedia S. Knight (ASK)

Remembering The Fireplace

the hearth, the place where tapestries of memories were woven by unknown hands, weaving truths and loose lies covered over by colored threads. That place where anger entered the threshold cracking, sizzling, burning, leaving scars for life.

A fireside where during cotton pickin' time colored men spent long days plowing the fields and no sooner than daylight disappeared into night, down pints of moonshine. Singing the blues and hoping this too will pass. Nowadays men and women cry the blues, and high on illicit drugs and hoping this too will pass.

Years of Saturdays ago, the family gathered surrounding old-uncle Bubba after he'd come out of the woods belly full of moonshine, head bad, and big mouth all set to "clean house" and getting off his chest old secrets about incest which during the time of his life was as natural as standing behind a tree peeing.

The loudmouth pigeon, spit out disputes like spitting-tobacco yakking about papa being in control of molestation, sex abuse, and mama and the children behaved and accommodated! While the story ends. Today, tomorrow, are new days, without a single mistakes in them yet- oh how we wish!

Now, going through boxes of things I ought to throw out or burn. My pen, paper, and mac keyboard will write timeless Stories, known, overheard while sitting by the fireplace, smelling sweet and sour memories, and cherishing the most treasured heirlooms of a family...

I'm in the autumn of life, envisioning sitting by the fireplace, entranced by flickering flames hovering between hues of orange and yellow; and grateful to eye happy children jumping up and down like flames toasting marshmallows to golden-brown... October 20,2017

Rest In Death

My soul rest from bounty days and years. With generosity, you gave me long life...thank you!

Now, family and friends surround me with love Read this poem I wrote for you, don't wake me let me sleep. Spirit needs to rest in peace. Ring the bells and beat the drums. Fill mouths with songs and eyes with hope.

Turn your heads toward the past. Recite and paint it magical meanings, Let songs and poems be my epitaph, And a soft bed upon my soul rest

Weep not for me family and friends, Raise your chin up like a rose raising it petals to dawn. Speak not of flowery deeds, instead plant each step In life's garden.

Circle my tomb, sing my last song; recite my last poem, touch my face, my smiling lips and silent eyes. Now my friends, my children, your children and their children, go back...

Gather memories, place them in Picture frames, dresser drawers, and backpacks. All these death can't take. You, others, still others...now leave! Go back to your dwellings As I rest with death.

May 8,2010

Return To Me My Lover

I rolled over into an uninhabited space in bed No arms there to hold my head. Seems like insomnia lay there, instead. We lay there listening to the thunder clapping; Rain on the windowpane tapping Oh, give mercy to my longing soul! I miss your heart beating next to mine, Your lips to sip like wine. Preoccupation turns into despair Days and nights rise and disappear Misery floods my heart. Dearest, return to me when Sun appears and disappears

River, Tide, Run...

Arched curled body washes ashore. Lost my head in lover's bed or seashore. Take care of that head:

Rub it Right it Swell it. Howling and swimming the aquatic plane moving hands kicking feet, yet no metamorphosis. Girl you're crazy as hell, his mistress instead of his farewell and miles and miles of nondirection and miss-steps. River, tide, runs, breaking up on shore. Strong-arms beat down door, pots and pans winged.... all went quiet, voices muffle on the floor breathing swooning cradled In his arms... like wave on wave drowning in Milky Waves.

By

Almedia Knight-Oliver Oct,17,2011 A warm thanks to my,13 years old, grand daughter Ilana Sabio, poet/writer/artist for permitting me to use the title of one of her poems: "Run, Tide, Run" This poem flowed from a stream of consciousness.

Rock Me To Sleep

I was moving actively ahead.... Then age threw me of course. I turned back my head. I want to be transformed or be made a child for just one day!

Oh Mama! Please come back from the godless ground below And wash my hands and face like in the far distance times ago From your kiss on my forehead all worries smooth Having nightmarish sleep, spells need hugs and kisses! The same old prayers quell not the fear; need a candle to cast out spells Rock me Mama... Rock me Mama...Rock me to sleep!

I must keep moving on. This timeworn body; my niche in waiting to hold in urn "Living isn't for cowards, " Mama used to say. Mama, please make me a child for just one day? You toiled for nine children, on your own, on life's way From pain and sorrow, not one tear welled up in your eyes Now, six lay beside you: I know you need to rest! Yet, my frail mind is tired of the dust and incineration of six corpses, and behind, you left thriving three, looking at one to another to see who goes down next! Rock me to sleep...Mama rock me to sleep!

One out the three, the child you loved most, loves not self and nobody else! Mama, which one of your nine broke your heart because it was not gold? One left your cold body in dirt far away...never wanting to see your home beneath the dirt evermore.

Mama please come back to take care of the mess you made before you left... Mama, I can't rest...I need you to rock me to sleep!

Oh Mama, why life this way? Dry these tears from my eyes, smooth The cares on my brow, color my hair, and face young. On this day, before I take my long sleep. Rock me Mama...Rock me...Mama rock me to sleep!

Rock Me To Sleep....2nd Edition

I was moving actively ahead until time threw me of course, then I turned my head back...

"I want to be made a child for just a day! "

Oh Mama! Please come back from that godless ground below... Wash my hands and face like the far distance days ago... From your kisses, you soothed the pains that healed the hurts... Having those nightmarish nights, your hugs squeeze out fears! Rock me Mama...Rock me Mama...Rock me to sleep!

But, I got to keep moving inside this timeworn body because; my Niche is waiting to hold my soul in in its urn...

"Living isn't for cowards, " Mama used to say...But Mama I'll be a chicken for only a day!

Papa died when you were young, leaving nine children for you to care for on your own...Yet not one tear welled in your eyes that has kept me wondering still, if your pain and grief were guided by will?

Now six children rest beside you, while my frail mind and eyes stay filled with the ashes of six siblings corpses...Frayed around life's edges are the three left behind...looking from one to the other trying to determine who's going down next!

Rock me to sleep... Rock me to sleep...Rock me to sleep!

Seems as if one of the three left, the child you loved best, loves not self and nobody else...the three that's left can't clear the mess you left... nor can my four clean up your leftover mess and mine, too...

Drying all tears from my eyes...smoothing all cares from my brow...removing my soul from the house, and blissfully joining you in song: Sleep Baby... sleep Baby...Baby asleep!

Rubi's Art

I never miss a special occasion.

Placing the rich red fruit on the canvas; peeling off The leather skin exposing a spongy labyrinth. Careful not to Injury the tightly packed red juicy sacs, She cautiously works her way down to the Delightful pearls...the finest art.

A picture perfect woman thou art: Virtue covers your person. Charm coats your smile. Warm colors encircle your heart.

My friend, go ahead, consider me disloyal- in partin my testament to your modesty and talent that you prefer to conceal, accuse me of "blowing your cover". You're dear to my heart; and I accept the charges of honesty and the freedom of expression.

Some are of "Noble Birth", others not, still others feel they ought" But, I'm partial and crown you queen of womanhood; vessel of life; a tree that bore luscious fruits to partake.

Take pride and delight in your fine art. Long ago, you started the image of your neat and orderly world and is ending every stroke under God's eyes-You are 'Rubi's Art.' "Ne Plus ultra" ...the highest level of excellence in all things

Almedia Knight

Rustic Love

We sat on the creaky porch- as Twilight replaced daylight-Watching the sun warm down in its slide into the colorful shades of the West. Tomorrow will be a day of awakening.

It seems everything fades away-Though, not where we sit, We are still here as things are out there, too The chirping sounds of crickets The scent of a summer roses... Even mama's pork smoking in the house

Your arms gently circled my waist The click of our first kiss, choking. Hearts quivering like that Of a captive chick (heart) Feeling a rush of wild wind-Untamed affection not reserved This moment-Illusion of greenness Explosion of age...

Almedia Knight

June 16,2009

Sakura Matsuri Cherry Blossoms In May

Sakura Matsuri Cherry Blossoms in May

Last night, Listening to the raindrops Pecking on the window pane, alerting thought celebrating spring With lady goddess that makes cherry trees bloom.

Night enters into day and Immersed into the gay; Garden exploes into patchs Pink and white blossoms sprinkling pink flakes for adults and kids to take.

Cherry trees are expecting all...

Don't you think so?

Pink floral carpet covers pathway. Strolling under the floweral canopy, Bloomed strung arm embraces, spraying Squirts of fragrance on each that passes.

Almedia S. Knight (ASK)

May 2,2009

Set This Moment To Time

My darling looks at the hands on the clock keeping pace with time, as yet, to wait for you and me, so come on! Let's just turn back the hands:

And make love under the shining stars, Under the wrap of the silver moon, While watching the world go by.

Honey we can do what we want to do Like, float softly like the clouds, Gather and huddle as one.

This is the time to roll each into a snowball Then melt into the sweetest drink, then You take a sip of me and I of you...Yum!

This is our moment to go with the wind North, south, east, and west My darling, we'll take care of the rest For our love is timeless.

Almedia S Knight or ASK

She Just Left...But Not Gone

You were the first on the scene of Knights third of the whole to melt into the night

Remembeing you like autumn scene, spilling colors down hills and riverbanks; and the golden leaves lay still about trees, tossing and turning and waking green in spring.

Oh this deciduous life!

rosebuds fall off after blooms

delightful song is not sung

morning bird's voice mum

children chatter has been hushed...

seeing grief rise; attach it to a thread then let go to God's wind. Then watch it float like a kite... higher, higher, higher, then fades out of sight.

Remembering her is our desire... and her boundless caring, we highlight

In our darkest hour your spirit will be an eternal light -proof that you left home and not gone. For your loving spirit will forever remain aglow in our hearts.

She Walked In Beauty...

From a distance: East, South, West, and North Surrounded and maintains balance going forth.

Upon mother earth: Supported and nourished everyone and merits each one's respect

Under Sun god: Your light shines and gives light, Warms, and embraces lovingly

Surrounded by wind: Sometime blows strong, sometimes A gentle caress from your breeze

With water: That sustains all life form That all know not thirst

Under moon and stars: Illuminates the earth, and Forever watches over your clan

Be in harmony with selves, forever Strolling in your beauty!

[In honor of my late mother on 'Mother's Day' May 9,2010]

April 22,2010

Simple Truth Stands Along

... some people you know all your life; some most of your life; still others, a short time in your life. his life was so simple and true that he would want to be spoken of without fancy words of poetic meters and rhymes. His truth laid out one knife, a salt shakers...simply put, Individual bags of Mac's salt and pepper, one plastic knife and fork-couldn't waste time figuring out what to do with silver in twosone napkinhis was sleeve just fine, one glass- filled with air... don't care, lacking candlelight in shadows still dust. Simplicity and truth alone and naked...

Almedia S Knight (ASK)

In memory of an elderly neighbor (lived alone) recently passed away.

Sing Like A Bird

Morning after morning not one bird sings The frozen winter yet creeps above, and below ground covered over with snow.

Trees standing lonely and limbs and forest bare Flowers not open yet for springtime shows Silence above, other than "trumpet sounds" -some says. Have endlessly fun singing "Tweedledee and Tweedledum"

March 7,2018s

Sitting In The Shopping Mall Watching The World Pass By

Watching some aged and thinking about the many the health care system can't hold.

Giving praise to passing parents, their young, inwardly aware early life is ephemeral and nurturing sustaining.

Quickly, glancing at teenagers wandering floor after floor, and wondering why they're not entering schools door after door.

Watching both males and females dressed in martial wares, and probably wishing their clothes were colorful peaceful wears

Seeing people lining up to wage their last penny and betting for certainty against expectation and probability.

Listening to languages of the world of bodies colored black, brown and white; some outwardly expressing affection for the opposite and same sex.

Hearing some speaking in tongues praising their God; some unbelievers, still others unaffectedly winding in and out of the crowd.

I should be shopping for some " Things" instead of shopping for words in my head.

Almedia Knight

So Mad Yet So Glad

Time occupies her beauty Few gaze upon her in awe Age like a winter day, too, a wilted flower in May

I have the right to be mad, while differing with gladness that befit past years... A loving wife to him and lived to bear children in his honor, only to

have death as in- kind paymentstill loathing the ever-present clock that stopped.O' my how anger envies happinessEvery speck of contentment diverge, where to....

O' how the heavens stores a thousand memories Return, return, you wandering things ago: when I fell into your open arms Thence our arms making a whole...

As I sit swinging back and forth Recalling summer breeze, as wind blow away time, minus delight in mid-ambiguity

May 16,2010

Sound Of Her Memory

Every day I hear the sound of your memory ringing loudly In my ears and the mind of my heart feeling the beat of your beings. Absent trace of songs and true stories: all of a mouth no longer speaks. Soundless, unreasoning, unjustified hostess [fear], host [you] and anxiety and phobia were sidebars. Number of years ago, a door opened and reluctantly she entered and took her seat, with quivering a heart, crossing her wrist and becoming captive of the dark. Its 3 in every morning, no sleep still, because the sound of locked doors, bulging eyes, howling winds and being surrounded by human fence. And she lay paralyzed in bed never to walk again because laden sound of fear fixed her legs and tied her tongue, as well as, muzzling voices of family and friends. Only when the sound of death loosen its tight grip on fear, did her face speak in glow and her mouth said 'I'm afraid.' After hours, her regurgitating heart and irregular blood flow ceased to be. The sound of the doctor was clearly heard: 'we tried to save her' Silent tears flowed as I looked down into her quiet face, eyes shut, partially opened mouth being fixed with a white piece of cloth circling chin and head, forever closing the sound of her speech. At the viewing, her left hand humbly rested on her right one in respect and honor of the Ripper, and leaving the sound of her memory...

Stood On One Foot

At Coney Island eating a Nathan hot dog, though smaller than ones in the sixties Nobody sat on the damp cold beach, and a small flock of seagulls resting on One foot at a time, hoping for crumbs to share

Loving a pastoral life and being a teen too, she was footloose and fancy free Though much later, Big-City-New York trained her to be still and steady And see ones' world like it is, and change with will

Several years before that turbulent sixties flow, soon after graduating high school,

She hopped on the path of shoals of mothers, fathers leaving the south, and Crying babies behind. Some crying still, and asking why forsake us then?

A long time ago when young and unaware, had no husband and no children took one misstep, then another set her off on a reckless course to destruction And living in the thick of the ruins, for a good while.

Later years, after regaining footing: with eternal energy, she just dances!

November 8,2014

Suffering And Joy Make The Leap To Ecstacy

I crawled on my own Stood up along, walked Laughing, crying, through Confused teenage years but Ups and downs of young adult years Is where it seem I began shuddering through Intense turbulence: poverty instead of a career Less instead of abundance, marriage followed several relationships respectively. Believing things happens in there own time All the while knowing that so did mine With mindfulness and determination The mishaps sizzled then ceased Then like the Phoenix I rose from the ruins Transformed and was reborn and I admit: Transformation was near conclusion, but still loving my brand spanking new life to the end.

July 7,2015

Sweet And Sour...

Sometime you're sour, times as sweet as Abstract dreams...I can see through the glass of syrupy chatter, and sweet lemonade.

Relationships aren't perfect, nor sweet, and is supposed two people must give it taste.

Life can be sweet, friendship unripe, and some time the juice is sweet or too sour to swallow.

Yesterday's lyrics had peculiar sounds, now I'm addicted to you and your librettos.

January 28,2017

Almedia Knight-Oliver

Sweet Dreams My Love

I know, I know, I know, that By phone we just spoke, but This could be my last croak Please! I can't walk Nor talk alone [without you] It's enough standing old and bare like a tree Will you forever stand with me. Oh my love, String my arms with green leaves Place silver rings the length of my limbs Now I stand trembling... hold me dear Our love shall Everlastingly be: True love, true love, and true love Eternally!

Good night my love... My poetic pillow for your head

Love Almedia

A day, not in May.

Thank You

To make it out and call myself The STAR with a spotlight Would that be impossible to ask If you were to guide me through it?

If I was to ask you whether or not sky is blue or the grass is green Would you guide me through it?

Lost with confused words and Hopeful ambitions Where can I go to if I need your help and guidance Would you guide me through it?

Crying with prayer above the sky Reaching high saying TAKE ME LORD TAKE ME NOW! ! ! And you come reaching down and grab my hand with your own Color tone difference and all Would you guide me though it?

For you were my help and A soldier of understanding through my days Where the tough was easy The days were mellow with a sunshine smile and a wit of a youth in the southern plains

And for I asked if you would guide me through it? What I got in return Was a hand of the scatter-mind elder And a friend I can call mine

I dedicate this poem to Ms. Almedia Knight. A co-worker, a fellow poet, a scatter minded elder and a friend. For this you have helped me with your understanding and your integrity of the life on another plain. I write this poem because she has

held her hands out to me time after time and for that I love her dearly like my grandmother (I don't know my own grandmother lol) . For your wisdom and your guidance, my spirit was renewed and changed for the better. Thank you Ms. Knight for everything you have given me and so much more. As the Buddha said 'Let the wisdom flow within the mind of the fellow and shall one be within'.

Thank You: From A Dear Friend

Thank you

To make it out and call myself The STAR with a spotlight Would that be impossible to ask If you were to guide me through it?

If I was to ask you whether or not sky is blue or the grass is green Would you guide me through it?

Lost with confused words and Hopeful ambitions Where can I go to if I need your help and guidance Would you guide me through it?

Crying with pray're above the sky Reaching high saying TAKE ME LORD TAKE ME NOW! ! ! And you come reaching down and grab my hand with your own Color tone difference and all Would you guide me though it?

For you were my help and A soldier of understanding through my days Where the tough was easy The days were mellow with a sunshine smile and a witt of a youth in the southern plains

And for I asked if you would guide me through it? What I got in return Was a hand of the scattermind elder And a friend I can call mine

I dedicate this poem to Ms. Almedia Knight. A co-worker, a fellow poet, a

scatterminded elder and a friend. For this you have helped me with your understanding and your integrity of the life on another plain. I write this poem because she has held her hands out to me time after time and for that I love her dearly like my grandmother (I don't know my own grandmother lol) . For your wisdom and your guidance, my spirit was renewed and changed for the better. Thank you Ms. Knight for everything you have given me and so much more. As the buddah said 'Let the wisdom flow within the mind of the fellow and shall one be within'.

Thanks To My Husband: 2nd Edition

These thank you words are for the finest occupant in the golden years of my life You're my quiet sleeping nights, my snugly warm hugs, and my loving kisses day in and day out.

Now, I allow me to give thanks and praises to that devoted, kind, and tolerance man:

Thank you for being there when I couldn't. Thank you for letting me be myself when

I couldn't be no one else.

Thank you for sharing my happiest moments, for listening to my saddest stories and being attentive even when needing a listening ear yourself.

Thank you for being tolerant when I go into my head leaving you outside alone Thank you for patiently being in attendance again, again, and again when I come out.

Thank you for being kindhearted inside and out. Thanks you for coloring me brighter, for lightening me up inside and out, and for warming me with blankets of hugs, and hot kisses that sometime take my ears for lips...

Thank you for loving fiercely and believing we can survive and thrive on our love.

Thank you for giving selfless another meaning, always putting others before yourself; my dear you changed my world and made it better for you and me - again, thank you!

Thanks you for making me laugh and even cry- - and more things in between. Thank you for being my rock, my anchor, and keeping me grounded. Thank for your loving kindness when burden with your problems and mine. Thanks you for the big things and the small ones as well. Thank you for remembering special occasions -even bringing lollipops when you shop. Thank you for loving me when I don't deserved it a lot or not.

Thank you for staying constant in an ever-changing world and for keeping normalcy in

Our world when it's filled chaos.

Thank you for putting on your best face in 2011 when our world felt it was falling apart. I felt your eyes searching my face for the answer to your biopsy. Thank you for courage and patience during your twelve months of chemotherapy, coupled with three mouths of aggressive radiation. Thanks for your fortitude, we made it through, and you're still you! Thank you for the twelve years spent together and celebrating our sixth wedding anniversary November 5,2016, but these years are incomplete: many more are waiting for us still...

Thank you for giving me all these reasons, though there's million more needing thanks.

Most of all, during my twilight years, thanks you for your loving kindness in making our world a better place for you and me, and family too. Thank you for remembering our wedding promises by holding onto life and not leaving me alone! I promise to hold onto to mind as long as I can.

Thank you! Thank you! Thank you for giving me reasons: to love again, to live, and to call you my best friend and husband eternally ...

December 2,2016 May 26,2017 2nd edition

That Night, Tonight, Tomorrow

The night of two thousand-four-Unlike all nights afore... Time went awry while sleeping Dreaming like Prince that night In nineteen hundred ninety-nine.

I feel the warmth of your breath Whispering in my ear; and my heart Pulsating and likely to burst; yet My old car is not up to speed, and Unable to-get-up-and -go, plus can't Take me to parties anymore.

The incoming ocean-tide I can't ride-But comfort from your touch I feel The sweetness of your kiss I taste Dreamy eyes lull the raging storm and Yet mud no longer holds back the waves

Still tonight's our night and Everything will be all right I used to sing the blues, but Indigo turns blue inside out I can say tonight is right and Tomorrow satisfactory...

April 23,2016

The Actor

Anger transference parallels strangulation Confused, fearful hands grab throat-but wait Don't lay all blames on perceive hands Count the invisible ones before, still Artist supposes the adoption of emotions to be acted upon like they're yours...do tell! Can such a thing Make it right without the wrong? Subject is too complex to answer so let blame have its way with all sorts of comebacks: Accusation's menu not brief and Decision look for comfort in itself Good answer to the quiz! Though, acting without love and gratitude will never make you a star.

By Almedia Knight-Oliver

May 23,2015

The Arch

"Life should be measured not by the number of years, But rather by the love shared, memories made: The joy given and the blessings received."

The people we meet across life's arch Cannot be measured in time neither age nor Judged or punished, rather loved, and shared Memories placed in caring hands

They've reached out to Small and big hands, multicolored hands- as fresh As sprigs in spring, others hands like raisins in the sun, even Outward into empty space of receding hands

I know

Injustice causes for fluster; but you mustered Called on courage and fought for justice Your journey spanned decades; you're extremely resilient Detached from regrets, the would and could haves Mounted on the rising, bending, and swirling wind And In delight watching them disappearing in the clouds Not casting shadows upon the azure sea below

When life throws hard and soft blows, you are prepared to soften shocks with prayer, a Constant and reliable companion; your supplier Of strength and the arch connecting earth to heaven

This special day is as warm as midday sunshine and cooled By your fans: close-knit family and friends united in love, an arch for you to continue to build on.

Brooklyn, New York Almedia Knight-Oliver

The Christmas Gift From Papa She Didn'T Like

Slipping in on bare calloused feetmy little ears had heard that sound many times beforeplacing the doll in the stocking where a peppermint stick, fruitsan apple, an orange, and Satsuma dagerously hanging over the dry mantle above cracking and popping fiery oak log-without waking anybody

Nothing seems to silence the Night after nights memories Of the Incestuous bed that even sheets couldn't cover up... Mama where were you? Will you'll ever know How my life turned out?

I can remember seeing mama sitting at the kitchen table [that was bare of cloth] burden with the weight of silence, as she nursed the baby in her arm, while another stood knee-high pulling up on her leg, as the other two girls[six 1/4 and seven] played in a room nearby Hopelessly and helplessly She glances at her little girls then sorrow fills her heart... O lord, redeem my soul!

Decades later...

I visited her in the nursing home Silence had weighed heavily on her head; Her silver hair wilted on her shoulders; and Tears commenced to flow Images of hell, She contemplates heaven at last! I asked, again, why you couldn't... Or wouldn't catch that thief? " Only the grim reaper could catch him"

Almedia S. Knight or ASK { revision 12/19/09) 04/24/07

The Crcle Is Unbroken

When I look into my eyes after sunrise I learn from an old face... and a body out of line Can't give up...cause my body's tell- tale burn likens The star... burning slow and falling to the ground

Round and round goes the earth...telling Good and bad times in passing a river of tears And babies crying trying to suckle-feed dried up breasts Lacking nourishing milk and love, to make the round and back Bypassing the old folks back home, them praying Time-after-time to atone their sins, still Knowing not who's listening in. Babies stomach full, big like a man, Standing tall still not on their own

The world I'm on, going round and round... slowing down... Smack dab between three scores and four years...whoa! Sensing I'd made this lap before, always ending up at birth Then age, finally at death, and round and round again Passing cotton stalks, limbs lined with white-balls during August, Corn stalks with ears of corn and long silky hair: cures all that ails Pigs wallowing in muddy pigsties, and speckle hen clucking And cackling trying to save her baby chicks from the big bad wolf And Momma widowed, young, and wrangling nine youngling alone Please, please, please driver, may I get off!

"Will the circle be unbroken By and by, by and by? In a better home awaiting In the sky, in the sky? "

May 29,2014

The Forgotten I

i know how it feels to be second and not Knowing what to do about it; and the first one refuses to care about you.

i know how it feels being depressed inside That small capsule with capricious unhappiness and hopelessness their prison guards

i know how i felt riding greyhound buses unnoticed by those seated comfortably up front, white-curtains to obscure Negroes instead of light.

i know more saints who kneel and pray Hoping for something magical in the distance and finding out Later or never that reality is just being.

i know how it feels to be forgotten and aloneOn a stinky garbage bin eating from a canAs passer-bys are cosign to oblivion.

i know how it feels being mother with a fully matured, broken-winged bird who can't leave her nest.

i feel the pain of the crying womb that month after month her flowers go to seeds, die, and never to blossom.

i know how i feels remembering theThe child I 'got but didn't get'and the deprived one could have gotten.

i know how it feels being the ignored flower growing through the cracked sidewalk unnoticed, like children slipping through the cracked welfare system

I know about beauty, fears, joy, and loneliness; I know about stories held, not told as signs of me; I know that poems are evident of our obscure being... Almedia Knight-Oliver January 19,2011

The Long Year Gone

Worn and tired

wind blown

Waves have come

waves have gone

Storm calmed and

Long washed ashore.

Long year gone and no reprise yet a break in year

Still sun rises and

falls

But we're still here!

The Lottery

The Lottery

Through their mind's eye, patiently they stood gazing to the sky, peering through the floating cloud, hoping to spot the pot of gold at the end of the rainbow.

From a shorter distance, a day in the month of May, and in the solitude of self, I studied the long line of Mona Lisa faces against expectations and probabilities. Some leaned on canes; others rode in wheelchairs; still others held up under their own weight.

As the single column shrunk, it grew with young mothers and their laughing children ducking under their grasping hands, and using them as Maypoles.

My mind got a glimpse of a young mother with a cute little house etched on her face for she and the baby on her hip, and the toddler tugging at her skirt. In the stillness of self, I was able to see beyond my likeness into the mind of a round- woman silently, moaning as she leaned on inflamed knees that ached for a knee replacement.

I even eavesdropped into the thoughts of an adult male, weighed down under jobless, moneyless, and homeless. The gold at the end of the arc is certain to replace "less" for "more", he thought!

I could not help over hearing the long conversation of two men standing side by side, in the single line, making loud talk: "I'm behind in child support payments and can't see my child, said one." 'Are you saying, you sat quietly in the courtroom waiting for a judge to evaluate your family's needs, the other asked sharply? ' MAN, we got to do better! We can't keep letting others adjudicate our worth and that of our families! Let's take back our dignity, and with pride,

place it in custody of our sons and daughters."

As the front of the line was dwindling, I plainly saw a silver haired woman, time lined her forehead; her eye lids drooping like weeping willow branches. Yet she held tightly onto the plastic holder bulging with blessed lotto cards. She fixed her eyes and mind to the heavens, silently praying that God would not forsake she and her three small grand children...though, she had fruitless results before.

The procession moved closer. I stood in awe at the speed and accuracy of the cashier's fingers pecking the keys; as the machine violently spat out handfuls of lottery tickets. And like a robot, taking customers money- at the same time-placing the tickets in their hands. I patiently shuffled along not thinking myself as part of the aggregate in the shopping mall.

Nearing the front of the line, I pulled my cell phone from my pocket, (Unknowingly) a ten spot fell to the floor. "Hello Boo. I'm good. No. I'm waiting to buy my lottery tickets. Son, hopefully the cashier has that "BIG CHECK" we have been waiting for. Okay, bye"

I leaned forward; handing the cashier my number list, then reached into my pocket and pulling out an empty hand. I wondered if gamblers count the times they lose or win.

The Lover And The Loved

There is gratification in unrequited love, though misunderstood and not reciprocated by The Loved. But true love's to be given, answered, and returned in kind - (are both loves one and the same?)

There's blissful torture in love, cannot get rid of the pain, and punishment shrouds Lover's heart: ambiguous feelings meet, greet, and never part like that never ending road circulating inside Prospect Park without end

Today, "I ask [myself, a poet], with [my] infinite capacity for illusion, if such [heartless] indifference might not be a subterfuge for hiding [Loved] torments of love"

Un-reciprocated love hardly has strength to fight for love.

Unrequited love sheds copious tears all over broken heart and its silence is the infinite curse of my lonely heart. But Unrequited love wont die but still wounds and marks and liable to die from a lack of true love.

When all is said and done, I'd rather see my Loved love go up in flame then without blaming and shaming the love within that is keeping the heart racing...

December 16,2017

The Old Oak Tree: Countless Wonder In The World

Canopy-tree hangs shaped by mature heads Sunshine filters through leaves of the trees Lush grass silently resting while watching Stars, the moon and sun moving in silence Sounds of songs and praise of birdsong helps To escape this nightmarish day and tomorrow's dread But this old oak tree lost the biggest share of beauty and majesty Domestic shade house no longer keep snow off the roof Losing bark is sign and more omens- or could be Skin infection, fungus is out and inside- -hush! Seems old tree is laid low similar to a crone What to do about things that time guides; be "Today's mighty oak" [was] "just Yesterday's nut that held its ground" or Tomorrow prepare for cleaning out, and Next day early morning begin pruning Old oak, and the following day to check To see what's hiding there and remove Any unwanted parts.

June 27,2015

The Power Of Love

Early on: the radiance morning sun infusing space and exposing me unbound I lay beside him, marveling aura waltzing behind my eyelids Could this be some kind of omen or link? I begin to hold onto his body, squeezing extra warm breath on my neck and delighting in the croon of his melodic breath Beguiled by the charm of his dreamy eyes my heart swelled and trembled like the heart of a captive bird, just then I knew my heart had been captured again!

At this time

fully pregnant with your love: appetite increasing, throwing up, nights devoid of sleep; and ecstatic tears dropping in heap bulging with pride, and lastly stretching, contracting, then gave birth to our love!

At long last A love I can never forsake I'm your lady... Will you be my man for my sake? I'll be at your command Come into my paradise I'll love and cherish you All of my life- -though my body is frail, yet our love stronger I'm ready to commit to the power of love. Only as your wife can I hold onhere's my hand, here's my heart...one love! Forever...forever... my soul mate! (In dedication [to Claude H Oliver and Almedia S. Knight] of a heavenly love that has baffled both for five years)

The Songs Birds Sing...

Today, the first anniversary of the day we lost you, and not even a goodbye. The day two caged birds accepted each other. But flight (freedom) was what one of the two had longed for. The other to pull out the words that had pierced her heart. All these happenings revealed the day two songbirds sang.

Yet your loss taught me many things: how to separate hurtful words from a Being loved, known 7 decades and 5 years until that fatal eve the unbeknown claims exploded, and leaving a bewildered and confused family.

But with memories of 'A Tale of Two Sisters' I'm able to face each day by remembering 1954 when together we left home. 'I'd not long graduated high school and fresh as a wild flower in May you'd not finished high School still' yet we headed to New York. Happily lived a tale of two sisters till 2 years before your departure.

Too, today, I'm full of sadness that you're no longer here. And will never hear your funny jokes, occasional expletive words, but 'Pookie' your expression of love stands out, with your creative business traits guiding generations down through the years...

Today Sis, Instead of weeping because you're gone, I'll sing away my grief. Believing that I can benefit well following the ways of the songbirds when they stop by again and tell me: maybe you lost your sister, but not the whole world-Birds and other and life forever lives.I'll listen to the songbirds sing, even if some words are pretexts. I know our our inner bond souls shall stay together forever...

July 28,2017

The Sound Of Love Anywhwere

Not long after we met, the sound of your love lulls me to sleep; your baritone snores lifts me up from the lowest point to the highest point in my life. When awake I hear you; in my dreams I hear you there. Love sprang from you and calming my doubts Your every morning breath blows me out of bed, then connects " good mornings" apiece, and jump-starting our day. I hear your feet announcing you're home Sweet lips met tasting the cherry on my mine Our hearts speak love with every beat Love kisses each others cheeks! I can't sleep without your noise: my breath shortens When you're not home- heart lengthens afterward I look for you, but can't see you without seeing me Your image is in my mind in everything and anywhere; your love is like the wind blowing in a summer evening breeze! All these words typed on this mac keyboard are thorough and witness of a love complete.

April 2,2016

The Sound Of Love...

It's 8 am in the morning...

Silver light spilling through the openings in the blinds Songbird signaling today is his and her play date. I'm starting this day after nesting, in the circle of my lover's arms. Eyes could no longer sleep because the sound of this poem proclaiming a love as natural as birds professing songs in the highest note, arousing voices and images, seeing and hearing you in my mind, and beyond. Permission is given to cease light dreaming to dream out loud! So...I stay nearby my poem and see, taste, feel, and hear you anywhere, whether in my dreams or awake. Dozing off in your smile while, wide-awake in your dreamy eyes. When your arms wrap tight my waist, I feel the vibrato of your fingers like sweet balm medicating my spine, while listening to the melodious sound of Ilana's Cello. After all's said and done... we rose to the sound and aroma of coffee, dancing under heat, reminding me of slow moving to the rhythm of our unique song Dear, you need to know that ever since we met you've been the pen and paper of every love poem I've penned:

I hear your baritone voice causing autumn leaves to fall leaving me shaking like a leave in coolness of the afternoon breeze Still, you stand strong like a Friendship Oak in my missed home State. You'll ever stay present in the words my poem. A love likens the spring Exploding and bursting Into blooms... likening the Sound of Love, and Resurrecting The Silent Death In Me...

By Almedia Knight-Oliver November 25,2012

The Tale Of Two Sisters

For many years I've wished you happy birthdays, yet there's something indeed special about this one, because it's a milestone in your life-and mine too!

That we have spent our entire lives together or in proximity comes to mind! To aid recalling portions of the yesterdays, let's journey back over some countless days and nights we walked to and fro on the dusty trail leading to the gravel road to school and church

...we often would sing, 'How much is that doggie in the window' and echoing more of the 50s:

Let's walk back down the dusty wagon trail again, with our double dates-Joe and Milton, when sap was rising in trees, whilst mama's teenage girls yearned for charming gardeners to make hearts bloom, and not forget to keep hugs and kisses out of Momma's sight.

Okay, okay, I know you're tired, so let's slow down

We've been traveling a long time...now, admiring the vase- filled birthday roses that call to mind that budding day in May. We boarded the silver streamline, carrying a suitcase apiece, a twine- tied shoebox of fried chicken, both lit into before, the train had barely left the station heading to a place that we had only heard of.

I hadn't long graduated high school; was as fresh as the blooming flowers on the hill, and you just 16 and in high school still.

Momma, after many years, I ask myself still: what were you thinking sending two tame girls, to a feral city to live with a 20 years old sister, renting a single room, and sharing a kitchen and bathroom with another- she hardly knew...? [Like me]... were you enslaved by your own choices and decisions and needing another or others to amend your regrets and faults? For goodness sake, why am I wondering still?

That Sunday in May 8,1954, my legs felt like rubber, a river of sweat flooded my forehead, and my heart was beating like a drum while climbing up the stairs from below...we reached the landing and the corridor to wade through an ocean of folks, squeezed our way through Penn Station, in New York City!

Ha, ha! Ora, just imagine the look on our faces when, we stepped out on the sidewalk of 33rd street, smack dab in the shadows of gigantic, never-ending buildings, and on to Brooklyn...

Then on to a place where trials and errors were not the best, followed crowds,

not knowing where they were going.

Watched setting suns fade against our spirit and making them poor...

Within a decade our family had increased by two: An older and younger brother had migrated too. Several years later, death ended their lives, and leaving their tragic tales behind...lastly, our baby sister completed our exodus from Mississippi...

Now, a half-century has passed, and our generation in decline: Now, four sisters rest in the glow of the sunset Laughing, crying, and singing, and wondering who'll be next as we wait for the going down sun. But nothing is exterminated: Ruins and death leaves residue. Everything is a beginning...

Almedia s. knight February 28,2007

Edited 8/20/2016

The Wilted Orchid

Silent screams and sobs in depression's tomb, the lonely bud rooms. Sweating and pushing `till it opens, slipping inside enclave, recovering the long lost jewel, hands and fingers commence crawling up and down each back, tongue slipping in and out of mouth, coupling and gathering and surrendering, warm cream slowly flows, reviving the wilted orchid.

(Written a rainy day in May)

May 21,2011 (final edition)

The Winter Of My Life

I spring to life in springs; bask in summer's golden suns Pick the ripest bananas, fearing I won't last until the green ones ripen. In the mode of autumn life, put myself to sleep, and sleep through fall With vitals parts opened and ready to start the following season

Winter days are getting shorter and darker, And earth unconsciously rounds the sun I'm wrapped in wintertime blanket of sadness, Trying to get settled for a long winter nap, while my mind Can't cease producing random thoughts of wrinkles in my life: Youth, adulthood, and middle age have made their rounds Old age grabbed me by surprise- yet I'm making baby steps from the darkness into light.

My mind begins orbiting about the years of my carefree youth: I Rolled snow into a snowman-this white piled upon my head is not the same. Another thought circles the distant time of playing-house outside- almost Like the real rustic home my Momma created inside: Made her cornbread from scratch cooked atop a woodstove ("Jiffy" was not that far back) : and drank Kool-Aid from chipped, Handle-Less cups from, one of the white folks as partial pay for labor As a child, I picked wild flowers on green rolling hills of the south Gleaned and placed them in a mason jar Desiring to smooth Momma's ubiquitous frowns, instead left them to be ironed.

I'm one of the old folk who have awaken and, am prepared for the afterlife-Now don't misunderstand me! I'm not rushing to leave the only life known to me: walking along the Water's edge of the beach Enjoying the texture of every grain of sand that greets my feet A chorus echoing in harmony through the air, of children Building sand castles with glee Watching evening suns sinking into golden horizons, like The many years lived, and am still blessed with the ease of life Breathing in only the things that serves me and out that which do not

I bought a red rose today knowing, this same rose could be dead tomorrow I'll wear the sweet fragrance of today: and the fragrance will be gone tomorrow... May 4,2014

Thinking About Us

As we cowardly grow old As we sit nodding as our books sneak to the floor As we rock and talk of to sleep

Lovely moments we share and No scarcity of delight grace our face

Four lights flicker and fade into the darkness

This poem descends Into silence of stillness But verses stay in motion

Almedia S. Knight or (ASK)

Time For Healing And Time To Love

It takes time to heal...

Oh Brooklyn, my second, and my last home Help me build a concrete bridge to tomorrow And plant pillars of sorrows deep-tears dry on Their own-pour compassion and love to cement

It takes time to heal...

It may feel like time will last every tomorrow It may seem like we're making empty promises by spanning simple empty space...but, after Building The Brooklyn's bridge, folks, we crossed over, and without fear of falling off.

We took the time to heal

This is not the time to spew hate, instead express love There's no time for fighting, and please don't bar peace...

December 22,2014

Time Tells Time

My mirror tries to convince me that I'm old. Yet I have a fresh face I'm told. So these furrows in this body I behold, as I recognize skin-deep beauty does not rebirth.

Still, I remember things way back yonder: Sculptured summer grass, Children ringing around roses With Pockets filled with poses, Barren tree leaves Floating in the breeze...woman! waste no time on younger years For the past archives still.

I'll never be older than the goddess of art. My lover, you'll never be older than thou art. Let the earlier years delight in the older ones For to understand the old-The new must been known and told.

February 2,2008

'Time Tells Time' 2 Of 2 Of The Original

Your mirror is telling you that you're a beautiful... Listen to it, not like me, who tried not to hear It reflects a face as fresh as a recently cut rose

Do not look for wrinkles Admire the shining stars Do ponder past moons, then Anticipate all moons ahead

My dear, distance before is not far back... So near you can smell sweet- cut summer grass, Laugh at your children ringing around roses, and help fill their pockets with poses

Fall trees in back yard stand barren Just you stand tall to bear all Just keep in mind the golden rule Your golden years will happen

Dear daughter, waste not time on bygones Just make right that you think went wrong

(Dedicated to my daughter Heather L. Knight: A juxtaposition of the original: Times Tells Time)

Almedia S Knight (ASK) September 22,2009

To A Loving Husband

That day stripped off summer things: Salved the burns from sun, heals scorched soul, now comes autumn to brown all. Now I'm poised!

Somewhere soul mates relax beneath canopied happiness, bliss replaced unhappiness. Since we not kin, love pours through veins, making us one in same.

From the depth and breadth of my heart out spranged love. Days after days and weeks after weeks completing themselves into years.

How many ways you present your love, Many times you supported me? Few times broke my heart, mending, then making brand new again.

A good-morning-kiss on my forehead and rich brown coffee to me in bed; Laughing and talking while sitting and walking; You're my ears, my legs, my sight gathering light for dark days and nights.

You enjoys my taste as well as my smell; feels my pain as it were pleasure. Dear, never let your hundred -hands lay limp by your side.

(May 14,2011)

To Hope: From Despair

All tell me not to despair, yet I'm worn and flat as a tire.

Yet my mind recollects the times we spent in the park. Strolling and talking, discussing old and current events, as well as the number one book on the bestseller's list.

And a narrative of happy times to leave behind to be read in spare times. About love poems that color our hearts red, about a ton of kisses you planted on my forehead about your strong right arm being comforting cane.

Drawing back the curtain of moments of birth: Look! the stained blue dress tucked away in memory's trunk; Look! those gentle tummy pinches or waves and tucks; Look! your knowing smile and catchy eyes were your line and hook. Listen! I hear your baritone voice calming my trembling heart!

Hope, I know you can't forever hide behind fear, in as much, as the sun behind the clouds. But absent despair, I stand alone. Dear family and friends let me cringe, cry, and dance with despair tonight and partner with hope tomorrow.

By Almedia Knight-Oliver

September 24th, the eve of the birth of my 2nd son and one week into a positive change in my husband's illness...two beginnings with past and present births.

Today, Let's Celebrate Our Love

The first day we met, fall had Changed shift with summer

There, two trees had changed colors, were bare, and fruit-less

The little winged boy launched his arrow, Striking, and seriously injuring two hearts

Darling, let's watch the sun celebrate Its Golden anniversary at the close of day

In praise: thunder claps, lighting strikes, Wind whispers sweet music in our ears

Here, sun beams, and dances across the sky, And the rainbow, with its bands color us pink

My dear, our arms shall not hang idle, And our lips will remain partners

Now, we're a bit old and grey, Eyes growing smaller every day

Pains mounting Minds slowing

Darling, when we sleep, our Poetry will be forever awake

Almedia S Knight Or ASK

Transcendence

Seeds, berries, and foods in short supply flocks of feathered friends made a V line to a place of plenty.

The existing regime idealism-over timecalls for changes in the status quo. Ethics and morals of our leaders "ism" in its existence has to be comprised or discarded.

Before...an evening star stood alone in the shadow of the sun. But on this blustery winter day an era of change is on the way. A morning star rises in glory to overshadow despair, shed light on hopelessness, and presents a gleam of hope on healthcare and education, jobs and housings, stable families...even an open hand to friends and foes alike. So that the whole world can live on a well-preserved planet.

For he proclaims the realities of challenges we face. Now, we're ready to help lead by showing respect to a medley of people, their values and beliefs that each will have a measure of happiness.

For we're a beautiful collage Gays and lesbians, Blacks and Whites, Asians and Arabs, minorities and majorities, believers and non-believers!

Now on this day (01/20/09) we recognize our individual wings, Collectively rising, fixing not your eyes on the past, but on the timeless words of The Transcendent One.

Tribute To My Family...Cornell, Michael, Milton Jr. Heather

I don't know the beginning, yet sense that two by two, Somehow, in someway another gave rise to others...I hear That countless centuries afore present human, our ancestors Gradually evolved over time. Minus homes, their offsprings Roamed over the face of the earth, not drinking from the same spring twice, and crossing over rivers only once

A progeny from a pair of long-ago originators created the Innocent softhearted one, who wandered over hills and valleys Drinking from a variety of springs, and her feet burrowed the way over marshland, knee high grass, right into a coach-whip's dens and she frantically bolted up the hill, and busted through the door crying out: mama, mama, mama! !!

Thereafter her wandering reversed, and teenage years offered Wonder instead, that occasioned her to fly out of her mama's nest. Without a plan she was left suspended in mid air, and with no landing Place in sight, until meeting another suspended from his household They Unfurled wings and flew into the foggy air, and following, he Disappeared in that air...

The whole world fell upon Henny Penny and her chick but they held it up. Relating to disillusionment, I consumed every word in numerous letters Then hungrily devoured every last one of those well-meaning word Bursting with bliss as the autumn leaves swirled, whirled, and madly Danced in the breeze...I headed back home, deep in the south, where Magnolias bloomed and purity and integrity were lost and needing to be found. Still

The ole streamline screeching iron wheels couldn't drown out the melodious thoughts

of our nesting place made of twigs, and lush green grass that ought to still lay in wait.

Years past still, I remember walking home from our high school prom and you wisely picking every last one of the twigs and grass out of my hair...besides my pink off shoulder dress had to look like it did before we left...and god forbid if something rouses suspicion in mama's mind what we'd done...!

I bet she didn't close an eye until I returned home but, "mama maybe you knew what was best then, but had to work out the rest..."

I'm still looking back and seeing myself going back on the same dark path without a

flicker of light on our future...but love kept the flame lit within and, I went back down there and dared him to extinguish the fire!

I returned home from the old south, again and again, carrying a seed planted in my womb-and only me to till...another baby filled the emptiness inside and the shards of two hearts lay bare...

Even after disappointments and betrayals hope and love remained. I looked back at all errors made. I took the same mental walk, in my candy cane forest, I'd taken many time before, and saw him sitting under the candy-cane tree in my fairy tale book, tasting and sweetening all the hurts!

Right here. We finally found each other again in the second to last chapter of the book...

The final words in the chapter:

Three plus one followed by two more equaled six and a house finally fixed.

After nearly a half century of love and vicissitudes, my Prince passed away, and two years after was replaced by another Prince, hence began another book and its prologue: The fresh green grass of long ago was cut short and it's a waste of time planting old seed in the ground...

We'll keep our minds likened to a garden to cultivate or run wild in poems...!

Mama, you're are far away in the galaxy and thanks for waiting up for me those times...

All of my four children left home long ago, but not out of minds and hearts! I wish you were here to tell me what and how to sleep instead of roused, I regret having left home without asking how you felt... two by two, and then three by three, we left you alone and lonely- I guess?

Mama unlike you, before I depart, I must tell my children-your grandchildren How much I love and care about them-though wondering if my actions show. I really don't' know. Mama did you keep score. Should I've kept tally?

Dear children; if you have scores to settle, the time is now. If you have yesterdays' tears stored for tomorrow. Let them pour. Start anew. Abandon things you don't like and saving the stuff you do. Relate as a family so closeness and trust can follow and knowing It's possible to dislike and estrangement might follow.... "Men" and "woman", you're so close good and bad of each know Life isn't a bed of beautiful roses: Weeds, bugs, and bees Might need insecticide Cockle-burrs might stick And blood and tears flow Flowers may be fresh Others pretty and wilt Still others lose freshness Suffer pain, or die young or old.

Beautiful flowers fall, reseed, becoming grand, great, and great -great offsprings The originators will expire relying on you to keep them alive...

May 2016

Turkey Strut: In Remembrance Of Thanksgiving

The overseer prances the ground, watching over his roosters, and taking delight in his pear-shape hens. All this in commemoration of harvest by colonists of yore.

I Remember wars between courage and cowardice, a battle lost year after year... looking back over my short life of freedom in the wild causes for summoning being held captive by my own paranoia and its cohortsmy own overseers just like the ones outside.

Convincing myself that, a turkey I am not, I exempt myself from fear but knowing man's crimson deeds are not a phantasm like mine Releasing all fears and dreads Fluffing my grey and black plumage, and high-heading to the chopping block: feathers plucked, and lots cast for special entrails. Then, is stuffed with a sage-bread-mixed, and popped in the oven until brown

Lying belly up on the dining table, though headless, yet the center of attention Fittingly surround by lovely designed plates and napkins, knives and forks gracefully edging the white-laced table cloth, like a decorative garden edging! The lush greens, chopped pepper, onion, yellow corn green beans and peas lends a Southern and flavorful taste Nearby, pot roast tenderly steeps in gravy, while the Golden rolls take turn dipping the pool of gravy Least of all, cranberry sauce and delicious sweetie pies are handy The pleased guests extend praises to everybody and every thingthough not a casual thanks to he who'd given its life for all Belching gas, the bloated guests sat viewing the remains.

NOVEMBER 2005

Almedia Knight

Waited For His Call

Her face was wrinkle-free, hair as white as snow, and her body tired of the world below... God's presence stirs within and will in another lifetime too...she loved and trusted Him in the presence of her daily life.

As darkness appeared and night drew near, she waited patiently to hear His loving call. God called. She answered Lord hear my cry: I'm weak, can't guide my feet; precious Lord take me in your arms and carry me home.

Now, the oak tree is deceased. Left behind her branches, twigs growing, and increasing. You need not worry. She in God's loving care, with husband, friends, family, and sharing in God's boundless love and endless grace

Yet her death, leaves a huge whole in our souls, and us searching in crowds for her face. Sad you're gone. But so delighted your memories stay back. We'll miss you exceedingly until we meet again in God's kingdom ...

April 1,2017

Waiting...

In my own tranquility, I attend my breath and wait. I need neither Zoloft, nor steroid, nor meth. I rage on no more against time and fate, for what's mine is expecting me.

I stay in haste and delay glee-for what benefit is such haste? I stand amid pain and sorrow, yet Knowing that what's mine awaits tomorrow

Many stormy days and dark nights, I stay hoping to find my way home, yet not knowing that which I seek seeks me, and yet not changing my destiny.

Does it matter to be alone or shall I break? I rest in joy for that mate in wait. Where seeds are sown, thereby to garner up its fruit of love.

Compassion is the redeemer of malice; welcome to the world of duality! So pervade love throughout the universe, thereby dissipating evil.

The stars and moon afar off, yet light the night bright. Rising full moon crosses the sky in splendor and tides wave over wave. In truth and delight nothing can keep what's mine from me.

By

August 4,2012

Wave After Wave

From his water home, miles over miles then Meeting his dove, cooing and wooing and Cradling her in his arms, then breaking -up ashore. The very next day, though different, returning with silver wave, they Roll and ripple, rollicking to tomb But... Never same one, wave after wave returns again and again...doesn't hold on, just gives wind tighter grip on sea; beauty and motion to the ocean; kisses the shore laps the rock peace to humankind!

By

Almedia Knight-Oliver

October 22,2011

Poetess feeling watery...though life's waves provides us options: ride the waves as a lovers, or drown in them.... or some things are " in the lap of god"

We Live In The World We Build

You can choose from the crops of unhappiness... or you can unearth the joy from your heart.

You can choose to draw from your dark stormy life... or believe that only rainbow's beauty follows rain.

You can choose to pollute the air you breathe... or do no harm to the environs of human or all life form.

You can choose to produce foods by man's means ... or allow it to be produced by nature's teams.

You can choose to live in jealousy and hate or live with love and you won't have none of the above.

You can choose to make war or you can make love instead...

You can choose to pluck the thorns... or pick red, yellow, and pink roses, instead.

You deserve your world that built brick by brick.

Welcome Home!

I try to love you less but love loves you more Wanted to leave you then, but love said no and kept you in my sight-what's a woman to do with all the going on days and nights...go inside her head to find out? But mind told her to shut up and mind her Business and don't give up and roll with the flow and not sin!

This evokes the old folks back home trying their level best to Win God's favor and get out of their mess and into heaven. Before you my dear, my love lived with him in the underworld. I was left wandering in the night with only the stars guiding light and the west wind hearing me out and the dead leaves being chewed by my feet and each step slowed down my heart beat. Still, I kept a smile on my face though withered like the parched leaves under my feet.

But now love is alive and happy at home within.

Dear, you're forever welcomed in my home, to share my cluttered room and the dark one, you can help me shed some light ...then both can find our way out and into the world's sun light...

By Almedia Knight-Oliver January 8,2017

We'Re Friend...

We are not friends because we look the same and think alike We are not friends because both love antique things, or dress alike We are not friends because we share the same faith, and worship in he same shrine We are not friends because every day we talk and play; yet our hearts caress! We are friends because two strangers' hearts met, agreed that Good didn't mean that we had to change Beyond the day we first met, there's nothing in the whole-wide world That could change what we brought into being! Because, we opened ourselves up to acceptance and tolerance! We have been blessed with genuine friendships for many decades that So few can ever achieve!

When These Hands-

When These Hands-

Reach out to you, yours remain at your side, eyes don't blink what do you think?

My hands need to roamover your face and lips, chest and back. Oh how they dislike not being liked!

When hands can't wait, they jitter and twitter. Four hands meet and greet, together like feet, they walk down the street

Almedia S. Knight (ASK)

When Will I See Him Again

To feel your warm body next to mine every night Or stay awake just to watch your eyes twinkling in the stars... Or watch the sun rise in your face in delight of morning's light After quietness of meditative dreams and snores during the night

Or delighting in the promenade under the faded sun; "Listening to the river of the falling rain"...looking across the River, while being hooked on Manhattan's skylights, and Deprived of a rainbow and a iridescent moon

Or meshing in the luxuriant park... trailing the scented path Where...I was overtaken by your scent and missing your presence! Calling out your name in deep and shallow sleep... Silent nights returning not a single echo of my cries

Oh no! To see him again, you know when... It matter not where... Drop me in a ocean of love; happily there, I'll swim or sink in the one and the same

To be with you today... Through fades and rises; The sun will shine each day...

Where, Where, Where?

Where, Where, Where?

You were not there As she lay in fetal sleep Not listening to the soft stepping feet Of that monster-is this another repeat?

Various unvoiced: Preachers. Teachers. Brethrens. Activists.

You were not there... There but silent There with closed minds The weakest amongst them all The complainers, yet praises! ! ! !

You can't be here because you are still there Past deeds don't die; they live as lies You're not here because of enslaved Minds chained to old ideas. There, in abhorrence of ones deeds that Exonerates responsibilities from protagonists; but Leaving bad seeds for perpetual pollination by bees

Almedia S. Knight (ASK) April 11,2009

Who Is Love...

I can't talk, yet can lie, can deceive, even kill.

You can't see me; yet I can be see in Sleep even awake.

You can't touch me; yet, I feel your pain, Sadness even joy!

I can't hear sounds but you hear my echo

I can't cry but can make you shed Many tears,

I don't have a language because You speak me

Therefore, if you're not ME then, WHO"S LOVE?

By Almedia Knight-Oliver December 9,2012

Whose Truth?

In every question, elicits an answer In every answer elicits, a question In what does the truth exist?

October 1,2009 Almedia Knight

Wishing...

I'm taking my early morning stroll- - what's That fluttering sound I'm hearing! I paused and looked the direction of the musical sound, And seeing several birds perched on a limb, Why—asking myself, are they're pecking in order?

These exhilarating four-miles walk around the park Helps me think and link images and words Providing my mind the freedom to roam, since, I have Problems staying in pecking order like others! Gee! Life is filled with tons of things, but My daily thoughts and walks dominate mines

I wish I were a bird—but wait a minute- -Why a bird that one would want to be? For opened and busy minds have much to sort through-Like the distance between society's norms and ours

I'm liken graceful birds, wearing colorful plumage well, Singing sweet song, and inspiring artists, poets And musicians for years...all of which necessitate That which others dare...

When blustery winters arrive, I will Rise on the crisp wings of the wind, then Develop my own wings on the way to Endless possibilities.

Spring early 1995...

Your Illness...

Is like the opening of the shell that encloses natural pearl of knowledge

A bulb too underneath do show Yet, an illness you must know

Fills your heart with wonderment; breathe in cherry blossom's scented air; just dare whenever pessimism enters your mind

Your illness liken seasons of year, without dread, accept the winters of your heart and

come to your winter grief, then you'll know that spring brings beautiful flowers in May

Too, accept your- physician's bitter portions Only, then, you aid healing to yourself

It may feel heavy-handed, yet guided by tender hands of the unseen; His drinks may taste bitter and sting your lips; bringing His sacred eyes to tears; Moistening clay of wellness from His healing tears.

Almedia Knight-Oliver April 2,2011

A poem for my niece, (Yvonda) my herione of illness.

Your Uniqueness Meets My Need

Only I find less comfort in only me The likes of me ends the former me Because I desire a brand-new-me

Unlike 's none like you Strange [er] I know not you, you know not me yet we behave as two

Unique...others before I didn't get But when we meet, so did our eyes then conspired to equalize Now, I'm placing my bet

Unknown ...oh how mysterious But if you're love, then both know Your uniqueness meet my needs

Poet-ess has needs as well Allow me to dip into that well, and draw from my muse

My friend [s] ride the tides of love, Abide the rising snow crest and Be an emblem of love and dove

Brush your brunt hair waving and blowing back. Seem like this is the time. Shhh, free wave over wave rise and fall into future's arm...

Dedicated to Patricia Dick-Arnell, my friend and confidant, My first poem was inspired by you: 'The Game Of Love' Happy springtime to you...the dark days of winter gives way to a new Beginning For a fresh and pleasant time in life [so too dark days Are necessary for us to know the light] Congratulation! I hope love flourishes And grow like beautiful flowers in spring.

You'Re The Best...

The best husband

I'm only a breath away, still missing you so! Now, I'll take my bath so we can watch Joe's Mythology, by 8, Oh how awesome! No matter how many times we watch, read, Still we want more.

Yet, wanting to stay put to get more fill from the soft sound of your fingers on the computer keyboard, in the bedroom behind the walls; the sound causing my heart to skip, hop, and flop...could it be love priming poetic muse or an overflow of Roberta Flack's songs caressing my ears like the warmth of your breathe in mine too.

I'm feeling love warm and deep in my soul, just like the river flowing into the endless ocean, as everlasting love!

Its transparent energy cooing, but soothing hearts and quieting souls.

Behind wooden walls, where on the other side, you sit, and on this side, I sit. Drawing form our love-well to quench this infinite thirst.

Bye

November 7,2011

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